

EVENT SCHEDULE

Please note the event schedule is subject to change



PRESENTED BY  Comhairle Contae Chorcaí
Cork County Council

HOURS	DESCRIPTION	LOCATION
Thursday 17th August		
15:00 - 18:00	IRONMAN Athlete Registration	Dolphin Square
15:00 - 18:00	IRONKIDS Registration	Dolphin Square
14:00 - 20:00	EXPO & Official IRONMAN Merchandise Store	Dolphin Square
Released 1 week prior to the event	Race Briefing	Online
Friday 18th August		
09:00 - 18:00	IRONMAN Athlete Registration	Dolphin Square
09:00 - 18:00	Transition open for bike, blue and red bag check in	Dolphin Square
09:00 - 14:00	IRONKIDS Registration	Dolphin Square
09:00 - 18:00	EXPO & Official IRONMAN Merchandise Store	Dolphin Square
15:00 - 18:00	IRONKIDS Start	Town Hall
Saturday 19th August		
04:30 - 20:30	Shuttle buses from Car Park to Front Strand	Ballyvergan/R634
08:00 - 14:00	IRONMAN Athlete Registration	Dolphin Square
08:00 - 18:00	EXPO & Official IRONMAN Merchandise Store	Dolphin Square
10:00 - 16:00	Transition open for bike, blue and red bag check in	Green Park
Sunday 20th August		
04:00	IRONMAN Athlete Car Park Open	Claycastle
04:30 - 00:00	Shuttle bus from Car Park to Front Strand (swim start)	Ballyvergan/R634
05:30 - 06:45	IRONMAN Transition Opens	Green Park
06:55	National Anthem	Front Strand
07:00	IRONMAN - Age group Start	Front Strand
09:00 - 19:00	Official IRONMAN Merchandise Store	Dolphin Square
18:00 - 00:30	Transition Open for Bike, Blue and Red Bag for collection	Green Park
15:55 - 00:20	First finisher to last finisher	Market Square

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Monday 21st August

09:00 - 13:00	Official IRONMAN Merchandise Store	Dolphin Square
10:00 - 12:00	IRONMAN Awards Ceremony & Slot Allocation	Dolphin Square