



### **Termites/6U**

\*4 Ice Sessions- (Sept. 14, 21, 28) (Oct. 5)

Mondays: 5:45-6:45pm West Fargo Sports Arena- Aux (Fidium Rink)

### **Mites/8U**

\*6 Ice Sessions- (Sept. 14, 16, 21, 23, 28, 30)

Mondays: 4:30-5:30pm West Fargo Sports Arena- Aux (Fidium Rink)

Wednesdays: 4:30-5:30pm Vets 2

### **Squirts/10U**

\*9 Ice Sessions- (Sept. 14, 15, 17, 21, 22, 24, 28, 29) (Oct. 1)

Mondays/Tuesdays/Thursdays 4:30-5:30pm Vets 2

### **Peewees**

\*9 Ice Sessions and 9 Workouts- (Sept. 14, 15, 17, 21, 22, 24, 28, 29) (Oct. 1)

Mondays/Tuesdays/Thursdays 4:30-5:30pm workout and 5:45-6:45pm on-ice Vets 2



## **Bantams**

\*9 Ice Sessions and 9 Workouts- (Sept. 14, 15, 17, 21, 22, 24, 28, 29) (Oct. 1)

Mondays/Tuesdays/Thursdays 5:45-6:45pm workout and 7:00-8:00pm on-ice Vets 2

## **12U/15U Girls**

\*9 Ice Sessions and 9 Workouts- (Sept. 14, 15, 17, 21, 22, 24, 28, 29) (Oct. 1)

Mondays/Tuesdays/Thursdays 7:00-8:00pm workout and 8:15-9:15pm on-ice Vets 2

## **Goalies- Squirts/10U and Up**

\*5 Ice Sessions and 5 Workouts- (Sept. 2, 9, 16, 23, 30)

Wednesdays

- 9/2 4:30-5:30pm workout and 5:45-6:45pm on-ice Vets 2
- 9/9 and 9/16 6:30-7:30pm workout and 7:45-8:45pm on-ice Vets 2
- 9/23 and 9/30 7:00-8:00pm workout and 8:15-9:15pm on-ice Vets 2