

#### TRANSITIONING FROM LEARN TO SKATE TO LTS+ AND FREESTYLE ICE

What is LTS+ and transitioning to Freestyle Ice – It's a 1 year transition period between our Learn to Skate (LTS) program and our freestyle program. You get one or two LTS class session a week with one session of Freestyle ice. The Freestyle sessions are on the club calendar. You must hire a private coach for your lesson on freestyle ice. Your coach and you will decide which day and time works best for your skater's private lesson. The coaching fee is separate from the purchased LTS+ program.

### How do I register for LTS+?

Registration for LTS+ is the same as LTS but when you are selecting which LTS day you want to skate you also choose the option that says Plus.

### Is there a membership associated with LTS Plus?

Yes. On our website you would go to Memberships under the Join Us tab and register your skater for the Introductory Membership. After one year in LTS+, you must move to either X-Skate Low or High and the freestyle program.

### How do I find a coach?

Go to the contact us tab on our website, meet the coaches and all freestyle coaches are listed. Contact one of them to secure your private lessons.

# What happens after the year?

Your skater will move into our freestyle program. You can choose between X-skate low or high. The low program is 3 sessions a week and high is unlimited (between 9–12) session a week.

# When is my skater ready for LTS+

Any time after Basic 5 and the skater is ready to advance their skating skills.

# Who decides when the skater is ready?

The LTS coaches and director will help you make that decision. You can either ask them or the director will contact you.