

## COVID-19 Rider Protocol

**This document outlines safe riding protocols for members to prevent and mitigate transmission of the C19 virus while at the velodrome. These protocols are aligned with the ABA and AHS guidelines.**

### Self-Screen and Self-Monitor

- Prior to coming to the velodrome, screen yourself for symptoms of C19 as established by AHS. If you have any symptoms, or have been in contact with someone with C19, do not come to the velodrome.
- While at the velodrome, monitor yourself for symptoms of C19. Notify cbtl staff immediately if you become unwell, leave site, self-isolate and visit [www.ahs.ca/covid](http://www.ahs.ca/covid) and complete the online self-assessment to determine if you need testing for C19.
- Track Associates have the right and are required to deny or remove riders if they suspect there is risk to the health of staff and other riders.

### What to do before arriving

- Complete your cbtl 2021 registration, including the ABA C19 waiver.
- Perform a self-screening for C19 symptoms and do not come if you think you may have symptoms.
- Sign up for the session online at [www.cbtl.ca](http://www.cbtl.ca).
- Bring a mask with you.
- Wear your riding clothes (change rooms are not available).
- People at risk should not attend the Track.

### What to do at the Velodrome

- Enter via the stairs, maintaining social distance as you enter.
- Hand sanitizer is available at entry.
- Respect those who desire social distance (2 m) and who use the infield stalls.
- Staff will not provide holds.
- Be self-sufficient with food and water and it is preferred that you are self-sufficient with equipment, tools and pump.
- Garage and Office are closed to riders. Member bike storage is available, one person entry at a time.

### What to do when leaving

- Sign out with the Track Associate.