



# SUNSET YOUTH FOOTBALL

## 2026 BASELINE TESTING INFO

TVYFL Requirement for Tackle: JV & Varsity Players

Now through August 1, 2026

### OPTION A: TEST AT HOME

- ImPACT Baseline Test at Home
- Allow Approx 1 hour for player to complete (uninterrupted - no distractions)
- **VERY IMPORTANT: Do not close session - Save off a PDF version of the "ImPACT Complete Confirmation" Page**
- Email confirmation page to: [registrar@sunsetyouthfootball.org](mailto:registrar@sunsetyouthfootball.org)
- Sign Up for this Option: <https://baselinetesting.com/>

### OPTION B: TEST WITH A PHYSICIAN

- Contact your physician to conduct this test:
  - Baseline Test Form found [HERE](#)
  - Parent & Physician sign: **Physician must sign for form to be valid).**
- Bring completed form to Equipment Distribution (August 1st)
- OR email completed form to: [registrar@sunsetyouthfootball.org](mailto:registrar@sunsetyouthfootball.org)

**NOTE:** Save confirmation of test for future reference - This test is good for 2 seasons

**GO APOLLOS!**