



LINDSAYS LAW INSTRUCTIONS

COYBL ADHERES TO THE OHIO LAW AND REQUIRES ALL COACHES AND AT LEAST ONE PARENT MEMBER TO VIEW THE VIDEO AND TO ELECTRONICALLY SIGN THE FORM ON THE COYBL.ORG WEBSITE.

THIS IS A STATE LAW

Please follow the instructions on the following pages to fulfill the State of Ohio law on Sudden Cardiac Arrest, known as LINDSAY'S LAW.

WHAT IS LINDSAYS LAW:

Lindsay's Law: Sudden Cardiac Arrest in Youth Athletes

What is Sudden Cardiac Arrest? A Sudden Cardiac Arrest (SCA) occurs when the heart suddenly and unexpectedly stops beating, cutting off blood flow to the brain and other vital organs. Sudden cardiac arrest is fatal if not treated immediately, most often by a defibrillator. **Who is Lindsay?** Senate Bill 252 is named for national heart health advocate and former Miss Ohio Lindsay Davis who suffers from a heart condition and has since dedicated her career to raising awareness of this potentially fatal condition. "Sudden cardiac arrest is the number one killer of student athletes," said Davis. "At any moment I could have died because coaches and teachers had no idea this was even a possibility for someone who looked as healthy as I did at that age." **Lindsay's Law** Lindsay's Law, Ohio Revised Code [3313.5310](#), [3707.58](#) and [3707.59](#) went into effect in 2017. In accordance with this law, the Ohio Department of Health, the Ohio Department of Education, the Ohio High School Athletic Association, the Ohio Chapter of the American College of Cardiology and other stakeholders jointly developed guidelines and other relevant materials to inform and educate students and youth athletes participating in or desiring to participate in an athletic activity, their parents, and their coaches about the nature and warning signs of sudden cardiac arrest.

IF YOU HAVE FILLED THIS OUT FOR OTHER SPORTS, YOU MUST STILL COMPLETE THIS ON OUR WEBSITE.

FAILURE TO COMPELETE THESE BEFORE YOUR FIRST GAME WILL RESULT IN A FORFEIT FOR THE TEAM UNTIL IT IS COMPLETED.

THE ENTIRE PROCESS WILL TAKE LESS THAN 20 minutes if you watch the video

TO COMPLETE THIS, GO TO THE PLAYER SAFTEY PAGE ON THE COYBL.ORG WEBSITE AND CLICK ON LINDSAYS LAW OR USE THIS LINK

<https://coybl.sportngin.com/register/form/598036705>

After you are on the webpage on COYBL.ORG for the Lindsays Law, you will enter the players name, your name and contact info as the guardian.

You will then be taken to watch the short video showing a player that suffered Cardiac Arrest and how to react to save the persons life.

After that, you will be asked to enter more info, including the Head Coaches name – Please use only the head coach's name here.

IF YOU HAVE COMPLETED THE PROCESS, YOU WILL RECEIVE AN EMAIL CONFIRMATION OF THE COMPLETION.

WE SUGGEST YOU FORWARD THAT EMAIL TO THE HEAD COACH SO HE KNOWS YOU HAVE COMPLETED IT.

THANK YOU FOR TAKING CARE OF THIS IMPORTANT ISSUE. WE DID HAVE A COYBL PLAYER DIE A FEW YEARS AGO FROM SUDDEN CARDIAC ARREST. IT IS IMPORTANT THAT ALL ARE AWARE AND PREPARED IT COULD HAPPEN.