

Cheney Recreation Commission

223 E. South Ave. PO Box 306
542-0010
www.cheneyrec.com

Winter/Spring 2024 Brochure (pdf)

Look through this brochure for programs for all ages. Any questions on anything contact the office or look online for additional information at www.cheneyrec.com.

Mission Statement

Cheney Recreation Commission is dedicated to enhancing the social, cultural, educational, physical, & emotional growth of citizens of Cheney & USD #268 through quality recreational programs & activities.

To Register for a Program...

All programs may be registered for online at www.cheneyrec.com. Paper registration forms are available if needed and can be found at the school offices, CRC office or from our website. Forms may be returned to the CRC office or CRC black drop box located outside the office. For more program information or updates on programs, check out the CRC website, www.cheneyrec.com. CRC may add classes throughout the year so check the website, our sign located on Main St., Facebook/Twitter/Instagram, and your child's backpack. CRC also has email blasts and text updates (look for CRC@txcstr.com) you can sign up to receive on the CRC website.

CRC Youth Sports Philosophy

Cheney Recreation Commission provides youth sports leagues & programs that are designed to help develop the youth participant's basic skills that are necessary to play the sport. Cheney Recreation Commission strives to place the youth participant in a safe & healthy environment in which they will learn and have fun. All registered participants are placed on a team and given an opportunity to participate in all practices and games. The rules are written to encourage participation & enjoyment by all. The leagues are all recreational & are to provide "successful" experiences through fundamental skill development versus a "winning" only, singular philosophy, but we do encourage participants to put forth good effort to help obtain a healthy level of competition.

CRC Building Information

The CRC Office and Building is located at 223 E. South Ave. Registrations may be dropped off anytime outside the CRC office in the black drop box. The large room may be rented out for different occasions whenever it is not scheduled for use by CRC, birthday parties and small family gatherings. For more information, contact the CRC office 542-0010.

Cheney Recreation Commissioner's & Staff

Megan Pipkin Tiger Craig Lindsey Richmond
Kyle Haworth Taylor Robertson
Brent Peintner, Superintendent of Recreation
John Tiemeyer, Assistant Director

Notes from the Superintendent

Cheney Recreation Commission is excited to announce the Coach and Parents of the Year Awards for 2023. The winner for 2023 Coach of the Year Award goes to Justin Batt and the winner for Parents of the Year Award goes to Travis & Rachel Roberts. As with each year it is a hard decision to select the winners for the awards, we have so many great coaches and parents that volunteer and support our programs. We greatly appreciate all of our coaches and parents and all the support we receive.

Justin has coached for Cheney Recreation in different sports for many years and is very supportive of his children and the children of our community. He is a very reliable coach that always strives to teach the players to do their best and have fun. He has done a great job for CRC is very much appreciated by us.

Travis & Rachel have been terrific, involved, and supportive parents in our programs from the first program their family registered with Cheney Recreation. They do a great job supporting their children and the teams they participate on and often volunteer to help us out with the programs. CRC appreciates everything they have done for us.

The award will be handed out at a CHS basketball game February 7. CRC has two plaques on display in our office with all past winners. Past Parents of the Year winners include 2007 Alan & Robyn Reichert, 2008 Shane & Becky Faurot, 2009 Bill & Melanie Block, 2010 Shawn & Molly Amsink, 2011, Jarrod & Jennifer Bartlett, 2012 Todd & Kori Hague, 2013 Chad & Stacy Harrison., 2014 Brandt & Shawnae Ditzgen, 2015 Peggy Herndon, 2016 Matt & Jessa Albers, 2017 Don & Melanie Tolar, 2018 David & Susan Woodard, 2019 Jarret & Rachel Hudson, 2020 Matt & Tina Wright, 2021 Jason & Gretchen Bergkamp, 2022 Kris & Cherielle Young. Past Coach of the Year winners include 2007 Mike Robinson & Scott Sowers, 2008 Cory Miller, 2009 Joe Hageman, 2010 Denise Hageman, 2011 Steve Schomacker, 2012 Skip White, 2013 Curry Black, 2014 Todd & Kori Hague, 2015 Greg Rosenhagen, 2016 Karlous Molyneux, 2017 David Campbell, 2018 Melanie Tolar, 2019 David Woodard, 2020 Wes Klinkerman, 2021 Paul & Becca Burdick, 2022 Alyson Voth. Thanks again parents and coaches!

Don't forget, Cheney Recreation Commission has a scholarship program in place for those that could use some financial assistance with registering for our programs. It is a simple process; all you need to do is contact CRC and we will provide you with the scholarship application or print one from the website. You fill it out and return to CRC and in a short amount of time CRC will let you know how we can help. Program fees may be reduced. Everything is confidential. For more information, please contact the office and we will gladly help. Our youth track meet in the spring is our fundraiser for funding the scholarship program.

One last thing, Cheney Recreation Commission has online registration available at www.cheneyrec.com and CRC has a page on Facebook, Twitter, and Instagram for anyone to join and follow our program updates. Our website always has all program information. You can choose to receive the emails and/or text updates by going to our website and sign up or contact the office. If you have any questions just let us know.



Kingdom Fitness

Great opportunity to get the new year started right and help your young athlete get bigger, faster, stronger with Kaury Kuhn and Kingdom Fit. Kaury graduated from Cheney High School and competed at the collegiate level in baseball along with obtaining his Health and Human Performance degree. He personally trains athletes of all ages and has come home to offer his knowledge of what it takes to be a collegiate athlete. Areas your athlete will be trained on are mobility, agility, footwork, speed, and the mental side of being an athlete. Don't miss out on learning from one of Cheney's own. Include your shirt size when registering. Groups will be combined if needed.

Date: Tuesday & Wednesday, Jan 2 & 3

Time/Age: Grades 1-5 at 10 am,
MS/HS at 1 pm

Fee: \$60.00

Location: Cheney Recreation Building,
223 E. South Ave.

Deadline: Tuesday, December 19



New Programs added for the holiday break!

Get out and get active!

Coach Mark Potter Christmas Basketball Fundamentals

Great opportunity over Christmas break to work on your fundamental skills and learn from a great coach. Participants will not just work on dribbling, passing, and shooting, but also other fundamental areas like jab steps, shot fakes, protecting the ball and much more to improve your game. You can sign up for 1 or more days.

Dates: Tuesday-Thursday,
December 26-28

Age/Time: Grades 1-4, 1-2 pm
Grades 5-8, 2:30-3:30 pm

Fee: \$20 per date or \$50 for all 3 dates

Location: Cheney Recreation Building

Deadline: Wednesday, December 20

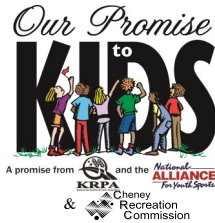


OUR PROMISE TO KIDS

Cheney Recreation Commission has signed the Our Promise to Kids national initiative and we recognize the value of youth sports and the lifetime skills it teaches. As a community working together, we promise to provide our children with a safe and positive youth sports experience.

Our Promise to Kids commits to providing children with the following opportunities:

- A fun, safe, positive environment in which to play.
- To play under the supervision of positive role models that will help focus on developing skills, teamwork, and sportsmanship.
- For all children to play regardless of skill or ability.
- To build self-confidence and self-esteem while respecting oneself and others.
- To make new friends and learn lifetime skills.



Open Gym Basketball

Great opportunity to work on your game, getting shots up, dribbling or maybe a pick-up game too. Parents can come and work with their child, bring a friend, or just show up by yourself for some fun. Participants must sign in and can pay the supervisor on location. Different sized balls will be available and goal heights will be set for the appropriate age groups; it is suggested to bring your own ball with your name on it. Open gym will be in one of the two elementary gyms.

Dates: Sundays, January 7-February 25

Times/Ages: 3:00-4:00 p.m.

Fee: \$1.00 drop in fee

Location: Cheney Elementary Gyms



Tae Kwon Do

Black belt Paul Frank of Kim's Academy of Tae Kwon Do is holding classes in Cheney for all ages. Individual or sign up the whole family for this great fitness activity. Participants also learn self-discipline, respect, and esteem. New session begins each month. Come for a visit before you sign up if you would like. New session begins each month.

Day/Time: Tuesdays & Thursdays, 7:00-8:00 p.m.

Age: 5 years old through Adults

Location: CRC Building

Fee: Individual \$30 per month
Family \$30 first person, \$15 for each additional family member



Lil Cardinal's 3 on 3 Basketball League

This program will be instructional with half court games provided to add to the learning process. Sportsmanship is stressed along with the fundamentals of the sport. Coaches will have 1-2 practices during the weeks of the program, they will contact parents with these dates & times. Fee includes a shirt, please indicate size on form. Age based off February 1. Volunteer coaches are needed! Practices begin the week of Jan. 29.

Coaches Meeting: Wednesday, January 24 at 6 p.m. at CRC office

All Team Practice: Saturday, January 27 at CES Gym in morning at Noon-1 pm

Games: Saturdays, Feb. 10-March 9

Age: Age 5 & Kindergarten

Fee: \$20.00

Location: CES gyms

Deadline: Friday, January 12

Coach Mark Potter Basketball Training

Former Newman University Men's Basketball Coach Mark Potter will be offering a great basketball training opportunity here in Cheney. It will cover many areas of basketball, shooting, ball-handling, etc. and look to work on each player's needed areas of improvement. Participants will be in small groups similar in age. 1-hour time slots. If a day/time listed does not work and you have a group interested in a session contact the office as other times/dates may be added. Pay & register with Cheney Recreation Commission. Need 4 participants in a group if possible. Look for additional sessions throughout the year.

Dates: Sundays, January 14-February 11 (no February 4)

Time: 1:00-2:00 pm

Fee: Starts at \$28 per date or \$105 for 4-week session

Location: Cheney Elementary Gyms



Adult Co-ed/Women Pickleball League

Pickleball is a popular activity that is good exercise. Grab a friend or spouse and get active in this fun league. The league is co-ed or teams can have 2 women also. Match play begins at 6 pm and will continue through the evening, see the schedule once it is complete for more updated times. Equipment is available if you do not have your own paddle.

Date: Mondays, January 22-February 19

Time: First match of the night 6 pm

Fee: \$20.00/team

Location: CRC Building

Deadline: Monday, January 15

Cardio-Strength Workout

Join Jenn Hoeme for an intense cardio and strength training workout. It will use intervals, kickboxing, sculpting/toning! It works all major muscle groups, burns fat, and works your cardiovascular system. Great for anyone of all fitness levels! Look online for additional sessions and on the instructors Group Fitness Facebook page for information and updates.

Date: Tuesdays and Fridays

Time: 5:15-6:00 am

Fee: \$45.00, drop-in fee \$5

Location: CRC Building

Hot Shot Competition & Free Throw

Champion

Come show off your shooting skills. Each participant will be timed and get to score as many points as possible at designated locations on the floor. Plus, if you want you can try to be the CRC free throw champion by signing up for that too. Goal heights will be adjusted. Just drop-in during the time frame. FREE event.

Date: Monday, January 15

Time: 1:00-2:00 pm

Age: Grades K-8th

Location: CRC Building

Deadline: Friday, January 12

No School Fun Days

The USD school calendar has some upcoming no school days. Look through the programs for some fun activities to do on those dates.

Adult Co-ed Volleyball 4v4 League

Get your friends, co-workers, family, church members, etc. for CRC's Co-ed Volleyball 4 on 4 League. Smaller roster allows for quicker play. Teams must submit an entry fee by the deadline. Team rosters are submitted before the first game.

Game Dates: Sunday Afternoon/

Evenings, February 18-March 17

Location: Cheney Middle School Gym

Fee: \$80.00 team

Age: High School & older

Deadline: Friday, February 9



Adult Corn Hole

Grab a buddy and join in on the fun. Corn hole is a simple and fun game that many of us play in the backyard. CRC provides boards and bags that are available to use if you do not have your own bags to throw. All levels of players are welcome for a good time. For more information contact the office.

Date: Wednesday, February 21

Time: 6:30 pm First Match

Fee: \$20.00 per team

Location: CRC Building

Deadline: Friday, February 16

Tumbling & Gymnastics

Fun instructors lead your young child through different levels of gymnastics tumbling moves. The program also helps with developing fundamental motor skills and helps young children with learning instructions from a teacher and social skills. Basic tumbling, gymnastic moves & fun games are taught. Groups may be adjusted due to enrollment. Parents plan to help your younger children to help us avoid issues and for everyone's safety.

Session 1: Sundays, January 7-March 3
(no February 11/Superbowl)

Session 2: Sundays, March 3-May 5
(no March 31/Easter)

Time/Level:

Level 1 Beginners (age 3/4), 5-5:30 p.m.

Level 2 Adv Beginners, 5:30-6 pm

Level 3 Intermediate, 6-6:30 p.m.

Age: Age 3-12

Fee: \$25.00 each session

Location: CRC Building

Youth Pickleball

Pickleball is a growing sport for all ages. It is a combination of tennis and ping pong when it comes to the rules of the game. CRC provides the equipment so there is no need to buy anything. Basic skills will be taught, rules of the game, and game play during this activity. Take the opportunity to learn a new sport and have fun on this no school day at CRC.

Date: Monday, January 15

Time: 10:30 am-Noon

Age: Grades 3-8

Fee: \$5.00

Location: CRC Building

Deadline: Friday, January 12

All programs can be found on the Cheney Recreation Commission website:

www.cheneyrec.com

 Cheney
Recreation
Commission

Daddy-Daughter Valentine's Party

Fathers, Uncles, Grandpas, Caregivers, and daughters/nieces come and spend some fun, quality time together. Participants can enjoy some pizza, snacks, and dance! Great games will be available to play along with some group fun. Dress is casual as you will have fun dancing, playing games and more. Keepsake photos will be taken.

Date: Saturday, February 10
Time: 5:30-7:00 pm
Age: Grade 6 and under
Fee: \$16 per couple,
\$5 each additional child
Location: CRC Building
Deadline: Friday, February 2

Adult Basketball Winter League

Grab your buddies, neighbors, co-workers and put a team together for a fun league. Teams must submit a roster and entry fee before the deadline. 10-member roster max. 6 games in the regular season, plus an end of season tournament. CRC will provide the game balls. For rules and additional information contact the office.

Date: Sundays, February 18-March 10
Age: Adult
Time: Late Afternoon/Evenings
Location: Cheney Gyms
Fee: \$350.00 per team
Deadline: Friday, February 9

Youth Flag Football League

Learn teamwork, skills, & stay physically fit in this fast-paced game. Players get to rotate to multiple positions and are all able to go out for a pass on offense each play. Coaches will have 1-2 practices during the week and will contact parents. Practices may begin the week of March 11. Make up games due to weather will be weekday evenings. 1-2 games each date. No shirt provided; scrimmage vests are utilized for games. Coaches needed please indicate on registration form!

Games: Sunday afternoons, April 7-21
Age: Age 3-5, Kind. & 1st & 2nd grade, 3rd-6th grade
Fee: Age 3-5 \$20, K-6 \$25.00
Coaches Meeting: Wed. March 6 at 6 pm
Deadline: Wednesday, February 28

Spring Break Open Gym Basketball

Great opportunity to work on your game, getting shots up, dribbling or maybe a pick-up game too. Parents can come and work with their child, bring a friend, or just show up by yourself for some fun. Participants must sign in and can pay the supervisor on location. Different sized balls will be available and goal heights will be set for the appropriate age groups; it is suggested to bring your own ball with your name on it.

Dates: Monday-Thursday,
March 11-14, 2:30-3:30 pm
Fee: \$1.00 drop in fee
Location: CRC Building

Jr. Dancer's Clinic

Cheney High School Dance team will instruct this fun clinic. Participants will receive a t-shirt and wear them at the performance which will be held during the CHS halftime of the boys' game, **February 2**. Indicate shirt size on form (XS, YS, YM, YL, etc.). Register by the deadline to guarantee a t-shirt.

Practice Dates: Tuesday-Thursday,
January 30-February 1
Time: 3:15-3:55 pm
Age: Age 4 through 8th grade
Fee: \$20.00
Location: CES Multi-Purpose Rm.
Deadline: Wednesday, January 24



Youth Corn Hole

Simple and fun game that many of us play in the backyard. Different game formats will be used. CRC provides boards and bags that are available to use if you do not have your own bags to throw. Boards will be adjusted to youth distance and rules.

Date: Monday, February 19
Age/Time: 11:00 am-Noon, grades 2-5
1:00-2:00 pm, grades 6-8
Fee: \$5.00 per player
Location: CRC Building
Deadline: Wednesday, February 14



Spring Break Dodgeball

Grab some friends and come play some fun dodgeball. Depending on the number of participants, different formats will be utilized to play games. Teams will be changed throughout the timeframe, no need to create a team. Groups will be combined if not enough enrollment is met in an age group. Please register by the deadline.

Date: Wednesday, March 13
Time: 10:30 am-Noon, Grades 1-4
1:00-2:30 pm, Grades 5-7
Fee: \$5.00 per participant,
\$10.00 after the deadline
Location: CRC Building
Deadline: Thursday, March 7

Future Spikers Instructional Volleyball

This program is designed to teach young players the proper techniques that it takes to play the game of volleyball. Techniques taught will be passing, serving, setting, etc. Each date skills will be taught the first half of the program, then the second half will be game play. A fun time for all to learn a great sport. Volunteer coaches needed.

Date: Thursdays, February 8-29
Time: 6:00-6:55 pm
Age: 1st -4th grade
Fee: \$20.00
Location: CRC Building
Deadline: Friday, February 2



Kids Kickball Blast

Great activity to get the kids out and about. CRC will create the teams with the registration list so no need to find a team to be on. Bring a water bottle and dress for the weather.

Date: Monday, March 11
Age/Time: 11:00 am-Noon, grades 2-5
1-2 pm, grades 6-8
Fee: \$5.00 per participant,
\$10 after deadline
Location: Fairground Ball Field
Deadline: Thursday, March 7

Dart Warz

Grab your Nerf gun and darts (label all your items) and come to the CRC building during spring break for a blast. Different games and challenges will be played. It is recommended you bring and wear your own safety goggles. Sign up by the deadline.

Date: Tuesday, March 12
Age/Time: 10:30-Noon, Grades 1st-4th
1:00-2:30 pm, Grades 5th-8th
Fee: \$5.00 per participant,
\$10 after deadline
Location: CRC building
Deadline: Thursday, March 7

All programs can be found on the Cheney Recreation Commission website:

www.cheneyrec.com

Beginner's Archery

Terrific outdoor lifetime skill for anyone to learn. Program will cover safety and basics of shooting with a bow and arrow. CRC will provide the equipment.

Date: Thursday, March 14
Time: 11:00 am-Noon
Age: Grades Kind-8th
Fee: \$12.00
Location: CRC Building
Deadline: Thursday, March 7

Pee Wee Indoor Soccer

Soccer is a lot of fun and action. Skill work will start the program and finish with a mini game. Depending on the number of participants we may need to adjust game times and dates. Age based off April 1.

Date: Thursday, March 14
Time: 1:00-2:00 pm
Age: Ages 3-6
Fee: \$5.00 per participant
Location: CRC Building
Deadline: Thursday, March 7

Spring Break Youth Corn Hole

Simple and fun game that many of us play in the backyard. Different game formats will be used. CRC provides boards and bags that are available to use if you do not have your own bags to throw. Boards will be adjusted to youth distance and rules.

Date: Friday, March 15
Time: 10:30-11:30 am
Age: Grades 1-8
Fee: \$5.00 per participant
Location: CRC Building
Deadline: Thursday, March 7

Blastball

Blastball time! This is a fun way for young kids to be introduced to baseball/softball. A batting tee is used and only 1 base (the base makes noise when the player steps on it). No equipment to buy, CRC provides the bats and balls, and gloves are not needed. Teams practice the first 10 minutes beginning at 6:15 p.m., then play a mini "game". Volunteer team leaders are needed, no additional practices!

All Team Practice: Thursday, March 28 at 6:15 p.m.

Games: Thursdays, April 4-25
Age: 3 - 5-year-old (age as of May 1)
Fee: \$15.00
Location: Bus Barn Fields
Deadline: Friday, March 8

All programs can be found on the Cheney Recreation Commission website:

www.cheneyrec.com



T-Ball League

Cheney Recreation Commission's T-ball program is designed to take lessons from Blastball and advance them into T-ball and provide a fun atmosphere where kids can learn and enjoy themselves along with the parents. Teams practice 1-2 times per week beginning late April/early May with games beginning after Memorial Day normally on Mondays & Thursdays. Must be age 4 by May 1. Based on Current grade. Fee includes shirt. Coaches Needed! *Kindergarten has the option to play in Jr. Coach Pitch League.

Age: Age 4-*Kindergarten
Location: Cheney Bus Barn Grass Field
Fee: \$22.00 per player
Coaches Meeting: Wednesday, April 24 at 7:00 p.m.
Deadline: Friday, April 12



Jr. Card's Summer Ball League

This in-town only program (no traveling or playing out of town teams) will be coach pitch but will maintain lessons taught from T-ball and provide a fun atmosphere where kids can learn and enjoy themselves along with the parents. Teams practice 1-2 times per week beginning late April/early May with games beginning after Memorial Day normally on Tuesdays & Wednesdays. Fee includes shirt. Coaches Needed! Must be age 5 by May 1. Based on current grade. *See Twin Rivers League for 1st/2nd grade option.

Age: Age 5/Kindergarten & *1st/2nd grade
Location: Cheney Bus Barn Grass/Dirt Field
Fee: \$30.00 per player
Coaches Meeting: Wednesday, April 24 at 6:00 p.m.
Deadline: Friday, April 12

CRC Youth Track

Club All runners, jumpers, and throwers come out and join the CRC Youth Track Club. Track & Field is a great way to get active, stay in shape, and learn new skills.

Children will have a workout to complete each practice, plus time to work on individual events. Events may include sprints, distance running, jumping, and throwing. Children will have the option to attend area track meets if they wish to attend them. More information on meets will be available once the season nears, most have a small entry fee (\$8-15). *Practice dates/times may change as the season goes on. If a child wants to participate even if they have other conflicts, no problem, workouts will be made available to parents to assist your child. Team practices and additional meet information will be provided. Jersey will be checked out to participants attending meets and must be returned, please indicate size on form. T-shirts provided, indicate size, must sign up by deadline to guarantee a shirt. Track Club will end after the Memorial Day Track Meet. Grades 1st and under must have a parent present to assist at practices with their child. Parents are also asked to help supervise 4 dates of practices. The team practices will be split into 2 groups with older grades and younger grades due to the size of the team to allow for more supervision and assistance. The track club currently needs coaches. Please contact the office if you are available to help the club out.

Practices Begin: Thursday, March 21 at 5:30 pm
Practices: Mondays & Thursdays*
Time: 5:30 p.m.*
Age: Age 3-grade 6
Fee: \$20.00
Location: CHS Track
Deadline: Wednesday, March 13



Family Flashlight Easter Egg Hunt

CRC would like to invite your family to take part in this fun family event. Participants will be required to bring their own flashlight (no spotlights) and may collect a total of 10 eggs plus any additional candy/toys lying around. Each egg is filled with a surprise. Some eggs have special prizes inside, plus do not forget the golden egg. Children 5 & under must be accompanied by an adult. We will not be able to take any new participants the night of the event. No need to arrive early.

Date: Friday, March 29
Time: 8:20 p.m.
Age: 5th grade & under
Fee: \$5 per participant
Location: Meet at South Complex Concessions Stand
Deadline: Monday, March 22



Youth Dodgeball Fun

Grab some friends and come play some fun dodgeball. Depending on the number of participants, different formats will be utilized to play games. Teams will be changed throughout the timeframe, no need to create a team. Groups will be combined if not enough enrollment is met in an age group. Please register by the deadline.

Date: Monday, April 22
Time: 1:00-2:00 pm, Grades 2-4
2:30-3:30 pm, Grades 5-8
Fee: \$5.00 per player, \$10.00 after the deadline
Location: CRC Building
Deadline: Friday, April 19

Pitch, Hit, & Run Competition

This FREE program is for youngsters ages 7-14 (age determined as of July 17, current yr.). It allows players to showcase their pitching, hitting & running abilities. Players will pitch at a target, hit from a tee for distance & accuracy, and then be timed from 2nd base to home plate.

Date: Monday, April 22
Time: 10:30-11:30 am
Ages: Ages 7-14
Fee: Free
Location: Fairgrounds Ball Field
Deadline: Friday, April 19

Cheney Youth Track Meet

Another great Cheney youth track meet! A full flyer of the meet will be available in February on the CRC website. Events vary by age groups, but may include 50M, 100M, 200M, 400M, 800M, 1600M, high jump, long jump, turbo javelin and more. 4 groups will be broken up to compete in based on current grade: pre-K/Kind, grade 1/2, grade 3/4, grade 5/6. Awards are provided to all participants placing in the top 6 of each event. You do not have to be a member of a club to participate. We need volunteers let CRC know if you can help us out. The track meet is a fundraiser for CRC and our scholarship program to help those that may need assistance when registering for our programs. Separate registration will be set up for the meet TBD.

Tentative Date: Saturday, April 27
Time: Field Events at 9:00 am
1600M Run begins at 10:45 am
Age: Age 4-6th grade
Fee: \$12.00/participant
Location: CHS Track
Deadline: Monday, April 22



Summer Volunteer Opportunities

The Cheney Recreation Commission is taking volunteer applications for our summer programs. CRC relies heavily on volunteers for Kid's Klub and scorekeeping during the summer, if you would like to help with some programs turn in an application. To receive an application, contact the CRC office.

All programs can be found on the Cheney Recreation Commission website:
www.cheneyrec.com

Twin Rivers Baseball & Softball League

Join Cheney Recreation Commission for its youth baseball/softball program. Teams will play other towns from Andale, Colwich, Garden Plain, Kingman, Norwich, and St. Marks. Generally, boys' teams will play on Mondays and Wednesdays with girl's teams playing on Tuesdays and Thursdays. There will be some Friday games for both boys and girls. Potential for make-up games on the weekends. Practices are twice a week and will begin the week of April 8 with games starting mid-May through late June. League tournaments end the season and will begin play on a Saturday or Sunday, tentative dates June 22/23. Sportsmanship is strongly stressed and will be enforced, those that do not understand how to act properly at a game/practice will be removed. Yelling or making derogatory remarks at the umpires is never ok! League website: www.allprosoftware.net/trl. Volunteer coaches are needed for this league! NO guarantee for team spot after deadline. *1st/2nd Graders have an option to play in the Twin Rivers league or the in-town Cheney Coach Pitch league. All CRC programs have scholarships available to help cover registration fees. Register using current grade.

Coaches Meeting: Wednesday, April 3 at 6:00 p.m.

***TR Coach Pitch: Grades *1 & 2**

Fee: \$45.00

Player Pitch: Grades 3 & 4

Fee: \$50.00

Player Pitch: Grades 5 & 6

Fee: \$55.00

Player Pitch: Grades 7 thru 9

Fee: \$60.00

Deadline: Wednesday, March 13

CRC Umpire Clinics

Looking for some extra money or would like to be involved with baseball/softball or help our community? Umpires are needed for the Twin River's Baseball/Softball League. Flexible schedule, great PT paying job. Sunday, May 5 at 3:00 pm. If you are interested in umpiring this summer, contact the office at 542-0010 or john@cheneyrecreation.com.



Softball Instructional Clinic

All softball players! Take advantage of this opportunity to come and receive instruction from the CHS softball coach Matt Johnson and the players from the CHS team. Learn basic and advanced techniques in hitting, fielding, throwing, and catching plus more!

Date: TBD
Time: 10:00 a.m.-12:00 p.m.
Fee: \$20.00
Age: Age 5-Grade 8
Location: USD Softball Field at South Complex
Deadline: TBD



Baseball Instructional Clinic

All baseball players! Take advantage of this opportunity to come and receive instruction from the CHS baseball coach Mike Quick and the players from the CHS team. Learn basic and advanced techniques in hitting, fielding, throwing, and catching plus more!

Date: TBD
Time: 2:00-4:00 p.m.
Fee: \$20.00
Age: Age 5-grade 8
Location: High School gym
Deadline: TBD



Adult Co-ed Softball League

Form your team for the Cheney Co-ed Softball League. Ten game guarantee to each team with champ t-shirts. If anyone does not have a team call CRC and we will gather a list of players. Teams that wish to practice on CRC fields must reserve the time through CRC office. Contact CRC for roster & rule information. 542-0010.

Date: Sunday afternoons/evenings, June 2-July 14
Fee: \$250 per team
Age: Current High School-Adult
Deadline: Wednesday, May 22

Summer Volunteer Opportunities

The Cheney Recreation Commission is taking volunteer applications for our summer programs. CRC relies heavily on volunteers for Kid's Klub and scorekeeping during the summer, if you would like to help with some programs turn in an application. To receive an application, contact the CRC office.

All programs can be found on the Cheney Recreation Commission website:
www.cheneyrec.com

Take Dad Bowling

This is a special evening for dads and their kids! Grandpa, uncle, neighbor, big brother, etc. can be subbed in too. As a group, you will receive a keepsake picture, a small single topping pizza (please indicate what type of single topping pizza desired on form), drinks, shoes and get unlimited bowling until 8:00 p.m. We will eat at 6:00 p.m. and go bowling shortly after eating. Additional child will increase 1 pizza size. Space is limited.

Date: Friday, May 3
Time: 6:00-8:00 p.m.
Fee: \$16 per couple, \$5 each additional child
Location: D'Marios/Cheney Lanes
Deadline: Friday, April 26



CRC Sports Environment Policy

Well-Being of the Child – Our program is organized to enhance the emotional, physical, social, and educational well-being of the child. We emphasize that the rules, skill expectations and competitive requirements are not the same as high school, college, or professional level sports. **Balanced Teams** – Our teams are balanced each year by way of a draft process, or the director of recreation will make the teams. Our program is based on maximum participation and focuses on meaningful play for the child. The Cheney Recreation Commission will not turn anyone away from participation due to lack of ability to pay. **Positive Coaching & Training** – What makes winning kids is positive coaching. Our coaches are provided with NYSCA training and strive to make the extra effort to understand and offer positive help to players, rather than negative criticism. **Parents' Active Role** - Parents are the key. We expect them to demonstrate the positive benefits of a youth sports experience by attending games, practices, or team social events; or by taking the time to volunteer as a coach, official or scorekeeper; or by just expressing their positive support. **Good Sportsmanship** – We expect a positive environment based on fair play and mutual respect by players, coaches, officials, and fans, rather than a win at all costs attitude. **Safe Playing Situations** – The Cheney Recreation Commission ensures safe playing facilities, healthful playing situations, and proper first aid applications, should the need arise. **Drug, Tobacco & Alcohol-Free Environment** – The Cheney Recreation Commission prohibits use of alcohol, illegal substances or tobacco by players, coaches, league administrators or game officials at all youth sports practices and games. Adults are expected to be positive role models for our youth.

Refund Policy

A refund will only be issued if the request is received and approved before the activity begins, or if Cheney Recreation Commission cancels a program.

Out of District Policy

The Cheney Recreation Commission welcomes participants from surrounding communities. However, due to staffing, facility space, and local participation, the CRC will not accept participants from another community/school district where similar program(s) are being conducted. If said community/school district does not have the specific program, participants may join the CRC sponsored activity by paying an additional **out of district fee of \$5.00 for each activity**. Questions should be addressed at the CRC office, 542-0010.

CRC Scholarship Program

The Cheney Recreation Commission provides program scholarships for those in need due to economic hardship. To apply for a scholarship, contact CRC for a scholarship application and return it to the CRC prior to the deadline date. Scholarships are available only to residents of USD #268 and may reduce certain program fees of the Cheney Recreation Commission.

Photograph Policy

The Cheney Recreation Commission reserves the right to use photos and video footage of participants for promotional purposes. If a person does not wish to have photos or video footage used of them or their child(ren), contact the CRC office.

Cheney Recreation Commission Youth Sport's Parent Rules **Please read and sign this pledge as a condition of your child's participation in a Cheney Recreation Commission youth sport program and as confirmation that you understand the potential consequences of disrespectful or abusive conduct.**

I will...

- Teach my child respect for everyone: teammates, other team, coaches, officials, and myself.
- Teach my child that the officials are the authority of the game and to never say anything or have negative actions towards an official.
- Teach my child about sportsmanship and developing a positive character.
- understand that the game is best played when the adults cheer and help create a positive atmosphere and refrain from any negative comments towards other spectators, players, coaches & officials.
- understand that my child will make mistakes and learn from them.
- understand that I should allow the coach to instruct the players and not confuse the players by offering coaching information from the stands.
- understand that I should allow the official/umpire to do the difficult job of officiating the game. I will not make negative comments towards the official/umpire ever. If I do, I am just teaching kids that it is ok to disrespect authority and I am setting a bad example and may be embarrassing my child.
- understand that winning is not the most important part of the game. Learning skills, being with friends, playing a game they enjoy and having fun are much more important than winning a game.
- understand that if I am extremely nervous for a youth sport game, I am taking the game too serious and need to relax so my child can be relaxed too. If I am stressed out, it will make my child stressed too.
- understand that the after game "car ride" speech should only focus on positive things, but should probably be avoided all together.
- remember what it was like being a kid, but at the same time remember I had my time, this is my child's turn to play. I will not try to relive the past through my child.
- understand that all kids develop at different rates.
- have realistic expectations for my child and understand my child has his/her own goals & expectations. I must drop mine and except theirs.
- teach my child it is okay to lose. Learning to accept defeat gracefully & to come back enthusiastically next time is an important life lesson to teach.
- do my best to learn the rules, policies, etc. about the activity my child is participating in.
- love & support my child regardless of game results, ability & mistakes made.
- I will have fun, relax, and enjoy the game.

Job Opportunities & New Program Ideas

The Cheney Recreation Commission is looking for sports officials. Volunteers are always welcome. Also, if you have an idea for a program or would like to instruct one let us know. Interested persons should contact the CRC office or at brent@cheneyrecreation.com.



Registration Form

Parent(s) Name _____ Home Phone _____
Address _____ Box _____ City _____ Cell Phone _____
Emergency Contact & Phone _____ Email _____
List any Medical Conditions _____

Volunteer: Head Coach _____ Asst. Coach _____

If called for-Shirt Size: XS YS YM YL YXL AS AM AL XL

Make checks payable to Cheney Recreation Commission. Return completed form with payment for CRC activities to Cheney Recreation Commission, PO Box 306, Cheney, KS 67025. CRC has a black drop box in front of the office for registration forms. Scholarships available, contact CRC for form. You can register online at www.cheneyrec.com.

Participant Name	Current Grade	Age	Activity Name	Date/Time	Fee

In consideration of your accepting this entry, I understand that the program for which I or my child intends to participate may have some inherent risk of injury because of the activity. As a participant (or on behalf of my child), I agree that the Cheney Recreation Commission & USD #268 and their employees and representatives shall not be held responsible for any illness or injury to person or damage to property resulting from my (or my child's) participating in a CRC program. I further grant permission for CRC to use my (or my child's) photo or video for promotional purposes. I hereby, for myself, my child, my heirs, executors and administrators, waive and release any and all rights and claims for damages my child or I may have against Cheney Recreation Commission, City of Cheney, or USD #268, and its representatives, successors and assigns for any and all injuries suffered by myself or my child at any activities sponsored by these groups. I understand I am responsible for my (and my child's) own medical insurance. Parent or Legal Guardian **must** sign for any child, 18 & under, entering the program.

Signed _____ Date _____

Cheney Recreation Commission

223 E. South Ave.

PO Box 306

542-0010

brent@cheneyrecreation.com

john@cheneyrecreation.com

www.cheneyrec.com

