

# YOUTH AND ADULT AMATEUR SPORT ACTIVITIES ACTIVITY ORGANIZERS MA COVID-19 Checklist



## SOCIAL DISTANCING Ensure >6ft between individuals

Competition and Tournament Organizers must adhere to the following:

- Outdoor Competitions & Tournaments Capacity Limits:
  - No more than 25 players on any surface/playing area for team/group sports
  - No more than 50 people excluding players, coaches, referees, or facility/activity workers in the aggregate in, on, or surrounding any surface/playing area or start/finish lines at any one time, provided that there is adequate space for all players, coaches, referees, facility/activity workers to maintain at least six feet social distancing, recognizing that for some moderate risk sports intermittent contact may occur for players
  - Spectators must wear facial coverings and maintain six feet of social distance at all times
  - For competitions and tournaments in the water, the aforementioned limitations apply to any applicable activities on land
  - No spectators are allowed for sports and activities played by individuals 21 years and older
- Indoor Competition Capacity Limits:
  - No more than 25 players on any surface/playing area for team/group sports
  - If an indoor facility has a chaperone or spectator viewing area which allows for at least six feet social distancing between spectators and the presence of spectators plus players, coaches, referees, and facility/activity workers does not cause the facility to exceed more than 40% of the maximum occupancy for the indoor facility, then 1 spectator per player under 21 years old is allowed to attend
  - Spectators must wear facial coverings and maintain six feet of social distance at all times
  - For indoor competitions in the water, the aforementioned limitations apply to any applicable activities on land
  - No spectators are allowed for indoor competitions for sports and activities played by individuals 21 years and older
- Multiple Playing Surface Capacity Limits:
  - For facilities with multiple fields, surfaces, courts, etc. the above capacity limitations for Outdoor Competitions & Tournaments and Indoor Competitions shall apply per playing field, surface, court, etc. provided that there is adequate spacing for at least six feet social distancing for all individuals, including those at adjacent fields, surfaces, courts, etc.
  - Activity Organizers should set Competition and Tournament schedules with a time buffer to prevent the overlap of competitions at any one time and to allow for disinfection of equipment and cleaning of commonly touched surfaces, if necessary. Games should end in a draw if time expires
  - For facilities with multiple fields, surfaces, courts, etc., Facility Operators & Activity Organizers should mark off designated areas for spectators for each field, surface, court, etc. to minimize the overlap of spectators from adjacent fields, surfaces, courts, etc.
- For team and group sports, no more than 25 players or participants can be on a single playing surface/area/court at any one time. The number of coaches and staff should be limited. Larger playing areas and surfaces, such as athletic fields, tracks, facilities that have multiple courts or playing areas, may be used by more than one group of 25 at one time, provided that adequate social distance and group separation can be maintained. To ensure group separation, groups must be spaced at least 14 feet apart while sharing a single playing surface, court or field
- Dugouts, benches & bleachers are allowed to open only if six feet of distance can be maintained between each participant at all times and they can be thoroughly cleaned before and after every use**
- Sportsmanship should continue in a touchless manner – no handshakes/slaps/fist bumps
- If social distancing is not possible in an athletic facility, chaperones/spectators may be asked to wait outside the facility until an activity is completed
- Activity Organizers should ensure that individuals are not congregating in common areas or parking lots following practices or events
- Once athletes have completed their competition or activity, they must leave the area if another team is taking the field or using the playing surface to ensure adequate space for distancing

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## HYGIENE PROTOCOLS

### Apply robust hygiene protocols

- Organizers must ensure that any shared personal equipment is disinfected before use by each individual using a product from the [list of disinfectants meeting EPA criteria for use against the novel coronavirus](#). Personal equipment includes all gear that is worn by players (e.g., gloves, helmets, masks, skates, footwear, pads, etc.)
- Organizers should minimize sharing of other equipment, and clean and disinfect all shared equipment at the end of a practice session using a product from the [list of disinfectants meeting EPA criteria for use against the novel coronavirus](#)
- No shared food or drink may be provided during any activities for participants or spectators except by concessions and food service providers following the [Safety Standards for Restaurants](#)
- Water bubblers, fountains, and bottle filling stations can open. Managers are encouraged to install signs near any drinking equipment advising users to use for bottle refill only and not to touch the tap with their mouth or the mouth of their water bottle
- Participants and spectators should only drink from their own containers. Organizers must provide individual, dedicated water bottles for children if they do not have their own
- Participants and coaches must achieve proper hand hygiene at the beginning and end of all activities, either through handwashing with soap and water or by using an alcohol-based hand sanitizer
- Organizers should encourage athletes to arrive dressed for practice and to leave immediately after practice. Locker room and changing room use should be minimized



## STAFFING & OPERATIONS

### Include safety procedures in the operations

- To participate or attend, organizers should ensure that participants, volunteers, coaches, and spectators must show no signs or symptoms of COVID-19 for 14 days. Current list of symptoms is available from the [CDC](#)
- If any individual develops symptoms of COVID-19 during the activity, they should promptly inform organizers and must be removed from the activity and instructed to return home
- Organizers of activities are responsible for following all guidelines and creating a safe environment for participants
- Organizers must educate all participants and spectators on the applicable protocols for the relevant activity, protocols for entering/leaving the facility, and any other hygiene requirements
- Organizers in coordination with Facility Operators must ensure that hand sanitizer is available to all players



## CLEANING & DISINFECTING

### Incorporate robust hygiene protocols

- Organizers should disinfect any shared equipment before and after every clinic, practice, and game
- Organizers should assess the cleanliness and disinfection protocols being employed at the facility they are using for athletic activity. If cleanliness is low, or any other concerns arise, organizer should immediately stop any ongoing athletic activity until such time as operator can show that conditions have been brought up to the standards outlined in this guidance
- Organizers should understand the cleaning and disinfection protocols employed at the facility they are using and should raise any issues to the operator or Local Board of Health