

ADDISON ICE LEARN TO SKATE LESSONS

Winter 2025



FOR MORE INFORMATION, PLEASE CONTACT OUR SKATING DIRECTOR, TIFFANY SFIKAS TIFFANYSFIKAS@GMAIL.COM



TOT 1 - 4

Fri: 4:50PM - 5:30PM Sat: 9:30AM - 10:10AM Fee: \$140

BASIC 1 & 2

Fri: 4:50PM - 5:40PM Sat: 9:30AM - 10:20AM Fee: \$150

BASIC 3

Fri: 4:50PM - 5:40PM Sat: 10:20AM- 11:10AM Fee: \$150

BASIC 4

Fri: 4:50PM - 5:40PM Sat: 10:20AM - 11:10AM Fee: \$150

BASIC 5 & 6

Fri: 4:50-5:40pm Sat: 10:20AM - 11:10AM Fee: \$150

PRE-FREE/FREESTYLE SKATE

Sat: 10:20AM - 11:10AM Fee: \$150

ADV. POWER & EDGE

Sat: 8:50AM- 9:20AM Fee: \$26 walk-on \$235 Punch Card for 10

Looking to progress quicker?

Sign-up for both class days in a session and receive a <u>\$20 discount</u>

OR

Start private lessons at Addison Ice! See forms at front desk or ask a coach.

Each Class time slot includes instruction and 10 minutes of free time.

Free time may be either at the beginning or end of the class.

Requirements & Reminders:

- 1) Skate rentals are available for \$4.00 per class
- 2) Gloves and helmets are highly recommended (Mandatory for Tots).
- 3) No refunds or prorates on classes.

Skate Rental Punch Cards 7 Skate Rentals for \$24

Only redeemable for Skate Class Rentals. May not be redeemed for rentals in any other events. No refunds and not redeemable for cash.

Ice Shows

Holiday Show 2024 TBD Spring 2025 TBD

USFS MEMBERSHIP

All skaters must have registered for a membership through USFS. The fee is \$20.00.

All registrations are through
Tiffany Sfikas, Skating Director.

** New Class Day**

Please note our class days have changed

We have Skate Classes
Fridays and Saturdays beginning
August 23rd/24th.

*Winter 1 Session

Fridays: Jan 3rd - Feb 14th Saturdays: Jan 4th - Feb 15th

*Winter 2 Session

Fridays: Feb 21st - April 11th Saturdays: Feb 22nd - April 12th

> No Class Fri April 4th No Class Sat April 5th





Session Skip Dates are subject to change based on the ice schedule.

Please refer to the attendance sheets at the front desk for updates



Class Descriptions

Tot 1-4

Skaters ages 3-5 learn to fall and get up the proper way, march, dip, glide, rocking horses, and snowplow stops.



Basic 1/2

Beginner skaters for ages 6 and up work on comfort ability on the ice with the beginning skating skills.

Basic 3

Skaters ages 6 and up will work on stroking, half swizzle pumps, two foot turns, backward snowplow stops, and forward slaloms.



Basic 4

Skaters ages 6 and up work on the use of the inside and outside edges, crossovers, backward half swizzle pumps, and two foot spins.

Basic 5/6

Skaters will work on inside and outside edges backwards, backward crossovers, and three turns.



Pre-Freestyle Skate

Skaters work on waltz jumps, backward inside pivots, crossovers into a Mohawk, and one foot spins.



Each Class time slot includes instruction and 10 minutes of free time. Free time may be either at the beginning or end of the class.



Addison Advanced Power & Edge

Figure Skaters (Pre-Free & up) to practice technique, improve balance, control, and fine motor skills by professional USFS certified instructors.

See Specialty Class Flyer for Dates and Fees

Addison Ice Private Lessons

Please fill out form at the front desk, inquire with a coach, or contact Figure Skating Director Tiffany Sfikas at tiffanysfikas@gmail.com These lessons will be conducted on

Freestyle Ice Time. See Freestyle Flyer for Ice Times and Ice Fees.

Addison Freestyle Punch Card

10 Half Hour Sessions — \$120.00 20 Half Hour Session — \$240.00 Walk-on rate \$13 per 1/2 hour





