



# IRONMAN Europe, Middle East and Africa Deadlines for Transfer, Deferral and the Partial Refund

For Athletes who have registered within the first 90 Days of the initial registration opening. Deferrals are only an Option for our full distance Races

Race			Transfer request	Deferral into 2025	Refund request	
	Race day	eligible for these deadlines, if you have registered before:	Transfer until (45 days)	Deferral until: (45 days)	50% Refund (4 months)	25% Refund (7 days)
IRONMAN 70.3 Oman	17/02/2024	26/12/2023	03/01/2024		17/10/2023	10/02/2024
IRONMAN 70.3 Nelson Mandela Bay South Africa	21/04/2024	01/11/2023	07/03/2024		21/12/2023	14/04/2024
IRONMAN African Championsip	21/04/2024	01/11/2023	07/03/2024	07/03/2024	21/12/2023	14/04/2024
IRONMAN 70.3 Valencia	21/04/2024	03/01/2024	07/03/2024		21/12/2023	14/04/2024
IRONMAN 70.3 Venice - Jesolo	05/05/2024	26/12/2023	21/03/2024		05/01/2024	28/04/2024
IRONMAN 70.3 Alcudia - Mallorca	11/05/2024	10/10/2023	27/03/2024		11/01/2024	04/05/2024
IRONMAN Lanzarote	18/05/2024	22/11/2023	03/04/2024	03/04/2024	18/01/2024	11/05/2024
IRONMAN 70.3 Aix-en-Provence	19/05/2024	10/10/2023	04/04/2024		19/01/2024	12/05/2024
IRONMAN 70.3 Kraichgau	26/05/2024	10/10/2023	11/04/2024		26/01/2024	19/05/2024
5150 Kraichgau	26/05/2024				26/02/2024	26/04/2024
IRONMAN 70.3 Durban	02/06/2024	28/11/2023	18/04/2024		02/02/2024	26/05/2024
IRONMAN Hamburg	02/06/2024	18/10/2023	18/04/2024	18/04/2024	02/02/2024	26/05/2024
IRONMAN 70.3 Switzerland	02/06/2024	10/10/2023	18/04/2024		02/02/2024	26/05/2024
IRONMAN 70.3 Warsaw	09/06/2024	02/10/2023	25/04/2024		09/02/2024	02/06/2024
IRONMAN Austria Karnten	16/06/2024	20/09/2023	02/05/2024	02/05/2024	16/02/2024	09/06/2024
IRONMAN 70.3 Nice	16/06/2024	10/10/2023	02/05/2024		16/02/2024	09/06/2024
IRONMAN France Nice	16/06/2024	27/09/2023	02/05/2024	02/05/2024	16/02/2024	09/06/2024
IRONMAN 70.3 Westfriesland	23/06/2024	26/12/2023	09/05/2024		23/02/2024	16/06/2024
IRONMAN 70.3 Elsinore	23/06/2024	10/10/2023	09/05/2024		23/02/2024	16/06/2024
IRONMAN 70.3 Lahti	29/06/2024	28/11/2023	15/05/2024		29/02/2024	22/06/2024
IRONMAN 70.3 Bolton	30/06/2024	28/11/2023	16/05/2024		29/02/2024	23/06/2024
IRONMAN 70.3 Les Sables d'Olonne - Vendee	30/06/2024	10/10/2023	16/05/2024		29/02/2024	23/06/2024
IRONMAN 70.3 Luxembourg - Region Moselle	30/06/2024	10/10/2023	16/05/2024		29/02/2024	23/06/2024
IRONMAN Switzerland Thun	07/07/2024	18/10/2023	23/05/2024	23/05/2024	07/03/2024	30/06/2024
IRONMAN 70.3 Jönköping	07/07/2024	28/11/2023	23/05/2024		07/03/2024	30/06/2024
IRONMAN Vitoria - Gasteiz	14/07/2024	18/10/2023	30/05/2024	30/05/2024	14/03/2024	07/07/2024
IRONMAN 70.3 Swansea	14/07/2024	28/11/2023	30/05/2024		14/03/2024	07/07/2024
IRONMAN 70.3 Gdynia	04/08/2024	28/01/2024	20/06/2024		04/04/2024	28/07/2024
IRONMAN Kalmar	17/08/2024	22/11/2023	03/07/2024	03/07/2024	17/04/2024	10/08/2024
IRONMAN European Championship Frankfurt	18/08/2024	04/10/2023	04/07/2024	04/07/2024	18/04/2024	11/08/2024
IRONMAN Copenhagen	18/08/2024	22/11/2023	04/07/2024	04/07/2024	18/04/2024	11/08/2024
IRONMAN 70.3 Hradec Kralove	18/08/2024	28/01/2024	04/07/2024		18/04/2024	11/08/2024
IRONMAN Tallinn	24/08/2024	12/11/2023	10/07/2024	10/07/2024	24/04/2024	17/08/2024
IRONMAN 70.3 Tallinn	25/08/2024	12/11/2023	11/07/2024		25/04/2024	18/08/2024
IRONMAN 70.3 Vichy	01/09/2024	16/01/2024	18/07/2024		01/05/2024	25/08/2024
IRONMAN 70.3 Duisburg	01/09/2024	28/11/2023	18/07/2024		01/05/2024	25/08/2024
IRONMAN 70.3 Zell am See - Kaprun	01/09/2024	26/12/2023	18/07/2024		01/05/2024	25/08/2024
5150 Triathlon Series Poznan	01/09/2024				01/06/2024	02/08/2024
IRONMAN 70.3 Poznan	01/09/2024	28/01/2024	18/07/2024		01/05/2024	25/08/2024
IRONMAN 70.3 Knokke-Heist Belgium	08/09/2024	05/03/2024	25/07/2024		08/05/2024	01/09/2024
IRONMAN 70.3 Weymouth	15/09/2024	16/01/2024	01/08/2024		15/05/2024	08/09/2024
IRONMAN 70.3 Erkner	15/09/2024	26/12/2023	01/08/2024		15/05/2024	08/09/2024
IRONMAN 70.3 Belgrade, Serbia	15/09/2024	28/01/2024	01/08/2024		15/05/2024	08/09/2024
IRONMAN Italy Emilia - Romagna	21/09/2024	20/12/2023	07/08/2024	07/08/2024	21/05/2024	14/09/2024
IRONMAN 70.3 Italy Emilia - Romagna	22/09/2024	26/12/2023	08/08/2024		22/05/2024	15/09/2024
IRONMAN Wales	22/09/2024	06/12/2023	08/08/2024	08/08/2024	22/05/2024	15/09/2024
IRONMAN Barcelona	06/10/2024	03/01/2024	22/08/2024	22/08/2024	06/06/2024	29/09/2024
IRONMAN Portugal - Cascais	19/10/2024	24/01/2024	04/09/2024	04/09/2024	19/06/2024	12/10/2024
IRONMAN 70.3 Portugal - Cascais	19/10/2024	24/01/2024	04/09/2024		19/06/2024	12/10/2024
IRONMAN 70.3 Porec Croatia	20/10/2024	28/01/2024	05/09/2024		20/06/2024	13/10/2024
IRONMAN 70.3 Vouliagmeni, Greece	20/10/2024	24/01/2024	05/09/2024		20/06/2024	13/10/2024
IRONMAN 70.3 Marbella	27/10/2024	16/01/2024	12/09/2024		27/06/2024	20/10/2024