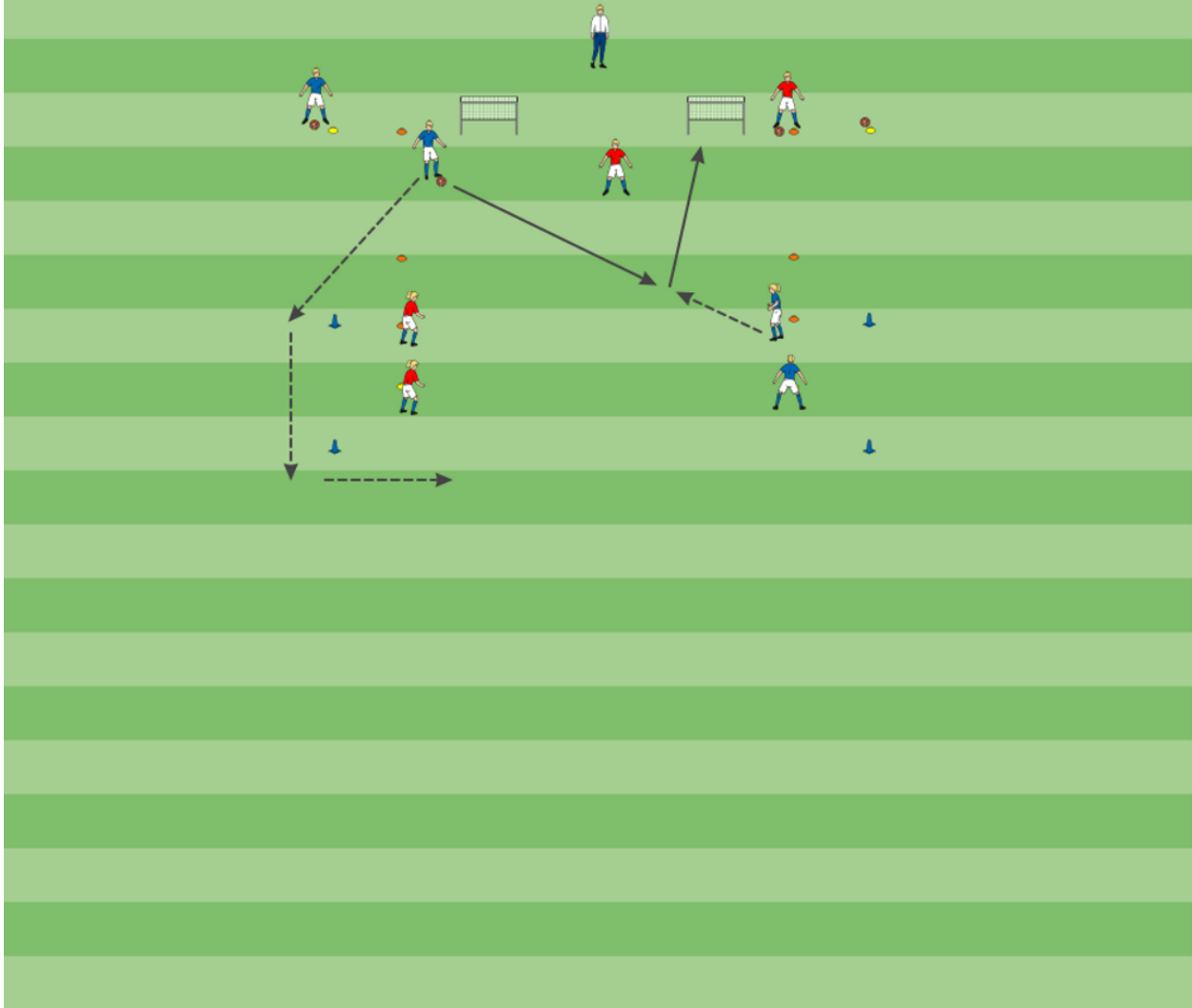


Finishing Game



Organization:

Set up two mini goals about 6 yards apart facing the field, place a cone 5 yards away from the outside of the goal on the goal line for the player passing the ball, with another cone at least 10 ft away for the player waiting. Walk out 16 yards from the cone next to the goal on each side and place a cone down to create a square. Then walk out 5 more yards and place another cone to create a rectangle for the player shooting. Walk out another 10 feet on each side and place another cone for the players waiting to shoot.

How to Play:

First player in line for blue passes the ball into the rectangle while the player designated to shoot moves forward to receive the ball and shoot on goal. The defender in red tries to protect the goals. After shooting, the player steps in and defends the goals from the opposing teams shot then retrieves their shot with their feet. The player that passed the ball jogs to the back of the shooting line. The Defender moves to the passing line

Why:

Improve passing accuracy, receiving and finishing accuracy

Variations:

- 1 touch shot, 2 touch shot
- Have the player receiving start with back to ball and turn when Coach says turn

Coaching Points:

- Shots should be taken with the inside of the players foot
- Keep shots low (to ensure safety of defending player)
- Head up when receiving then head down to shoot