

JULY 6, 202

# LITTLE MIAMI YOUTH 50 -00 FOOTBALL AND CHEER

#### Season Starts SOON!!!

Our LMYFC Season officially begins on July 17th. Many of our football and cheer teams have already been hosting optional conditioning events and meeting up as

well for team-building and fundraising activities. We love to see such early and enthusiastic engagement! A huge Thank-You to all of our parent and coach volunteers for the pre-season effort to get everyone ready for season kick-off. At this point we expect that everyone has been contacted by your head coach and/or Team Mom. If you have not, please reach out to Imyfcboard@gmail.com and we will ensure that you are connected.

## JOIN OUR BAND

 Click here to join the LMYFC Organization Band app

#### **SAVE-THE-DATE EVENTS**

July 8th - Cheer MVP Clinic
Board Meeting - July 10th
Practices Start - July 17th
Bray Bowl Weekend - July 29th-30th
Bethel Bowl Weekend - August 5th-6th
Grimes Bowl - August 12th (Gold)
Kings Bowl - August 13th (Green)

Season Games Begin - August 19th CCYFL Cheer Showcase - Sept. 10th

Playoffs- October 21st

CCYFL Cheer Competition - Oct. 21st

#### <u>How to Prepare for the Football Season</u>

Make sure you have extra mouth guards, cleats, water bottles (we recommend a squeeze one with or without a straw), and practice pants (any color is fine but you may want an extra pair on hand). AND WEAR YOUR HELMET! EVEN JUST WEARING IN FRONT OF THE TV WILL HELP PREPARE. Check with your Team Mom regarding Practice Jersey requirements as each team manages that separately.

#### **KROGER REWARDS FOR LMYFC**

LMYF, Inc is now enrolled with with Kroger for Community Rewards.

To Use the Kroger Community Rewards Program:

- \*Visit <a href="http://www.kroger.com">http://www.kroger.com</a>.
- \*Click on "My Account"
- \*Click "Community Rewards"
- \*Search for Little Miami Football & Cheer either by name or JK273
- \*Click "Enroll"

New users will need to create an account which requires some basic information, a valid email address and a rewards card.

## VOLUNTEERING

Reminder that ALL Football and Cheer families are required to fill volunteer shifts throughout the season. Shifts are estimated at 2-3 per participant between Bray Bowl and all Home games.

Yes - If you have more than one participant that does mean more volunteer time.

We will be opening up the full schedule for the season so you can volunteer any type of shift on any time slot to offer more flexibility.

Each team is also required to cover one shift of bathroom clean-up at the park.

#### **UNIFORMS**

Uniforms for both Football and Cheer are both in!

Cheer: Uniforms cannot be exchanged due to being custom made. Shoes can be exchanged as long as they have not been worn and have no markings. Email Lmyfcheer@gmail.com with concerns.

Football: Please try on football uniforms immediately as any sizing issues will take a minimum of three weeks for an expedited order to resolve. Please note that the jerseys are meant to be a tight fit and we encourage stretching out by getting wet and letting dry over your shoulder pads. Ordering replacement sizes should be done only if absolutely necessary due to the risk to not receive for games.



## LITTLE MIAMI YOUTH 50 AP FOOTBALL AND CHEER

## Don't Forget to Get Your Spirit Wear!

There are several options available to get your Spirit Wear before the season starts. Make sure you are prepared to cheer in style on the sidelines!

### **Spirited by Design**

Tell them at check-out you are with LMYFC All Season Long and a portion of sales will come back to our the LMYFC Program.

Located in Morrow Arts Center - Studio 9



Little Miami Cheer Spirit Wear Shop

Hosted by Varsity Colors

PIN# 2023 Click on LMYOUTH

Login or Register (for security

purposes) and check-out at bottom



Little Miami Football
Spirit Wear Shop
Sponsored by
All Hustle
15% of Sales Come
Back to LMYFC

### **Equipment Pick-Up and Decals**

If you missed picking up your helmet and shoulder pads for our Equipment Rental Program or if we had to order equipment for you due to supply shortage at pick-up we have all equipment now available.

We will be available for pick-up Thursday July 6th at Thornton Park from 6:00-7:00

We will also be working on decals during team conditioning sessions next week for those that are missing decals and will continue into the first weeks of practice as needed.

If you have any questions please connect with your Team Mom or Coaching staff.

## **BRAY BOWL - JULY 29TH-30TH**

LMYFC is hosting the 7th annual Bray Bowl the weekend of July 29th-30th at the Little Miami High School. This event was established in memory of Panther athlete Brayden Thornbury who passed away in 2014 following automobile accident. The Bray Bowl is an annual fundraiser to support the Brayden Thornbury Scholarship Foundation that provides athletic scholarships to Little Miami High School We are excited to have fourteen athletes. community programs joining us this year for our Bray Bowl! We appreciate the support from all of our neighboring communities in continuing this fundraiser and kick-off to our youth football season.

View the Current Bray Bowl Schedule Here

<u>Sign up to Volunteer at Bray Bowl Here</u>

View the Field Map for Bray Bowl Here