



Welcome Coach,

Thank you for your volunteering to coach in the Casper Junior Football League! There probably isn't anything that is more rewarding and more influential than coaching youth sports. We can guarantee every action you take and everything you say will be seen by some small set of eyes. It's important that everything you do is positive. Sending negative messages at this age can result in a young kid not wanting to participate any further in organized sports. Please know that we are not concerned with your coaching experience. Our league has 2 coaching coordinators that will organize practices and develop the daily individual drills you will coach. We will teach these drills to you so you can teach the kids. As a Head Coach, you will be responsible in the organization of your team, creating an offensive and defensive scheme, and teaching this to your assistant coaches and team. As an Assistant coach your main responsibility will be to help run drills and assist your teams head coach during games and practices. At any time if you feel you need help with something please don't hesitate to ask.

We have some general requirements for you to complete to become a coach in our league.

1. You must complete a background check. You can do this on our website under the "for coaches" section. The cost of the check is \$20.50 and you will be responsible for the fee. This does take about a week to get back so please do the ASAP.
2. You must complete all of the USA Football certifications. This is for both Head coaches and Assistant Coaches. To do this, go to USAFOOTBALL.com and register if you are a new user, or log in with your previous information if you are a returning coach. The cost of the certification is \$15.00 and is paid for by the league. Your promotion code for this season is **CJFL20**, enter the code when prompted and the fees are billed to the CJFL. I've attached a [step-by-step guide from USA Football](#) to walk you through the process. USA football did a complete overhaul of the courses this year and there is no recertification option. It does take about 4 hours to complete, but it does save as you go so you don't have to complete it all in one sitting.
 - a. If you are coaching the **Pee-wee Division**, you will need to complete the **5+** for your age group.
 - b. If you are coaching the **Junior Division**, you will need to complete the **8+** for your age group.
 - c. If you have kids in both divisions and are planning to coach in both divisions, you will need to complete both age groups.
3. We will be having a mandatory coach meeting that will be set up at a later date. You must attend.
4. On our website under the "about us" section, you will find a page for coaches. Please download the coaching packet and attendance sheet. Attendance will be required to be taken and submitted to the board each week prior to every game. There is also a premade depth chard and play call sheet. Feel free to use that to help organize your team.
5. You will need to make sure you have downloaded the Sportsengine APP on your phone or tablet. This will be used to communicate with your team, it will include your roster and game schedule.

Thank you again for volunteering to coach in our league. The Board of Directors is grateful for your dedication and participation for the upcoming season! Please complete everything ASAP. You will have to complete all 5 training requirements before you are allowed on the field to work with the kids. If you have any further questions, please let us know!

We look forward to working with you!

CJFL Board of Directors