

# THURSDAY

## MOVE IT MORNINGS

[Click to join Coach Daniel for Move It Mornings!](#)

## ARTS AND CRAFTS

[Wow! Here are some fun throwback crafts for kids \(and fun for parents too!\)](#)

## SKILL TUTORIAL

[Practice your bridge!](#)

## HEALTHY SNACKS

[Here's a gallery of yummy snacks kids can make!](#)

## GET OUTSIDE!

[Create an awesome DIY car wash for your toys!](#)

## AFTERNOON WORKOUT

[Check out these 6 outdoor workouts for kids!](#)

## EVENING GAME

[Have you ever played Spoons? Feels like a great time to learn!](#)

## BEDTIME REFLECTION

[Superhero Academy reflection will make you a hero in the night!](#)