

MFCA Coaches Clinic 2022

Doubletree Hotel, St. Louis Park

MFCA CLINIC SCHEDULE

Room 1 Park 1	Room 2 Park 2	Room 3 Courtyard 3	Room 4 Courtyard 4	Room 5 Orchard, Main Hall	Room 6 Spring/Summer Downstairs	
Thursday March 31, 2022						
2:00-3:00 – MSHSL Advisory – Spring Room						
4:00-5:00 - Individual Breakouts						
Kim Niedbala <u>Mt. Lebanon HS, PA</u> Base 34, Blitzes, & Coverages	Todd Dodge <u>Westlake HS, TX</u> RPO Passing Game	Justin Anderson <u>Premier Sport Psych</u> Performance Mind- set – 5 Tools & Strategies	Phil Trowbridge <u>Barnesville HS</u> Power T Base Plays & Fundamentals	Rod Lossow <u>Minneapolis South</u> Where's Your Fo- cus? Coaching in Any Environment	Trevor Carrier <u>Leroy-Ostrander</u> The Cardinal Way/Our X's and O's	Bill Welle <u>Training HAUS</u> Developing Speed, Agility & Quickness
5:00-5:20 Break – Visit Exhibitors			5:00 All-Star Coaches Selection Committee Meeting - 1409			
5:20-6:20 – Headline Speaker, Glenn Caruso – St. Thomas						
6:20-6:40 Break – Exhibit Prize Drawing at Booth 18 – 6:25pm						
6:40-7:40 – Headline Speaker, Thomas Hammock – Northern Illinois University						
7:40-8:00 Break – Visit Exhibitors						
8:00-9:00 Individual Breakouts						
Kim Niedbala <u>Mt. Lebanon HS, PA</u> Formation Recogni- tion Packages	Todd Dodge <u>Westlake HS, TX</u> 3 x 1 Passing Game	Nate Moore <u>Massillon HS, OH</u> Standards & Devel- oping Leadership	Billy Kirch <u>NW College Iowa</u> Coverage Based Run Fits	Mark Esch <u>Minnetonka HS</u> Developing an Of- fense that Wins	Andy Hill <u>Woodbury HS</u> Preparing Yourself to Become a Head Coach	
9:00pm – Don Swanson Kickoff Party - Atrium						
Friday April 1, 2022						
7:15 – 8:30 – Sub-District Representatives Meeting – Room 2						
9:00-10:00 NORTHERN LLINOIS Staff Breakouts						
Eric Eidsness NIU Offense	Nick Benedetto Linebackers	Derrick Jackson Safeties	Jordan Gigli Defensive Line	Jason Onyebuagu NIU's TE Play	Nic McKissic-Luke NIU's RB Play	
Break - Exhibit Prize Drawing at Booth 28 – 10:05am						
10:20-11:20 GOPHER Staff Breakouts						
Kirk Ciarrocca Gopher Offense	Joe Rossi Gopher Defense	Paul Haynes Man Coverages	Rob Wenger Gopher Special Teams	Matt Simon Gopher WR Play	Brian Callahan Pass Protection	
11:20-12:40pm - Lunch Break - Visit Exhibitors – Prize Drawing at Booth 23 – 11:25am						
11:40-12:40 - FCA Luncheon, Speaker John Stiegelmeier, Room 4						
11:45AM – Gopher Alumni in Coaching (Spring Room)			3:30pm Retired Coaches Reception (Spring Room)			
12:50-2:00 - Headline Speaker, Live Zoom Q&A with Alabama's Nick Saban						
Break - Exhibit Prize Drawing at Booth 34 – 2:00pm						
2:15-3:15 – Breakouts Session I						
Nate Moore <u>Massillon HS, OH</u> Run Fits in the 3-4/4-2 Fusion Defense	Bob Palko & Ryan Rizor <u>Mt. Lebanon HS, PA</u> Everything But Xs & Os	Jim Benkert <u>Simi Valley HS, CA</u> Implementing a mul- tiple set "pedal to the metal" offense	Rob Erickson <u>SDSU</u> Jackrabbit Special Teams	Alex Greenway <u>Tracy-M-B HS</u> Establishing A Uni- fied School Strength Program	Brandon Murdock <u>Westlake HS, TX</u> Blocking the Inside/Mid Zone	
3:15-3:30 - Break – Visit Exhibitors						
3:30-4:30 – Breakouts Session 2						
Nate Moore <u>Massillon HS, OH</u> Coverages in the 3- 4/4-2 Fusion Defense	Bob Palko & Ryan Rizor <u>Mt. Lebanon HS, PA</u> Everything But Xs & Os	Jim Benkert <u>Simi Valley HS, CA</u> Attacking coverages with vertical & quick screens game	Randy Hedberg <u>NDSU</u> QB Fundamentals & Bison Passing Game	Tim Oehrlein <u>Westlake HS, TX</u> The Qualities of Great Assistant Coaches	Brandon White <u>Harrisburg HS, SD</u> Designing an Efficient & Explosive Offense	
4:45-5:45 – John Stiegelmeier, South Dakota State University, Building the SDSU Program						
6:00-7:00 – Coach Fleck Buffet – Dinner with the Gophers Staff – Atrium & State Champions Reception in 1409						
7:15-10:00 Evening Program Featuring Awards & Minnesota Vikings Speaker Tony Sorrentino						
Gophers Head Coach P.J. Fleck - Minnesota Football						
10:00pm – MFCA Clinic Social - Atrium						
Saturday April 2, 2022						
7:30-8:15 - MFCA Association Business Meeting & Prize Packages – Park 2						
Keepers of the Game Youth Coaches Clinic – Doubletree Hotel Courtyard Rooms, 9:00am to Noon						
9:00 – 1:00 – Gopher Meetings and Practice at UM's Larson Performance Center						
Hall of Fame Reception and Awards Banquet – DoubleTree Hotel (5:00pm Social / 6:00pm Banquet)						