



INVITATION

U12 Slalom Rhythm Camp  
Friday, January 31, 2020

Abenaki Ski Area  
390 Pine Hill Road, Wolfeboro, NH USA

Athletes born in 2008 that have shown top performances in both slalom and giant slalom from the 2019 and 2020 NHARA schedules. Run(s) and/or Race(s) are considered. Each division received a minimum quota of at least 3 boys and 3 girls selected.

Ellen	Afzelius	F	08	LRT
Alexa	Boden	F	08	FSC
Emily	Chandler	F	08	WILD
Hadassah	Corey	F	08	LRT
Mackenzie	Culgin	F	08	LRT
Caitlin	Cunningham	F	08	WILD
Hannah	Darov	F	08	BBTS
Georgea	Fisher-Smith	F	08	BBTS
Arianna	Hughes	F	08	PATS
Mackenzie	Hughey	F	08	ATT
Gracelyn	O'Neill	F	08	FSC
Taylor	Osterlind	F	08	BBTS
Teagan	Peabody	F	08	GSC
Anne	Pearce	F	08	RMS
Abigail	Perkins	F	08	FSC
Addyson	Rossi	F	08	PATS
Elizabeth	Stuart	F	08	BBTS
Grace	Tapplly	F	08	FSC
Allie	Vogelien	F	08	FS
Ainslie	Williams	F	08	FSC

Ben	Ames	M	08	FS
Tucker	Barnaby	M	08	FSC
Jackson	Bartick	M	08	WILD
Luca	Bene	M	08	LRT
Scott	Connors	M	08	RMS
Liam	Cummings	M	08	ATT
Caiyu	Demaggio	M	08	BW
Liam	Keane	M	08	KP
Luke	Kitanov	M	08	BW
Rocco	Lazzaro	M	08	CMCC
Beckett	Lehr	M	08	GSC
Ivan	Luptak	M	08	BBTS
Caedon	Manseau	M	08	FSC
Abraham	Musty	M	08	FS
Jacob	Oliviero	M	08	CMCC
Luke	Plachowicz	M	08	ATT
John	Purnell	M	08	GSC
Beckett	Rathbone	M	08	ATT
Asa	Toms	M	08	FSC
Jacob	Tracy	M	08	MCI
Griffin	Vail	M	08	SUN
Cooper	Zapton	M	08	BBTS

We encourage your participation. This camp will compliment the content provided at the December NHARA U12 SL Camp.

Camp Leader: Fred Turton, NHARA Youth Education Coordinator, US Ski & Snowboard L500 Coach

Abenaki Connection: Aynne DeBeer, Abenaki Ski Team Program Administrator

Other: **Each Team who has an invited racer is encouraged to send a coach.**

Registration Fee: \$50.00

To Register, go to: <https://www.SkiReg.com/u12-sl-rhythm-camp>

If necessary, please create an account with SkiReg.

Registration Opens: Tuesday, January 14.

The registration portal will be closed after Monday, January 27.

Bring: SL Skis – Race Ready – Sharp!  
SL Poles w/Hand Guards – Shin Guards - Helmet w/Chin Guard - Personal SL Protection Gear  
Backpack w/ Water Bottle and additional clothing layers.

Your youngster will be riding a ropetow all day. We encourage you to acquire a pair of lined, durable work type gloves or mittens for them to use at this camp. High quality ski gloves will be torn up. Abenaki will have a limited number of glove covers available for sale.

Please be sure all personal ski gear is in good working order: Straps – Buckles - Velcro - Zippers, etc.  
Thank you for making sure your equipment meets US Ski & Snowboard regulations.

Schedule:

8:45	Abenaki Base Lodge Opens (Coffee etc. will be available)
9:00	Athlete Check In – Abenaki Base Lodge
9:15	Coaches Meeting
9:30	Athlete Meeting
9:45	1 <sup>st</sup> Session – Load Lifts
11:15	Lunch (not included in the registration fee)
12:15	2 <sup>nd</sup> Session – Load Lifts
1:30	Meeting
2:00	Athlete Pick Up

(The training windows may seem short; when using this ropetow, you'll understand!)

To be eligible to register for this project, each athlete must be a current (2019-20) member of US Ski & Snowboard as a U12 Competitor, as well as a current member of NHARA.

US Ski & Snowboard rules require that licensed US Ski & Snowboard Competitor members be covered by valid and sufficient accident insurance. The member must carry proof of this insurance and have it available at this camp so that prompt medical care can be obtained, if ever needed.

Members of US Ski and Snowboard attending this training camp are required to abide by the US Ski & Snowboard Code of Conduct. See page 14 of the 2020 US Ski & Snowboard Alpine Competition Guide.

Participating athletes must be healthy, free of injuries and able to participate fully in all aspects of the on-snow training program. This could include free skiing, gate training, running, jumping, agilities, calisthenics, flexibility training and games.

Please note the NHARA policy that require pre-payment of registration fees. All participating athletes are required to submit their payment prior to participation or services will not be rendered.

**Your youngster will be riding a ropetow all day. We encourage you to purchase a pair of lined, durable work type gloves or mittens for them to use at this camp. High quality ski gloves will be torn up. Abenaki will have a limited number of glove covers available for sale.**

Questions? Fred Turton, NHARA Youth Education Coordinator, at: [whygimf@gmail.com](mailto:whygimf@gmail.com)





# ABENAKI GRILL

- ★ HOT DOG 2-
- ★ HAMBURGER 3<sup>50</sup>
- ★ CHEESEBURGER 3<sup>50</sup>
- ★ ADD BACON 1-
- ★ VEGGIE BURGER 3-
- ★ CHICKEN SANDWICH 3<sup>50</sup>
- ★ RAMEN SOUP 1-
- ★ SOUP OF THE DAY 3-
- ★ NACHOS 2-
- ★ MAC & CHEESE 3-
- ★ CHIPS 1-
- ★ POP TARTS 2-
- ★ COOKIES 1-
- ★ CANDY 1<sup>50</sup>
- ★ FRUIT SNACKS 1-
- ★ ADD CHEESE 25
- ★ ADD MARSHMALLOWS 25
- ★ SODA 2-
- ★ WATER 1-
- ★ COFFEE 1-
- ★ TEA 1-
- ★ COCOA 1-
- ★ JUICE / ICED TEA 2-
- ★ SHIRTS 12-
- ★ PATCHES 2-
- ★ TRAVEL MUGS 5-
- ★ MITTENS 6-
- ★ HATS 10-
- ★ LANYARDS 2-
- ★ HAND WARMERS 2-
- ★ GLOVES 2-
- ★ PROTECTIVE
- ★ STICKY
- ★ MA

LIFT TICKETS - ALL AGES  
★ RESIDENTS 8-  
★ NON-RESIDENTS 20-  
★ KIDDIE TOW ONLY 5-

