



Blast program fees are broken out into 5-6 monthly payments minus a \$500.00 initial payment.
 No Surprises. Coaching, training and program fees INCLUDED. Uniform and Travel costs are separate.

2023/24 Season Fees & Planning

	'16 U8	'15 u9	'14 u10	'13 u11	'12 u12	'11 u13	'10 u14	'09 u15	'08 u16	'07 u17	'06 u18	'05 u19
Program Fee 2023/24	\$1,000	\$1,700	\$2,000	\$2,000	\$2,300	\$2,300	\$2,500	\$2,500	\$2,600	\$2,600	\$2,600	\$1,700
Est. Uniform & Training Gear	--	*New players & Returning players needing new sizes. \$375 for 2 uniform tops, 3 shorts, 3 socks 3 training tops and 1 warm-up set										
Est. Tourney & Travel Costs	--	Travel fees based on event and billed ahead of departure. Estimate between \$250 - \$375/event NOT including airfare/travel.										

Est. TRAVEL Plan:	Please see "Typical Season Timeline" for more travel planning details						
Out of region "Fly" events	0	0	0	1	2	3	2
Regional "Drive" events	0	0	0	2	3	2	2
In-State "Local" events	6	4	4	3	2	2	2
TOTAL EST. EVENTS/YEAR	6	4	4	6	7	7	6
Est. Travel or Event Months	Fall & Summer	(Apr - July)	(Apr - July)	(Nov, Jan - July)	(Nov, Jan - July)	(Nov, Jan - July)	(Nov, Jan - July)

Est. DEVELOPMENT Plan:	Based on our full training and competitive plan, it is estimated that Blast players on average, spend <u>\$9.50/hour</u> for Blast Development						
Est. Training & Competitions	48	81	112	136	170	175	140
Total Training Hours	24	54	84	102	136	140	112
<i>US Soccer Training: Game/Event Ratio</i>	2:1	2:1	3:1	3:1	4:1	4:1	3.5:1
<i>Train: Turf/Outdoor</i>	20	44	74	57	86	90	78
<i>Train: Futsal Sessions</i>	6	10	10	20	20	20	20
<i>Train: Technical/Strength/Fitness</i>	0	0	0	15	20	20	20
<i>Train: Blast Class</i>	0	0	0	10	10	10	10
Total Competition Matches	24	27	28	34	34	35	28
<i>Tournament Games</i>	10	12	12	18	21	21	15
<i>Friendlies/Scrimmages</i>	4	3	2	4	3	4	3
<i>League or Tournament Only Games</i>	10	12	14	12	10	10	10

*PROGRAM FEE'S include: coaches and trainers fees, indoor and regular outdoor rental, futsal sessions, field maintenance, equipment, league fees, referee fees, MYSa and US Club player registration, player insurance and costs for support coaches that come in later in season.

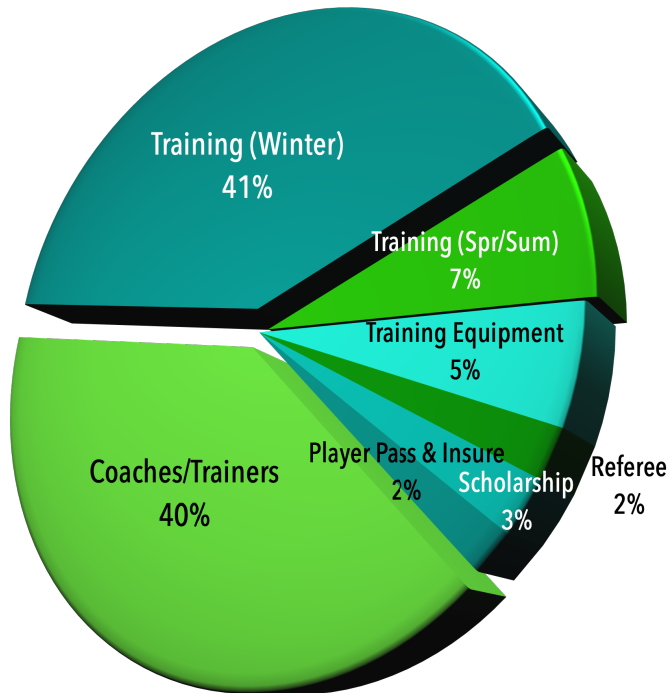


Blast Costs:

We are a smaller club that does not rely on a large recreational program to subsidize competitive teams. Age groups truly "pay their way" with expenses calculated and broken out so each age group covers its share of its costs. From coaching to field rental all the way down to player insurance and passes, we manage costs carefully

2023/24 Season Cost Breakouts

Average Team (age group) Expense



While each age group has a slightly different overall cost total, the percentages allocated to the costs are very much the same. In the end, over 80% of our costs go to training facilities and coaching staff, with the remaining +/- 20% covering player and training expenses.

Coaches & Trainer Expenses

Our coaches and training staff do not make their living off of coaching or as directors of a club. They have primary jobs or are students, willing to give back to youth sports because they can as a way to help make our sport better.

1. Blast Coaching Fee Structure:

- Head Coaches: \$6,000 - \$8,000/Yr. (96% Attend Rqrd.)
- Assistant Coaches: \$2,000 - \$4,000/Yr. (75% Attend Rqrd)
u9/u10: 1 coach; u11/u12: 1.5 coach; u13/u14: 2 coaches;
u15/u16: 2 coaches; u17/u18: 2 coaches
- Trainers (club-wide): \$1,000 - \$3,500/Yr. (Paid Hourly)
* Trainers may be keeper, fitness or trainers to help run a set

2. Blast Directors:

- Program Directors [1]: \$4,500/Yr. (2-4 hrs/week)
* Build age-level programing and development plans.
- Technical Directors [2]: \$4,500/Yr. (2-4 hrs/week)
* Execute technical requirements by gender and age-level.
- Club Directors [1]: \$4,500/Yr. (3-5 hrs/week)
* Manage operational needs of organization.

There are a growing number of twin-city based clubs paying coaches over \$20,000 to coach a single team and directors of coaching (DOC's) making over \$85,000 annually. We do not feel this pay level is necessary to make our sport or our players better.



Blast season timeline is built to provide families with a guide for competitive and training seasons. The timeline is built around the US Soccer's recommended number of competitive events and age-appropriate training to game ratio for ideal player development.

Typical Season Timeline

Season	Month(s)	Events (proposed)	PROPOSED SCHEDULE											
			U9	U10	U11	U12	U13	U14	U15	U16	U17	U18	U19	
FALL	Aug - Oct	Fall Training	✓	✓	✓	✓	✓	✓	✓	✓	Typically Playing High School			H.S. & College
	Sept - Oct	Fall League or Tournament Only Games	✓	✓	✓	✓	✓	✓	✓	✓				
	October	• Racine Lighthouse - Racine, WI					✓	✓						
	November	• Scott Gallagher - St. Louis, MO							✓	✓	✓	✓		
WINTER	Jan - Feb	Blast Futsal (Jan - April)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
	Jan - Apr	Winter Train Session (turf/ARC)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	February	• PDT Showcase, Phoenix, AZ							✓	✓	✓	✓	✓	
	March	• Player Showcase, Las Vegas, NV							✓	✓	✓	✓	✓	
SPRING <i>(Teams may NOT DO ALL "checked" events, but have listed all current options.)</i>	Apr - July	Outdoor Training (outdoor)	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		
	April	• Puma Cup, Rockford, IL						✓	✓	✓	✓	✓		
	April	• Dallas Invitational (TX)							✓	✓	✓	✓	✓	
	April	• Local Tourney (MN)	✓	✓	✓	✓	✓							
	April	• JFG, Des Moines, IA						✓	✓	✓				
	April	• Bluechip/Challenger, IN								✓	✓	✓	✓	
	April	• Crossroads, OH								✓	✓			
	April	D2 College Scrimmages										✓		
	May	• Local Tourney (MN)	✓	✓	✓	✓	✓							
	May	MN State Cup/Presidents Cup					✓	✓	✓	✓	✓	✓	✓	
SUMMER	April - July	League	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	
	June	• Chicago Inter, IL						✓	✓	✓	✓	✓		
	June	• Eau Claire, Eau Claire, WI				✓	✓							
	June	• Local Tourney (MN)	✓	✓	✓	✓	✓							
	June	• US Club Regional, Libertyville, IL							✓	✓	✓	✓	✓	
	June	• USYSA Regionals (State Cup champ)							✓*	✓*	✓*	✓*	✓*	✓*
	July	USYSA/US CLUB Nationals (Reg. champs)							✓	✓	✓	✓	✓	✓
	July	State Tournament (July)				✓*	✓*	✓*						
July	USA Cup, Blaine, MN (Teams Decide)													
		Actual events may change based on best competitive fit. If we have TWO teams at an age, one may do an event the other does not if they are scheduled within 2 weeks of each other.	Development/Competitive is an 8-10 month program of high level technical skill development Out-of-State Travel is coordinated by club, arranged by parent/family. Players room with teammates. * USYSA Regionals based on winning State Cup in June. ** State Tournament based on League Standings.											