

**Section 5A True Team
Holdingford - 5/10/2022**

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Lydia Fynboh	11 Morris Area/	12.96
2	Olivia Lebrija	12 Morris Area/	13.04
3	Emily Kaiser	12 Minnewaska A	13.14
4	Mya Lindemann	11 Minnewaska A	13.59
5	Katie Uhlenkamp	11 Paynesville	13.60
6	Abby Streit	11 Holdingford	13.78
7	Nya Theischaefter	8 Sauk Centre	13.82
8	Claire Prokott	10 Royalton	13.83
9	Makenna Sparks	10 Holdingford	13.85
10	Isabella Edmond	11 Paynesville	14.06
11	Nina Thieschafer	10 Sauk Centre	14.13
12	Haylie Wolbeck	8 Royalton	14.19
13	Hailey Dirksen	11 Montevideo	14.25
14	Lizzy Diethelm	8 St. John's P	14.29
15	Haley Johnson	8 Atwater-Cosm	14.53
16	Rachel Fils-Aime	10 Atwater-Cosm	14.68
17	Aubrey Norman	10 Montevideo	14.73
18	Grace Whitehead	10 St. John's P	15.04

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Emily Kaiser	12 Minnewaska A	27.46
2	Mya Lindemann	11 Minnewaska A	27.69
3	Brooklyn Frank	9 Paynesville	27.83
4	Katie Uhlenkamp	11 Paynesville	27.84
5	Abby Streit	11 Holdingford	28.17
6	Nya Theischaefter	8 Sauk Centre	28.24
7	Isabel Guerra	9 Morris Area/	28.64
8	Claire Prokott	10 Royalton	28.82
9	Kaydence Stenson	12 Montevideo	28.85
10	Makenna Sparks	10 Holdingford	29.30
11	Teagan Felling	12 Sauk Centre	29.55
12	Haley Johnson	8 Atwater-Cosm	29.74
13	Hana Schutz	9 Morris Area/	30.34
14	Brenna Winters	10 Montevideo	30.59
15	Haylie Wolbeck	8 Royalton	30.69
16	Rachel Fils-Aime	10 Atwater-Cosm	30.99
17	Grace Whitehead	10 St. John's P	31.68
18	Andrea Gomez	9 St. John's P	33.41

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	McKenzie Luetmer	11 Minnewaska A	1:00.58
2	Aubrie Spanier	12 Paynesville	1:04.47
3	Brooklyn Frank	9 Paynesville	1:04.51
4	Madelyn Schuster	9 Sauk Centre	1:05.04
5	Teagan Stark	10 Minnewaska A	1:05.29
6	Abby Streit	11 Holdingford	1:06.49
7	Olivia Marsh	8 Sauk Centre	1:07.91
8	Heika Hall	7 Morris Area/	1:08.31

9	Hana Schutz	9 Morris Area/	1:08.42
10	Maren Nelson	10 Montevideo	1:09.08
11	Rachel Kuklok	8 Holdingford	1:10.18
12	Lizzeth Rodriquez-Aviles	10 St. John's P	1:12.53
13	Kiera Foley	10 Montevideo	1:12.63
14	McKenzie Degner	8 Atwater-Cosm	1:15.27
15	Malia Rosenquist	7 Atwater-Cosm	1:23.86
16	Kendel Hagen	11 Royalton	1:24.47
17	Arienne Norberg	10 Royalton	1:26.40

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Olivia Danielson	8 Minnewaska A	2:29.65
2	Carly Mitchell	7 Holdingford	2:33.85
3	Grace Roberg	9 Paynesville	2:33.90
4	Abigail Meyer	12 Sauk Centre	2:36.71
5	Makenna Thoen	11 Minnewaska A	2:39.18
6	Giselle Grahn	10 Atwater-Cosm	2:40.64
7	Erin Borash	12 Royalton	2:41.99
8	Isabel Fynboh	12 Morris Area/	2:42.68
9	Claire Westling	10 St. John's P	2:42.82
10	Avary Bierweth	7 Atwater-Cosm	2:43.05
11	Rayna Spanier	9 Paynesville	2:46.84
12	Meredith Carrington	12 Morris Area/	2:48.96
13	Alivia Nathe	8 Sauk Centre	2:56.35
14	Daniela Menjivar	10 Montevideo	2:58.83
15	Emily Valenzuela	9 Montevideo	3:00.49
16	Rebecca Lampert	12 Holdingford	3:10.29

Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1	Olivia Danielson	8 Minnewaska A	5:17.13
2	Olivia Pauly	10 St. John's P	5:19.14
3	Lauryn Ankeny	8 Minnewaska A	5:35.23
4	Grace Roberg	9 Paynesville	5:38.10
5	Hailey Werk	10 Morris Area/	5:44.14
6	Erin Borash	12 Royalton	6:00.19
7	Loretta Mroska	8 Holdingford	6:00.38
8	Louise Ruzanic	9 St. John's P	6:03.26
9	Meredith Carrington	12 Morris Area/	6:10.22
10	Ella Benson	7 Holdingford	6:15.42
11	Zara Kowalczyk	12 Royalton	6:22.43
12	Gabby Miller	7 Paynesville	6:29.09
13	Julia Wehrman	8 Sauk Centre	6:42.40
14	Caressa Kluver	12 Sauk Centre	6:57.83

Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1	Olivia Pauly	10 St. John's P	11:56.00
2	Hailey Werk	10 Morris Area/	12:47.90
3	Kiearra Wilmes	11 Minnewaska A	12:59.48
4	Loretta Mroska	8 Holdingford	13:03.81
5	Alyssa Bertram	7 Paynesville	14:00.79

**Section 5A True Team
Holdingford - 5/10/2022**

Results

Finals ... (Girls 3200 Meter Run)

Name	Yr	School	Finals
6 Paige Frenchick	10	Paynesville	14:04.90
7 Raya Sebek	10	Sauk Centre	14:19.54
8 Elsey Hagen	11	Minnewaska A	14:27.50
9 Alayna Perkins	7	Morris Area/	14:35.23
10 Katie Halterman	9	Montevideo	15:13.58
11 Lorraine Mroska	10	Holdingford	15:24.46
12 Cambel Shepherd	12	St. John's P	15:36.43
13 Sydney Zollman	11	Sauk Centre	15:41.52

Girls 100 Meter Hurdles

Name	Yr	School	Finals
1 Olivia Lebrija	12	Morris Area/	16.39
2 Chesney Phillip	11	Holdingford	17.24
3 Alexis Motz	12	Morris Area/	17.31
4 Emma Kovarik	12	Minnewaska A	17.69
5 Ava Chevalier	12	Minnewaska A	17.94
6 Kyleigh Tangen	11	Paynesville	17.98
7 Finley Anfinson	9	Paynesville	18.26
8 Brenna Winters	10	Montevideo	18.61
9 Brooke Rieland	10	Sauk Centre	19.94
10 Baley Bueckers	10	Royalton	19.99
11 Aysia Flatau	12	Sauk Centre	20.49
12 Kylee Konsor	7	Holdingford	20.56
13 Kenlie Blom	7	Atwater-Cosm	20.59
14 Maren Nelson	10	Montevideo	20.64
15 Sofia Pauly	7	St. John's P	21.10
16 Ari Surma	9	St. John's P	23.65

Girls 300 Meter Hurdles

Name	Yr	School	Finals
1 Avery Koenen	11	Montevideo	47.73
2 Aurora Walberg	9	Royalton	49.52
3 Kyleigh Tangen	11	Paynesville	49.95
4 Chesney Phillip	11	Holdingford	51.77
5 Emma Kovarik	12	Minnewaska A	52.16
6 Finley Anfinson	9	Paynesville	52.67
7 Maggie Gross	7	Holdingford	53.65
8 Alexis Motz	12	Morris Area/	53.89
9 Mackenzie Ritter	10	Sauk Centre	53.93
10 Dacia Fleury	9	Minnewaska A	54.24
11 Teagan Epema	9	Montevideo	55.01
12 Kenlie Blom	7	Atwater-Cosm	56.01
13 Aysia Flatau	12	Sauk Centre	57.62
14 Caryn Marty	12	Morris Area/	58.71
15 Taylor Frericks	8	Atwater-Cosm	59.00
16 Baley Bueckers	10	Royalton	1:01.79
17 Ari Surma	9	St. John's P	1:03.19

Girls 4x100 Meter Relay

Team	Relay	Finals
1 Minnewaska Area		52.19

2 Royalton	53.30
3 Morris Area/	53.46
4 Sauk Centre	54.80
5 Holdingford	55.06
6 Montevideo	55.62
7 Paynesville	56.51
8 Atwater-Cosm	58.40
9 St. John's Prep	59.96

Girls 4x200 Meter Relay

Team	Relay	Finals
1 Paynesville		1:52.73
2 Minnewaska Area		1:53.18
3 Holdingford		1:57.29
4 Atwater-Cosm		1:58.01
5 Morris Area/		1:58.97
6 Montevideo		1:59.07
7 Sauk Centre		2:04.32
8 St. John's Prep		2:12.97
9 Royalton		2:25.07

Girls 4x400 Meter Relay

Team	Relay	Finals
1 Minnewaska Area		4:20.72
2 Paynesville		4:29.27
3 Holdingford		4:32.38
4 Sauk Centre		4:37.12
5 Morris Area/		4:42.16
6 St. John's Prep		4:42.28
7 Montevideo	B	4:44.21
8 Atwater-Cosm		4:53.54
9 Royalton	B	5:35.33

Girls 4x800 Meter Relay

Team	Relay	Finals
1 Minnewaska Area		10:37.81
2 Paynesville		11:27.25
3 St. John's Prep		11:39.73
4 Sauk Centre		11:40.17
5 Morris Area/		11:50.44
6 Holdingford		11:55.84
7 Montevideo		12:17.03
8 Royalton		13:29.16

Girls High Jump

Name	Yr	School	Finals
1 Chesney Phillip	11	Holdingford	5-02.00
2 Avery Koenen	11	Montevideo	5-02.00
3 Aurora Walberg	9	Royalton	5-02.00
4 Kyleigh Tangen	11	Paynesville	4-10.00
5 Finley Anfinson	9	Paynesville	4-08.00
6 Olivia Lebrija	12	Morris Area/	4-06.00

Section 5A True Team
Holdingsford - 5/10/2022
Results

Finals ... (Girls High Jump)

	Name	Yr	School	Finals
7	Ava Chevalier	12	Minnewaska A	4-06.00
8	Ruby Swenson	10	Morris Area/	4-04.00
8	Maren Nelson	10	Montevideo	4-04.00
10	Lizzy Diethelm	8	St. John's P	4-04.00
10	Emma Kittelson	12	Sauk Centre	4-04.00
10	Ruby Klinger	8	Atwater-Cosm	4-04.00
13	Brooke Kolstoe	11	Minnewaska A	4-04.00
14	Abby Streit	11	Holdingsford	4-04.00
15	Claire Westling	10	St. John's P	4-02.00
16	Brooke Rieland	10	Sauk Centre	4-02.00
17	Haylie Wolbeck	8	Royalton	4-00.00
18	Taylor Frericks	8	Atwater-Cosm	4-00.00

Girls Pole Vault

	Name	Yr	School	Finals
Finals				
1	Ellie Zimmerman	12	Paynesville	9-00.00
2	Isabella Edmond	11	Paynesville	8-06.00
3	Phemie Oeltjen	8	Minnewaska A	7-06.00
4	Kenzie Harren	8	Holdingsford	7-00.00
5	Taylor Frericks	8	Atwater-Cosm	7-00.00
6	Kendra Wilmes	9	Minnewaska A	7-00.00
7	Angelika Diakite	8	Holdingsford	6-06.00
8	Hana Schutz	9	Morris Area/	6-06.00
9	Teagan Felling	12	Sauk Centre	6-00.00
10	Tyra Sandven	12	Montevideo	5-06.00
11	Isabel Guerra	9	Morris Area/	5-06.00
12	Meisha Studanski	8	Atwater-Cosm	5-06.00
13	Ava Friedrichs	10	Sauk Centre	5-00.00

Girls Long Jump

	Name	Yr	School	Finals
Finals				
1	Cloey Kolb	8	Paynesville	15-08.50
2	Claire Prokott	10	Royalton	15-07.00
3	Brooklyn Frank	9	Paynesville	15-04.50
4	Cheyenne Wuebkers	12	Holdingsford	15-01.50
5	Brooklyn Meyer	10	Minnewaska A	15-01.00
6	Tasha Koehl	12	Morris Area/	14-10.50
7	Avery Koenen	11	Montevideo	14-09.50
7	Nya Theischaefter	8	Sauk Centre	14-09.50
9	Mya Lindemann	11	Minnewaska A	14-02.00
10	Mya Yourczek	11	Royalton	14-00.50
11	Madelyn Schuster	9	Sauk Centre	13-10.50
12	Isabelle Motz	8	Morris Area/	13-08.00
13	Hailey Dirksen	11	Montevideo	13-04.50
14	Shailyn Welinski	9	Holdingsford	13-04.00
15	Haley Johnson	8	Atwater-Cosm	12-08.50
16	Kenlie Blom	7	Atwater-Cosm	12-03.50
17	Margaret Duffy	8	St. John's P	11-04.00
18	Sofia Pauly	7	St. John's P	11-02.00

Girls Triple Jump

	Name	Yr	School	Finals
Finals				
1	Avery Koenen	11	Montevideo	35-03.25
2	Mya Yourczek	11	Royalton	33-06.00
3	McKenzie Luetmer	11	Minnewaska A	32-01.00
4	Tasha Koehl	12	Morris Area/	31-09.50
5	Emma Kovarik	12	Minnewaska A	31-06.50
6	Maggie Gross	7	Holdingsford	31-00.75
7	Cheyenne Wuebkers	12	Holdingsford	31-00.50
8	Finley Anfinson	9	Paynesville	30-09.50
9	Alexis Motz	12	Morris Area/	30-08.25
10	Haylie Wolbeck	8	Royalton	30-02.00
11	Emma Kittelson	12	Sauk Centre	29-03.50
12	Brenna Winters	10	Montevideo	28-06.25
13	Makenna Barten	8	Paynesville	27-02.25
14	Brianna Middendorf	8	Sauk Centre	26-09.75

Girls Shot Put

	Name	Yr	School	Finals
Finals				
1	Mya Yourczek	11	Royalton	34-00.00
2	Jayda Kolstoe	8	Minnewaska A	31-01.75
3	Katie Uhlenkamp	11	Paynesville	31-00.00
4	Alyssa Schwinghamer	12	Sauk Centre	29-10.50
5	Maddie Fehr	9	Morris Area/	28-05.50
6	Emma Kobernusz	8	Holdingsford	28-01.50
7	Elizabeth O'Malley	8	Montevideo	27-08.00
8	Carmen Loxtercamp	10	Sauk Centre	27-06.00
9	Ruby Klinger	8	Atwater-Cosm	27-05.50
10	Scout Swanstrom	10	St. John's P	26-02.50
11	Alivia Schaefer	7	Paynesville	25-00.00
12	Quinn Eisenbacher	8	Atwater-Cosm	24-11.50
13	Kiersten Wheat	11	Holdingsford	24-10.50
14	Maura Lamberty	11	Morris Area/	24-09.50
15	Alexx Carlson	11	Minnewaska A	24-01.25
16	Tatum Christenson	12	Montevideo	22-10.50
17	Miranda Louis	10	St. John's P	19-04.50
18	Adriana da Silva	8	Royalton	17-01.00

Girls Discus Throw

	Name	Yr	School	Finals
Finals				
1	Maddie Fehr	9	Morris Area/	87-10
2	Maura Lamberty	11	Morris Area/	87-09
3	Jayda Kolstoe	8	Minnewaska A	86-09
4	Olivia Danielson	8	Minnewaska A	86-04
5	Katie Uhlenkamp	11	Paynesville	85-03
6	Emma Kobernusz	8	Holdingsford	82-06
7	Erin Borash	12	Royalton	81-08
8	Alyssa Schwinghamer	12	Sauk Centre	77-09
9	Ellary Jacoby	12	Paynesville	76-02
10	Carmen Loxtercamp	10	Sauk Centre	75-07
11	Ruby Klinger	8	Atwater-Cosm	71-02
12	Quinn Eisenbacher	8	Atwater-Cosm	70-05

Section 5A True Team
Holdingsford - 5/10/2022
Results

Finals ... (Girls Discus Throw)

Name	Yr	School	Finals
13 Scout Swanstrom	10	St. John's P	70-00
14 Kiersten Wheat	11	Holdingsford	69-05
15 Kylie Waytashek	10	Royalton	69-01
16 Elizabeth O'Malley	8	Montevideo	68-03
17 Hallie Helgeson	9	Montevideo	67-04
18 Miranda Louis	10	St. John's P	59-06

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Ethan Lebrija	12	Morris Area/	11.26
2 Trey Hunt	12	Morris Area/	11.30
2 Connor Patrick	11	Holdingsford	11.30
4 DeShon Boyd	12	Minnewaska A	11.52
5 Rylan Weber	12	Sauk Centre	11.69
6 Edan Smith	10	Montevideo	11.75
7 Andrew VanBinsbergen	12	Montevideo	11.77
8 Gage Rogers	12	Minnewaska A	11.85
9 Austin Helgeeson	10	Sauk Centre	11.99
10 Devon Engebretson	8	Holdingsford	12.03
11 Preston Kascht	8	Paynesville	12.06
12 Zach Ellerbusch	12	Royalton	12.20
13 Anders Grimsgard	12	Atwater-Cosm	12.70
14 Nic Uhlenkamp	12	Paynesville	12.90
15 Bryson Brezinka	11	Royalton	13.03
16 Eric Melberg	12	Atwater-Cosm	13.11
17 Anson Leung	12	St. John's P	13.33
18 Adrian Gonzalez	11	St. John's P	14.10

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Connor Patrick	11	Holdingsford	23.20
2 Trey Hunt	12	Morris Area/	23.23
3 Sean Edmond	12	Paynesville	23.60
4 Rylan Weber	12	Sauk Centre	23.80
5 DeShon Boyd	12	Minnewaska A	24.04
6 Gage Rogers	12	Minnewaska A	24.07
7 Edan Smith	10	Montevideo	24.13
8 Jaxon Wagner	9	Montevideo	24.50
9 Jackson Psyck	11	Royalton	24.65
10 Sean Diakite	12	Holdingsford	24.71
11 Zach Ellerbusch	12	Royalton	24.90
12 Tyler Berlinger	11	Morris Area/	24.94
13 David Gilmore	8	Sauk Centre	24.95
14 Carter Lieser	11	Paynesville	25.64
15 Casey Struthers	10	Atwater-Cosm	26.86
16 Anson Leung	12	St. John's P	27.53
17 Mason Overson	9	Atwater-Cosm	27.60
18 Cameron Thompson	11	St. John's P	28.70

Boys 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Noah Danielson	12	Minnewaska A	53.39
2 Connor Patrick	11	Holdingsford	53.58
3 Edan Smith	10	Montevideo	54.71
4 Garrett Frink	9	Holdingsford	55.70
5 Jack Tollefson	11	Morris Area/	55.81
6 Blake Bruns	11	Morris Area/	55.81
7 Andrew VanBinsbergen	12	Montevideo	55.94
8 Ike Koenig	12	Minnewaska A	56.93
9 Reese Blondin	11	Sauk Centre	57.38
10 PoHuan Lu	10	St. John's P	57.60
11 Sam Meyer	12	St. John's P	57.97
12 Alex Tate	10	Sauk Centre	58.53
13 Noah Voss	10	Paynesville	59.30
14 Damien Bishop	9	Royalton	1:00.44
15 Isaiah Solorz	12	Royalton	1:01.14
16 Joseph Gratz	8	Atwater-Cosm	1:01.53
17 Micah Morrison	8	Atwater-Cosm	1:05.11
18 Tyler Schwandt	8	Paynesville	1:10.38

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Brandon Kampsen	11	Sauk Centre	2:01.61
2 Zach Meyer	10	St. John's P	2:09.74
3 Nathaniel Lahr	11	Sauk Centre	2:10.37
4 Broden Gustafson	8	Holdingsford	2:12.30
5 Nick Hansen	10	St. John's P	2:12.32
6 Connor Walz	12	Montevideo	2:15.57
7 Hunter Pederson	12	Morris Area/	2:15.81
8 James Ward	11	Minnewaska A	2:17.08
9 Ike Koenig	12	Minnewaska A	2:18.26
10 Eli Psyck	10	Royalton	2:19.18
11 Blake Andrews	9	Montevideo	2:21.36
12 Matthew Giese	11	Morris Area/	2:22.85
13 Chaz Psyck	8	Royalton	2:24.64
14 Thomas Klisch	12	Royalton	2:29.17
15 Damian Skwira	9	Holdingsford	2:33.49
16 Even Behrends	7	Atwater-Cosm	2:42.91
17 Damon Vetruba	7	Atwater-Cosm	2:46.20
18 Tyler Schwandt	8	Paynesville	3:07.52

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Brandon Kampsen	11	Sauk Centre	4:39.85
2 Nick Hansen	10	St. John's P	4:44.12
3 Zach Meyer	10	St. John's P	4:50.25
4 Maeson Tank	10	Minnewaska A	4:53.66
5 Dawson Hofer	7	Holdingsford	4:56.43
6 Brady Andrews	11	Montevideo	5:05.07
7 David Fountain	12	Royalton	5:08.45
8 Connor Walz	12	Montevideo	5:09.99

**Section 5A True Team
 Holdingford - 5/10/2022**

Results

Finals ... (Boys 1600 Meter Run)

Name	Yr	School	Finals
9 Jayce Kovarik	10	Minnewaska A	5:13.90
10 Thomas Tiernan	12	Morris Area/	5:14.47
11 Cole Wentz	12	Morris Area/	5:22.09
12 James Campbell	12	Royalton	5:29.44
13 Andrew Drevlow	10	Sauk Centre	5:33.41
14 Brady Lyons	12	Atwater-Cosm	5:33.52
15 Dustin Waddell	10	Holdingford	5:52.91
16 Jaxon Listerud	10	Atwater-Cosm	5:55.05

Boys 3200 Meter Run

Name	Yr	School	Finals
1 Jacob Drevlow	8	Sauk Centre	10:55.59
2 Brady Andrews	11	Montevideo	11:07.64
3 Will Vix	8	St. John's P	11:12.92
4 Gavin Stallman	11	Morris Area/	11:16.60
5 Zachary Palmer	9	Minnewaska A	11:25.70
6 Nick Ankeny	11	Minnewaska A	11:28.77
7 Harry Dunn	10	Sauk Centre	11:36.07
8 Carson Lynner	10	Montevideo	11:38.87
9 Carlos Rivera	10	Morris Area/	11:54.86
10 Owen Klish	9	Holdingford	12:08.68
11 Brett Penk	9	St. John's P	12:10.00
12 Cody Bieniek	8	Royalton	12:20.93
13 Cameron Martini	8	Holdingford	12:29.76
14 Isaac Neutz	11	Royalton	12:39.90
15 Jaxon Listerud	10	Atwater-Cosm	13:15.58
16 Kaden Arabright	9	Atwater-Cosm	14:02.48

Boys 110 Meter Hurdles

Name	Yr	School	Finals
1 Macoy Thiesen	12	Sauk Centre	16.14
2 Aaron Kerfeld	11	Sauk Centre	17.12
3 Landon Blom	12	Atwater-Cosm	17.21
4 Jacob Ochsendorf	10	Montevideo	17.59
5 Gavin Sales	8	Holdingford	18.46
6 Derek Waldbeser	10	Morris Area/	18.51
7 Lewis Nohl	11	Morris Area/	18.66
8 Hunter Stadsvold	10	Minnewaska A	20.25
9 Carson Boike	10	Montevideo	20.40
10 Mason Johnson	9	Atwater-Cosm	21.84
11 Kyle Swenson	10	Royalton	22.17
12 Cade Olson	12	Minnewaska A	22.22
13 Grant Kiley	12	Holdingford	23.38
14 Nathan Spencer	10	Royalton	25.72

Boys 300 Meter Hurdles

Name	Yr	School	Finals
1 Spencer Marthaler	11	Sauk Centre	43.55
2 Landon Blom	12	Atwater-Cosm	44.92
3 Derek Waldbeser	10	Morris Area/	44.95
4 Aaron Kerfeld	11	Sauk Centre	45.24

5 Jacob Ochsendorf	10	Montevideo	45.96
6 Lewis Nohl	11	Morris Area/	46.29
7 David Fountain	12	Royalton	46.98
8 Mason Johnson	9	Atwater-Cosm	47.35
9 Ben Paggen	9	Holdingford	47.58
10 Gavin Sales	8	Holdingford	48.39
11 Carson Boike	10	Montevideo	49.52
12 Hunter Stadsvold	10	Minnewaska A	49.98
13 Bradley Fernelius	12	Royalton	51.18
14 Cade Olson	12	Minnewaska A	51.35
15 Evan Danielson	10	St. John's P	55.13

Boys 4x100 Meter Relay

Team	Relay	Finals
1 Morris Area/		45.30
2 Minnewaska Area		45.41
3 Montevideo		47.00
4 Sauk Centre		47.21
5 Paynesville		47.78
6 Holdingford		48.52
7 Atwater-Cosm		51.24
8 St. John's Prep		52.40
9 Royalton		53.00

Boys 4x200 Meter Relay

Team	Relay	Finals
1 Montevideo		1:38.20
2 Minnewaska Area		1:38.85
3 Sauk Centre		1:39.07
4 Holdingford		1:40.48
5 Morris Area/		1:41.44
6 Royalton		1:50.06
7 Atwater-Cosm		1:51.06
8 Paynesville		1:55.62
9 St. John's Prep		1:57.58

Boys 4x400 Meter Relay

Team	Relay	Finals
1 Sauk Centre		3:38.70
2 Minnewaska Area		3:40.13
3 St. John's Prep		3:44.23
4 Montevideo		3:44.80
5 Royalton		3:47.39
6 Morris Area/		3:50.38
7 Holdingford		3:55.12
8 Atwater-Cosm		4:29.94

Boys 4x800 Meter Relay

Team	Relay	Finals
1 Minnewaska Area		8:51.99
2 Sauk Centre		9:01.66
3 Morris Area/		9:04.35

**Section 5A True Team
 Holdingford - 5/10/2022**

Results

Finals ... (Boys 4x800 Meter Relay)

Team	Relay	Finals
4 Royalton		9:28.38
5 Atwater-Cosm		9:30.86
6 Montevideo		9:32.38
7 Holdingford		10:00.32
8 St. John's Prep		10:09.62

Boys High Jump

Name	Yr	School	Finals
Finals			
1 Trey Hunt	12	Morris Area/	5-08.00
2 James Vannurden	11	Royalton	5-08.00
3 Landon Blom	12	Atwater-Cosm	5-08.00
3 Noah Danielson	12	Minnewaska A	5-08.00
5 Macoy Thiesen	12	Sauk Centre	5-06.00
6 Devin Ashling	10	Montevideo	5-06.00
7 Gage Rogers	12	Minnewaska A	5-04.00
7 Derek Waldbeser	10	Morris Area/	5-04.00
9 Sean Diakite	12	Holdingford	5-04.00
10 Hunter Strand	12	Montevideo	5-02.00
11 Max Vannurden	7	Royalton	5-02.00
12 Bryan Larson	12	Paynesville	5-00.00
13 Jevon Williams	10	Atwater-Cosm	5-00.00
14 Will Vix	8	St. John's P	4-10.00
15 Michael DeMars	9	St. John's P	4-08.00
16 Carter Gross	9	Holdingford	4-08.00
17 Jeric Schloegl	9	Sauk Centre	4-08.00
18 Blayke Pung	11	Paynesville	4-08.00

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Kaden Burns	12	Morris Area/	11-00.00
2 Braden Nelson	10	Montevideo	11-00.00
3 Grayson Gibson	8	Morris Area/	10-06.00
4 Devin Ashling	10	Montevideo	9-00.00
5 Mason Bengston	10	Holdingford	8-06.00
6 Micah Morrison	8	Atwater-Cosm	7-06.00
6 Jayce Kovarik	10	Minnewaska A	7-06.00
8 Joseph Gratz	8	Atwater-Cosm	7-06.00
9 Owen Christians	11	Sauk Centre	7-06.00
10 Preston Kascht	8	Paynesville	7-00.00
11 Broden Gustafson	8	Holdingford	6-00.00
11 Spencer Marthaler	11	Sauk Centre	6-00.00
--- Jacob Lien	12	Minnewaska A	NH

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Ethan Lebrija	12	Morris Area/	20-02.00
2 Connor Patrick	11	Holdingford	19-07.50
3 James Vannurden	11	Royalton	19-03.25
4 Garrett Frink	9	Holdingford	18-08.50
5 Bradyn Schultz	12	Montevideo	18-07.00
6 Tyler Berlinger	11	Morris Area/	18-07.00

7 Landon Blom	12	Atwater-Cosm	18-06.50
8 DeShon Boyd	12	Minnewaska A	18-05.00
9 Corey McCoy	11	Sauk Centre	18-02.00
10 Carter Lieser	11	Paynesville	18-01.00
11 Isaac Meyer	12	Minnewaska A	17-09.50
12 Ben Anderson	11	Sauk Centre	17-04.50
12 Anson Leung	12	St. John's P	17-04.50
14 Damien Bishop	9	Royalton	15-03.50
15 Liam Spychala	9	St. John's P	15-03.00
16 Mason Overson	9	Atwater-Cosm	14-03.50
--- Edan Smith	10	Montevideo	FOUL

Boys Triple Jump

Name	Yr	School	Finals
Finals			
1 James Vannurden	11	Royalton	40-03.00
2 Andrew VanBinsbergen	12	Montevideo	40-01.50
3 Macoy Thiesen	12	Sauk Centre	39-00.00
4 Ben Anderson	11	Sauk Centre	37-08.75
5 Max Lietz	11	Morris Area/	36-07.75
6 Jack Tollefson	11	Morris Area/	36-06.50
7 Carter Gross	9	Holdingford	36-03.00
8 Nick Ankeny	11	Minnewaska A	35-09.00
9 Caleb Krattenmaker	8	Holdingford	35-08.00
10 Max Vannurden	7	Royalton	35-03.25
10 Kaiden Harvey	9	Minnewaska A	35-03.25
12 Carson Lynnner	10	Montevideo	34-11.50
13 Anson Leung	12	St. John's P	33-08.25
14 Jevon Williams	10	Atwater-Cosm	32-03.00
15 Casey Struthers	10	Atwater-Cosm	31-10.25

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Francis O'Malley	10	Montevideo	53-02.50
2 Evan Oberg	12	Morris Area/	47-01.50
3 Anders Grimsgard	12	Atwater-Cosm	42-09.50
4 Alex Kokenge	12	Atwater-Cosm	42-02.25
5 Isaac Fowler	12	Holdingford	39-11.00
6 Callim Schmitz	12	Montevideo	39-03.25
7 Kyler Panek	11	Royalton	39-00.50
8 Jackson Psyck	11	Royalton	36-04.00
9 Carter Schuster	11	Sauk Centre	36-03.00
10 Corey McCoy	11	Sauk Centre	34-11.00
11 Daytona Hoberg	11	Morris Area/	34-07.50
12 Nic Uhlenkamp	12	Paynesville	34-04.50
13 Andrew Mrnak	12	Minnewaska A	34-04.00
14 Wyatt Miller	11	Holdingford	33-07.50
14 Carlos Gomez	10	St. John's P	33-07.50
16 Collin Warfield	12	Minnewaska A	31-04.25
17 Nathan Miller	12	Paynesville	29-11.50
18 Meylis Mamedov	7	St. John's P	27-04.50

**Section 5A True Team
 Holdingford - 5/10/2022
 Results**

Boys Discus Throw

	Name	Yr	School	Finals
Finals				
1	Francis O'Malley	10	Montevideo	134-09
2	Evan Oberg	12	Morris Area/	134-07
3	Jackson Psyck	11	Royalton	132-11
4	Eric Melberg	12	Atwater-Cosm	127-05
5	Callim Schmitz	12	Montevideo	125-00
6	Alex Kokenge	12	Atwater-Cosm	122-01
7	Carter Schuster	11	Sauk Centre	114-11
8	Corey McCoy	11	Sauk Centre	112-07
9	Isaac Fowler	12	Holdingford	109-06
10	Nathan Miller	12	Paynesville	100-00
11	Daytona Hoberg	11	Morris Area/	99-04
12	Wyatt Miller	11	Holdingford	92-01
13	Nic Uhlenkamp	12	Paynesville	84-07
14	Brady Brown	12	Royalton	82-01
15	Meylis Mamedov	7	St. John's P	80-08
16	Carlos Gomez	10	St. John's P	71-09
17	Ryan Kaiser	9	Minnewaska A	69-06

Women - Team Rankings - 18 Events Scored

1)	Minnewaska Area	501
2)	Paynesville	461
3)	Morris Area/Chokio-Alberta	400.5
4)	Holdingford	383
5)	Sauk Centre	320.5
6)	Royalton	241
7)	Montevideo	239
8)	Atwater-Cosmos-Grove City	164
9)	St. John's Prep	163

Men - Team Rankings - 18 Events Scored

1)	Morris Area/Chokio-Alberta	447
2)	Sauk Centre	431
3)	Montevideo	429
4)	Minnewaska Area	373
5)	Holdingford	348.5
6)	Royalton	279.5
7)	Atwater-Cosmos-Grove City	262
8)	St. John's Prep	190
9)	Paynesville	114