



WEST VANCOUVER FIELD HOCKEY CLUB

Home of North Shore Field Hockey



Welcome to our Newsletter!

Well...this has been a crazy year full of new beginnings, cancellations, policy updates and lots of changes to our programming! Life has been pretty busy at West Vancouver Field Hockey Club.

Read on about new partnerships, updates, new programs and see what we have coming up next. We look forward to sharing it with you!

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What's been happening lately?

COVID-19 Update

We are so grateful for the support of our membership during this global pandemic. Unfortunately, the timing of lockdown impacted our busiest junior season, Spring League. Amateur sport was given the go ahead to recommence in late June and with the support of FHBC and our Board, we offered a full slate of skills based, physically distanced sessions throughout the summer.

In early September, FHBC launched the framework for phase 3 of Return to Play, with the addition of some game play. The WVFHC protocols for phase 3 were approved by the Board and we incorporated this into the “cohort” framework which was applied to our Fall 5's, HP and HP Development. The Men's Division has decided to run an internal league within our club and Women's league is going ahead with the new guidelines in place. So far the weather has cooperated as these programs are in full swing!



National Team Partnership

We are pleased to announce a partnership with Field Hockey Canada (FHC) effective now until the end of 2022. WVFHC has been a longtime supporter of the Men's and Women's National Field Hockey Teams and seeks to develop the sport at all levels. The partnership serves as a desire to grow recognition of both National Teams and to inspire the up and coming players. Our junior members benefit from this with guest appearances, special training clinics and seminars featuring the staff and players. We look forward to this partnership and the benefit to the community as well.

Club Updates

Summer Programs

We were allowed back on the turf in July and launched a full schedule of summer programs for adults and Grades K-12. We had over 400 participants who followed the new guidelines and protocols so beautifully! We really appreciated all the extra effort that our coaches went to make sure everyone had fun and learned new skills while social distancing. Huge shout out to our Technical Director, Geoff, for all the planning and long hours at the field as we navigated through these unprecedented times. Our summer program was enjoyed by all!



School Programs - Nov 2019- Feb 2020

Our Schools Program was so successful for the 4th year in a row! Every elementary school across the North Shore was offered a free indoor hockey session for their K-4 classes. This program is a great way to introduce field hockey to students and so far we have reached an unprecedented number of 3800 students! Feedback from teachers was overwhelmingly positive and schools have elected to have us back for further sessions. Unfortunately, due to Covid we are not running our schools program this year but we hope to be back next fall.

Volunteer Appreciation Event

Thank you to all our wonderful volunteers! North Point Brewing hosted us and it was a perfect venue to celebrate the volunteers we have in our club. We had delicious food, drinks and some silly awards were given out. We hosted 2 huge events last fall, the Golden Oldies and the Men's Olympic Qualifiers. Our membership really stepped up to support these events and we could not have run them successfully without you! It was a fun evening celebrating and we look forward to having another event in the future!



Daphne Nicholson Bursary



Congratulations to Gabrielle Webb, the inaugural winner of the Daphne Nicholson Bursary! Gabrielle is a recent Grade 12 graduate, now studying in the Faculty of Arts, at McGill University. Gabrielle said of winning "it is an honour to be the inaugural recipient of the "Daphne Nicholson Bursary". What a great way to finish my junior career at WVFHC, "my 7 year-old self wouldn't have imagined this when she first started".

This bursary, funded through the generosity of the Nicholson family, with matching funds from WVFHC, is awarded to a Grade 12 WVFHC player, accepted to a university or college to pursue post-secondary education. Daphne Nicholson was kind, compassionate, hardworking and dedicated; she played with WVFHC, coached her daughter and encouraged her entire family to be involved with the club. Thank you to Daphne's family for funding this bursary.

Coaching Corner

Coaching Profile

Meet **Isabelle Roux**, who was born in the Netherlands.

"I have been playing field hockey since 2007. I started coaching field hockey in 2016 and I have been coaching ever since. Beside the Netherlands, I have also played and coached in Curacao when I was there for 6 months in 2019. After that, I knew I wanted to see more of the world and travel and work in a different country. This is why I came to Canada. A new opportunity to learn about a different field hockey culture and about Canada itself. I have now been here for a little over a year and absolutely love it! I love my job, the people I work with, and spending time exploring this beautiful place".



What does Isabelle love about coaching?

I like to share my knowledge about field hockey and teach kids and young adults new things. It's a pretty rewarding job, It's always nice to see the kids doing your skills or improving the skills because of what I taught them in practices. I enjoy seeing a group of kids become a close team and win a championship because of the things I taught. I can teach them a lot but I can also learn new things from them and the other coaches here at WVFHC. Field hockey has given me a lot of great opportunities to travel the world.



News from Around the Club

Women's Committee

Last season, we fielded a whopping 9 teams and 200+ players. Congratulations to WVP for winning the regular season and WV3 for placing second and making it to the finals (which were unfortunately cancelled due to the pandemic). We were sad that we couldn't celebrate with everyone at our year end Awards night but we'd like to congratulate the 5 club award winners:

Dedication to the Club - Marnie Schigas

Sportspersonship - Brigid Flipse

Unsung Hero - Georgia McGillivray

Top Junior - Kate Rogers

Most Improved - Alison Drummond.

A huge congratulations to **Sam Lyzun** for winning the Vancouver Women's League Watson Trophy! While this upcoming season may look a little different than we are used to, we are so happy to be back out on the field again! Good luck to all teams and stay safe! Contact: amy@wvfhc.com or kaela@wvfhc.com.



Men's Committee

This past season, we fielded four (4) teams in the Vancouver Men's League, with 75+ players! With the loss of a number of regular, strong players on our top teams (university, travel, new families), it was a bit of a redevelopment. But our Premier team once again battled into a playoff spot, just in time to see the season stopped short! With many of our younger players a year older, and more joining the ranks this coming season, it'll definitely be a quick return to contention for all our competitive teams. Our two Recreational teams are still the envy of all our players, as they seem to have the most fun on & off the pitch. And we're sure the 'liquid encouragement' has nothing to do with it! We're looking forward to this Fall's in-house league (in place of the regular Men's League season) which should develop some great internal rivalries & future bragging rights. Contact: chris@wvfhc.com

Junior Committee

Spring League 2020 was, unfortunately, hugely impacted by the pandemic. We want to acknowledge all the preparation and hard work that had been done to get everything ready, only to have SL cancelled just before it was to begin in April. It was a huge disappointment for many kids, as spring league is traditionally a fun-packed season of learning and playing with friends. Thanks to the Age Group Coordinators, Christine (Head Coordinator), and all the coaches and managers. The graduating class was especially sad to miss out on their final year of spring league - many have been playing with the club since they were little Grade 1s. As they head off to the next chapter of their lives, we wish them the very best, and hope to see them back playing in adult leagues one day. To everyone who has supported this group over the last 13 years - THANK YOU! The coaches for leading, inspiring and making things fun; the managers for organizing and making sure everyone knew where to be and when; and to the parents for cheering the kids on and bringing them to practices and games. Now we turn to Spring League 2021. Registration opened on Nov 2, and we will endeavor to run spring league next year with teams and hopefully game play, within the health guidelines we have at the time.

Contact: isla@wvfhc.com or christine@wvfhc.com

DID YOU KNOW

that we communicate everything about our club through our email system in Sportsengine?

We let you know if practices or games are cancelled and all upcoming events. If you are not receiving emails from us, then please log into your SportsEngine account and click on Settings, then Notification Preferences and then News and Updates. We only send out information club related and your email is only listed with us.



Our new General Manager, **Charlotte Burns** joined us this year and has had a lot of juggling to do! Lots of changes to operations and programs have made it a challenging year but she has handled it with a smile on her face! Come by and say hi if you see her at the field!

Club Happenings

Sponsor Profile: Neptune Terminals

Did you know that Neptune Terminals has sponsored our U6-U10 Spring League program for the past 3 years?

Neptune Terminals believe in the importance of investing in the local community, making it a better place for all of us to live, work and play. Since 2017, the contribution from Neptune Terminals has allowed us to provide every player with a t-shirt and to keep registration fees low and affordable. We are proud to partner with Neptune Terminals.



Volunteers Needed:

We are looking for new volunteers to help us out. If you have some time to spare, we would love to have you join our club. To find out more details, visit our website under volunteering or email: volunteers@wvfhc.com.

Field Hockey Canada is delighted to announce the launch of its first-ever digital conference, the Field Hockey Canada Conference 2020. The event will be held next month from December 1-4, with the purpose to engage the sport community through a series of workshops and panels. Featuring dynamic sessions catered toward all members of the field hockey community as well as external delegates, topics will range from maintaining mental wellness in high-performance settings to preventing and identifying racial injustice in sport. Attendees will be able to participate in active conversations around the ever-changing sport environment and what it means to be a part of it.



Thank you!

We want to take a moment to thank all of our members, parents, coaches, volunteers, FHBC, viasport and the District of North Vancouver and West Vancouver for your continued support during these last 6 months. We are truly grateful to be a part of this community!

Upcoming Programs

***New* Winter Tech Development and Spring Prep** - Grades K-12

Conditioning and skill development
Outdoor program. Register today!

Winter Wolves - Boys Grades 6-12
Technical and Tactical development.
Outdoor program.

Winter Adult Recreation - Refresh
your skills/knowledge. Perfect for
beginners also. Outdoor program.

Spring League - Grade K-12

Registration is open.

Spring HP and HP Development -

Grades 5-12 Focus on skills
development & technical improvement.

Women's League - for females in
Grade 9 and above. Ongoing till spring.

Men's League - for males in Grade 9
and above. Ongoing till spring.

FULL INFO AT WVFHC.COM

Staff Contacts



Charlotte Burns
General Manager
charlotte@wvfhc.com

Geoff Matthews
Technical Director
geoff@wvfhc.com

Kari Hendricks
Communications Coordinator
kari@wvfhc.com

Annabel Pringle
Club Administrator
annabel@wvfhc.com

www.wvfhc.com