



Issaquah Lacrosse - Players Code of Conduct

The Issaquah Lacrosse Club believes strongly in the values of teamwork, sportsmanship and leadership through example. As a player in the Issaquah Lacrosse Club, your actions reflect not only on you, but also on your teammates, your coaches and the club.

As a player in the Issaquah Lacrosse Club, I agree to abide by the rules and guidelines below:

- **Respect and Teamwork**

I will always support and respect my teammates, coaches, opponents, and officials. I will not tease, ridicule, or make fun of others. Lacrosse is a team sport, and I will be a team player.

- **Behavior and Self-Control**

I understand that my conduct represents the Issaquah Lacrosse Club. I will demonstrate self-control and positive behavior at all games, practices, team events, and while traveling.

- **Language and Harassment**

I will not use foul or disrespectful language toward anyone. Any language or actions meant to hurt, intimidate, or humiliate others will be considered harassment and may result in immediate removal from the team.

- **Social Media Conduct**

I will not post negative, demeaning, or harassing comments on social media. If I see inappropriate posts involving Issaquah players, I will report them to my Head Coach or a Board Member.

- **Commitment to Academics**

I understand that schoolwork takes precedence over lacrosse.

- **Respect for Coaches and Officials**

I will respect my coaches and follow their instructions. I will not argue calls or complain about officiating and will always respect referees' decisions.

- **Sportsmanship**

I will show good sportsmanship at all times—whether winning or losing—and will congratulate my opponents after games.

- **Commitment and Effort**

I will attend all practices and games, arrive on time, and be prepared with the proper equipment. If I must miss a session due to illness, injury, or school obligations, I will notify my coach as soon as possible.

- **Zero Tolerance Policy**

I will never possess or use drugs, alcohol, tobacco, or weapons at any team activity. I will help maintain a safe, substance-free environment for all players and adults.

I understand that by signing this agreement I promise to uphold the Issaquah Lacrosse Player Code of Conduct. I realize that violation of this Code of Conduct may result in loss of playing time, suspension for part of or all a game or even ejection from Issaquah Lacrosse teams or programs.

I also further understand that a violation of the Code of Conduct during team travel events may result in removal from the team and immediate travel home at my family's expense.

Player Name (Printed) _____

Player Signature _____

Parent/Guardian Name (Printed) _____

Parent/Guardian Signature _____