

# 3-on-3 League

## Rules

2-Minute Warm-Up.

**All teams are responsible for supplying someone to run the time clock for their team's game.**

No game sheets will be kept during the regular season.

3 - 9 Minute stop time periods for all levels.

All games **MUST** start and finish on time.

No Time-Outs are allowed.

At the Bantam and Midget levels, **NO 2 LINE PASSES** will be allowed.

At the Bantam and Midget level only - Delayed off-sides will be in effect.

Minor penalties will be 1 – Minute 30 seconds for all levels. All Major penalties will be 4 Minutes and Misconduct penalties will be 6 Minutes.

There **MUST** always be 3 skaters per team on the ice during the game.

Teams that receive a minor or major penalty will continue to skate with 3 skaters, the non-offending team will add a 4<sup>th</sup> skater for a 4 on 3 advantage for the duration of the penalty or if the team playing short a player gives up a goal. (Except in major penalties) If no goal is scored during the power play, the penalized player returns to the ice so both teams will be 4 on 4 until a whistle for a stoppage in play occurs. Then both teams go back to 3 on 3.

No **FIGHTING** is tolerated – immediate dismissal from the league with **NO** monies returned.

All teams must check the rosters on-line for errors. Email me with changes at nhjrmonarchs@gmail.com **NO roster changes will be made after 5/10/24.**  
**Teams must play with the listed roster on line for playoffs.**