

SCHEDULE OF STARTING TIMES
CLASSES A AND B
LAUREL

FRIDAY - MAY 24, 2024

<u>Time</u>	<u>Running Events</u>	<u>Time</u>	<u>Field Events</u>
10:30	Trials - 400 M Relay - "B" (B) - 3 heats Trials - 400 M Relay - "A" (B) - 2 heats Trials - 400 M Relay - "B" (G) - 3 heats Trials - 400 M Relay - "A" (G) - 2 heats	9:00	Javelin - "B" (B) Shot Put - "A" (G)
11:20	Trials - 110 M Hurdles - "B" (B) - 3 heats Trials - 110 M Hurdles - "A" (B) - 2 heats Trials - 100 M Hurdles - "B" (G) - 3 heats Trials - 100 M Hurdles - "A" (G) - 2 heats	10:30	Discus - "B" (G)
12:10	<i>PRESENTATION OF COLORS</i>	11:00	Long Jump - "A" (B) Long Jump - "B" (G) High Jump - "A" (G)
12:30	Finals - 800 M Run - "A" (B) Finals - 800 M Run - "A" (G)	12:10	<i>PRESENTATION OF COLORS</i>
12:55	Trials - 100 M Dash - "B" (B) - 3 heats Trials - 100 M Dash - "A" (B) - 2 heats Trials - 100 M Dash - "B" (G) - 3 heats Trials - 100 M Dash - "A" (G) - 2 heats	12:15	Javelin - "A" (G)
1:40	Finals - 1600 M Run - "B" (B) Finals - 1600 M Run - "B" (G)	1:30	Long Jump - "A" (G) Long Jump - "B" (B) High Jump - "A" (B)
2:10	Trials - 200 M Dash - "B" (B) - 3 heats Trials - 200 M Dash - "A" (B) - 2 heats Trials - 200 M Dash - "B" (G) - 3 heats Trials - 200 M Dash - "A" (G) - 2 heats	1:45	Discus - "B" (B) Shot Put "A" (B)
2:50	Finals - 3200 M Run - "A" (B) Finals - 3200 M Run - "A" (G)		
3:30	Finals - 400 M Dash - "B" (B) - 3 timed finals Finals - 400 M Dash - "A" (B) - 2 timed finals Finals - 400 M Dash - "B" (G) - 3 timed finals Finals - 400 M Dash - "A" (G) - 2 timed finals		

TENTATIVE POLE VAULT SCHEDULE

Thursday – "A" Boys	4:00 pm Warm-up for 45-60 minutes, depending on athletes Competition to begin at the end of warm-up
Friday – "A" Girls	8:30 am Warm-up for 45-60 minutes, depending on athletes Competition to begin at the end of warm-up
"B" Boys	12:00 pm (approx) Warm-up for 45-60 minutes, depending on athletes Competition to begin at the end of warm-up
"B" Girls	3:00 pm (approx) Warm-up for 45-60 minutes, depending on athletes Competition to begin at the end of warm-up

For Pole Vault Events:

This is an approximate schedule, which is *subject to change*. Weather permitting the first event will begin Thursday.

Meet management, in conjunction with MHSA, may make adjustments.

Note for finals:

300m hurdles, 400m dash, 4 x 400m relay are timed finals. 4 x100m relay is a timed final for AA but has preliminaries/finals for other classes. 100m dash, 200m dash, 110m hurdles, and 100m hurdles are scheduled for preliminaries and finals for all classes. All field events are finals.

SCHEDULE OF STARTING TIMES
CLASSES A AND B
LAUREL

SATURDAY - MAY 25, 2024

<u>Time</u>	<u>Running Events</u>	<u>Time</u>	<u>Field Events</u>
10:30	Finals - 400 M Relay - "B" (B) Finals - 400 M Relay - "A" (B) Finals - 400 M Relay - "B" (G) Finals - 400 M Relay - "A" (G)	9:00	Javelin - "A" (B) Shot Put - "B" (G)
11:05	Finals - 110 M Hurdles - "B" (B) Finals - 110 M Hurdles - "A" (B) Finals - 100 M Hurdles - "B" (G) Finals - 100 M Hurdles - "A" (G)	10:30	Triple Jump - "B" (B) Triple Jump - "A" (G) High Jump - "B" (G) Discus - "A" (G)
11:45	<i>PRESENTATION OF COLORS</i>	11:45	<i>PRESENTATION OF COLORS</i>
12:05	Finals - 800 M Run - "B" (B) Finals - 800 M Run - "B" (G)	** 12:00	Shot Put – Unified (G/B)
12:35	Finals - 300 M Int Hurdles-" B" (B)-3 timed finals Finals - 300 M Int Hurdles-" A" (B)-2 timed finals Finals - 300 M Low Hurdles-" B" (G)-3 timed finals Finals - 300 M Low Hurdles-"A" (G)-2 timed finals	12:15	Javelin – "B" (G)
1:25	Finals - 100 M Dash - "B" (B) Finals - 100 M Dash - "A" (B) Finals - 100 M Dash - "B" (G) Finals - 100 M Dash - "A" (G)	1:30	Triple Jump - "B" (G) Triple Jump - "A" (B) High Jump - "B" (B)
1:50	Finals - 1600 M Run - "A" (B) Finals - 1600 M Run - "A" (G)	1:45	Discus - "A" (B) Shot Put - "B" (B)
2:20	Finals - 200 M Dash - "B" (B) Finals - 200 M Dash - "A" (B) Finals - 200 M Dash - "B" (G) Finals - 200 M Dash - "A" (G)	** 3:00	Long Jump – Unified (G/B)
*2:40	Finals - 400 M Relay - Unified (G) Finals - 400 M Relay - Unified (B)		
*3:05	Finals - 3200 M Run - "B" (B) Finals - 3200 M Run - "B" (G)		
*3:40	Finals - 100 M Dash - Unified (G) Finals - 100 M Dash - Unified (B)		
*3:55	Finals - 1600 M Relay - "A" (B)-2 timed finals Finals - 1600 M Relay - "A" (G)-2 timed finals Finals - 1600 M Relay - "B" (B)-3 timed finals Finals - 1600 M Relay - "B" (G)-3 timed finals		

*Races could start EARLIER depending on the number of Unified entries

**Tentative time depending on number of Unified entries

Note for finals:

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100m dash, 200m dash, 110m hurdles, and 100m hurdles are scheduled for preliminaries and finals for all classes. All field events are finals.

