

<b>Mpls Lakers</b>	<u>Summer</u>	Shot (	Club	Shot 7	<u> T</u> racker
					1

Player Name	
Grade ('19-20)	

Progress Towards Goal: 0%

Daily Goal to Meet Total Goal: 89.285714

Personal Shot Goal: (Input the number of shots you hope to take this summer)

Total Shots Taken: - (Keeps the running Total)



		Sun		Mon		Tues		Wed		Thur		Fri		Sat		Total by Week				
		Made	Taken	Made	Taken	Made	Taken	Made	Taken	Made	Taken	Made	Taken	Made	Taken	Made	Taken	Shooting %	Progress to weekly Goal	
9-Jun	15-Jun	Week 1															-	-	-	0%
16-Jun	22-Jun	Week 2															-	-	-	0%
23-Jun	29-Jun	Week 3															-	-	-	0%
30-Jun	6-Jul	Week 4															-	-	-	0%
7-Jul	13-Jul	Week 5															-	-	-	0%
14-Jul	20-Jul	Week 6															-	-	-	0%
21-Jul	27-Jul	Week 7															-	-	-	0%
28-Jul	3-Aug	Week 8															-	-	_	0%
4-Aug																	-	-	-	0%
11-Aug		Week 10															-	-	-	0%
18-Aug	24-Aug	Week 11															-	-	-	0%
25-Aug																	-	1	-	0%
Total Shots			-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

## Rules:

- 1. Record shots attempted, track makes for your own reference. Estimate shots taken & made at camps.
- 2. Shots must be made on a 10' basket.
- 3. Shots must be varied. Include layups, free-throws, 3-pointers, etc.
- 4. Track your shots daily on this sheet.
- 5. Upload shots weekly, at https://mplslakers.sportngin.com/register/form/802338464
- 6. Failure to submit Weekly will disqualify you from awards and recognition

Questions? Submit to Coaching Director at chance.veasey@gmail.com