



2021 RECREATIONAL LEAGUE – U5 GIRLS

Team	Colour	Team Name	Head Coach	Ass't Coach
1	Teal	Royals	Rachel Hern	
2	Pink	Dash		
3	Yellow	Courage		

U5 Girls Development – Mondays - SEASON 1

Sessions on Monday at 6:30 pm @ Woodlands Park (WP)

Field	July 5	July 12	July 19	July 26	Aug 2	Aug 9	Aug 16
WP #6	1&2	1&2	1&2	1&2	1&2	1&2	1&2
WP #5	3	3	3	3	3	3	3

U5 Girls Development – Mondays - SEASON 2

All Sessions on Monday at 6:30 pm @ Woodlands Park (WP)

Field	July 19	July 26	Aug 2	Aug 9	Aug 16	Aug 23	Aug 30
WP #6	1&2	1&2	1&2	1&2	1&2	1&2	1&2
WP #5	3	3	3	3	3	3	3

U5 Girls Development – Mondays - FULL SEASON

All Sessions on Monday at 6:30 pm @ Woodlands Park (WP)

Field	July 5	July 12	July 19	July 26	Aug 2	Aug 9	Aug 16	Aug 23	Aug 30
WP #6	1&2	1&2	1&2	1&2	1&2	1&2	1&2	1&2	1&2
WP #5	3	3	3	3	3	3	3	3	3

NOTES

- **Shinpads are mandatory Jewellery not to be worn during sessions**
- All Sessions start at scheduled times. Please be at field 15 minutes prior to start
- Please wear uniform to all sessions and bring your ball
- Please follow all Covid protocols including social distancing, wearing of masks, and sanitizing hands as much as possible
- Please let your coach know if you will not be attending a session

Micro Fest – Saturday, September 11 at Kinsmen Fields – Schedule TBA
PHONE: 905-831-9803
WEBSITE: www.pickeringfc.ca
EMAIL: Recreational Administrator: admin-rec@pickeringfc.ca