



TBJ Trainer Information



& LOCAL MEDICAL REFERRALS

LEAD TRAINER: MICHAEL A. MERREN

(201) 674-8062 M.Merren1988@gmail.com

WALK-IN CLINICS	WESLEY CHAPEL ADVENT HEALTH CENTRA CARE All Centra Care locations offer several scans and tests on-site, including labs, x-rays and blood pressure	1127 Bruce B Downs Blvd, Wesley Chapel, FL 33543 813-443-9595 https://centracare.adventhealth.com/urgent-care/wesley-chapel
	URGENT CARE FL MEDICAL CLINIC	2352 Bruce B Downs Blvd #101, Wesley Chapel, FL 33544 (813) 929-3600 https://www.floridamedicalclinic.com/specialties/urgent-care/
	MED EXPRESS	22945 FL-54, LUTZ FL 33549 (813) 909-9099
	MED EXPRESS URGENT CARE	20677 BRUCE B DOWNS BLVD, TAMPA FL 33647 (813) 973-9731
ORTHO	FLORIDA MEDICAL CLINIC ORTHOPAEDICS	Contact Mike to get an appointment Dr. Brian Domy, C. MD Tampa Bay Lightning Ortho https://www.floridamedicalclinic.com/specialties/orthopaedic-surgery/
HOSPITAL	ADVENTHEALTH WESLEY CHAPEL	5-MINUTES FROM RINK 2600 Bruce B Downs Blvd, Wesley Chapel, FL 33544 (813) 929-5000 https://www.adventhealth.com/hospital/adventhealth-wesley-chapel

OUR TRAINER



Michael Merren – Tampa Bay Juniors

LAT, ATC, LMT, NREMT, CSCS

Michael specializes in injury assessment, injury prevention, along with athlete education, rehabilitation, strength and conditioning, and functional/sport specific training to help return athletes back to play.

CERTIFICATIONS & LICENSURES:

-  **B.O.C. Certified Athletic Trainer: #2000015502**
-  **Licensed Athletic Trainer with the State of Florida: #AL3817**
-  **Board Certified Massage Therapist (NCBTMB): #603853-11**
-  **Licensed Massage Therapist with the State of New York: #025540-1**
-  **Nationally Registered Emergency Medical Technician (NREMT): #E2063155**
-  **Certified Strength & Conditioning Specialist (CSCS): #7248034608**
-  **Certified Personal Trainer (NSCA): #7236381011**
-  **TRX Certified Group Suspension Trainer**
-  **CranioSacral Therapy: Level 1 (CS1)**
-  **Certified in Total Motion Release: Spinal Manipulation**
-  **BLS Instructor: American Heart Association: #01150296073**
-  **CPR/AED& First Aid Certified: American Heart Association**