



SKILLS FOR HOCKEY

VALUES FOR LIFE

Summer Hockey Development Elite Skills and Tactic's Camp - Session 3

Daily Schedule

Time	Activity	Location
8:00 AM* *Monday July 27 th Only	Registration	Rutland Arena
9:00 to 9:45 AM	Power Skating	Rutland West Arena
10:00 to 11:00 AM	Work Out	Rutland Arena
11:15 to 1:30 PM	Ice Session	Rutland East Arena

*Rutland Twin Arena, 645 Dodd Rd, Kelowna, BC V1W 5H1