

SOT Academy Parent Code of Conduct

POSITIVE ADULT ROLE MODELS ALLOW ATHLETES TO GROW AND ACCEPT CHALLENGES

SOT Academy promotes the notion that youth sports are to be fun and challenging. We are creating an atmosphere that is process driven. Preparation, hard work, creativity, commitment and dedication are essential to reaching their full athletic potential. All SOT Academy staff, parents and fans will take responsibility for their actions and understand that how they carry themselves will have a lasting effect on all our athletes. Through following our Code of Conduct we are encouraging personal growth, character development and enjoyment for the sport. All of which will help guide them in life long success.

1. I will follow the expectations set forth by SOTA by:

- Being early is on time! Have my athlete at practice 15mins early with gear on ready to go. Show up to all events 45 mins prior to competition to allow proper warm up time.
- Informing coaches prior to practice that my athlete can not attend or needs to leave early
- Learn the rules of our sport and encourage my athlete to compete and practice within those rules
- Staying out of the practice room and off the event floor, letting the coaches coach. (Parents that are involved with our Coaches Training program will be allowed at these times)
- Always have my child have team gear and singlets at competitions

2. I will always remember that wrestling is a sport and is supposed to be fun for our youth. Parents are here to encourage and be our support system.

3. I will not encourage practices or behaviors that will endanger the health and/or well being of the athletes and will always keep coaches informed of any physical disability or ailment that may affect the safety of my athlete or safety of others

4. I (and my guests) will:

- Be a positive role model for my athlete and all SOTA athletes
- Encourage sportsmanship by showing respect for all wrestlers, coaches, officials and spectators
- NOT use profane language or gestures, boo or taunt others, use verbal or physical threats.
- Never question, discuss, or confront coaches during matches and will wait for an appropriate time to discuss concerns

5. I will teach my athlete that doing his/her best is more important than winning by:

- Always encouraging my athlete to be creative and focus on the process and not the outcome. fo
- Praise my athlete for competing hard, and fairly.
- NEVER ridicule, yell, or cuss out my athlete or others participants for makeing mistakes or losing
- Respect the teams right to a healthy practice environment and not removing my athlete from practice due to his/her performance

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Signature page

After carefully reading the Code of Conduct, please sign below. In doing so, you are agreeing to the Code, to providing guidance to your athlete about good sportsmanship and to actively participate in your child's success at SOT Academy.

Athlete's Name: _____

Parent/Guardian Signature: _____

Date: _____

Note: Failure to sign this document does not exclude you from the expectations set forth in the Code of Conduct

SOT Academy reserves the right to terminate (without registration refund) your athletes privilege to participate in our wrestling program based on the expectations of the Code of Conduct.

SOT Academy also reserves the right to terminate (without registration refund) your affiliation with the club as a coach, parent helper or board member based on the expectations of the Code of Conduct.

In addition to the expectations of the Parent Code of Conduct, all coaches, volunteers, and parents should understand the club has accepted the guidelines for sportsmanship and discipline of unsportsmanlike conduct as outlined in the Colorado High School Athletic Association.