



2024 Royals Softball

Parent Meeting

WHS Softball Coaches

Varsity Head Coach Phil Stohr

Varsity Pitching Coach/B Squad Coach Scott Emerson

Varsity Assistant Coach Kit Rocco

JV Coach Cory Mundahl

9th Grade Coach to be announced

Tryouts - March 11-16, 2024

March 4 - 8 (during Spring Break), Noon to 2 pm
Optional pre-season practice in the Activities Center.

Monday, March 11th, 3:15-5:15

Pre-season practice. All players in town should attend.

Tuesday, March 12 - Friday, March 15, 3:15-5:15

Tryouts in the Activities Center.

Saturday, March 16, all day

Varsity Scrimmage in Eden Prairie, expanded roster by invitation.

Tryouts - March 11-16, 2024

Players will be evaluated on the following skills and attributes:

- **THROWING** Arm strength, accuracy, form
- **FIELDING** Ground balls, fly balls, reaction, form
- **HITTING** Form, contact, power
- **BUNTING** Form, contact
- **SPEED** Players will be timed in a variety of drills
- **PITCHERS** Accuracy, velocity (radar gun), pitch variety
- **CATCHERS** Receiving, blocking, awareness of the game

Miscellaneous:

- Knowledge of the game
- Character
- Attitude
- Effort

Eligibility Guidelines

- Students in grades 9-12 attending Woodbury HS are eligible to tryout.
- District Policy does not allow middle school students to try out for softball. Exceptions: If parents feel they have an exceptional athlete with evidence to support it, it must be discussed with the head coach before tryouts. If tryout evaluation would put her at JV or Varsity level, she would be considered for one of these two teams.
- Other situations an 8th grader would be considered:
 - After 3 days of tryouts we determine we are short of 9th grade players we would then invite younger players to be considered.
 - After 3 days we determine there is a shortage of pitchers or catchers we would then invite younger players to be considered.

Attendance Policies

- Softball players should treat their membership on the team as a privilege and recognize those responsibilities, expectations and behaviors that go with their membership.
- Players are expected to attend all practices, scrimmages, and games. Missing will affect your playing time.
- **If player is going to be late or be absent, Coach Stohr (or your respective coach) must be notified in advance.**

Excused Absences

- Schoolwork - Must have a teacher or parent/guardian note/email
** Player is expected to manage school work with team responsibilities.*
- Medical Appointment - Must have parents note/email.
- Sudden Illness - Must have parent note/email by next practice.

Unexcused Absences *(Detention, missing practice w/o notifying coach)*

One (1) unexcused absence:

Sit part or all of the next game/scrimmage. You still dress and attend.

Two (2) unexcused absences:

Sit all of the next game/scrimmage. You still dress and attend.

Three (3) unexcused absences:

Sit additional game/scrimmage and possible dismissal from the team.

Behavior and Conduct

Listen and respect the wishes of the coaching staff. Decisions are made for the best interest of the whole team, not the individual. Each coach has a thorough knowledge of the game, players have had many coaches in the past, but you are expected to follow the directions of this coaching staff.

Players are to be respectful of the umpires, opposing players, fans and the opposing team's coaches.

After the Game:

Win or lose, do it with pride. Do not comment to any opposing team member other than the congratulatory "Good Game"

Cell Phones:

All cell phones are turned off once a player comes to practice/game. They must be turned off, not just on vibrate or silence.

Behavior and Conduct

Social Media:

- It is critical that students are thoughtful and respectful about what and where they post material.
- Playing and competing for Woodbury High School is a privilege. As a student-athlete, you represent Woodbury and are expected to portray yourself in a positive manner at all times.
- Social media comments and posts are an extension of your personal behavior and you will be held to high standards in alignment with the Woodbury High School Code of Conduct as well as the MSHSL Code of Conduct.
- Think about who you represent: yourself, your family, your teammates and coaches, and your school. Protect yourself by maintaining a self-image which you can be proud of for years to come. Your athletic eligibility and more importantly, your character and reputation depend on it!

General Eligibility

To be eligible, a student must be fully enrolled in her high school in good standing. A student who is under penalty of exclusion, expulsion or suspensions, whose conduct violates the Student Code of Responsibilities and is not in good standing, shall be ineligible for a period of time determined by the principal.

STUDENT CODE OF RESPONSIBILITIES

- A. I will respect the rights and beliefs of others and will treat others with courtesy and consideration
- B. I will be fully responsible for my own actions and the consequences of my actions
- C. I will respect the property of others
- D. I will respect and obey the rules of my school and laws of my community
- E. I will show respect to those who are responsible for enforcing the rules

Participation Pyramid

- Student Athletes in high sports programs will experience a “participation pyramid.”
- This means that there are fewer opportunities as participants move from the 9th grade team to the Varsity team.
- **Competition for spots becomes more competitive as players move through the program.**
- Players will need to continue to develop and understand the skills needed to move from 9th grade to JV and from JV to Varsity.

Varsity Philosophy/Playing Time

- Understand that winning is a priority at the varsity level
- It is important to note that expectations of a player are high
- Playing time is based on skill, effort, attitude and desire
- Playing time will not be equal
- The team will consist of a minimum of 12 players
- Everyone on the team will have a role and your role depends on your ability, effort, and attitude
- The varsity roster can be fluid. Players who do not give 100% in practice or do not demonstrate an ability to play at a high level, may be placed on JV or sat for a period of time

JV/B Squad Philosophy

- Playing time may not be equal and all players may not play every game.
- Players are expected to give 100% effort.
- Decisions on playing time will be based on attitude, effort and ability. It is up to the athletes to prove themselves.
- The focus of this team will be to continue to develop the softball skills in the athletes for future varsity competition.
- Playing time is not determined by a players' age or grade, but by ability and hard work.

9th Grade Philosophy

Woodbury Varsity Head Coach typically tries to accommodate as many players as we can to participate on the 9th grade team. The exception is a player whose ability creates a safety issue for themselves. Players with no prior softball experience can be at risk catching a ball thrown by an experienced player or facing pitchers/pitching machine that throw in the vicinity of 55 mph. Coaches will evaluate players that may fall into this category to determine if they feel the player can progress fast enough to compete at the 9th grade level without concerns for their safety.

- Playing time will be as equal as possible, but can still be up to the coaches' discretion based on attendance, attitude, effort and academic eligibility.
- The focus of this team will be to develop the skills in the athletes and prepare them for potential JV/B-Squad and Varsity participation.

Academics

All players must be academically eligible to participate in any athletic competition. Each student athlete must be making academic progress to graduate. If a problem exists, the player may return to the team only after notification from a high school administrator.

Lettering Policy

A varsity letter is something that is earned, not given away.

Varsity letters will be earned only under the following conditions:

1. Play in one fourth of all innings played by team and you complete the season as a member of the team.
2. All seniors who have played in the program throughout their high school career with a high level of dedication and a positive attitude.
3. Coaching staff has the discretion to letter individuals who have made significant contributions to the program, but may not be a player (i.e. Manager, Statistician).
4. Being a member of the Woodbury Royals Varsity Softball Team, but at the coaching staff's discretion.

Post Season Awards

The following awards will be voted on by each varsity team member and coaching staff:

- Most Valuable Player
- Most Improved Player
- Offensive Player
- Defensive Player

An additional award chosen by coaching staff:

- Coaches Award - Player who played with the most heart, determination, team play and effort over the course of the season.

Selection of Varsity Captains

Players will vote on captain(s) at the end of the season. Their vote will be used as a guide to help the Varsity coaches make the final decision.

Please consider the following when casting your vote:

- ✓ Is this an experienced player who can serve as an on field leader by example and style of play?
- ✓ Is this a player who has the respect of the other players and can “hold court” as the groups vocal leader?
- ✓ Is this a player who can organize and remain ultimately responsible?

Team Banquet

A banquet will be held following the season for coaches, all players and their parents.

This season's banquet will be Friday, May 31st at 6 pm at Prestwick Golf Club in Woodbury.

Tickets for coaches and each player will be paid for by the softball booster club and parents will be able to purchase tickets. More details will come later.

Player Commitments

- All players are to follow rules set forth by coaching staff. Do not put yourself in a situation in which you violate the rules.
- Players are required to participate in all fundraiser activities that the team has.
- Most important is attitude. Keep a positive attitude. The attitude of this team will determine what type of season we will have. A negative attitude will reduce your playing time.
- Be coachable. Listen to the coaches. You are not a coach. It is not your responsibility to determine who is on the field, or how well somebody is playing.
- Push yourself and others. You practice like you play. If you strive at every practice to succeed, it will push the people around you to keep up and improve.
- Be a role model. Younger kids see you and they look up to you. Have a positive image of yourself and you will reflect well on others.
- Be a team player, you are part of a team.
- Have fun. Softball is a fun game. Positive attitudes, hard work, and personal discipline will lead to the success you want.

Royal Parents

1. **Attitude.** Have a positive attitude in the stands and with your daughter. If a parent has a bad attitude towards the coaches and other players, it reflects in your player. This makes your child difficult to coach and to play with.
2. **Do not coach.** You are not the coach. Do not try to position your daughter while she is in the field. Do not try to coach her while she is in the batter's box. Coaches are responsible for who is playing where and when.
3. **Do not approach the coaches at the end of the game with displeasures.** Please follow these guidelines and steps to address an issue:
 - A. Player should request a meeting with the coaches to discuss their issue
 - B. If you have an issue, please set up a meeting with the coaches 24 hours after the end of the previous game or practice. We will only discuss your daughter's situation.If steps A and B does not resolve player/parents' issue, we will set up a meeting with the coaches, parent and activities director.
4. **Stay out and away from the dugout area.** This is for players and coaches only.

Booster Club

BOOSTER CLUB FEE - \$150 per player

The purpose of the WHS Softball Booster Club is to raise money to benefit our softball program beyond what the School District provides. The District funds fall short of our needs, so additional funds are needed to help round out the program for the girls. In addition to fundraisers, the Booster Club also collects a \$150 Player Season Fee. Your participation in the booster fee is appreciated and helps make the softball season a better experience for all of the girls.

This year, all players will receive two practice shirts and WHS Softball visor and ticket to the banquet. Fee can be paid ahead of time or at the parent/player meeting.

Checks made payable to Woodbury HS Softball Booster Club or you can also Venmo the \$150 payment to the Booster Club: @kellvan

WHS Softball Booster Club

**President
Holly Herrig**



WHS Softball Booster Club

2024 Booster Club Board

President Holly Herrig* (Reese, Senior)

Vice Jackie Zamorano* (Lili, Junior)

Treasurer Kelly Bloodgood (Mia, Sophomore)

Communications Laura Prow* (Kate, Senior)

Fundraising Erin Ingvalson (Olivia, Sophomore)

Each position on the Booster Club Board serves for 2 years

*open for 2025/26 seasons





2024 Booster Club Fee: **\$150 per player**

Your Booster Club Fee Covers:

- 1 white logo visor per player (\$20 value)
- 2 logo practice jerseys per player (\$25 value)
- 1 ticket to the banquet for the player (\$25 value)
- Team photos (\$25+ value)
- remainder goes toward general softball program funding (equipment, uniforms, events, etc) (\$55 value)

New white helmets this season for Varsity and JV!





venmo

**Kelly Bloodgood
@kellvan**

- **Venmo**

Venmo to the WHS Softball Booster Club Treasurer: @kellvan (include player name in comments)

- **Check**

Written to "WHS Softball Booster Club"

- **Cash**

Check our website all season long for updates

whsactivities.org/softball

- Calendars (subscribe for updates)
- Game Info
- Rosters
- Updates
- Links to game photos

SOFTBALL > Game Schedules Varsity Softball Team JV Softball Team 9th Grade Team Coaches Fundraisers More +

WOODBURY HIGH SCHOOL ACTIVITIES

Softball

f x i

WOODBURY ROYALS SOFTBALL

2024 WOODBURY ROYALS SOFTBALL

COUNTDOWN TO TRYOUTS

14 **4** **4** **34**
DAYS HOURS MINUTES SECONDS

SPRING SOFTBALL TRYOUTS BEGIN TUESDAY, MARCH 12TH

Pre-Tryout Practice Monday, March 11th

WHS girls grades 9-12 interested in softball are invited to tryouts beginning March 12th after school in the Activities Center from 3:15-5:15. Tryouts will continue each day after school at that time until teams have been decided. You must be registered before attending tryouts. If you have questions about tryouts, email Coach Stohr.

WHS SOFTBALL CALENDAR

TUE 2/27	WED 2/28	THU 2/29	FRI 3/1	SAT 3/2
no events	Parent & Players Meeting Wednesday, 5:30pm CST-7:00pm CST	no events	no events	no events

VIEW ALL | RSS | iCAL

SPRING SOFTBALL REGISTRATION NOW OPEN

All players attending tryouts must be registered first. WHS Softball is open to girls in grades 9-12 attending Woodbury High School. You



Instagram:
@whs_royals_softball



223 posts 363 followers 75 following

Woodbury Royals Softball

Official Account of the WHS Softball Program

www.whsactivities.org/sof... and 1



Celebrations



Photos



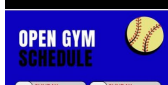
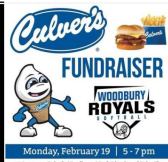
Game Day



Varsity



9th Grade



Facebook:
@woodburyroyalssoftball



Woodbury HS Softball

263 likes · 333 followers

All things Woodbury High School Softball related

Apparel Store Closes Today at 10 pm

bsnteamssports.com/shop/royalsb24

Get a baby blue “Game Day” tee for \$19.99 and other softball gear: hoodies, sweatpants, tees and more.



Softball Jacket Orders Close Today at 10 pm

whsactivities.org/softball



DRI-DUCK TEAM JACKETS



WHS Softball Booster Club

Fundraising
Erin Ingvalson





2024 WHS Softball Fundraiser Gertens Plants & Flowers



Choose from hanging baskets, patio tubs, pots of annuals, perennials, flats of annuals, vegetables, and plant gift cards directly from Gerten's Nursery

WHS Softball Gets

- **30% of plant sales**
- **15% of gift card sales**

Place your order early for best selection. Some items have limited quantities and may be sold out before the end date of this program.

Fundraiser site will close April 1.

No orders accepted after site has closed.

Plants will be delivered to players on May 16th.

Players will deliver plants to their customers.



TOTAL SALES: \$27,795

GOAL: \$20,000

\$19,000
\$18,000
\$17,000
\$16,000
\$15,000
\$14,000
\$13,000
\$12,000
\$11,000
\$10,000
\$9,000
\$8,000
\$7,000
\$6,000
\$5,000
\$4,000
\$3,000
\$2,000
\$1,000



Last Season's Gertens Fundraiser

Total Sales: \$27,795

Money Raised: over \$6,700!



2024 WHS Softball Fundraiser Gertens Plants & Flowers



GOAL: each player sells \$750 in plants

- Top individual seller gets \$100 Lululemon gift card
- Top team each gets \$25 McDonald's gift card
- Fundraising teams will be formed after tryouts



lululemon

PROGRAM GOAL: \$7,000 RAISED



2024 WHS Softball Fundraiser Gertens Plants & Flowers



Place your order online at gertensfundraising.com
and enter Store ID: 715
Be sure to include player's name on your order



Woodbury High School Girls Softball Boosters

Welcome to the **Woodbury High School Girls Softball Boosters** Online Gertens Fundraiser! This group will receive **30%** of all plant sales and **15%** of all plant card sales. Proceeds will go toward the WHS Girls Softball Team.

Please be sure to include the **name of the player you are supporting** in the **seller's name field** at check out, so they get credit for the sale.

Orders must be completed by 10 PM on **Monday, April 1**.

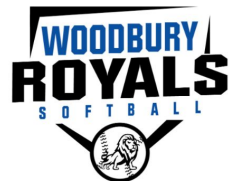
NO LATE ORDERS WILL BE ACCEPTED.

Products will be delivered to the group on **May 16**.

The players/sellers will distribute the orders. Please contact your player/seller to determine pickup or delivery details.

If you have any questions, please contact your fundraiser chair: **Erin Ingvalson, fundraising@whsbcsoftball.com**.

Thank you for your support!



FUNDRAISER PLANT CARD \$25
\$25.00



FUNDRAISER PLANT CARD \$50
\$50.00



FUNDRAISER PLANT CARD \$100
\$100.00



6" HOYA AUSTRALIS - HOUSE
PLANT
\$18.00



Prizes for top individual fundraiser and top fundraising team!

All orders placed online gertensfundraising.com Store ID: 715

Be sure to include player name



Booster Club Upcoming Events

- **Fundraiser: Culvers** - was Feb 19. **Raised \$405**
- **Fundraiser: Zupas** - March 26, 4 to 9 pm
- **Fundraiser: Gerten's Flowers** - starts today through April 1
- **Fundraiser: Vertical Raise** - starts after teams have formed
- Future fundraisers to be announced

Important Dates

March 16 - Expanded Varsity Scrimmage Eden Prairie

March 18, 4:30-5 - Vertical Raise Player Meeting

March 23 - Varsity Scrimmage Rosemount

March 26 - Team Pictures 3:15-5:15, Zupas Fundraiser 4-9

April 1 - Gertens Store Closes / May 16 - Gertens Flower Delivery

April 2 - Varsity Field Cleanup, Install Outfield Windscreens

April 12 - Strike Out Cancer Theme Night *vs Mounds View*

April 17 - Teacher Appreciation Night (JV/Varsity) *vs Roseville*

April 29 - Youth Night (Varsity) *vs East Ridge*

May 10 - Mental Health Awareness Theme Night *vs Stillwater*

May 15 - Senior Night (Varsity) *vs Bloomington Jefferson*

May 17 - Border Battle *vs East Ridge*

May 31 - End of Season Banquet 6-8:30 pm at Prestwick

Parent Volunteers Needed

Installing Outfield Wind Screen & Field Cleanup
Game Photographers for Varsity, JV, 9th Grade
Game Changer for Varsity, JV, 9th Grade
Varsity Music/Scoreboard
Gertens Fundraiser
Senior Night
Banquet Setup



2024 Royals Softball

Good Luck this Season!