



# MAHA Monthly

Volume #1 | Issue #7, December 2021 | Michigan Amateur Hockey Association

## Apply Today To Host A 2021-22 'Try Hockey For Free' Event!

In November 2021, within 300 arenas across the United States, more than 8,000 kids participated in the first of two national 'Try Hockey For Free' events, making it a tremendous success! [Click here to read more about November's big weekend.](#)

Now, with the support of new growth partners like T&I Credit Union, the Michigan Amateur Hockey Association is proud to accept applications from associations and rinks interested in hosting a Try Hockey For Free event during the 2021-22 season!

Ready to learn more? [Click here to get started!](#)

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**MICHIGAN AMATEUR  
HOCKEY ASSOCIATION™**



# Season of Giving

**Keep kids in the game!**



**MAHA PLAYER SCHOLARSHIP FUND**

## **DONATIONS NEEDED!**

**The Michigan Amateur Hockey Association (MAHA) Player Scholarship Fund supports member families facing a temporary hardship. Your tax-deductible donation will keep kids actively playing the sport they love!**

Cash donations of any kind will be accepted for the Fund. As part of the CARES Act, taxpayers are permitted a charitable contribution of up to \$300 which is treated "above the line" (not a part of an itemized deduction).

Amounts over \$300 are subject to certain limitations. Please consult your tax advisor for treatment of any contributions to this Fund.

Fund Chairperson – James Cosgrove  
E-mail: [jfcoz@msn.com](mailto:jfcoz@msn.com)

**DONATE TODAY!**

[www.maha.org/scholarship-fund](http://www.maha.org/scholarship-fund)







## YOUTH HOCKEY

[Mark Tabrum Taking on New Challenge; Will Lead Youth Hockey Efforts](#)



## TEAM USA

[2022 U.S. National Junior Team Preliminary Roster Unveiled](#)



## COACHES

[5 Elements of A Great Practice](#)



## OTHER NEWS

[USA Hockey Announces Multi-Year Partnership with Winmark Corporation](#)



*The Coaches Site, an Official Partner of MAHA, is the premiere conference and content platform for the global hockey community.*



## **Register Now for the 2022 MAHA Winter Meetings!**

The 2022 MAHA Winter Meetings will be held *in-person* at the Marriott Detroit-Livonia Hotel, starting **Friday, January 21<sup>st</sup>** through **Sunday, January 23<sup>rd</sup>, 2022**:

**Marriott Detroit-Livonia**  
**17100 Laurel Park Dr.**  
**Livonia, MI 48152**

The tentative agenda is subject to change, and additional information will be made available, in the weeks leading up to the meetings. [Click here for a preview of the tentative agenda.](#)

To register for the 2022 Winter Meetings, [click here.](#)

**Deadline is December 12, 2021.**



**PODCAST:**  
[Mike Babcock on the keys to efficient coaching](#)

Playing with pace, the winning formula and teaching more efficiently



**PODCAST:**  
[Red Wings coach Jeff Blashill on improving practice habits](#)

Structuring an effective practice



## Shoulder Surgery Helps Teen Hockey Player Win State Title

After a complex surgery on both shoulders, Giuliana Lufty is back on the ice and competing once again.

“Hockey is one of my favorite things to do,” says Giuliana, a junior at University Liggett School in Grosse Pointe Woods. “It’s almost like a release from everything that’s going on. To just be out there and not have to worry about anything except the game that you’re playing.”

Unfortunately, several years ago a persistent [shoulder injury](#) threatened to sideline Giuliana. For years, Giuliana tried to find answers and went to several specialists. Meanwhile, she powered through the pain. Finally, before the end of her freshman year, Giuliana was referred to [Vasilios Moutzouros, M.D.](#), [Henry Ford Sports Medicine](#) orthopedic surgeon.

Click [here](#) to read more about Giuliana’s inspiring journey.

[Henry Ford Health System](#) is the Exclusive Health Care Sponsor of the Michigan Amateur Hockey Association.

## Important Dates

Entry Deadline for MAHA State Playoff  
for JV / High School  
December 1, 2021

MAHA 8U Mite Jamboree – Burton, MI  
December 4, 2021

Registration Deadline for  
2022 MAHA Winter Meetings  
December 12, 2021

2022 USA Hockey Winter Meetings  
January 13 – 16, 2022

2022 MAHA Winter Meetings  
January 21 – 23, 2022

MAHA 8U Mite Jamboree –  
East Lansing, MI  
January 29, 2022

## MAHA Partners







# OFFICIAL TEAM PHYSICIANS FOR *Giuliana* (AND YOU)!



**ALL FOR YOU**

## HENRY FORD SPORTS MEDICINE, TREATING THE WHOLE ATHLETE

From surgery to cardiology, nutrition to performance conditioning, sports psychology to brain health – we're focused on you. Using the most innovative technology, we create your unique game plan, just like we do for the pros. We offer several convenient locations and virtual visits are available.

For an appointment within 24 business hours,  
visit [HenryFord.com/Athletes](https://www.henryford.com/Athletes) or call (313) 710-5819.

# FREE KIDS MEAL COUPON WITH ANY PURCHASE

VALID AT PARTICIPATING  
MICHIGAN LOCATIONS  
EXPIRES JULY 1, 2022

