

At the Richmond Football Club, We pride ourselves on offering all players the opportunity to achieve their highest level of play, through our unique club support programs.  
 “A better place to play, a better place to learn”

## Richmond FC **Recreational** Open Development Program for players born 2008 to 2021



*Richmond United FC is a Canada Soccer Licensed Quality Soccer Provider.*

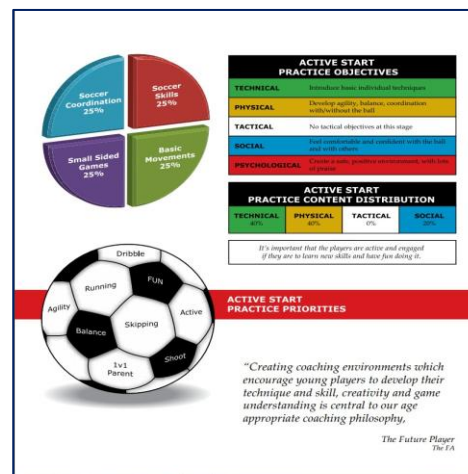


This September 2025, RUFC's Fall-Winter Open (Recreational) Development Program kicks off for girls and boys from U4 to U18. This program offers all players the opportunity to showcase and develop their technical attributes, combined with their game awareness in front of our qualified licensed coaches. The RFC will be following the 4 cornered approach to player development - Tactical, Technical, Social/Emotional/Psychological and Physical. The RUFC will also be offering various support programs throughout the season, to help all players that are serious about reaching the next level.

Throughout the Fall-Winter all players will be exposed to a high tempo developmentally appropriate coaching program, based on CSA's LTPD curriculum which offers the ideal development opportunity for every individual in the ODP, to reach his or her highest level.

This year all players from U4 to U18 will play Street Soccer Games in the ODP & LTPD soccer program. We at the Richmond Football Club would like to thank you for your continued support of the club and like to take this opportunity to wish all the players taking part throughout the fall-winter all the best. I look forward to seeing you all on the field.

*David Thorburn, Technical Director, RUFC*



DEVELOPMENT STAGE	LEARN TO TRAIN			
	U9	U10	U11	U12
<b>SOCIAL/EMOTIONAL</b>				
Listening	2	2	1	1
Cooperation	2	2	1	1
Communication	1	1	1	1
Sharing	2	1	1	1
Problem-solving	2	2	1	1
Decision-making	2	2	1	1
Empathy	3	2	1	1
Patience	3	2	1	1
Respect/Discipline	2	2	1	1
Fair play/Honesty	2	2	1	1
<b>TACTICAL</b>				
Possession	2	2	2	2
Transition	2	2	2	2
Combination Play	2	2	2	1
Switching Play	4	4	4	3
Counter-Attacking	4	4	4	4
Playing out from the back	3	2	2	1
Attacking Principles	3	3	3	3
Zonal Defending	4	4	4	4
Pressing	3	2	2	2
Retreat	3	3	3	3
Recovery	3	3	3	3
Compactness	3	3	3	2

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## 2025/26 FALL-WINTER ODP FEES

- **Early Bird Fee below. ends July 15th**
- U5-U12 Active Start to LTT = \$360
- U13-U18 Division 3 = \$410
- **\$50 Increase after July 15th**

## **ODP registration includes:**

U4-U12: 1 RFC jersey, 1 shorts and 1 socks.

U13-U18: 1 RFC jersey, 1 shorts and 1 socks.

*Joma is our New RFC branded club wear vendor for the 2025/26 season! visit the website and purchase training gear, track suits, parka, hoodies, caps, backpacks!*

## **Additional Discounted Programs**

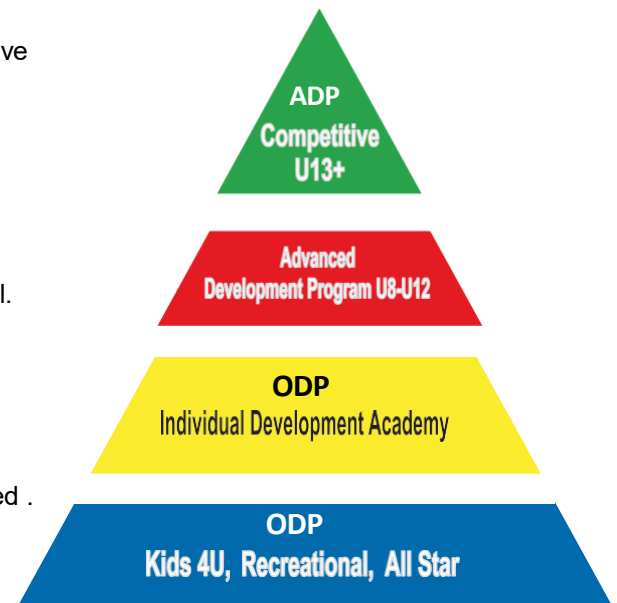
- Players that register for the ODP, also have the opportunity to register for the various support programs, that will be introduced throughout the year listed below.
- "Finishing School" for all positions . Intermediate, Advanced Level.
- Winter Break Camp including GK Camp.
- Creative player program: Intermediate, Advanced Level.
- Keeper coaching: Intermediate, Advanced .
- Development Academy: Intermediate, Advanced Level. U7-U18
- Kids4U Mini Kickers U5-U6
- Adapted Kicks

## **Training Schedule**

The Fall-Winter RUFC ODP (Recreational ) program for U4-U18 will run September 2025 to March 2026. U4-U10 players train once per week and one in-house game on Saturdays. U11- U12 players will train once per week and one in- house game on Saturdays. U13-U18 Division 3 players train once per week and a game in the BCCSL (Saturday boys, Sunday girls).

- Professional Licensed LTPD Coaching Staff
- CSA/BC Soccer certified team coaches
- Monthly coach education clinics
- 22-week Program
- Monthly Coach development
- Individual player program
- Player homework
- Discounted support camps & programs

## Where does ODP fit ?



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