

SEASON 2023-24 NOW OPEN!

SIMA PRE-ACADEMY

MVA

U6-12

Born 2017-2012



TRAIN TO BE YOUR BEST!



**Practices are held at Montverde Academy Campus
17235 7th Street, Montverde, FL 34756.**

SIMA soccer development program for children in categories from U6 to U12.

Learn more and register for a free trial
www.mvasima.com/pre-academy

SIMA PRE-ACADEMY 2023/24



PROGRAM OVERVIEW

- The SIMA Pre-Academy Program is designed for children aged U6 to U12. For the 2023/24 season this will be boys and girls born between 2012 and 2017.
- Players follow the SIMA Long Term Player Development pathway, a holistic approach that developed +400 Collegiate athletes and +60 Professional soccer players since 2011.
- Friendships developed through sport enhance our kids to feel accepted by their peers, creating higher levels of self-esteem and a healthy lifestyle.
- Training sessions and the after-school program are held at Montverde Academy facilities.
- For more information contact andrew.douek@montverde.org

SIMA PRE-ACADEMY 2023/24



GROUPS DETAILS

	After Care		Competitive	
Age groups	U6-U8	U9-U12	U7-9	U10-U12
Sessions per week	Tu/Fr	Tu/Fr	Mo/Th	Mo/We/Th
Session time	Up to 5PM	Up to 5PM	60 mins.	75 mins.
Seasons per school year	3	3	2	2
Guaranteed Sessions	48	48	54	72
Individual assessments	-	-	2/year	2/year
Deposit (includes training gear)	-	-	\$300	\$300
Cost per season	\$400	\$400	\$700	\$950
Cost for academic year 2023/24	\$1200	\$1200	\$1700	\$2200
Competitive Regional League	-	-	Yes	Yes
Developmental games	Yes	Yes	-	-
Futsal opportunities	-	-	Yes	Yes
Extra Winter Season + Futsal	-	-	\$400	\$500
Free trial available	Yes	Yes	Yes	Yes
Requires prior experience	No	No	Yes	Yes

SIMA PRE-ACADEMY 2023/24



AFTER CARE *NEW!*

- The SIMA Pre-Academy after care group is designed for children attending Kindergarten to 5th grade.
- The program will be available at Montverde Academy starting after school on Tuesday and Friday until 5PM. Participants can be picked up earlier with prior notice.
- SIMA coaches will organize activities to develop motor skills and dribbling abilities combined with free play and street soccer opportunities to develop technique and creativity.
- Indoor social activities will be organized in case of inclement weather.
- SIMA Pre-Academy uniform is not required.

SIMA PRE-ACADEMY 2023/24



COMPETITIVE **U7-U9**

- The SIMA Pre-Academy Competitive U7-U9 Program for the 2023-24 season will be available for boys and girls born between 2015 and 2017.
- Age-appropriate games and drills based with the goals of developing and consolidate basic ball technique with a focus on dribbling and passing in 3v3 to 7v7 small sided games.
- Each age group has a limited number of participants to ensure the quality of the training sessions
- Regional competition opportunities for the group including leagues and tournaments on weekends.
- Sessions are held at Montverde Academy on Monday and Thursday from 6.15PM to 7.15PM

SIMA PRE-ACADEMY 2023/24



COMPETITIVE U10-U12

- The SIMA Pre-Academy Training Program designed for children aged U10 to U12 with experience in competitive soccer. For the 2023-24 season this will be boys and girls born between 2012 and 2014.
- Age-appropriate games and drills to consolidate technique while developing individual behaviors and tactics in 7v7 to 9v9 small sided games while setting transition into 11v11.
- Limited number of selected participants to ensure the quality of the training sessions, featuring a low player-to-coach ratio.
- Sessions are held at Montverde Academy on Mondays, Wednesday and Thursdays from 6.15PM to 7.30PM. Regional league competition games and tournaments on weekends.



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