

REGISTRATION

July 1st - 7th

RETURNING FALL/WINTER 2020-2021 RHL PLAYER PRIORITY
REGISTRATION

July 8th - 14th

ELIGIBLE LTP & RETURNING SPRING 2021 RHL PLAYER PRIORITY
REGISTRATION

July 15th

OPEN REGISTRATION

ALL PLAYERS MUST REGISTER FOR THEIR BIRTH YEAR, NO EXCEPTIONS

Registration begins at 10am for each time period.

Online registration is required. In-person registration is not
available.

Questions about eligibility or enrollment?

Contact Hockey@MedStarCapitalsIceplex.com

RHL fills quickly, so PLEASE REGISTER EARLY. Once a level
is full, a waitlist will be available. Ensure that you have your
2021-2022 USA Hockey number available during registration.
You are encouraged to have your 2021-2022 USA Hockey
number at least 24 hours in advance. Hint: the fourth digit
will be a 2.

GOALIE REGISTRATION

Goalie registration time periods are the same as player
registration. A separate Goalie registration link is available
for goalies (10U, 12U, and 14U/16U). There are no full-
time goalies at 6U or 8U.

USA HOCKEY REGISTRATION

We require all House League participants to register
independently with USA Hockey at membershship.usahockey.com. Registration for ages 6 and under
is free. You will not be able to participate in the
evaluation skate or the RHL season without a valid
2021-2022 USA Hockey registration.



The American Development Model provides
age-appropriate guidelines and curriculum to
hockey associations across America to help
more kids play, love and excel in hockey.

RHL MISSION STATEMENT:

The Mission of the Rooftop Hockey
League is to provide a fun, competitive,
and safe hockey environment which
improves skills, develops self-
confidence and respect for others,
and fosters teamwork in our student
athletes. RHL is committed to the
development of hockey players and
teaching life skills through individual
and team concepts, resulting in a
lifelong enjoyment of hockey. Our
program is designed to provide the
opportunity to play for enjoyment and
healthy competition.

IMPORTANT

ALL dates and times provided for all programs are subject to change.
No refunds are given for any Hockey League registrations.

627 N. Glebe Rd Suite 800
Arlington, VA 22203
www.MedStarCapitalsIceplex.com



2021-2022 FALL/WINTER

 MedStar Capitals Iceplex

6U:**Birth Years 2015, 2016**

- Practices: Players will be divided into small groups and placed into stations. Each station will incorporate drills for skill development and fun.
 - Anticipated practices/games on Sunday mornings OR Sunday afternoons.
 - 10-week season begins in September.
 - A second 10-week season will be offered January-March 2022.
- Cost: \$450**

8U:**Birth Years 2013, 2014**

- We anticipate that practices will be held on Mondays.
 - Games will be cross-ice with a warm-up and two 25-minute periods.
 - Multiple teams will practice together during each practice session.
 - Anticipated games will be held on Sunday mornings OR Sunday afternoons.
- Cost: \$1,500**

10U:**Birth Years 2011, 2012**

- We anticipate that practices will be held on Mondays.
 - Multiple teams will practice together during each practice session.
 - Games will be half-ice and consist of a 3-minute warm-up and three 18-minute running clock periods.
 - Anticipated games will be held on Saturday mornings OR afternoons.
- Cost: \$1,500**

**12U:****Birth Years 2009, 2010**

- We anticipate that practices will be held on Monday OR Tuesday evenings.
 - Multiple teams will practice together during each practice session. Games are full-ice and consist of a 3-minute warm-up and three 12-minute periods.
 - Anticipated games will be held on Saturday mornings OR afternoons.
- Cost: \$1,500**

14U-16U:**Birth Years 2005, 2006, 2007, 2008**

- Anticipated games on Saturday evenings.
 - This is a games only league (20 games, no practices).
 - This is a non-checking league.
- Cost: \$1,200**



PLAYER NOTIFICATION

Following the RHL draft, players will be notified of their team within a few days. Practice days/times, game schedules, and coaches will be announced once the draft is complete and certified by the Hockey Director. All information will be posted on www.MedStarCapitalsIceplex.com and will be emailed to all participants.

*Once the RHL season has begun, coaches will keep teams and players updated in addition to direct contact from the Hockey Director.

FALL/WINTER 2021-22 SEASON

- Season runs end of September-March.
- Skill development is incorporated for all teams through USA Hockey's American Development Model recommended guidelines. ADM provides age-appropriate guidelines and curriculum to hockey associations across America to help more kids play, love, and excel in hockey.
- Hockey Director and RHL Coaches will evaluate and divide players into balanced teams for the season.
- Coaches are USA Hockey certified.
- Team Jersey included.
- Prerequisite: All players must have completed at least 2 sessions of Youth Learn-To-Play classes or have previously played in the house league.
- Evaluation Skates and Training Camp will be held in September. A schedule will be posted in August for the Evaluation Skate and Training Camp.
- See back for GOALIE registration information. Goalie fees are the same as player fees.
- We anticipate each team having 20 practices and 20 games unless noted otherwise.

SELECT TEAMS 2021-22:

The House Selects program is for the experienced house player that is looking for additional opportunities to develop as a hockey player. By playing in the Selects program, these players will have the opportunity to participate in additional practices and games against local area teams and in tournaments.

Program details coming in September!
RHL Select Teams will be fielded based on interest and ice availability. We anticipate having teams at the 8U, 10U, 12U, and 14U levels and hosting tryouts in September. RHL Selects requires players to participate in RHL and is an additional fee.