

Adult Indoor Tournament Rules

Unless otherwise stated, the FIH Rules of Hockey will govern play. The following tournament rules, and/or modifications to the Rules of Hockey, will be in effect for all divisions of play. Players must be 18 years or older.

Players Dress and Equipment

1. Mouth guards and shin guards are recommended for all players.
2. Goggles are permitted but not required.
3. All goalkeepers must wear fully masked helmets and a throat guard and a chest protector.
4. Members of all teams must be in proper uniform (shirts and socks of matching color) with numbers on at least the back of the shirt. Goalkeepers must, as a minimum, wear a shirt color different from their team and the opposing team's primary color.
5. Players must be seated on the bench when not in play unless they are about to sub in from the table.

Team

1. Six players per team on the field at one time (two of these players may be a male). Goalie is neutral and may also be male.
2. Team roster should be completed and turned in prior to the first game.
3. Substituting players must enter the field of play only after the substituted player has left the field of play over the same sideline at mid-field near the team bench.
4. First team listed is home team, home team wears white.

Duration of Play

1. Duration of games will be 25 minutes.
2. All games begin and end at the sound of the central horn. Penalty corners or penalty strokes awarded before the end of the game will be completed.
3. At the conclusion of the game, umpires will verify the score with each team coach/captain.
4. Games can end in a tie at the end of regulation for pool play. In single elimination a winner needs to be decided. In this case we will go to 1 v1 's. Best of 3. If tied, we will go to sudden victory 1v1's (6 seconds) starting at the broken line circle.

Penalties

1. Any player receiving a red card in a game is suspended from the remainder of the game in which the offense occurred AND the team's next scheduled game.
2. Officials will notify the Officiating Coordinator of any red card issued immediately after the game in which it was issued.
3. Any team using a disqualified player shall forfeit the game in which the disqualified player was a participant, and the disqualified player shall be immediately ejected from the tournament.

Scoring

3 points for a win, 1 point for a tie. In the event of a forfeit, a 4-0 score will be reported.

1. A coach or team manager from each team is required to sign the scoresheet upon completion of their team's game. Failure to sign the scoresheet within a reasonable timeframe, as determined by the tournament director, will result in the reported score by the designated scorekeeper being considered final. It is the responsibility of each coach to ensure their acknowledgment of the recorded score, and any disputes must be raised promptly with the tournament director for resolution. No further disputes will be considered once a signed scoresheet is submitted to the tournament director.

Tie Breaker System

1. Total points (based on wins & ties).
2. Head-to-head*
3. Goal differential – capped at +8.
 - a. E.g: a 12-0 game registers as +8. No goals after a +8 differential will count towards the total **for that match**.
4. Least goals allowed.
5. Total goals scored.
6. 1v1's

Head-to-Head will only be used to determine a tie between **two teams that have **played one another**. All other scenarios will automatically defer to the next tie breaker.*

External Conditions, Weather, Etc.

1. In case of inclement weather or field conditions, at the Tournament Director's discretion, games may:
 - Be shortened
 - Be rescheduled
 - Go to 1 v1's
 - Be cancelled