

2025 HIGH SCHOOL FOOTBALL MINNESOTA

The Official Publication of the Minnesota Football Coaches Association



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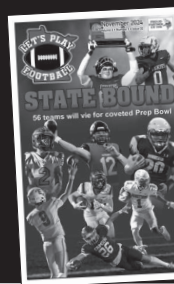
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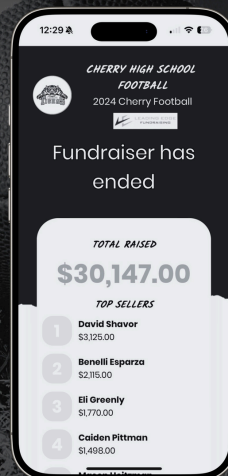
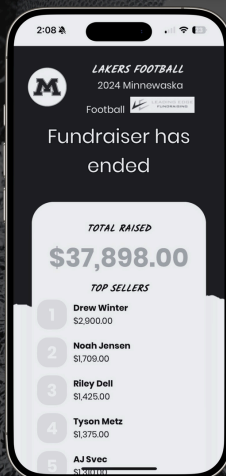
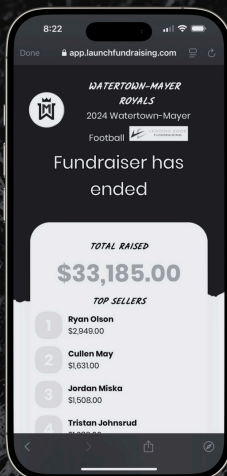
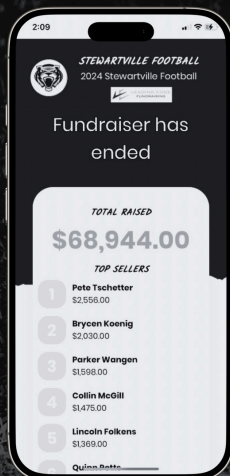


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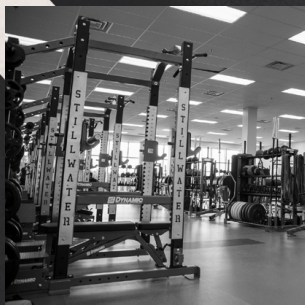
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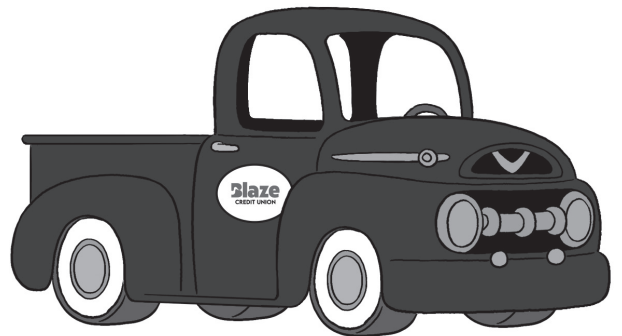


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MFCA TACKLE CANCER ALL STAR FOOTBALL GAME

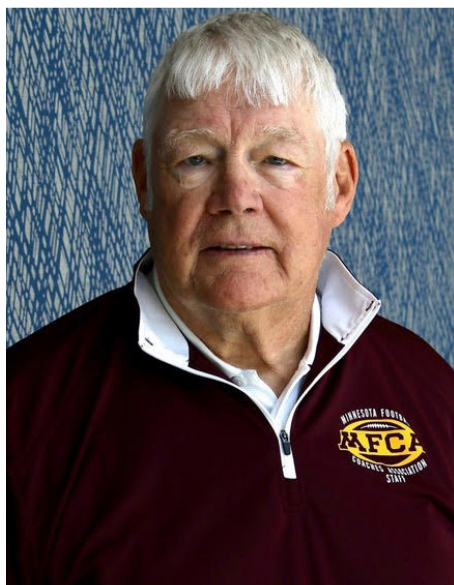
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FROM THE DESK OF

RON STOLSKI, MFCA EXECUTIVE DIRECTOR



RON STOLSKI
MFCA EXECUTIVE DIRECTOR

A bit of history. In the early Spring of 2005 on a Sunday morning, following a poorly attended and disappointing Nike football clinic, a small group of coaches were visiting in the atrium of the DoubleTree lamenting the meager attendance....less than three hundred. One of them said "I am looking at outstanding "A" coaches, we are better than then this". A conversation ensued; the group decided to meet again. A week later, they met (and given the one year term of the President and his considerable duties), with the intention of creating an Executive committee to help oversee the many initiatives of the MFCA. Thus, the current structure, including an Executive director, was established. We were on our way to "be better than this", not just with a clinic, but in each and every program we now initiate, conduct and sponsor. And so, due to a shared vision, and the outstanding work of so many from so many classes and places over the past two decades, and that continues today, we have become 'The Keepers Of The Game'. An organization acknowledged and respected throughout the country as "One of the best".

In a separate column, current President, Bryan Strand, Barnesville, whose father Dick was our President in 2001, writes eloquently about his love of the game, the importance of it as a part of the fabric of our lives, our duty to the kids we coach; "it is all about the kids", and encourages the young coaches among us to become involved in the mission, goals and programs of the MFCA. I embrace Bryan's message and echo his call for youth engagement! There is room for all in our association.

Case in point. What follows is just some of the most recent and current accomplishments of your fellow leaders. When appropriate, I urge you to support and be involved in each and every one of them:

* Past President Mat Mahoneys "Salute to Football week-end". This year's dates are Sept.26-27

* Marc Bachman and committee recently sent a survey to head coaches regarding MFCA membership. The results were illuminating and will aid our association as we continue to explore ways to improve it and better serve all.

* Out going President Nick David completed a two year project to renovate our Hall of Fame room at the Doubletree Hilton hotel. The Hall of Fame is now digital! The entire display is fantastic. At your next visit, be sure to make a point to see it. We know you will be impressed.

* Tackle Cancer chair Dave Nelson continues his TC quest... the total money raised for cancer research since 2012 is north of four million. Thank you to those who have been involved in this incredible effort. If you have not, in Dave's words..."Join the fight!"

Finally, a verse from a long time coaching friend..."The ethical man knows he shouldn't cheat. The moral man wouldn't"

Have a great year coach!

Ron Stolski

"We make a life by what we get...We make a life by what we give"

PRESIDENT'S MESSAGE

Minnesota Football Coaches, I am honored and grateful to be writing this letter as the current President of the MFCA. Our association has had a long and productive existence, serving football coaches and in turn the schools and student-athletes that compete in our state since 1956. Much of my appreciation for this organization stems from a history of seeking to do everything the right way. High School Football comes in all shapes and sizes in Minnesota, and the MFCA gathers coaches from all corners of our state at all levels, positions, and ages, to develop, mentor, and honor them when deserving while constantly promoting our great game.

I have been around this great game my entire life, growing up the son of a football coach. My father Dick Strand was the head coach at Southland for almost 30 years. He served the association as president in 2001 and did so proudly. What he instilled in me about football and coaching still radiates with me today. It is all about the kids, it is their one time to make life long memories as well as to be taught discipline and team work. Things that football teaches so well. Football is not easy. Quitting is not an option and we all need to see the positives in what we do. I would guess we all went into this profession because we loved the game and I hope you all love being around the kids you get to spend your falls with.



Bryan Strand
PRESIDENT

The Minnesota Football Coaches Association is OUR association and is something I encourage all of you to get involved in. The MFCA supports the MFCA Clinic, the All-Star Game, the Recruiting Fair, Mr. Football, Individual and Team Academic All-State Awards, Scholarships, Community Service, the Hall of Fame Banquet and much more! We know that the individuals who have made the MFCA organization great will continue to serve in various capacities, but they will not be here forever. Coaches not involved in the MFCA, especially those of you who are younger coaches, it is time to step up so we can continue the current work of the MFCA as we brace for future challenges and opportunities. Keepers of the Game: We need you, your time, your talent, your heart, and your service!

For my MFCA Presidents project I am going to be working on Google form that I will send out later in the fall. We will be getting a feeling for the state of football in Minnesota. It will include questions on ways to improve the MFCA and our fantastic association. Once we get the surveys tabulated the results will be shared with all our members. If you have any specific questions you would like to ask or suggestions please send them to me and I will do my best to include it. My email is bstrand@barnesville.k12.mn.us.

Our coaching profession is a challenging one, but your work brings great pride to your schools and communities and you develop qualities in your players such as discipline, teamwork, and grit that will guide them through their adult life. In addition to being the hottest show in town on Friday nights, football teams are the catalyst for pride in our schools and communities. Young men across Minnesota from small schools to large schools have acquired much needed life lessons that they could only have learned through playing the great game of football.

Always remember, football is the greatest team sport in the world and it is more than just a game. Our work is significant and must continue now and into the future. If I can ever be of any help to you or answer any questions, please don't hesitate to contact me. Coaches, thank you for being a Keeper of the Game and best of luck in 2025! I hope you win 'em all! Please encourage all your coaches from junior high to varsity to belong to our association, there are many benefits to being a member.

Brian Strand
President, MFCA

LETTER FROM P.J. FLECK

I hope that this note finds you well and that you were able to enjoy time with friends or family this summer. The football season is fast approaching and soon there will be long hours in the film room, team meetings, practices and unforgettable moments made on crisp Minnesota nights.

It is a journey that lasts months, but it is also one that is over in the blink of an eye. There is nothing like high school football and how it brings people together. It unites communities, strengthens friendships, and forges bonds that last forever. There is something pure about players, coaches, administration, parents and the student body working together in pursuit of one common goal.

I have written before about how recruiting is the backbone of our program, and one of our top priorities is to make sure that the most elite players and people in the state of Minnesota are Gophers. We want the best in the state to stay home and proudly wear Maroon and Gold.

As a high school coach and mentor, you play a vital role in helping us maintain a program that all Minnesotans can proudly support. The success of your students is also your success, and there are few things more fulfilling than knowing that you helped train and develop the next homegrown Minnesota star.

Our culture is about connecting people and creating lasting relationships. Our players excel on the football field, but they also serve and give to the community and find elite success in the classroom too. In our tenure, we have had 10 Academic All-Americans and 438 Academic All-Big Ten performers. Every detail matters in our program, and that is why we have been able to win six straight bowl games, produce eight All-Americans and develop 19 NFL Draft picks. Seven of those draft picks grew up in Minnesota.

I am excited for the 2025 season. Our young people have worked tremendously hard to get to this point and they are committed to playing for the person next to them. We still have work to do, but I am looking forward to watching this team compete and play for one another.

I wish your team great success this season. I also want to thank you for your support of our program and for the hospitality you have shown our coaches and staff when we have been able to visit with you in your school or on our campus.

As always, please let me know if there is anything we can do to help you. You are always welcome on campus or at practice. I hope to see all of you at one of our practices or at Huntington Bank Stadium this season.

Row The Boat, Ski-U-Mah and Go Gophers!

A handwritten signature in black ink, appearing to read "P.J. Fleck". The signature is stylized with a large "P" and "J" and a cursive "Fleck".

Head Coach P.J. Fleck

MINNESOTA FOOTBALL

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Dave Giles
Historian

MFCA Code of Ethics

PREAMBLE

One of the distinguishing characteristics of a profession in education may be that its members are cognizant of, and perhaps dedicated to, rendering a service to humanity. As educators who choose to coach football, we must understand that the justification for football is that it provides educational and physical values for those who play the game, and the game essentially belongs to the players who choose to play it. The welfare of the game depends on how coaches live up to the spirit and letter of ethical conduct, and how coaches, as educators, model ethical conduct, and remain mindful of the trust and confidence placed in them by colleagues, players and the public.

PURPOSE

This code of ethics has been developed to protect, promote, and preserve the best interests of the game and the coaching profession. Its primary purpose is to clarify and distinguish ethical and professional practices from those which are detrimental. Its secondary purpose is to emphasize the value of football as an experience that contributes to the overall education of the student-athlete and to stress proper functions in relation to schools, players and the public.

ARTICLE ONE | Responsibility To Players

1. Coaches shall be aware of the tremendous influence they have on the education of the student-athlete; therefore, they shall never place the value of winning above the value of instilling the highest ideals of character and integrity.
2. Coaches shall follow or create and enforce a set of training rules for players that reflect the positive values of abstaining from drugs, alcohol and tobacco.
3. Coaches shall never place the value of winning over the safety and welfare of players.
4. Coaches shall not exert pressure on faculty members to give players special consideration.
5. Coaches shall show respect to all players by treating them with integrity and honesty in both verbal and nonverbal behavior, regardless of their role or contribution to the team.
6. Coaches are responsible for their players' actions on the field and must not permit them to perform with the intent of causing injury to opposing players.
7. Coaches shall not seek unfair advantage by teaching deliberate unsportsmanlike behavior to players; they shall instruct players to play within the written rules and within the spirit of the game at all times.

ARTICLE TWO | Professional Behavior

1. Coaches shall exemplify the highest moral character, behavior and leadership.
2. Coaches shall display modesty in victory and be gracious in defeat.
3. Coaches shall promote ethical relationships among fellow coaches.
4. Prior to, and following contests, coaches for the competing teams should meet and exchange cordial greetings to set the correct tone for the event.

ARTICLE THREE | Sportsmanship

1. Coaches shall exhibit, model and teach good sportsmanship.
2. Coaches shall exert their influence to enhance sportsmanship by spectators, both directly and by working closely with cheerleaders, pep clubs, booster groups, parents and administrators.

ARTICLE FOUR | Scouting

It is considered ethical to scout opponents only during games and agreed upon scrimmages, and within the designated rules of the conference or section by-laws. The head coach is responsible for the actions of his scouts.

ARTICLE FIVE | Relationships With Game Officials

Coaches shall respect the integrity and judgment of the game official. Coaches shall not indulge in conduct which would incite players or spectators against officials. Public criticism of officials is considered unethical.

RULE CHANGES FOR 2025

Committee Clarifies and Restricts Attachments on Tooth and Mouth Protectors 1-5-1d(5)a - 4, 5 (NEW) - Items that are attached to the tooth and mouth protector that do not serve a purpose and function in protecting the teeth or mouth will not be allowed. Items that are a part of the tooth and mouth protector that are a health or risk issue to the player and can pose a danger to themselves or other players, will not be allowed.

Arm Sleeve Specifications Developed to Guide Manufacturers, Players and Coaches Effective with the 2027 Season 1-5-2d (NEW), 1-5-3c(5) - The Sports and Fitness Industry Association (SFIA), in working with the football arm sleeve manufacturers and the NFHS, has developed new football arm sleeve performance specifications to be effective with the 2027 playing season. These new specifications closely align with the current rules for football gloves.

Electronic Equipment Approved to Permit Non-Audio and Still Images to Assist with Relaying Plays from the Sideline to Players 1-5-3c(2) - This change allows for the use of some additional equipment, but continues to preclude in-helmet communication. This would allow for fixed electronic signs with play signals as well as nonaudio methods but still would not permit the players between the numbers to watch video.

Rules Additions Further Prohibit the Use of Video and Audio Devices by Players 1-5-3c(3) (NEW) - No player participating in the game will be allowed to wear any type of audio or video device in order to record or transmit audio or video.

Forward Fumbles Out of Bounds to be Returned to the Spot of the Fumble 3-4-3, 4-3-1 EXCEPTION (NEW) - A situation potentially giving an unfair advantage to a fumbling team was revised. When a forward fumble goes out of bounds or is ruled out of bounds between the goal lines, the ball shall be returned to the spot of the fumble.

Further Clarifications Made to Rule 10-4 in Specific Situations 9-6 PENALTY, 10-4-4b (DELETED) - The committee continues its revisions and clarifications within the penalty enforcement rules to ensure consistency, particularly among illegal participation fouls.

Rules for 6-Player Football Revised to Permit Advancement of a Fumbled Snap Six-Player - Rule 2 and 7, Six-Player - Rule 7 - The committee clarified that as long as there is a change of possession from the snap receiver to another player on offense, the ball can be advanced beyond the line of scrimmage.

2025 EDITORIAL CHANGES

1-5-1b(2)b(1); 1-5-1b(3)b(1); 2-32-16d; 2-33-1, 2; 2-41-9b; 6-1-9; 7-2-5b EXCEPTION 2; 7-5-12; 9-4-3 (NEW); 9-8-1g; 10-3-1, 2; 10-4-2; 10-4-4a; 10-5-3; PENALTY SUMMARY;

2025 POINTS OF EMPHASIS

1. Illegal and Improperly Worn Player Equipment
2. Sportsmanship
3. Defenseless Player / Targeting

Source: National Federation of State High School Associations

MFCA Members

Listed below are the dues-paying head coaches of the MFCA. These coaches are representative of the high school football teams in Minnesota. The association would like to remind all coaches to renew their membership for the upcoming year and to encourage their assistants to do the same.

The MFCA believes that it is realistic to have over 90% of all head coaches as members. Membership strengthens

the association and allows for better representation for all teams and their concerns.

Remember, the MFCA is not just a "head coaches only" group, several teams have taken advantage of having assistants take a more active role in association meetings and it has improved participation and representation a great deal.

Please note that some coaches names may have been inadvertently omitted.

COACH	SCHOOL
Jim Gunderson.....	Academy of Holy Angels
Ron Filstrup.....	Academy of Holy Angels
Paul Tinjum	Ada-Borup H.S.
Randy Schettler	Adrian H.S.
Joe Kruger	Adrian H.S.
Alan Hills	Aitkin H.S.
Stacy Westerlund	Aitkin H.S.
Michael Ellingson.....	Albany H.S.
Alan Amdahl.....	Albany H.S.
Todd Kuhn	Albany H.S.
Paul Dunn.....	Albert Lea H.S.
Stephen Piper.....	Albert Lea H.S.
Matthew Jeffrey.....	Albert Lea H.S.
Brady Neel	Alden-Conger H.S.
Michael Empting.....	Alexandria H.S.
Michae Quist	Alexandria H.S.
Ty Graning	Alexandria H.S.
Michael Donahue.....	Alexandria H.S.
Russ Hinrichs	Alexandria H.S.
Thomas Develice	Andover H.S.
Trent Briant	Andover H.S.
Trask Angell	Andover H.S.
Garrett Prentis.....	Andover H.S.
Peter Marshall.....	Andover H.S.
John Bobbe	Andover H.S.
Zachary Hahn.....	Andover H.S.
Ken Weikel	Andover H.S.
John Kyvig	Andover H.S.
Mark Ketchum	Andover H.S.
Eric Johnson	Andover H.S.

COACH	SCHOOL
Michael Mensing.....	Andover H.S.
Richard Schlotfeldt.....	Andover H.S.
Matthew Beck.....	Andover H.S.
Matthew Walter	Annandale H.S.
Ben Anderson.....	Annandale H.S.
Joe Brennan	Annandale H.S.
Bo Wasurick.....	Anoka H.S.
Jeffrey Buerkle.....	Anoka H.S.
Harold Harris	Anoka H.S.
Trey Delamarter.....	Anoka H.S.
Tim Hale	Anoka H.S.
David Blom	Atwater-Cosmos-Grove City H.S.
Terry Miller	Atwater-Cosmos-Grove City H.S.
Bradley Nelson II.....	Atwater-Cosmos-Grove City H.S.
Ed Schmitt.....	Austin H.S.
Mark Winkels	Austin H.S.
Derek Flann	B O L D H.S.
Dan Gross	B O L D H.S.
Striker Hasson.....	Badger H.S.
Brandon Schwegel	Bagley H.S.
Bryan Strand	Barnesville H.S.
Michael Strand	Barnesville H.S.
Scott Amundson.....	Barnesville H.S.
Philip Trowbridge.....	Barnesville H.S.
Robert Minkinen.....	Barnum H.S.
David Carlson.....	Barnum H.S.
Dwight Lundeen	Becker H.S.
Mike Lundeen.....	Becker H.S.
Hokan Bengtson	Becker H.S.
Troy Robinson.....	Becker H.S.

"THE KEEPERS OF THE GAME"

COACH	SCHOOL
Mark Kolbinger	Becker H.S.
Chris Moscho.....	Belgrade-Brooten-Elrosa H.S.
Alexander Schumann	Belgrade-Brooten-Elrosa H.S.
Jason Langer.....	Belgrade-Brooten-Elrosa H.S.
Benjamin Klaphake.....	Belgrade-Brooten-Elrosa H.S.
Austin Rambow	Belgrade-Brooten-Elrosa H.S.
Dave Frisell	Belle Plaine H.S.
Ross Schulz	Belle Plaine H.S.
Shawn Fettig	Belle Plaine H.S.
Dallas Giles	Belle Plaine H.S.
Bryan Stoffel.....	Bemidji H.S.
Evan Amdahl	Bemidji H.S.
Jeff Ostrom	Bemidji H.S.
Brad Anderson	Benilde-St. Margaret's H. S.
Brady Dokkebakken	Benson H.S.
Adam Jensen.....	Benson H.S.
Jared Hoernberg.....	Bertha-Hewitt H.S.
James Beckmann	Bethlehem Academy
Nick Shriver.....	Big Lake H.S.
Christopher Weddle.....	Bigfork H.S.
Greg Powell	Bigfork H.S.
Michael Law	Blaine H.S.
Joseph Geiselman	Blaine H.S.
Matt Smude	Blaine H.S.
Anthony Boos.....	Blaine H.S.
Hugh Brown.....	Blake School (The)
Chad Gimbel	Blooming Prairie H.S.
David Lassahn	Blooming Prairie H.S.
Matt Kittelson.....	Blooming Prairie H.S.
Marc Bachman.....	Bloomington Jefferson H.S.
Jon Leverenz	Bloomington Jefferson H.S.
Aaron Swartout	Bloomington Jefferson H.S.
Dave Ladd.....	Bloomington Jefferson H.S.
Randall Kuechenmeister	Blue Earth Area H.S.
Blake Boran.....	Blue Earth Area H.S.
Cody Sukalski	Blue Earth Area H.S.
Roger Schoenfelder	Blue Earth Area H.S.
Brian Kokos.....	Blue Earth Area H.S.
Shawn Kuhnke	Braham H.S.
Nick Hohn	Braham H.S.
Chris Grote	Braham H.S.
Thomas Kingsland	Braham H.S.

COACH	SCHOOL
Zachary Loy.....	Braham H.S.
Jason Freed	Brainerd H.S.
Colby Ring	Brainerd H.S.
Kale Boomer.....	Brainerd H.S.
Isaak Hines.....	Brainerd H.S.
Derek Owen	Brainerd H.S.
Nicholas Herriges	Brainerd H.S.
Jason Marcelo	Brainerd H.S.
Wade Haapajoki.....	Brainerd H.S.
Michael Boran	Brainerd H.S.
Kyle Crocker	Brainerd H.S.
Troy Nelson.....	Brainerd H.S.
McKinley Anderson	Brainerd H.S.
Jonathan LeMieur	Brainerd H.S.
Mitch Feierabend.....	Brainerd H.S.
Justin Neptune	Brainerd H.S.
Daniel Johnson	Brandon H.S.
Adam Wagner	Brandon H.S.
Marcus Harris.....	Breck School
Michael Oden.....	Breck School
Carson Yaggie	Breckenridge H.S.
Jordan Christensen	Breckenridge H.S.
Rodney Pierce-Tyler	Brooklyn Center H.S.
Wayne "Ribsy" Petermeier	Browerville H.S.
Andrew Lancaster	Browerville H.S.
Jeff Myers.....	Browerville H.S.
Chris Johnson.....	Browerville H.S.
Jackson Litterer	Buffalo H.S.
Scott Palmer.....	Buffalo H.S.
Nick Ward	Buffalo H.S.
David Vacek	Buffalo Lake-Hector H.S.
Vince Varpness	Burnsville H.S.
Joe Kinsella.....	Burnsville H.S.
Benjamin Halder	Byron H.S.
Benjamin Pollock.....	Byron H.S.
Josh Bernards.....	Byron H.S.
Jacob Harmon.....	Byron H.S.
Brad King	Caledonia H.S.
Carl Fruechte	Caledonia H.S.
Mitchell Mullins	Caledonia H.S.
Brent Schroeder	Caledonia H.S.
Ben Geisler	Cambridge-Isanti H.S.

COACH	SCHOOL	COACH	SCHOOL
Joe Simons Jr	Cambridge-Isanti H.S.	Jeff Gronner.....	Cromwell H.S.
Jesse Jennissen.....	Cambridge-Isanti H.S.	Dave Foster.....	Cromwell H.S.
Nicholas Oeltjen	Cambridge-Isanti H.S.	Bryan Syrstad.....	Crosby-Ironton H.S.
Jody Ledahl	Cambridge-Isanti H.S.	Michael Gindorff	Crosby-Ironton H.S.
Ken Downey	Cambridge-Isanti H.S.	Ryan Weinandt	Dassel-Cokato H.S.
Nick Kockelman.....	Canby H.S.	Cory Larson.....	Dawson-Boyd H.S.
Daniel Meyers.....	Cannon Falls H.S.	Brent Schimek	Deer River H.S.
Brad Singewald	Cannon Falls H.S.	Michael Fairbanks.....	Deer River H.S.
Tyler Quinlan	Cannon Falls H.S.	Robert Albrecht.....	Deer River H.S.
Joshua Sauter	Cannon Falls H.S.	Damon Clare	Delano H.S.
Mike Freitag	Cedar Mountain H.S.	Bob Schultz.....	Delano H.S.
Mike Diggins.....	Centennial H.S.	Merrill Pavlovich	Delano H.S.
Brandon Mortenson	Centennial H.S.	Terrell McMoore	DeLaSalle H.S.
Michael Diggins (Jr).....	Centennial H.S.	Reed Hefta	Detroit Lakes H.S.
Nick Keenan.....	Champlin Park H.S.	Mack Jones.....	Detroit Lakes H.S.
Bryan Woodley.....	Champlin Park H.S.	Rob Nielsen	Detroit Lakes H.S.
Cullen Nelson.....	Chanhassen HS	David Meyer	Detroit Lakes H.S.
Jerome Coenen	Chanhassen HS	Vern Schnathorst.....	Detroit Lakes H.S.
Bryan Dahl	Chaska H.S.	Ben Pedersen	Detroit Lakes H.S.
Peyton Sanders.....	Chaska H.S.	Anthony Soderberg.....	Dilworth-Glyndon-Felton H.S.
Jeff Johnson	Chatfield H.S.	Jason Sunde	Dilworth-Glyndon-Felton H.S.
Ryan Anderson	Chisago Lakes Area H.S.	Bryant Bergeson	Dilworth-Glyndon-Felton H.S.
Bill Weiss.....	Chisago Lakes Area H.S.	Tony Reno	Dilworth-Glyndon-Felton H.S.
Nicholas Milani.....	Chisholm H.S.	Jon Hauswald	Dover-Eyota H.S.
Michael Rajkovich	Chisholm H.S.	Mark Boone	Dover-Eyota H.S.
Frank Cerar	Chisholm H.S.	Blane Tetreault.....	Duluth East H.S.
Shawn Lewis	Chisholm H.S.	Eric Witzman.....	Duluth East H.S.
Casey Kroulik.....	Clearbrook-Gonvick H.S.	Nick Johnson.....	Eagan H.S.
Erik Hermanson.....	Cleveland H.S.	Aaron Strayhand	Eagan H.S.
Jeffrey Ojanen.....	Cloquet H.S.	Noah Kullmann.....	Eagan H.S.
Thomas Lenarz	Cloquet H.S.	Martin Simmons	Eagan H.S.
Mike Klyve.....	Cloquet H.S.	Gary Smith	Eagan H.S.
Luke Konietzko	Cloquet H.S.	Brandon Larson.....	Eagan H.S.
Matthew Townsend.....	Columbia Heights H.S.	Jonathan Elias	Eagan H.S.
Peter Heryla	Columbia Heights H.S.	Seamus Wilson.....	Eagan H.S.
John Rockwell	Columbia Heights H.S.	Joshua Stacy	Eagan H.S.
Robert Wolf.....	Concordia Academy-Roseville	Eric Dooley	Eagan H.S.
Chad Michaels.....	Concordia Academy-Roseville	Wayne Krantz.....	Eagan H.S.
Tom Bruggers.....	Coon Rapids H.S.	Benjamin Leiran	Eagan H.S.
Steve Walsh	Cretin-Derham Hall H.S.	Eric Arlien.....	Eagan H.S.
Jon Springer	Cretin-Derham Hall H.S.	Nathan Dunn	Eagan H.S.
Jodi Rehlander	Cretin-Derham Hall H.S.	Tony Mattia	Eagan H.S.

"THE KEEPERS OF THE GAME"

COACH	SCHOOL
Tim Schugel.....	Eagan H.S.
Douglas Anderson.....	Eagan H.S.
Dale Comer.....	Eagan H.S.
Mark Henderson.....	Eagan H.S.
Brandon Carl.....	Eagan H.S.
Paul Kovach.....	Eagan H.S.
Darrin Kvam.....	East Central H.S.
Ryan Kasowski.....	East Grand Forks H.S.
Roger Hanson.....	East Grand Forks H.S.
Dan Fritze.....	East Ridge H.S.
Wade Buckley.....	Eastview H.S.
Turnar Kist.....	Eastview H.S.
Carloso Gee.....	Eastview H.S.
Kurt Habeck.....	Eastview H.S.
Eric VandeBerg.....	Eastview H.S.
Elmore Roundtree.....	Eastview H.S.
Patrick Strey.....	Eastview H.S.
Mike Grant.....	Eden Prairie H.S.
Windlan Hall.....	Eden Prairie H.S.
Dirk Wells.....	Eden Prairie H.S.
Mark Griffin.....	Eden Prairie H.S.
Daniel Slinden.....	Eden Prairie H.S.
Joshua Groll.....	Eden Prairie H.S.
Michael Coldagelli.....	Eden Prairie H.S.
Kelly Sherwin.....	Eden Prairie H.S.
Adam Tri.....	Eden Valley-Watkins H.S.
Samuel Oehrlein.....	Eden Valley-Watkins H.S.
Adam Langer.....	Eden Valley-Watkins H.S.
Ray Tri.....	Eden Valley-Watkins H.S.
Dave Schneider.....	Eden Valley-Watkins H.S.
Jacob Anderson.....	Eden Valley-Watkins H.S.
Ryan Tri.....	Eden Valley-Watkins H.S.
Rob Pederson.....	Eden Valley-Watkins H.S.
Andrew Fleischman.....	Edgerton H.S.
Dean Wieck.....	Edgerton H.S.
Ron Zwart.....	Edgerton H.S.
Jason Potts.....	Edina H.S.
Thomas Propson.....	Edina H.S.
Mike Johnson.....	Edina H.S.
Joshua Flug.....	Edina H.S.
Steve Hamilton.....	Elk River H.S.
Mike Breyen.....	Elk River H.S.

COACH	SCHOOL
Benjamin Gustafson.....	Elk River H.S.
Ryan LaPointe.....	Elk River H.S.
Michael Cross.....	Elk River H.S.
Lukas Nowinsky.....	Elk River H.S.
JT Langlais.....	Elk River H.S.
Scott Antonutti.....	Esko H.S.
Mat Mahoney.....	Fairmont H.S.
Brian Wille.....	Fairmont H.S.
Brad Johnson.....	Fairmont H.S.
Shawn Chambers.....	Fairmont H.S.
Rick Sutton.....	Farmington H.S.
Jon Pieper.....	Farmington H.S.
David Faust.....	Farmington H.S.
Glenn Mogensen.....	Farmington H.S.
Shane Wyandt.....	Farmington H.S.
Jonathan Heeren.....	Farmington H.S.
Chris Grabowska.....	Fergus Falls H.S.
Steve Olson.....	Fergus Falls H.S.
Joshua Steer.....	Fergus Falls H.S.
Isaac Carlson.....	Fergus Falls H.S.
Brian Nelson.....	Fertile-Beltrami H.S.
Chris Zimmel.....	Fertile-Beltrami H.S.
Craig Larson.....	Fertile-Beltrami H.S.
Kelly Stene.....	Fertile-Beltrami H.S.
Neil Steffes.....	Fertile-Beltrami H.S.
Chris Mensink.....	Fillmore Central H.S.
Andrew Pederson.....	Fillmore Central H.S.
Darrin Byklum.....	Fisher H.S.
Jake Sele.....	Fisher H.S.
David Dahlstrom.....	Foley H.S.
John Drexler.....	Foley H.S.
Josh Raymo.....	Foley H.S.
Christian Gross.....	Foley H.S.
Mitchell Keeler.....	Foley H.S.
Brad Beeskow.....	Forest Lake H.S.
Mike Hennen.....	Forest Lake H.S.
Ross Kigner.....	Forest Lake H.S.
Duane Dumonceaux.....	Forest Lake H.S.
Joseph Woods.....	Fosston H.S.
Everett Marquis.....	Fosston H.S.
Robert Buehler.....	Fosston H.S.
Josh Martinson.....	Fosston H.S.

COACH	SCHOOL
Benjamin Baumann	Fosston H.S.
Russ Hackel.....	Frazee H.S.
Brandon Olson.....	Frazee H.S.
Todd Larson.....	Frazee H.S.
Nick Courneya.....	Frazee H.S.
Jonathon Curry	Fulda H.S.
Greg Erdmann.....	Fulda H.S.
Patrick Hentges	G-F-W H.S.
Gary Kosek.....	Glencoe-Silver Lake H.S.
Jason Chrast.....	Glencoe-Silver Lake H.S.
David Style.....	Glencoe-Silver Lake H.S.
Scott Tschimperle.....	Glencoe-Silver Lake H.S.
Paul Lemke.....	Glencoe-Silver Lake H.S.
Brian Mikolichuk.....	Glencoe-Silver Lake H.S.
Tony Poncelet	Goodhue H.S.
Jacob McNamara.....	Goodhue H.S.
Josh Stanton	Goodhue H.S.
Robby Ebner.....	Goodhue H.S.
Billy Diercks	Goodhue H.S.
Matt Halverson	Goodhue H.S.
Jacob Flynn	Goodhue H.S.
John Wilebski.....	Goodridge H.S.
Alex Roorda	Granada-Huntley-East Chain H.S.
Joshua Bain	Grand Meadow H.S.
Anthony Stejskal.....	Grand Meadow H.S.
Greg Spahn.....	Grand Rapids H.S.
Bill Kinnunen.....	Grand Rapids H.S.
Troy Gunderson	Grand Rapids H.S.
Mark Gibeau	Greenway H.S.
Andrew Sundberg	Grygla-Gatzke H.S.
Jason Grandstrand	Grygla-Gatzke H.S.
Brady Olson.....	Grygla-Gatzke H.S.
Chad Christianson	Hancock H.S.
Cory Bedel	Hancock H.S.
Matt Nesvig.....	Hancock H.S.
Ryan Snyder.....	Hancock H.S.
Preston Rohloff	Hancock H.S.
Dana Strain	Hastings H.S.
Jason Koch.....	Hastings H.S.
Peder Naatz	Hawley H.S.
Nick Bircham	Hawley H.S.
Aaron Haugen	Hawley H.S.

COACH	SCHOOL
Derrick Thompson	Hayfield H.S.
Kevin Bronson	Hayfield H.S.
Ryan Emter.....	Henning H.S.
Michael Zagelmeyer	Hermantown H.S.
Troy Warren	Hermantown H.S.
Tyler Homstad	Hermantown H.S.
Charles Pillsbury.....	Hermantown H.S.
Dale Mundle.....	Hermantown H.S.
Korey Fry	Hillcrest Lutheran Academy
Julius Stender.....	Hillcrest Lutheran Academy
Robert Reeves	Hill-Murray School
Scott Morrison.....	Hill-Murray School
Joe Cousineau	Hill-Murray School
Daniel Beyel.....	Hill-Murray School
Nicholas Christopherson	Hill-Murray School
Marshall Klitzke	Hill-Murray School
Rex Metzger.....	Hills-Beaver Creek H.S.
Todd Visser	Hinckley-Finlayson H.S.
Beau Whelan	Hinckley-Finlayson H.S.
Brett Bartkey	Hinckley-Finlayson H.S.
Luke Mitchell	Holdingford H.S.
Logan Oellien.....	Holdingford H.S.
Kelly Kobernusz.....	Holdingford H.S.
Brody Anderson	Holdingford H.S.
Dan OBrien.....	Holy Family Catholic H.S.
Ian Parzyck	Holy Family Catholic H.S.
William Theobold.....	Holy Family Catholic H.S.
Cody Hungerholt	Houston H.S.
Dale Moga	Houston H.S.
Adam Birkholz.....	Howard Lake-Waverly-Winsted H.S.
Rick Baumann.....	Howard Lake-Waverly-Winsted H.S.
Chuck Hartman	Hutchinson H.S.
Andrew Rostberg.....	Hutchinson H.S.
Jon Frykman	Hutchinson H.S.
David Ellefson.....	Hutchinson H.S.
David Kucera	Hutchinson H.S.
Corey Rude.....	Hutchinson H.S.
Timothy Thode	Hutchinson H.S.
Gary Koehring Jr.	Hutchinson H.S.
Sethen Ettestad	International Falls H.S.
Anthony Van Voorhis	Irondale H.S.
Thomas Schuller.....	Jackson County Central H.S.

"THE KEEPERS OF THE GAME"

COACH	SCHOOL	COACH	SCHOOL
Nolan Schuller.....	Jackson County Central H.S.	Patrick Emerson.....	Lakeville South H.S.
Jeff Adams.....	Janesville-Waldorf-Pemberton H.S.	Mark Dean.....	Lakeville South H.S.
Ozzie Sand.....	Jordan H.S.	Ryan Stene.....	Lakeville South H.S.
Nick Casterton.....	Jordan H.S.	Alex Cotter.....	Lakeville South H.S.
Kyle Johnson.....	Jordan H.S.	Ryan Lantz.....	Lakeville South H.S.
Joel Swanson.....	Kasson-Mantorville H.S.	Michael Remington.....	Lakeville South H.S.
Matt Nelson.....	Kasson-Mantorville H.S.	Michael Arlt.....	Lakeville South H.S.
Christopher Otterness.....	Kasson-Mantorville H.S.	Jacob Stocker.....	Lakeville South H.S.
Dan Alto.....	Kelliher H.S.	Mark Draper.....	Lakeville South H.S.
Jake Wieme.....	Kenyon-Wanamingo H.S.	Andrew Hilliard.....	Lakeville South H.S.
Cole Walters.....	Kenyon-Wanamingo H.S.	Jon Bakken.....	Lakeville South H.S.
Dylan Surface.....	Kenyon-Wanamingo H.S.	Larry Thompson.....	Lakeville South H.S.
Jason Fernholz.....	Kerkhoven-Murdock-Sunburg H.S.	Jonathan Gilmer.....	Lakeville South H.S.
Clay Anderson.....	Kimball Area H.S.	Chris Rousemiller.....	Lakeville South H.S.
Jason Mortenson.....	Kimball Area H.S.	Cory Waling.....	Lancaster H.S.
Jay Klein.....	Kimball Area H.S.	Terry Kent.....	Lancaster H.S.
Jeremy Kuechle.....	Kimball Area H.S.	Tom Vig.....	Lancaster H.S.
Mike Schindler.....	Kimball Area H.S.	James Semmen.....	Lanesboro H.S.
Matt Kolling.....	Kingsland H.S.	Tyler Lindow.....	Laporte H.S.
John Fenske.....	Kingsland H.S.	Aaron Hungerholt.....	LeRoy-Ostrander H.S.
Nicholas Atwood.....	Kingsland H.S.	Trevor Carrier.....	LeRoy-Ostrander H.S.
Dylan Osterhus.....	Kingsland H.S.	Joe Scoblic.....	Lester Prairie H.S.
Nick Johnson.....	Kittson Central H.S.	Tyler Helland.....	Lester Prairie H.S.
Keith Urbaniak.....	Kittson Central H.S.	Jim Wagner.....	LeSueur-Henderson H.S.
Donnie Schmiedeberg.....	Kittson County Central	Brent Olson.....	Lewiston-Altura H.S.
Terry Donovan.....	La Crescent H.S.	Todd Stokke.....	Lewiston-Altura H.S.
Mark Bjornjeld.....	Lac qui Parle Valley H.S.	Joel Ellinghuysen.....	Lewiston-Altura H.S.
Trevor Narum.....	Lake City H.S.	Tyler Hennings.....	Lincoln H I H.S.
Rob Nutt.....	Lake City H.S.	Jim Jackman.....	Litchfield H.S.
Kevin Hagge.....	Lake Crystal-Wellcome Memorial	Tait Christensen.....	Litchfield H.S.
PJ Peterson.....	Lake Park-Audubon	Joe Bartos.....	Little Falls H.S.
Austin Richter.....	Lake Park-Audubon	Jonathan Larson.....	Little Falls H.S.
Paul Peterson Sr.....	Lake Park-Audubon	Jack Marmon.....	Little Falls H.S.
Scott Hanson.....	Lakeview H.S.	Jonathan Welle.....	Little Falls H.S.
Matthew Sullivan.....	Lakeville North H.S.	Jeremy Stadum.....	Little Falls H.S.
Brian Vossen.....	Lakeville North H.S.	David Westerman.....	Littlefork-Big Falls H.S.
Scott Schmelzle.....	Lakeville North H.S.	Paul Urman.....	Long Prairie-Grey Eagle H.S.
Todd Hamer.....	Lakeville North H.S.	Todd Oye.....	Luverne H.S.
Luke Sleeper.....	Lakeville North H.S.	Travis Bullerman.....	Luverne H.S.
Tony Market.....	Lakeville North H.S.	Paul Tollefsrud.....	Mabel-Canton H.S.
Robert Kovich.....	Lakeville North H.S.	Adam Wilder.....	Mabel-Canton H.S.
Ben Burk.....	Lakeville South H.S.		

COACH	SCHOOL
Christian Petschke.....	Madelia H.S.
John Clark Jr.....	Mahnomen H.S.
Todd Johnson.....	Mahnomen H.S.
Steve McMullen.....	Mahnomen H.S.
Bob Larson.....	Mahnomen H.S.
David Muetzel	Mahtomedi H.S.
Robert Garry	Mahtomedi H.S.
Matthew Oswald	Mahtomedi H.S.
Eric Davis.....	Mankato East H.S.
Greg Meyer.....	Mankato East H.S.
Kyle Rueter.....	Mankato East H.S.
Aric Attig	Mankato East H.S.
Mark Seiler.....	Mankato East H.S.
Michael May.....	Mankato East H.S.
Jon Dierks	Mankato East H.S.
Jeffery Helget	Mankato West H.S.
Scott Pick.....	Mankato West H.S.
Tyler Sorenson.....	Mankato West H.S.
Adam Spurrell	Maple Grove H.S.
Matt Detloff.....	Maple Grove H.S.
Mike Rowe	Maple Lake H.S.
Chad Elston	Maple Lake H.S.
Tim Knudsen.....	Maple Lake H.S.
Kyle Inforzato.....	Maple Lake H.S.
Dusty Drager	Maple River H.S.
Karl Reuter	Maple River H.S.
Jeffrey Cole.....	Maple River H.S.
Dan Berkner.....	Maple River H.S.
Terry Bahlmann	Marshall H.S.
Mike Struve	Marshall H.S.
Blaine Schnaible.....	Marshall H.S.
Brad Bahlmann.....	Marshall H.S.
Mitchell Maxwell	Marshall H.S.
Scott Midtaune.....	Marshall H.S.
Johnny Benson.....	Marshall H.S.
Adam Williamson.....	Martin County West H.S.
Tim Zupke	Mayer Lutheran H.S.
Jon Jacobs.....	McGregor H.S.
Jerome Johannes	Medford H.S.
Kevin Werk.....	Medford H.S.
Joe Melles.....	Medford H.S.
Steve Boehning.....	Medford H.S.

COACH	SCHOOL
Ike Vesel	Melrose Area H.S.
Jordan Welle	Melrose Area H.S.
Matt Taffe.....	Melrose Area H.S.
Brandon Welle.....	Melrose Area H.S.
Kevin Sommers	Menahga H.S.
Kris Koll.....	Menahga H.S.
Steven Grams	Mesabi East H.S.
Craig Talberg	Milaca H.S.
Keith Anderson.....	Milaca H.S.
Corey Greninger	Milaca H.S.
Eric Tye	Milaca H.S.
Mark Heiser.....	Minneapolis Camden H. S.
Rob Neumann	Minneapolis Camden H. S.
Charles Adams	Minneapolis North Community H.S.
Beulah Verdell	Minneapolis North Community H.S.
Tim Erickson	Minneapolis Roosevelt H.S.
Jeffrey Buszta.....	Minneapolis South H.S.
Rodney Lossow	Minneapolis South/Roosevelt
Ryan Nordness	Minneapolis South/Roosevelt
Joshua Zoucha	Minneapolis Southwest H.S.
Ryan Galindo	Minneapolis Washburn H.S.
Chad Johnston.....	Minneota H.S.
Steve Sussner	Minneota H.S.
Matt Buysse.....	Minneota H.S.
Brian Rodas.....	Minneota H.S.
Bryce Jeppesen.....	Minneota H.S.
Matt Myrvik	Minneota H.S.
James Buboltz	Minnesota Valley Lutheran
Nathan Doering	Minnesota Valley Lutheran
Kevin Hulke.....	Minnesota Valley Lutheran
Mark Esch.....	Minnetonka H.S.
Rodney Francois.....	Minnetonka H.S.
Jared Lyle.....	Minnewaska Area H.S.
Hunter Infanger.....	Minnewaska Area H.S.
Brian Gruber.....	Minnewaska Area H.S.
Jeremy Christensen.....	Minnewaska Area H.S.
Dave Vik	Montevideo H.S.
Aaron Beadell.....	Montevideo H.S.
Kurt Hendrickson	Montevideo H.S.
Martin Christenson	Montevideo H.S.
Tim Epema.....	Montevideo H.S.
Bob Foley.....	Montevideo H.S.

"THE KEEPERS OF THE GAME"

COACH	SCHOOL
Shawn Aker.....	Montevideo H.S.
Andy Pierskalla.....	Monticello H.S.
Shane Weber.....	Monticello H.S.
Willson Burggraft.....	Monticello H.S.
Mick Goudy.....	Monticello H.S.
Joshua Larsen.....	Monticello H.S.
Craig Geyen.....	Monticello H.S.
John Dietel.....	Monticello H.S.
Benjamin Henson.....	Monticello H.S.
Nathan Maher.....	Monticello H.S.
Corey Standger.....	Monticello H.S.
Jason Telecky.....	Monticello H.S.
Andrew Zigan.....	Monticello H.S.
Chris Meyer.....	Monticello H.S.
Cole Deibele.....	Monticello H.S.
Kevin Feene.....	Moorhead H.S.
Alexander Moses.....	Moorhead H.S.
Eric Paul.....	Moorhead H.S.
David Louzek.....	Moose Lake H.S.
Scott Battaglia.....	Moose Lake H.S.
Edward Bohaty.....	Moose Lake H.S.
Andy Dahl.....	Moose Lake H.S.
Troy Erickson.....	Mora H.S.
Jacob Corrigan.....	Mora H.S.
Kevin Pope.....	Morris Area School
Dylan Viss.....	Morris Area School
Cody Hickman.....	Morris Area School
SCOTT GONNERMAN.....	Morris Area School
Aaron Moberg.....	Mounds View H.S.
Vince Calistro.....	Mounds View H.S.
James Wilcek.....	Mounds View H.S.
Aaron Redman.....	Mounds View H.S.
Nick David.....	Mound-Westonka H.S.
Mike Wallace.....	Mound-Westonka H.S.
Kyle Ague.....	Mound-Westonka H.S.
Daniel Zubich.....	Mountain Iron-Buhl H.S.
Brian Buffetta.....	Mountain Iron-Buhl H.S.
Tim Kirk.....	Mountain Lake H.S.
Nate Brinkman.....	Mountain Lake H.S.
Spenser Kipfer.....	Mountain Lake H.S.
Patrick Freeman.....	Murray County Central H.S.
Brandon Winter.....	Murray County Central H.S.

COACH	SCHOOL
Lucas Freeman.....	Murray County Central H.S.
Shawn Klimek.....	Nevis H.S.
Kevin Longtin.....	Nevis H.S.
Larry Franck.....	Nevis H.S.
Brian Westby.....	New London-Spicer H.S.
Chad Gustafson.....	New London-Spicer H.S.
Jeff Boonstra.....	New London-Spicer H.S.
Paul Beuning.....	New London-Spicer H.S.
Jake Norby.....	New Prague H.S.
Nicholas Schoenecker.....	New Prague H.S.
Eric Brever.....	New Prague H.S.
Don Plaisance.....	New Prague H.S.
Marc Kruger.....	New Richland-H-E-G H.S.
Dennis Lux.....	New Ulm Cathedral H.S.
Derek Lieser.....	New Ulm H.S.
Brian Lundgren.....	New Ulm H.S.
Matt Radniecki.....	New York Mills H.S.
Cory Jans.....	Nicollet H.S.
James Bernau.....	Nicollet H.S.
Dustin Wright.....	Nicollet H.S.
Justin Voss.....	North Branch H.S.
Ian McWilliams.....	North Branch H.S.
Kyle Kahl.....	North Branch H.S.
Brent Lundgren.....	North Branch H.S.
Daniel Johnson.....	North Branch H.S.
Joel Anderson.....	North Woods
Mark Fabish.....	North Woods
Brent Yule.....	Northfield H.S.
Brent Rauk.....	Northfield H.S.
Chris Goodwin.....	Norwood-Young America H.S.
Jordan Voigt.....	Norwood-Young America H.S.
Keegan Oak.....	Norwood-Young America H.S.
David Halvorson.....	Ogilvie H.S.
Adam Halvorson.....	Ogilvie H.S.
Austin Hackett.....	Onamia H.S.
Joe McPherson.....	Orono H.S.
Barry Wohler.....	Orono H.S.
Rusty Olson.....	Orono H.S.
Thomas Borrell.....	Orono H.S.
William Infanger.....	Osakis H.S.
Tom Quiram.....	Osakis H.S.
Ryan Stockhaus.....	Osseo H.S.

COACH	SCHOOL
Christopher Anderson.....	Osseo H.S.
Eric Olson.....	Ottertail Central HS
Jeff Williams.....	Owatonna H.S.
Christopher Wolfe.....	Owatonna H.S.
Dean Walters.....	Owatonna H.S.
Mark Clauson	Owatonna H.S.
Seth Muir.....	Owatonna H.S.
Nate Skala.....	Owatonna H.S.
Adam Woitalla.....	Owatonna H.S.
Neil Thompson.....	Owatonna H.S.
Steven Zappa.....	Owatonna H.S.
Matt Skala.....	Owatonna H.S.
Marc Achterkirch.....	Owatonna H.S.
Jeff Plaschko.....	Park & Woodbury HS
MATHIAS BAASCH	Park Christian H.S.
Ben Killerlain.....	Park Christian H.S.
Adam Jiskra.....	Park Christian H.S.
Jeffrey Risbrudt	Park Christian H.S.
Cade Powers.....	Park Christian H.S.
Travis Titus.....	Park Christian H.S.
Rick Fryklund	Park H.S.
Elliott Drake	Park H.S.
Michael Rand.....	Park H.S.
Kahlen Boich.....	Park H.S.
Jeremy Nordick.....	Park Rapids Area H.S.
Mike Johnson	Parkers Prairie H.S.
Darby Carlson.....	Parkers Prairie H.S.
David Holm.....	Parkers Prairie H.S.
Hunter Haggenmiller.....	Parkers Prairie H.S.
Timothy Pattrin	Paynesville Area H.S.
Eli Beachy.....	Pelican Rapids H.S.
Bill Magnuson.....	Pequot Lakes H.S.
Kirk Loge.....	Pequot Lakes H.S.
Brian Homan.....	Pequot Lakes H.S.
Jesse Hein.....	Perham H.S.
Stephen Sweere	Perham H.S.
Kyle Knutson.....	Perham H.S.
John McEachran	Perham H.S.
Lance Rach.....	Perham H.S.
Brian Robertson	Perham H.S.
Grant Dierkhising.....	Perham H.S.
Danny Saehr	Pierz H.S.

COACH	SCHOOL
George "Skip" Toops III	Pierz H.S.
David Rocheleau	Pierz H.S.
Paul Clark	Pillager H.S.
Patrick Cox	Pillager H.S.
Jesse Hooge.....	Pillager H.S.
James Bentson.....	Pillager H.S.
Christopher Kappler.....	Pillager H.S.
Ben Horn.....	Pillager H.S.
Dennis Howard.....	Pine City H.S.
Jesse McLain	Pine City H.S.
Zach Stoltz.....	Pine City H.S.
Mitchel Schiltz.....	Pine Island H.S.
Matt Northrop.....	Pine Island H.S.
Jason Klusmann	Pine Island H.S.
Nathan Fischer	Pine River-Backus H.S.
Michael Lupella	Pine River-Backus H.S.
Rob Johnson.....	Pine River-Backus H.S.
Michael Dinnel	Pine River-Backus H.S.
Scott Boomgaarden	Pipestone Area H.S.
Scott Walquist.....	Princeton H.S.
Pedro Valdivieso.....	Princeton H.S.
Matt Gegenheimer	Prior Lake H.S.
Matt Solberg.....	Proctor H.S.
Erik Edmunds	Proctor H.S.
Colin Rooney.....	Providence Academy
Mike Schmidt.....	Randolph H.S.
Michael Kelley	Randolph H.S.
Braxton Lindow	Randolph H.S.
Andrew Anderson.....	Red Lake County Central
Brian Remick.....	Red Lake Falls H.S.
Mike Gullingsrud.....	Red Lake Falls H.S.
Isaac Jenniges.....	Red Rock Central H.S.
DEREK STEVENSON.....	Red Rock Central H.S.
Shane Neperman.....	Red Rock Central H.S.
Brent Stinson	Red Wing H.S.
Patrick Kelly.....	Red Wing H.S.
Matt Lundeen	Redwood Valley H.S.
Aaron Ferrier	Redwood Valley H.S.
Eric Johnson	Redwood Valley H.S.
Ryan Hebrink.....	Renville County West H.S.
Michael Landquist.....	Renville County West H.S.
Michael Johnson.....	Renville County West H.S.

"THE KEEPERS OF THE GAME"

COACH	SCHOOL
Kristian Pulford	Richfield H.S.
Desmond Walker	Richfield H.S.
Jackson Negen.....	Robbinsdale Armstrong H.S.
Tony Patterson	Robbinsdale Cooper H.S.
Jon Vik	Rochester Century H.S.
Kyle Riggott	Rochester John Marshall
Mike Kesler	Rochester Lourdes H.S.
Jeff Snider.....	Rochester Lourdes H.S.
John-Howard Carroll	Rochester Lourdes H.S.
Donny Holcomb.....	Rochester Mayo H.S.
Cory Urban	Rochester Mayo H.S.
Kevin Kirkeby.....	Rochester Mayo H.S.
Brandon Borich	Rock Ridge High School
Sean Streier.....	Rock Ridge High School
Dan Houghton.....	Rockford H.S.
James Herberg.....	Rocori H.S.
Lloyd E Danzeisen.....	Rocori H.S.
Jim Mitteness.....	Rocori H.S.
Derek Ruff	Rocori H.S.
Jake Zauhar	Rocori H.S.
Jamie Leither.....	Rocori H.S.
Marc Franz.....	Rogers H.S.
MATTHEW WEBB.....	Rogers H.S.
Dwayne Kanzler.....	Rogers H.S.
Ken Worel	Rogers H.S.
Matthew Heddan	Roseau H.S.
Jeff Erdmann	Rosemount H.S.
Joseph Joran.....	Rosemount H.S.
Andrew Stephenson.....	Roseville Area H.S.
Michael Grant.....	Roseville Area H.S.
David Adams.....	Roseville Area H.S.
Jason Haas.....	Rothsay H.S.
Christopher Heier	Rothsay H.S.
Jamie Morford.....	Royalton H.S.
Ryan Wiener	Royalton H.S.
Brad Baumann.....	Royalton H.S.
Randy Thielges.....	Royalton H.S.
Joseph Lakeberg	Rush City H.S.
Michael ODonnell.....	Rush City H.S.
Matt Morgan	Rush City H.S.
Joel Hinke	Rushford-Peterson H.S.
Darren Baartman.....	Russell-Tyler-Ruthton H.S.

COACH	SCHOOL
Sam Thompson	Saint Agnes H.S.
Tommy Boyd.....	Saint Agnes H.S.
Raymond Kidd.....	Saint Anthony Village H.S.
Dante Britten	Saint Anthony Village H.S.
Nolan Patrek	Saint Anthony Village H.S.
Andrew Brever	Saint Anthony Village H.S.
Dan Spriggs.....	Saint Anthony Village H.S.
David Bolnick.....	Saint Anthony Village H.S.
Andy Oelker	Saint Anthony Village H.S.
Nate Hendrickson	Saint Anthony Village H.S.
Matthew Reinhardt.....	Saint Charles H.S.
Scott McCready.....	Saint Charles H.S.
Dustin Bosshart	Saint Clair H.S.
Joven Ramos	Saint Clair H.S.
Matt Helget.....	Saint Clair H.S.
Garret Mensing	Saint Clair H.S.
Bill Brunger.....	Saint Clair H.S.
Kevin Cumberland.....	Saint Clair H.S.
Giovanni Alvarado	Saint Clair H.S.
Cody Eckhardt.....	Saint Clair H.S.
Stephen Willaert.....	Saint Clair H.S.
Michael Beehler	Saint Cloud Apollo H.S.
Dustin Cassens.....	Saint Cloud Apollo H.S.
Nate Trewick	Saint Cloud Apollo H.S.
Jordan Mathiasen	Saint Cloud Apollo H.S.
Andrew Leintz.....	Saint Cloud Cathedral H.S.
Jon Leintz.....	Saint Cloud Cathedral H.S.
Rick Fleege	Saint Cloud Cathedral H.S.
James Kinzer	Saint Cloud Cathedral H.S.
Joseph Bromenshenkel	Saint Cloud Cathedral H.S.
Tim Reuter.....	Saint Cloud Cathedral H.S.
Mason Voigt.....	Saint Cloud Cathedral H.S.
Mike McMullen.....	Saint Cloud Cathedral H.S.
Jon Benson	Saint Cloud Tech H.S.
Mike Trewick	Saint Cloud Tech H.S.
Craig Aycock	Saint Cloud Tech H.S.
Steve Taylor.....	Saint Cloud Tech H.S.
Brent Petermeier	Saint Cloud Tech H.S.
Robert Hosch.....	Saint Cloud Tech H.S.
Adam Frey.....	Saint Croix Lutheran H.S.
Jonathan VandenBosch	Saint Croix Lutheran H.S.
Dan Rogge.....	Saint Croix Lutheran H.S.

COACH	SCHOOL
Mark Kruse.....	Saint Croix Lutheran H.S.
Tony Drkula.....	Saint Croix Lutheran H.S.
Seth Greeder.....	Saint Croix Lutheran H.S.
Eric Oakland.....	Saint Croix Lutheran H.S.
Jonathan Enter.....	Saint Croix Lutheran H.S.
Tracy Torson.....	Saint Francis H.S.
Stephen Girard.....	Saint Francis H.S.
Mike Stoffel.....	Saint Francis H.S.
Mark Hanson.....	Saint Francis H.S.
Matthew Norton.....	Saint Francis H.S.
Jonathan Wilson.....	Saint James H.S.
John Hall.....	Saint James H.S.
Scott Allen.....	Saint James H.S.
JASON FOSTER.....	Saint Louis Park H.S.
Clint Ewald.....	Saint Louis Park H.S.
Jared Essler.....	Saint Michael-Albertville H.S.
Gavin Duncanson.....	Saint Michael-Albertville H.S.
Keith Cornell.....	Saint Michael-Albertville H.S.
Scott Howell.....	Saint Paul Central H.S.
Kirby Scull.....	Saint Paul Como Park H.S.
Andre Creighton.....	Saint Paul Harding H.S.
David Zeitchick.....	Saint Paul Highland Park
Richard Magembe.....	Saint Paul Johnson H.S.
Justin Helget.....	Saint Peter H.S.
Kurt Moelter.....	Saint Peter H.S.
Travis Walch.....	Saint Thomas Academy
Chad Abbott.....	Saint Thomas Academy
Scott Hentges.....	Sartell H.S.
Noel Meyer.....	Sartell H.S.
Bradly Scherer.....	Sartell H.S.
Curtis Krump.....	Sauk Centre H.S.
Rick Meyer.....	Sauk Centre H.S.
Phillip Klaphake.....	Sauk Rapids-Rice H.S.
Zachary Brown.....	Sauk Rapids-Rice H.S.
James Gans.....	Sauk Rapids-Rice H.S.
Loren Finlayson.....	Sauk Rapids-Rice H.S.
Tanner Burgau.....	Sebeka H.S.
Thomas Smith.....	Sebeka H.S.
Ray Betton.....	Shakopee H.S.
Brady Tesdahl.....	Shakopee H.S.
Neil Tesdahl.....	Shakopee H.S.
Scott Tiedens.....	Shakopee H.S.

COACH	SCHOOL
Andrew Weiers.....	Shakopee H.S.
Jason Trelstad.....	Shakopee H.S.
Alan Halverson.....	Sibley East H.S.
Carl Bratsch.....	Sibley East H.S.
Stephen Montgomery.....	Sibley East H.S.
Ward Kaiser.....	Silver Bay (Wm. Kelley) H.S.
Chris Mensen.....	Simley H.S.
Mark Madigan.....	Simley H.S.
Mack Short.....	Simley H.S.
Brent Kucera.....	Sleepy Eye H.S.
Joe Hoffmann.....	Sleepy Eye H.S.
Manuel Spreigl.....	South Saint Paul H.S.
JJ Galle.....	Southland H.S.
Kody Moore.....	Spring Grove H.S.
John Stewart.....	Spring Lake Park H.S.
William Wackman.....	Spring Lake Park H.S.
Daulton Olinger.....	Spring Lake Park H.S.
Christopher Lloyd.....	Spring Lake Park H.S.
Doug Potthoff.....	Spring Lake Park H.S.
Codey Miller.....	Spring Lake Park H.S.
Adam Meyer.....	Springfield H.S.
Cliff Heglund.....	Springfield H.S.
Brandon Wilhelmi.....	/Springfield H.S.
Jeffrey Kuehn.....	Springfield H.S.
Andrew Potter.....	Staples-Motley H.S.
Zackary Qual.....	Staples-Motley H.S.
Ethan Marquis.....	Stephen-Argyle Central H.S.
Garrett Mueller.....	Stewartville H.S.
Beau LaBore.....	Stillwater Area H.S.
Robert Brevitz.....	Stillwater Area H.S.
J Mark Harris.....	Stillwater Area H.S.
Scott Buchkoski.....	Stillwater Area H.S.
Jason Caballero.....	Stillwater Area H.S.
Cornelius Rish.....	Stillwater Area H.S.
Michael Puhrmann.....	Stillwater Area H.S.
Darrell Salmi.....	Stillwater Area H.S.
Ryan Bartosiewski.....	Stillwater Area H.S.
Brady Hannigan.....	Stillwater Area H.S.
Paul Wieland.....	Stillwater Area H.S.
Mike Weiss.....	Stillwater Area H.S.
Nicholas Varichak.....	Stillwater Area H.S.
Matt Hemenway.....	Stillwater Area H.S.

"THE KEEPERS OF THE GAME"

COACH	SCHOOL
Michael LaBore.....	Stillwater Area H.S.
Granger Taft.....	Stillwater Area H.S.
Jay Loven	Swanville H.S.
Adam Gerads	Swanville H.S.
Chris Kircher	Swanville H.S.
Dominic Mahon.....	Tartan H.S.
Kurt Reynolds	Thief River Falls H.S.
Ben Thorstad	Thief River Falls H.S.
Brayden Johnson.....	Thief River Falls H.S.
Tim Magnusson.....	Thief River Falls H.S.
Dominic Kruse.....	Thief River Falls Lincoln HS
Loren Leake	Thief River Falls Lincoln HS
Todd Prickett.....	Thief River Falls Lincoln HS
Nathan Hruby	Thief River Falls Lincoln HS
Jay Anderson.....	Totino-Grace H.S.
Jon Martin.....	Totino-Grace H.S.
Tim Pastoors	Totino-Grace H.S.
Chad Anderson.....	Totino-Grace H.S.
Tom Rooker.....	Totino-Grace H.S.
Jason Kainz.....	Tracy-Milroy-Balaton H.S.
Alex Greenway	Tracy-Milroy-Balaton H.S.
Matt Collins.....	Tri-City United HS
Tony Barnack	Tri-City United HS
Brandon Neseth.....	Triton H.S.
Coltt Ullom.....	Triton H.S.
Mark Evjen	Triton H.S.
Brian Borkenhagen.....	Truman H.S.
Thomas Nelson	Two Harbors H.S.
William Anderson	Two Harbors H.S.
Ryan McIntyr	Two Harbors H.S.
Josh Widdes.....	Two Harbors H.S.
Andrew Morsette	Two Harbors H.S.
Jim Anderson	Two Harbors H.S.
Bruce Carpenter.....	Two Rivers H.S.
Thomas Orth.....	Two Rivers H.S.
Dustin Flaten.....	Ulen-Hitterdal H.S.
Bradley Dunham	Ulen-Hitterdal H.S.
Mark Hemberger	Ulen-Hitterdal H.S.
Ryan Hendrickson	Underwood H.S.
Casey Foertsch	Underwood H.S.
Jason Rogers.....	Underwood H.S.
Evan Meece	Underwood H.S.

COACH	SCHOOL
Adam Baker.....	Underwood H.S.
Rick Harig	Underwood H.S.
TJ Schmidtke	United South Central H.S.
Nicholas Klug	Upsala H.S.
Aaron Fisher	Upsala H.S.
Michael Mahlen.....	Verndale H.S.
Gregory Johnson.....	Verndale H.S.
Lance Edin	Verndale H.S.
Matt Jones	Verndale H.S.
Jeff Moore.....	Verndale H.S.
TIM KLINGBEIL.....	Wabasha-Kellogg H.S.
Chad Olson.....	Wabasso H.S.
Corey Shea.....	Waconia H.S.
Kyle Petermeier	Wadena-Deer Creek H.S.
Aaron Pfeiffer.....	Walker-Hackensack-Akeley H.S.
Jeremy Digiovanni.....	Walker-Hackensack-Akeley H.S.
Tony Gullikson.....	Warren-Alvarado-Oslo H.S.
Dennis Carpenter.....	Warren-Alvarado-Oslo H.S.
Todd Mortimer	Warren-Alvarado-Oslo H.S.
Mason Wang.....	Warren-Alvarado-Oslo H.S.
Tom Crummy.....	Warren-Alvarado-Oslo H.S.
Zach Stene	Warren-Alvarado-Oslo H.S.
Brandon Barker	Warroad H.S.
Brent Cole.....	Warroad H.S.
John Larson	Warroad H.S.
Vichita Ounchith.....	Warroad H.S.
Brad Wendland	Waseca H.S.
Brian Rupe	Waseca H.S.
Eric Teders	Waseca H.S.
Andrew Phillips	Watertown-Mayer H.S.
Justin Stohs.....	Watertown-Mayer H.S.
Edwin Rundell.....	Watertown-Mayer H.S.
Sam Stier.....	Waterville-Elysian-Morristown H.S.
Cory Immerman	Waterville-Elysian-Morristown H.S.
Mike Richards	Waterville-Elysian-Morristown H.S.
Joshua Kemper	Waubun H.S.
Danny Kohler.....	Waubun H.S.
Lambert Brown.....	Wayzata H.S.
JEFFREY WEILAND.....	Wayzata H.S.
marc braeger.....	Wayzata H.S.
Nathan Thompson	Wayzata H.S.
Nathan Wood	West Central Area School

COACH	SCHOOL
Gage Wevley	West Central Area School
Ed Perrault.....	West Central Area School
Carter Ross.....	Westbrook-Walnut Grove H.S.
Nathan Knakmuhs.....	Westbrook-Walnut Grove H.S.
Justin Knakmuhs	Westbrook-Walnut Grove H.S.
James Paul	Wheaton H.S.
Chris Falk.....	Wheaton H.S.
Mark Domschot.....	White Bear Lake Area H.S.
Dustin Holman.....	White Bear Lake Area H.S.
Aaron Turner.....	White Bear Lake Area H.S.
Adam Holman	White Bear Lake Area H.S.
Nick DeVet.....	White Bear Lake Area H.S.
Jon Konold	Willmar H.S.
Steve Grove	Willmar H.S.
Aaron Cook.....	Win-E-Mac H.S.
Ryan Breitbach	Win-E-Mac H.S.
Jason Svalen.....	Win-E-Mac H.S.
Jerid Courneya.....	Win-E-Mac H.S.
Erik Hamre	Win-E-Mac H.S.
Kyler Sieben.....	Winona Cotter H.S.

COACH	SCHOOL
John Cassellius.....	Winona H.S.
SamMichael Long	Winona H.S.
Andrew Hill	Woodbury H.S.
Parker Theis.....	Woodbury H.S.
Justin Smith	Woodbury H.S.
Charlie Reed	Woodbury H.S.
Lane Swansson.....	Woodbury H.S.
Gene Lais	Worthington H.S.
Steven Berndgen	Worthington H.S.
Scott Barber.....	Worthington H.S.
Lucas Damm	Yellow Medicine East H.S.
Andrew Baumgartner.....	Yellow Medicine East H.S.
Tom Kish.....	Zimmerman H.S.
Chris Riley	Zimmerman H.S.
Jim Gornick.....	Zimmerman H.S.
Darin Raasch.....	Zumbrota-Mazeppa H.S.
Alex VanOstrand	Zumbrota-Mazeppa H.S.
Josh Boraas	Zumbrota-Mazeppa H.S.
Mark Moran	Zumbrota-Mazeppa H.S.

MFCA RETIRED LIFE MEMBERSHIP

Do you want to stay active in the MFCA? Life membership in the MFCA for retired coaches is the answer. We now offer an opportunity for retired coaches to remain involved in association matters. Membership is open to all retired coaches (both assistant and head) who are life members of the State Coaches Association or who have been long-time football coaches. A one-time fee of \$25.00 brings all the benefits of association membership. PASS THE WORD! Contact Jim Dotseth, 2220 Merrimac Lane No, 55447, dotsethj@comcast.net

Allaire, Claud
Anderson, Lyle
Anderson, Robert P.
Aurich, Dean
Bakken, Jon
Barnett, Raymond
Baumann, Kenneth
Belanger, Kenneth
Belseth, Mike
Bjornaraa, Bud
Brinkman, Dan
Brokke, Dave
Buntje, Mark
Celt, Bob
Copple Clayton
Darnell, Doug
Davies, John
DeRocher, Darien
Domschot, Ronald
Dotseth, Jim
Draheim, Ed D.
Ekmark, Doug
Elston, Del
Essler, Dan
Engen, Gary
Foley, Patrick
Fox, Don
Fritze, Dave
Gasner, Paul
Goudy, Mick
Gaughran, Dick
Graham, Gary
Halsted, Charles
Hansen, John
Harrington, Nate
Heikkinen, Marv
Heise, James
Helland, Ken
Henderson, Roy
Herges, Peter
Herzog, Paul
Hiebert, Del
Hill, Ken O.
Hill, Steve
Hills, Greg
Hofland, Niel
Hohn, Nick
Holzer, Michael
Idstrom, Thomas
Jacobson, Kenneth
Jaeger, Rick
Jerdee, Jerry

Johnson, Norm
Kainz, Jason
Kallok, Richard
Kalpin, Dennis
Karlsgodt, Terry
Knutson, James
Konrath, Fred
Kostich, Dan
Kroulik, Ivan
Kroulik, Mark
Lemke, Carl
Lian, Christopher
Litecky, Bernie
Lossow, Rodney
Lubarski, Conrad
Lundeen, Dwight
Mader, James L.
Majeski, Bob
Manke, Rick,
Marton, William
Meidt, Gehard
Menage, Elmer
Miller, Paul
Mork, Paul
Motschenbacher, Flint
Murphy, Tom
Nelson, Dave
Nielsen, Rob
Nigon, David
Nigon, Denny
Nohner, Mark
Nordquist, Stuart
Ogorek, Terry
Todd Olson
Olson, Stan C.
Ott, Steve
Otterblad, Larry
Pavlovich, Merrill
Peterick, John C
Petermeier, Ribsby
Peters, Glen
Peterson, Lloyd
Quenette, William
Ramey, Deryl
Rauen, Willie
Risbrudt, Richard
Robinson, Ron
Roff, Dan
Roforth, Jim
Rohman, Dan
Rosenow, Bruce
Rossini, Reno

Rostberg, Grady
Scanlan, Mal
Schmitz, John
Schneider, Gregg
Scott, Ron
Scott, Ron L.
Sedlock, Lenny
Seipkes, Don
Skjei, Stan
Stein, Mark
Steinhoff, Ryan
Stolski, Ron
Stoterau, Dennis
Strand, Randy
Stritesky, Gene
Sullivan, Bob
Sullivan, Bubba
Swanson, Keith
Terry III, Rober
Thiel, Anthony J.
Thole, George
Thompson, John
Traurig, Leo
Tri, Ray
Trimble, Gary
Turek, Terry
Tuvey, George E.
Uhlir, David
Vagle, Virg
Watson, Mike
Webert, Maurice
Weibel, Shane
Willhite, Jack M.
Wilson, Bill
Wolfe, Ben
Zeman, Dick

MFCA SUB-DISTRICT REPRESENTATIVES

Listed below are the names of the MFCA sub-district delegates who represent their respective sub-districts to the Association. Please note any misprints, mistakes, or errors and address them to the MFCA Secretary, Jim Dotseth.

These are the coaches who are responsible for carrying information to and from sub-district on behalf of the

Association and MSHSL matters. They are a vital link in the entire process and the Association will only improve as these members are utilized to the fullest.

Sub-district representatives should have a "checklist" that will help organize MFCA duties. Please contact Jim Dotseth or visit the website www.mnfootballcoaches.org for a hard copy of the checklist.

SUB-DISTRICT	COACH	SCHOOL
Metro East.....	Beau LaBore.....	Stillwater
Metro Maroon	Trevor Tolly	Hopkins
Metro North	Jared Essler.....	St. Michael-Albertville
Metro South.....	Nick Johnson	Eagan
Metro West	Mark Esch.....	Minnetonka
Mid Northwest (White)	Dave Vik.....	Montevideo
Mid Northwest Central	Paul Cark.....	Pillager
Mid NW (3 Rivers Blue)	Adam Tri	Eden Valley-Watkins
Mid NW (Gopher Gold).....	Chris Moscho.....	Belgrade-Brooten-Elrosa
Mid NW (HOL North).....	Bryan Strand.....	Barnesville
Mid NW Valley Plains W	Brian Remick	Red Lake County
Mid Southeast East	Tim Klingbeil.....	Wabasha-Kellogg
Mid Southeast East	Tony Poncelet.....	Goodhue
Mid Southeast West.....	Joe Scoblic.....	Lester Prairie
Mid Southeast West.....	Marc Kruger	NR-H-E-G
Mid-Northwest (Red)	Anthony Soderberg	Dilworth-Glyndon-Felton
North North	Dave Westerman	Littlefork/Big Falls
North South	Shawn Klimek.....	Nevis
Northeast Blue	Dave Louzek.....	Moose Lake/Willow River
Northeast Red	Greg Spahn.....	Grand Rapids
Northeast Silver.....	Austin Hackett.....	Mille Lacs
Northeast White	Troy Erickson	Mora
Northstar East Gold.....	Matt Diediker	Tartan
Northstar East Maroon	Steve Walsh.....	Cretin-DH
Northstar North	Mike Empting.....	Alexandria
Northstar South Gold	Cullen Nelson	Chanhassen
Northstar South Maroon	Jon Vik	Rochester Century
Northstar Twin Cities.....	Josh Zoucha.....	MPLS Southwest
Northstar Twin Cities.....	Scott Howell	St. Paul Central
Northstar West	GoldShane Weibel	Cambridge-Isanti
Northstar West Gold.....	Tom Develice	Andover

SUB-DISTRICT	COACH	SCHOOL
Northstar West Maroon	Marc Franz	Rogers
Skyway Blue	Matt Townsend	Columbia Heights
Skyway Brass.....	Michael Beehler.....	St. Cloud Apollo
Skyway Bronze.....	Nick David	Mound Westonka
Skyway Copper	Andrew Phillips	Watertown Mayer
Skyway Gold	Manuel Spreigl	South St. Paul
Skyway Green	Jon Konold.....	Willmar
Skyway Maroon	Justin Reese	Fridley
Skyway Orange	Samuel Thompson	St. Agnus
Skyway Platinum.....	John Cassellius	Winona
Skyway Red.....	Kris Pulford	Richfield
Skyway Silver	Tom Kish	Zimmerman
Skyway Yellow.....	Jim Gunderson	Academy of Holy Angels
South Central Blue.....	Dusty Drager.....	Maple River
South Central Red.....	Brian Odland	St. Peter
South Central Silver	Tom Schuller	Jackson County Central
South Central White	Brad Wendland.....	Waseca
South West.....	Jeremy Robinson	Cedar Mountain
Southeast Red	Trevor Narum.....	Lake City
Southeast White.....	Brandon Neseth	Triton
Southwest North	Tony Smith.....	Lac qui Parle Valley
Southwest South	Scott Hanson.....	Lakeview
Southeast East.....	Trevor Carrier	LeRoy-Ostrander
West North.....	Aaron Cook.....	Win-E-Mac
West North.....	Casey Kroulik	Clearbrook-Gonvick
West South.....	Chad Christianson.....	Hancock

NEW TACKLE CANCER RECORD IN 2024!

Congratulations to all the high schools, colleges, and the Vikings on reaching a new milestone for Tackle Cancer! This past fall, \$635,017 was raised for the Randy Shaver Cancer Research and Community Fund! Over the past 13 years, 4.1 million dollars has been raised by football programs in Minnesota!

The MFCA is grateful for the 180 high schools, 15 colleges, the Minnesota Gophers, and the Minnesota Vikings who joined the fight against cancer this past fall.
Monies raised for the Shaver Foundation go towards cancer research and patient aid that benefits all Minnesotans!

TACKLE CANCER TOTAL BY YEAR

2012	\$120,661
2013	\$190,073
2014	\$230,170
2015	\$233,269
2016	\$281,784
2017	\$311,475
2018	\$348,423
2019	\$366,990
2020	\$43,108 (Covid Year)
2021	\$366,896
2022	\$473,024
2023	\$566,626
2024	\$635,017
13 Year Total	\$4,167,916

The Tackle Cancer goal for 2025 is \$650,000. We hope every head football coach will consider joining the fight against cancer!
Coaches - Sponsoring a Tackle Cancer game is EASY!

- Here are some ideas.
1. Select a home game.
 2. Promote your TC game in your school and community.
 3. Collect donations at the gate before the game.
 4. Two-minute challenge - during halftime pass buckets down each row of your home and away stands. Put two minutes on the scoreboard clock and have the announcer give directions and provide “play by play.”
 5. Sell Tackle Cancer wristbands and t-shirts during lunch at school.
 6. Involve your youth football teams - parents donate \$ for each touchdown scored in youth games the week of your Tackle Cancer game.
- The MFCA will contact you this spring with more details!

Thank You!

The MFCA would like to thank the Minnesota Vikings, the Minnesota Gophers, and the programs in the MIAC, NSIC and UMAC as well as all the high schools in Minnesota who participate for their support of Tackle Cancer

WHERE DO THE FUNDS GO?
See the link on the MFCA website that shows the 2024 Grant Funds distribution from the Randy Shaver Cancer Research & Community Fund. 1.3 million in grants were awarded. Tackle Cancer provided close to 50% of the funds allocated.

MISSION STATEMENT OF THE RANDY SHAVER CANCER RESEARCH AND COMMUNITY FUND
The mission of the Randy Shaver Cancer Research and Community Fund is to support the cancer community in Minnesota by funding research, prevention, treatment, and other programs relating to the cancer community’s needs.

THANK YOU!

The MFCA would like to thank the Minnesota Vikings, the Minnesota Gophers, and the programs in the MIAC, NSIC and UMAC as well as all the high schools in Minnesota who participate for their support of Tackle Cancer

TACKLE CANCER 2025

**“TOGETHER WE ARE
THE KEY TO THE CURE”**

September and October are “Tackle Cancer” Months for Minnesota High School Football Teams!

Here is how you can get into the game:

- Choose a home game or games in September and October
- Promote the “Tackle Cancer” Game in your school and community
- Collect donations at the gate before the game and at the concession stand during the game. Have PA Announcer remind fans during pre-game to make their donations.



TACKLE CANCER HISTORY (MONEY RAISED FOR THE RANDY SHAVER CANCER RESEARCH AND COMMUNITY FUND)

2012	\$120,661
2013	\$190,073
2014	\$230,170
2015	\$233,269
2016	\$281,784
2017	\$311,475
2018	\$348,423
2019	\$368,990
2020	\$45,872
2021	\$326,297
2022	\$473,024
2023	\$566,626
2024	\$635,017

TOTAL: \$4,131,681

2025 GOAL: \$650,000

TACKLE CANCER FOOTBALLS AVAILABLE BY REQUEST (LIMITED QUANTITY)

Please contact Dave
Nelson:

dave.nelson@minnetonkaschools.org



TACKLE CANCER EVENT IDEAS

- Two Minute Challenge – during halftime, following half time activities, pass buckets down each row of your home and away stands. Put two minutes on scoreboard clock and have PA Announcer give directions and provide "play by play."
- Sell wristbands to the student body during the week at lunch.
- Make up Tackle Cancer T-Shirts and sell to student body during the week.
- Get your Student Council, NHS, DECA, and other groups involved.
- Make a video with your team and show to student body during the week.
- Reach out to teachers at elementary and middle schools to get involved.
- Create a competition between your school and your opponent.
- Reach out to businesses and restaurants in your community for partnerships. Many businesses already work to fight cancer and would love to partner with you.
- Involve your youth football program. During your Tackle Cancer week, parents and youth teams can pledge \$ for each point scored.



CONTACT INFORMATION

Randy Shaver Cancer
Research and Community
Fund

Contacts – Roseann Shaver
or Heather Austin
Address – 12800 Whitewater
Dr., Suite 100, Minnetonka,
MN 55343

www.randyshavercancerfund.org
roseann@randyshavercancerfund.org
heather@randyshavercancerfund.org

randy shaver

CANCER RESEARCH & COMMUNITY FUND

MISSION STATEMENT

The mission of the Randy Shaver Cancer Research and Community Fund is to support the cancer community in Minnesota by funding research, prevention, treatment, and other programs relating to the cancer community's needs.

MFCA Contact – Dave
Nelson

Address – Minnetonka High
School

18301 Highway 7,
Minnetonka MN 55345

Office Phone – 952-401-5948
dave.nelson@minnetonkaschools.org

GOPHERS, VIKINGS, MIAC, NSIC

The MFCA would like to thank the Minnesota Vikings, the Minnesota Gophers and the programs in the MIAC, NSIC and UMAC for their support of Tackle Cancer.



TACKLE CANCER

Benefiting

RANDY SHAVER CANCER RESEARCH
AND COMMUNITY FUND



The pom hats are lavender, which is the color for all cancers! You can order these hats through our partner's website. The cost is \$10 for the hats (minimum order of 20) and you sell them to your players, parents, families, students, teachers, neighbors, ANYONE, for \$20. So, for every hat \$10 goes directly back to Tackle Cancer! Our goal is to sell 5,000 hats this season, which will generate \$50,000 for Tackle Cancer!!

[Click Here to Order Online](#)

Website Password: tackle

tacklecancer@inplaysportswear.com

[HTTPS://STORES.INKSOFT.COM/TACKLE CANCER 2024/](https://stores.inksoft.com/tackle_cancer_2024/)

THANK YOU TO THE MINNESOTA FOOTBALL COACHES ASSOCIATION,
COACH DAVE NELSON AND EVERYONE WHO PARTICIPATED IN LAST YEAR'S TACKLE CANCER.
OVER \$566,000 WAS RAISED MINNESOTA'S CANCER COMMUNITY! THE 2024 GOAL IS \$600,000!!



Dear Coach,

The Minnesota Football Coaches Association hopes you will support the Randy Shaver Cancer Research and Community Fund by sponsoring a "Tackle Cancer Game" this fall! Please fill out the form below and include it when you mail in your check. Please send this information along with all monies raised (preferably one check through the school) within one week of your Tackle Cancer Game.

WE ARE PROUD TO BE A STRONG SUPPORTER OF THE RANDY SHAVER CANCER RESEARCH AND COMMUNITY FUND. WE APPRECIATE AND ARE GRATEFUL FOR THE DONATIONS RSCRCF MAKES TO FUND CANCER RESEARCH AND SUPPORT COMMUNITY BASED PROGRAMS ACROSS THE STATE WHICH BENEFIT OUR CANCER PATIENTS AND FAMILIES. IT IS IMPORTANT TO US THAT WE CONTINUE THIS RELATIONSHIP AND TAKE MEASURES TO PROTECT IT. ACCORDINGLY, YOU ARE ONLY AUTHORIZED TO USE THE NAME "TACKLE CANCER" FOR EVENTS AND FUNDRAISERS WHICH WILL DONATE 100% OF THE PROCEEDS TO THE RANDY SHAVER CANCER RESEARCH AND COMMUNITY FUND.

Make check out to the **Randy Shaver Cancer Research and Community Fund** **NOT Tackle Cancer**. Please contact me with questions. Have a great fall!

Dave Nelson

dave.nelson@minnetonkaschools.org

Cell – 952-201-3156

School Name: _____ School Address: _____

Tackle Cancer Game Date: _____ Tackle Cancer Game Opponent: _____

Tackle Cancer Contact: _____

Cell Phone: _____ Email Address: _____

Total Amount Raised for Tackle Cancer: _____

Please send the above information along with the check from your school to our Fund Office at Randy Shaver Cancer Research and Community Fund, 12800 Whitewater Drive, Suite 100, Minnetonka, MN 55343.

DONATE ONLINE at www.randyshavercancerfund.org

- Click on Donate at the top right of the screen.
- Scroll down and click the DONATE NOW Button.
- Look for Tackle Cancer under the Event Donations section and enter your donation amount.

Questions? Call Dave Nelson at 952-201-3156 or Heather Austin at 952-473-1778



TACKLE CANCER

Benefiting

RANDY SHAVER CANCER RESEARCH
AND COMMUNITY FUND

GAME PLAN TACKLE CANCER



Pick a Home Game Date



Send Email With Participation Details To

Randyshavermn@gmail.com

(Include: school name/date of game/opponent) Details are posted on
randyshavercancerfund.org/events/tackle-cancer webpage



Set a Fundraising Goal



Form a Tackle Cancer Committee

Involve people passionate about this cause – let them lead your team's Tackle Cancer campaign



Use Your Imagination & Have Fun!

Involve other sports/youth football programs. Sell t-shirts, wristbands, socks. Advertise on your social media, use posters.



Collect Donations

This can be done before the game, as a half-time event and/or the week leading up to the game.



Submit Donation

Fill out the Tackle Cancer Donation Form included in this mailing. Please make checks out to the Randy Shaver Cancer Research and Community Fund (Not Tackle Cancer)



Share Pictures Of Your Event On Social Media And Tag



RSCRCF



randyshavercancerfund



@RSCRCF



@MFCA_NOW



@rshaver11

BE A PART OF OUR WINNING TEAM

"THE KEEPERS OF THE GAME"

Dear Coach,

The Minnesota Football Coaches Association hopes you will support the Randy Shaver Cancer Research and Community Fund by sponsoring a "Tackle Cancer Game" this fall! Please fill out the form below and include it when you mail in your check. Please send this information along with all monies raised (preferably one check through the school) within one week of your Tackle Cancer Game.

WE ARE PROUD TO BE A STRONG SUPPORTER OF THE RANDY SHAVER CANCER RESEARCH AND COMMUNITY FUND. WE APPRECIATE AND ARE GRATEFUL FOR THE DONATIONS RSCRCF MAKES TO FUND CANCER RESEARCH AND SUPPORT COMMUNITY BASED PROGRAMS ACROSS THE STATE WHICH BENEFIT OUR CANCER PATIENTS AND FAMILIES. IT IS IMPORTANT TO US THAT WE CONTINUE THIS RELATIONSHIP AND TAKE MEASURES TO PROTECT IT. ACCORDINGLY, YOU ARE ONLY AUTHORIZED TO USE THE NAME "TACKLE CANCER" FOR EVENTS AND FUNDRAISERS WHICH WILL DONATE 100% OF THE PROCEEDS TO THE RANDY SHAVER CANCER RESEARCH AND COMMUNITY FUND.

Make check out to the Randy Shaver Cancer Research and Community Fund NOT Tackle Cancer. Please contact me with questions. Have a great fall!

Dave Nelson
dave.nelson@minnetonkaschools.org
952-201-3156

School Name: _____ School Address: _____

Tackle Cancer Game Date: _____

Tackle Cancer Game Opponent: _____

Tackle Cancer Contact: _____

Cell Phone: _____ Email Address: _____

Total Amount Raised for Tackle Cancer: _____

Please send the above information along with the check from your school to our Fund Office at Randy Shaver Cancer Research and Community Fund, 12800 Whitewater Drive, Suite 100, Minnetonka, MN 55343.

DONATE ONLINE at www.randyshavercancerfund.org

- Click on Donate at the top right of the screen.
- Scroll down and click the DONATE NOW Button.
- Look for Tackle Cancer under the Event Donations section and enter your donation amount.

Questions? Call Dave Nelson at 952-201-3156 or Heather Austin at 952-473-1778

CAMP OUTREACH PROGRAM

What a great way for our association to give back to its own members that are part of this wonderful association. Nine schools took advantage this year. One of the biggest things we look for in choosing the schools that receive the camp scholarship award is that they do not have a booster club to help pay or offset the cost of their camp. A lot of the schools would not have half of their players show up if they had to pay a fee for the teams summer camp. This \$500.00 goes a long way in helping pay for coaches to come and work with our kids. Again, what a great way for the MFCA to give back, it shows that the association is truly there to help out its members. This is just another reason with a very long list as to why EVERY coach should become a member.

Kyle Petermeier

Head Football Coach
Wadena-Deer Creek H.S.
600 Colfax Ave SW
Wadena, MN, 56482
kpetermeier@wdc2155.k12.mn.us

Wayne Petermeier

Head Football Coach
Browerville-Eagle Valley H.S.
620 Park Ave
PO Box 185
Browerville, MN, 56438
ribsy@browerville.k12.mn.us

Chris Moscho

Head Football Coach
Belgrade-Brooten-Elrosa H.S.
710 Washburn Avenue
PO BOX : 339
Belgrade, MN, 56312
cmoscho@bbejaguars.org

Mike Mahlen

Head Football Coach
Verndale High School
411 SW Brown Street
Verndale, MN, 56481
mmahlen@yahoo.com

Jay Loven

Head Football Coach
5 Brentwood Circle
Swanville, MN, 56382
jay.loven27@gmail.com

Mike Johnson

Head Football Coach
411 S Otter Ave
PO BOX 46
Parkers Prairie, MN, 56361
mjohnson@pp.k12.mn.us

Ryan Hendrickson

Head Football Coach
Underwood H.S.
100 Southern Ave. E.
Underwood, MN, 56586-0248
rhendrickson@underwood.k12.mn.us

Kevin Pope

Head Football Coach
Morris/CA Football
201 S. Columbia Ave.
Morris, MN. 56267
kpope@morris.k12.mn.us

Mike Rowe

Head Football Coach
Maple Lake H.S.
200 State Hwy 55 East
Maple Lake, MN. 55358-0820

Bryan Syrstad

Head Football Coach
Crosby-Ironton H.S.
711 Poplar Street
Crosby, MN. 5644174

Matt Lundeen

Head Football Coach
Redwood Falls H.S.
100 George Ramseth Drive
Redwood Falls, MN. 56283

CAMP OUTREACH APPLICATION

MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Wayne Petermeier, P.O. Box 185 / 6th and Park Ave., Browerville, MN.56438

School Name _____

Class _____ Sub-District _____ Section _____

Head Coach _____

How many years have you been coaching? _____ As a Head Coach _____

How many coaches on your staff? _____

What are their names? _____

Your Phone Number _____ email _____

This camp is to help your program. You need to do the ground work on getting a staff to come to your school.

What coaching staff have you contacted to come to your school? _____

How many members of their staff will be working the camp ? _____

What is the travel distance round trip for the coaching staff ? _____

What would you like taught at the camp? _____

What age groups would be involved? _____

Would this be a CONTACT or NON-CONTACT camp? _____

****Please attach a letter outlining reasons why you feel your school should be chosen for this scholarship.**

Include why you want the staff you have chosen to come to your school and any other important information you feel is necessary.

2025 MFCA CLINIC

The MFCA held its annual MFCA clinic in conjunction with the Minnesota Gophers Spring practice at the Doubletree Hotel in St. Louis Park March 27th through the 29th. This year's clinic was attended by over 1500 coaches and featured many state champion high school speakers. This included state champions from Minnesota, Texas, Connecticut, and Georgia. The program also included college speakers, speakers from the MSHSL, as well as featuring the Gophers staff and head coach PJ Fleck. A special feature of this year's clinic included a Q&A with Minnesota native Minnesota Vikings linebacker Blake Cashman. In addition to featuring over 40 hours of presentations, the clinic included the Don Swanson Social, receptions for state champions and retired coaches, the FCA luncheon, and a youth coaches clinic. The clinic program also included a number of recognitions including John Millea as Man of the Year and recognition of accomplishments for recently retired University of South Dakota and former UMD National Champion coach Bob Nielson. The weekend culminated with the Hall of Fame induction dinner on Saturday night.



NEW HEAD COACHES 2025

COACH	SCHOOL	E-MAIL	PHONE
Christian Harmeyer	Bethlehem Academy	charmeyer@faribault.k12.mn.us	612-750-8752
Nick Shriver	Big Lake	n.schriver@biglakeschools.org	763-331-2173
Christian Rund	Breck	christian.rund@breckschool.org	651.707.6815
Mike Klyve	Cloquet	mklyve@isd94.org	218-841-0859
Matt Birr	Columbia Heights	BirrM@colheights.k12.mn.us	612-419-2882
Chase Vasquez	Coon Rapids	chase.vasquez@ahschools.us	763- 232-0377
Kyler Sieben	Cotter/Hope Schools	kylerasieben@gmail.com	
Kim Royston	Cretin-Derham Hall	kroyston@c-dh.org	612-423-4172
Jim McBride	Crookston	misterme.jim@gmail.com	218-280-2799
Wyatt Russek	Delano	wyatt.Russek@delanoschools.org	763 221 4284
Jeremy Zywicki	Esko	jzywicki@esko.k12.mn.us	218-591-7156
Sam Sparen	Hill City Northland	ssparen@isd118.org	
Connor Wilkie	Holy Family Catholic	wilkiec@hfchs.org	763-232-4092
Tyler Helland	Lester Prairie	hell0154@umn.edu	507.469.1936
Datrack Mitchell	Long Prairie-Grey Eagle	easttexas2001@gmail.com	936-240-3545
Jeremy O'Donnell	Madelia	jeremyodonnell@isd837.org	970-319-1627
Kris Koll	Menahga (Co-Coach)	Wrestlingkoll@gmail.com	218-205-6674
Lamar Ray	Minneapolis Edison	lamar.ray@mpls.k12.mn.us	763-485-5948
Anthony Hockett	Minneapolis South	coachhockettmn@gmail.com	612-916-8292
Martin Christenson	Montevideo	martinc@montevideoschools.org	320-226-0920
Tim Whalen	Mora	timwhalen@moraschools.org	612-232-9201
Isaac Hildebrandt	Mountain Lake Area	ihildebrandt@comfrey.mntm.org	507-822-3187
Kevin Longtin	Nevis	klongtin@nevis308.org	218 686 8137
Zach Hocking	New York Mills	zhocking@nymills.k12.mn.us	218-616-2850
Eric Melcher	Northern Freeze	emelcher@mccfreeze.org	218-689-1824
Matthew Fellows	Ortonville	matthew.fellows@ortonville.k12.mn.us	320-808-1795
Derrin Lamker	Osseo	dalamker@comcast.net	763-227-8212
Pat Kelly	Red Wing	pskelly@rwps.org	651.385.0133
Greg Enz	Rocori	enzg@rocori.k12.mn.us	920-213-0873
Mike Picard	Roseau	Mike.Picard@city.roseau.mn.us	218-280-3998
Robbie Strand	Rushford-Peterson	robbiestand@r-pschools.com	218-329-8091
Ted Kern	Russell-Tyler-Ruthton	ted.kern@rtrschoools.org	507-530-3361
Charlie Warring	Sauk Centre	charlie.warring@isd743.org	320-339-4274
Steve Willaert	St. Clair/Loyola s	willaert@stclaircyclones.org	507-720-1938
John Hall	St. James	jhall@isd840.org	507-497-6397
Tim Daniels Jr.	St. Paul Harding/Humboldt	tdanielsjr@yahoo.com	651-447-0460
Ryan Kruse	Tracy-Milroy-Balaton	kruser@tracy.k12.mn.us	507-626-0948
Gregg Blanchette	Yellow Medicine East	gblanchette@isd2190.org	815-383-5890
Dan Hughes	Zimmerman	Daniel.Hughes@isd728.org	605-690-6733

SUB-DISTRICT REPS CHECKLIST

Please discuss the following at your Sub District Meeting: MFCA Website: www.mnfootballcoaches.com Submission Forms for All of the Awards can be found at: <https://www.mnfootballcoaches.com/forms>

ACADEMIC ALL-STATE: <https://www.mnfootballcoaches.com/page/show/2273497-forms>

Committee Chairs:

Individual: Nick David davidn@westonka.k12.mn.us 952-491-8303 Deadline: November 1st
Team: Wayne Petermeier ribsby@browerville.k12.mn.us 320-594-8105 Deadline: November 1st

INDIVIDUAL - ACADEMIC ALL-STATE

Class	Name	School	Fax Number
9M	Mike Mahlen	Verndale	218-445-5185
1A	Wayne Petermeier	Browerville	320-594-8105
2A	Scott Gonnerman	Morris	320-589-3203
3A	Brian Odland	St. Peter	507-934-3783
4A	Andy Rostberg	Hutchinson	320-587-0955
5A	Corey Shea	Waconia	952-442-0679
6A	Mike Law	Blaine	763-506-6503

TEAM - ACADEMIC ALL-STATE

Class	Name	School	Fax Number
9M	Chad Christensen,	Hancock	320-392-5156
1A	Wayne Petermeier,	Browerville,	320-594-8105
2A	Jon Bakken,	Waterville-Elysian-Morristown,	507-362-4561
3A	Dave Rocheleau,	Pierz,	320-468-6577
4A	Terry Bahlmann,	Marshall,	507-537-6933
5A	Bubba Sullivan,	Northfield,	507-645-3455
6A	Bo Wasurick,	Northfield,	763-506-6203

ALL STAR GAME:	www.allstarfootball.org/ Nomination Form: www.mshsca.org/football/out-statenom.pdf	Director: Dave Fritze david.fritze@district196.org	Deadline: October 22nd
BUTCH NASH AWARD / ASSISTANT COACH OF THE YEAR	mnfootballcoaches.com/page/show/2273497-forms (Assistant COY must be a previous Butch Nash Award winner)	Committee chair: Jim Dotseth dotsethj@comcast.net	Deadline: January 1st
CAREER RECORDS:	mnfootballcoaches.com/page/show/2273575-all-time-60-wins Also, 200 wins; 50, 45, 40, 35, or 30 years of service.	Submit updates to Jim Dotseth dotsethj@comcast.net . Also, 200/300 wins, 55, 50, 45, 40, 35, or 30 years of service.	
COMMUNITY SERVICE AWARD:	mnfootballcoaches.com/page/show/2278607-nomination-form	Committee Chair: Beau LaBore, laboreb@stillwaterschools.org	Deadline: January 1st
SUB-DISTRICT COACH OF THE YEAR:	mnfootballcoaches.com/page/show/2273497-forms	Awards Committee Chair: Jim Dotseth dotsethj@comcast.net	Deadline: January 1st
HALL OF FAME:	mnfootballcoaches.com/page/show/2273497-forms	Committee chairs: Brent Schimek, bschimek@isd317.org and Marc Kruger, mkruger@nrheg.k12.mn.us	Deadline: January 1st
MEMBERSHIP:	Marc Bachman: mbachman@stpetersschools.org Application: http://www.mshsca.org/joinnow		
MENTOR PROGRAM:	Ron Stolski, stolski@yahoo.com		
MFC CLINIC REGISTRATION:	March 30-April 1, 2023, at the Doubletree in St. Louis Park. THE MFCA clinic. Registration on the MFCA website begins in January https://www.mnfootballcoaches.com/page/show/2279758-mfca-clinic-information		
MR. FOOTBALL:	mnfootballcoaches.com/page/show/2273497-forms	Committee Chair: Clay Anderson, clay.anderson@kimball.k12.mn.us	Deadline: November 11th
JERRY KILL POWER OF INFLUENCE:	mnfootballcoaches.com/page/show/2273497-form	Committee chair: Bubba Sullivan, bubba.sullivan@nfl.k12.mn.us	Deadline: January 1st
SCHOLARSHIP PROGRAM:	mnfootballcoaches.com/page/show/2273497-forms	Committee Chair: Ben Anderson banderson@hlww.k12.mn.us	Deadline: March 11th
SUMMER CAMPS:	www.mshsca.org/football/mfcateamcamp.pdf	Contact: Ribsby Petermeier, ribsy@browerville.k12.mn.us	Deadline: April 15th
RECRUITING FAIR:	mnfootballcoaches.com/page/show/2273497-forms	Committee Chair: Jeff Ferguson, ferguson@totinograce.org	TBD

2025-2026 SUB-DISTRICT PLACEMENTS

9-NORTH

NORTH

Big Fork
Blackduck
Cook County
Littlefork/Big Falls
Northwoods
Northome/Kelliher
Silver Bay
South Ridge

SOUTH

Bertha Hewitt
Carlton/Wrenshall
Cromwell-Floodwood
McGregor
Mille Lacs
Ogilvie
Sebek
Verndale

9-SOUTH

EAST

Alden-Conger/Glenville Emmons
Grand Meadow
Houston
Kingsland
Lanesboro
LeRoy Ostrander
Mabel-Canton
Spring Grove

WEST

Adrian/Ellsworth
Buffalo Lake Hector Stewart -
Cedar Mountain
Edgerton
Granada Huntley-East Chain/Truman
Heron Lake Okabena/Fulda
Hills Beaver Creek
Mountain Lake Area
New Ulm Cathedral
Nicollet
Red Rock Central
Renville County West
Wasabo
Westbrook Walnut Grove
Bethlehem Academy

9-WEST

NORTH

Badger/GB-MR
Clearbrook-Gonvick
Fertile-Beltrami
Fosston
Goodridge/Grygia-Gatzke
Kittson Country Central
NCE/UH
Northern Freeze
Park Christian
Stephen-Argyle Central
Warren-Alvarado-Oslo
Win-E-Mac

SOUTH

Border West
Hancock
Hillcrest Lutheran Academy
Ortonville
Rothsay
Underwood

METRO

SOUTH

Eagan
Farmington
Lakeville North
Lakeville South
Prior Lake
Rosemount
Shakopee

EAST

East Ridge
Forest Lake
Mounds View
Stillwater
White Bear Lake
Woodbury
Rogers

WEST

Eden Prairie
Edina
Maple Grove
Minnetonka
Moorhead
STMA
Wayzata

MAROON

Buffalo
Burnsville
East View
Hopkins
Park High
Roseville

NORTH

Coon Rapids
Eastview
Hopkins
Park
Roseville

MID-NORTHWEST

NORTH

Barnesville
DGF
Hawley
Perham
Pillager
Staples-Motley

RED

East Grand Forks
Park Rapids
Thief River Falls
Warroad
Roseau
Pelican Rapids
Ottertail Central
Lake Park Audubon

CENTRAL

Frazee
Menahga
Parkers Prairie
New York Mills
Breckenridge
Wadena-Deer Creek

CENTRAL

Park Christian
Cass Lake
Walker-Hackensack-Akleley
Pine River-Bakus
Nevis
Bagely

GOLD

West Central Area
Upsala-Swanviller Area
Browerville
Belgrade-Brooten-Elrosa
Long Prairie/Grey Eagle
Benson
Maple Lake
Ashby-Brandon-Evansville

VALLEY PLAINS WEST

Ada-Borup- West
Red Lake
Mahnommen/Waubun
Crookston
Polk County West
Red Lake County

MIDWEST CENTRAL

WHITE

Pierz
Albany
St.Cloud Apollo
Little Falls
Foley
Milaca

BLACK

Dassel-Cokato
Howard Lake-Waverly Wintsted
Litchfield
Montevideo
Morris
New London-Spicer

COPPER

Jordan
Holy Family Catholic
Rockford
Watertown-Mayer
Glencoe-Silver Lake
Annandale

BLUE

Melrose
Sauk Centre
Osakis
Holdingford
Royalton
Minnewaska

NORTHSTAR

SOUTH-MAROON

New Prague
Northfield
owatonna
Rochester Century
Rochester John Marshall
Rochester Mayo

SOUTH GOLD

Chanhassen
Chaska
Mankato East
Mankato West
Waconia

NORTH

Alexandria
Bemidji
Brainerd
Sartell
Sauk-Rapids Rice

EAST-GOLD

Mahtomedi

Cretin-Deham Hall
Tartan
Bloomington Jefferson
Bloomington Kennedy
St. Louis Park

EAST-MAROON

Two Rivers
Apple Valley
Hastings
Burnsville
St.Thomas Academy

NORTHEAST

RED

Cloquet
Duluth Denfeld
Duluth East
Grand Rapids
Hermantown
North Branch
Rock Ridge

WHITE

Esko
Hibbing
Mora
Pequot Lakes
Pine City
Proctor
Two Harbors/DM

SILVER

Barnum
Braham
Chislom
Deer River
East Central
Ely/NE Range
Mountain Ironp-Buhl
Cherry

BLUE

Aitkin
Crosby-Ironton
Greenway/Nashwauk-keewatin
Hinkley-Finlayson
International Falls
Mesabi East
Moose Lake-Willow River
Rush City

SKYWAY

BRASS

Byron
Fairbault
Kasson-Mantorville
Winona
Stewartville

COPPER

Hutchinson
Marshall
Rocori
Willmar

PLATINUM

Becker
Detroit Lakes
St.Cloud Tech
Fergus Falls
Princeton

YELLOW

Chisago Lakes
Hill-Murray
North St.Paul
Slmley
South St.Paul

MAROON

Fridley
St. Anthony Village
Columbia Heights
Totino-Grace

GOLD

Academy of Holy Angels
Benilde-St. Margret's
SMB
DeLaSalle
Richfield

BRASS

Delano
Mound
Orono
Providence Academy
Big Lake
Zimmerman

ORANGE

Breck
Concordia Academy
St. Agnes
St. Croix Luthern
Brooklyn Center

SILVER

Spectrum
Minneapolis Edison
Twin Cities Charter
PACT Charter

Twin Cities - BLUE

Minneapolis North
Minneapolis South/Roosevelt
Minneapolis Camden
Minneapolis Southwest
Minneapolis Washburn

Twin Cities - RED

St.Paul Como
St.Paul Johnson
St.Paul Central
St.Paul Harding/Humbolt
St.Paul Highland Park

SOUTHEAST CENTRAL

RED

Albert Lea
Belle Plaine
Fairmount
Tri City United
Waseca
Worthington
Austin
New Ulm
St.Peter

YELLOW

Caldedonia
Chatfield
Dover-Eyota
Rochester Lourdes
Rushford-Peterson
St.Charles
Triton

Blue

Cotter/Hope
LC/H
Lake City
Pine Island
Plainview-Elgin-Millville
Red Wing
Zumbrota-Mazeppa

BLACK

Cannon Falls
Central (NYA)
Goodhue
Kenyon-Wanamingo
Randolph

MID-SOUTH

Teal
Atwater-Cosmos-Grove-City
Eden Valley-Watkins
Kerkhoven-Murdock-Sundburg
Kimball Area
Paynesville Area
Redwood Valley
St.Cloud Cathedral

SILVER

Blooming Prairie
Blue Earth Area
Janesville-WP
Maple River
Medford
St.Clair-Loyola
Waterville-E-M

GREEN

Fillmore Central
Hayfield
Lewiston-Altura
NRHEG
Southland
United South Central

BROWN

Jackson County Central
Lake Crystal-Welcome Memorial
LeSueuer-Henderson
MN Valley Luthern
Pipestone
Sibley East
Windon
Luverne

PURPLE

BOLD
Murray County Cent.
Russel-Tyler-Ruthton
Sleepy Eye
Springfield
Tracy-Milroy-Balaton

GOLD

Cleveland
Gibbon-Fairfax-Winthrop
Madelia
Martin County West
Mayer Lutheran
St.James
Lester Prairie

WHITE

Canby
Dawson-Boyd
Lac Qui Parle Valley
Lakeview
MCCRAY
Minneota
Yellow Medicine East

COMPETITIVE SECTION ASSIGNMENTS

9-Man

SECTION 1 9M

Grand Meadow High School
Houston High School
Kingsland High School
Lanesboro High School
LeRoy-Ostrander High School
Mabel-Canton High School
Southland High School
Spring Grove High School

SECTION 2 9M

Buffalo Lake-Hector-Stewart High School
Cedar Mountain High School
New Ulm Cathedral High School
Nicollet High School
Red Rock Central High School
Renville County West High School
Westbrook-Walnut Grove High School

SECTION 3 9M

Alden-Conger/Glenville-Emmons
Edgerton High School
Heron Lake-Okabena/Fulda High School
Hills-Beaver Creek High School
Lyle-Pacelli
Madelia High School
Mountain Lake Area
Granada-Huntley-East Chain/Truman

SECTION 4 9M

Ottertail Central
Brandon-Evansville High School
Hancock High School
Hillcrest Lutheran Academy
Ortonville High School
Rothsay High School
Underwood High School
Border West

SECTION 5 9M

Bertha-Hewitt High School
Cromwell-Wright Area
McGregor High School
Nevis High School
Ogilvie High School
Sebeka High School
Verndale High School
Carlton/Wrenshall High School

SECTION 6 9M

Blackduck High School
Clearbrook-Gonvick High School
Fertile-Beltrami High School
Fosston High School

Laporte High School
Park Christian High School
Norman County East/Ulen-Hitterdal High School

SECTION 7 9M

Bigfork High School
Cherry High School
Cook County High School
Kelliher/Northome
Littlefork-Big Falls
Mountain Iron-Buhl High School
Hill City/Northland High School

SECTION 8 9M

Badger/Greenbush-Middle River High School
Goodridge/Grygla-Gatzke
Kittson County Central
Lake of the Woods/Rainy River
Northern Freeze
Stephen-Argyle Central High School
Warren-Alvarado-Oslo High School
Win-E-Mac High School

Class A

SECTION 1A

Bethlehem Academy
Blooming Prairie High School
Fillmore Central High School
Goodhue High School
Hayfield High School
Kenyon-Wanamingo High School
Rushford-Peterson High School
Wabasha-Kellogg High School

SECTION 2A

Cleveland High School/Immanuel Lutheran High School
GFW High School
Lester Prairie High School/Holy Trinity High School
Mayer Lutheran High School
St. James High School
United South Central High School

SECTION 3A

Adrian High School/Ellsworth High School
Martin County West High School
Murray County Central High School
Russell-Tyler-Ruthton High School
Sleepy Eye High School/Sleepy Eye Saint Mary's High School
Springfield High School/Comfrey High School
Tracy-Milroy-Balaton High School
Wabasso High School

CLASSIFICATION ENROLLMENTS

9 Man	150 and under
A	151-203
AA	204-311
AAA	313-563
AAAA	564-1002
AAAAA	1003-1641
AAAAAA	1642 and above

SECTION 4A

Atwater-Cosmos-Grove City High School
Belgrade-Brooten-Elrosa High School
Benson High School
Browerville-Eagle Valley
Long Prairie-Grey Eagle
Upsala/Swanville

SECTION 5A

B O L D High School
Canby High School
Dawson-Boyd High School
Lac qui Parle Valley High School
Lakeview High School
MACCRAY High School
Minneota High School
Yellow Medicine East H.S.

SECTION 6

A-B-E: Ashby/Brandon-Evansville
Breckenridge High School
Lake Park Audubon
New York Mills High School
Parkers Prairie High School
Pine River-Backus High School
Walker-Hackensack-Akeley H.S.
West Central Area

SECTION 7A

Braham High School
Chisholm High School
Deer River High School
East Central High School
Ely High School
Mille Lacs: Isle High School/Onamia H. S.
South Ridge High School

SECTION 8A

Ada-Borup-West High School
Bagley High School

Cass Lake-Bena: Cass Lake-Bena/Bug-O-Nay-Ge-Shig
Polk County West: Fisher High School/Climax High School/Sacred Heart School
Mahnomen High School/Waubun High School
Red Lake County: Red Lake Falls High School/Red Lake County Central
Red Lake High School

Class AA

SECTION 1AA

Caledonia High School
Chatfield High School
Cotter/Hope Schools
Dover-Eyota High School
Lewiston-Altura High School
St. Charles High School

SECTION 2AA

Blue Earth Area High School
Janesville-Waldorf-Pemberton High School
Maple River
Medford High School
New Richland-H-E-G H.S.
St. Clair High School/Mankato Loyola High School
Triton High School
Waterville-Elysian-Morristown H.S.

SECTION 3AA

Jackson County Central High School
Lake Crystal Wellcome Memorial
LeSueur-Henderson High School
Minnesota Valley Lutheran
Pipestone Area High School
Redwood Valley High School
Sibley East High School
Windom Area High School

SECTION 4AA

Cannon Falls High School
Maple Lake
Norwood Young America Central Public Schools
Randolph High School
Rush City High School
St. Agnes High School

SECTION 5AA

Eden Valley-Watkins High School
Holdingford High School
Kerkhoven-Murdock-Sunburg High School
Kimball Area High School
Paynesville Area High School
Royalton High School

SECTION 6AA

Menahga High School
Osakis High School
Pillager High School
Staple-Motley School

Wadena-Deer Creek

SECTION 7AA

Aitkin High School
Barnum High School
Crosby-Ironton High School
Greenway H.S./Nashwauk-Keewatin H.S.
Hinckley-Finlayson High School
International Falls High School
Mesabi East High School
Moose Lake High School/Willow River H.S.

SECTION 8AA

Barnesville High School
Crookston High School
Frazee High School
Hawley High School
Park Rapids Area High School
Pelican Rapids High School
Roseau High School
Warroad High School

Class AAA

SECTION 1AAA

La Crescent-Hokah High School
Lake City High School
Pine Island High School
Plainview-Elgin-Millville High School
Red Wing High School
Rochester Lourdes High School
Stewartville High School
Zumbrota-Mazeppa High School

SECTION 2AAA

Dassel-Cokato High School
Glencoe-Silver Lake High School
Howard Lake-Waverly/Holy Trinity
Litchfield High School
Rockford High School
Watertown-Mayer High School

SECTION 3AAA

Albert Lea High School
Belle Plaine High School
Fairmont
Jordan High School
Luverne High School
Tri-City United High School
Waseca High School
Worthington High School

SECTION 4AAA

Breck School
Brooklyn Center High School
Concordia Academy
Holy Family Catholic High School
Minneapolis North Community High School
PACT Charter
Richfield High School
St. Croix Lutheran Academy

SECTION 5AAA

Annandale High School
Foley High School
Milaca High School
Mora High School
Pine City High School
Spectrum High School
St. Cloud Cathedral High School
St. Cloud Apollo High School

SECTION 6AAA

Albany High School
Melrose Area High School
Minnewaska Area H.S.
Montevideo High School
New London-Spicer High School
Sauk Centre High School

SECTION 7AAA

Esko High School
Hibbing High School
Pequot Lakes High School
Pierz High School
Proctor High School
Two Harbors

SECTION 8AAA

Dilworth-Glyndon-Felton High School
East Grand Forks High School
Fergus Falls High School
Morris Area School/Chokio-Alberta HS.
Perham High School
Thief River Falls High School

Class AAAA

SECTION 1AAAA

Austin High School
Byron High School
Faribault/Shattuck-St. Mary's
Kasson-Mantorville High School
Winona High School

SECTION 2AAAA

Hutchinson High School
Marshall High School
New Ulm High School
St. Peter High School
Willmar High School

SECTION 3AAAA

Chisago Lakes High School
Hill-Murray School
North High School-North St. Paul
Simley High School
South Saint Paul High School
St. Paul Johnson High School

SECTION 4AAAA

Columbia Heights High School
Fridley High School

"THE KEEPERS OF THE GAME"

Minneapolis Edison High School
Minneapolis Camden
St. Anthony Village High School
Totino-Grace High School

SECTION 5AAAA

Academy of Holy Angels
Benilde-St. Margaret's School
SMB Wolfpack
DeLaSalle High School
Minneapolis Roosevelt High School
Minneapolis South High School

SECTION 6AAAA

Big Lake High School
Delano High School
Mound Westonka High School
Orono High School
Providence Academy
Zimmerman High School

SECTION 7AAAA

Cloquet High School
Duluth Denfeld High School
Grand Rapids High School
Hermantown High School
North Branch Area High School
Rock Ridge High School

SECTION 8AAAA

Becker High School
Detroit Lakes High School
Little Falls High School
Princeton High School
Rocori High School

Class AAAAA

SECTION 1AAAAA

New Prague High School
Northfield High School
Owatonna High School
Rochester Century High School
Rochester John Marshall

SECTION 2AAAAA

Chanhassen High School
Chaska High School
Mankato East High School
Mankato West High School
Waconia High School

SECTION 3AAAAA

Apple Valley High School
Bloomington Jefferson High School
Bloomington Kennedy High School
Hastings High School
St. Thomas Academy
Two Rivers High School

SECTION 4AAAAA

Cretin-Derham Hall High School
Mahtomedi High School
St. Paul Central High School
St. Paul Como Park
St. Paul Harding High School/St. Paul
Humboldt High School
St. Paul Highland Park
Tartan High School

SECTION 5AAAAA

Minneapolis Southwest High School
Minneapolis Washburn High School
Robbinsdale Armstrong High School
Robbinsdale Cooper High School
St. Louis Park High School
Twin Cities Charter

SECTION 6AAAAA

Irondale High School
Monticello High School
Park Center High School
Rogers High School
Spring Lake Park High School

SECTION 7AAAAA

Andover High School
Cambridge-Isanti High School
Duluth East High School
Elk River High School
Sauk Rapids-Rice High School
St. Francis High School

SECTION 8AAAAA

Alexandria Area High School
Bemidji High School
Brainerd High School
Moorhead High School
Sartell High School
St. Cloud Tech High School/St. John's Prep

Class AAAAAA

SECTION 3AAAAAA

Burnsville High School
Eagan High School
Eastview High School
Farmington High School
Lakeville North High School
Lakeville South High School
Rochester Mayo High School
Rosemount High School

SECTION 4AAAAAA

East Ridge High School
Forest Lake High School
Mounds View High School
Park High School
Roseville Area High School
Stillwater Area High School
White Bear Lake Area High School
Woodbury High School

SECTION 5AAAAAA

Anoka High School
Blaine High School
Centennial High School
Champlin Park High School
Coon Rapids High School
Maple Grove High School
Osseo High School
St. Michael-Albertville High School

SECTION 6AAAAAA

Buffalo High School
Eden Prairie High School
Edina High School
Hopkins High School
Minnetonka High School
Prior Lake High School
Shakopee High School
Wayzata High School

AN EXAMINATION OF FOOTBALL PARTICIPATION BY THE NUMBERS

One of the main measures of the “popularity” of high school sports is normally determined by the number of participants. High school football has long been the activity with the largest number of participants in the United States. The “nature of the game” of football requires a high participation rate due to the number of player positions needed to field competitive teams, while also using a liberal substitution system that allows even more players to participate. Factors that have had an effect on high school football numbers range from the growth of other sports/activities, limited budgets, health concerns, school consolidations, “sport specialization”, and various other issues. But even with all the demands placed on high school football participants, the number of participants has held consistent and have even increased in recent years.

Using information provided by the NFHS surveys and MSHSL website data, a statistical look at the last ten seasons of high school football in Minnesota shows that during that period there has, curiously, been a decrease in the total number of football participants but an increase in the number of “schools” offering football. There were 25690 football players in the combined 11 Man and 9 Man programs, with 440 schools offering football to their students during the 2014-15 season. It should be noted that the number 440 does not represent the total number of high school football teams but the number of schools that “offer” the opportunity to participate in football through direct enrollment, consolidations, and mergers. By the 2023-24 season, there were 5.8%(1490) less players participating yet there were 2%(9) more “schools” offering football. Compared to the national numbers for the same time period, participation decreased by 3.7% and the number of schools offering football increased by .7%.

The entire scope of high school football comes into consideration as there are four different “number categories” of high school football contested in America. The vast majority of schools in the U.S. compete with 11 man teams. There are also 9Man teams, such as in Minnesota. But there are also 8Man teams and 6Man teams played across a wide variety of states, mainly in the central and western states. And while Minnesotans are more familiar with the 9Man version, on a national scale, 9Man football actually has the smallest number of schools participating at the high school level. The most recent data from 2023-24, showed 13788 11 Man schools, 1143 8Man schools, 374 6Man schools and 289 9Man schools. Michigan had the largest number of 8Man schools with 123, while somewhat surprisingly, the most populous state California had the second highest number of 8Man teams with 113. South Dakota and Minnesota led the way in the 9Man category with 88 and 84 respectively. And Texas had the most 6Man schools with 147.

But using the number of “schools” offering football in the NFHS surveys to make determinations regarding any trends relating to high school football may be problematic as the use of the term “school” does always equate with the term “teams”. Upon closer inspection of the NFHS survey data and comparing it with current Minnesota High School League information, the numbers do not coincide. For example, in the 2023-24 school year, the MSHSL website data reports 60 9Man teams placed into sections and three “unclaimed” schools (two schools are paired with out-of-state teams and the third has no pairing). But the NFHS survey for 2023-24, notes that Minnesota had 84 schools participating in 9Man football. The probable explanation for this discrepancy is that the NFHS number includes the schools involved in consolidated/paired football teams. The NFHS surveys also seems to “inflate” the number of 11 Man teams. A quick study of the number of 11 Man teams listed on the MSHSL website for 2023-24 shows 291

teams in the six different classes of 11 Man football. And within those 291 teams are 74 various schools involved in consolidation/pairings with those 11 Man teams, many of them charter schools, academies, and/ or other schools with low enrollments. This “total” of schools equals the 365 “schools” in NFHS survey for the same school year.

A more accurate, and consistent, statistic in determining trends in high school football is looking at the number of football participants. Statistical “high points” gleaned from the surveys show the highest number of high school football players occurring in the 2008-09 school year. In that season there was an overall total of 1,139,202 high school football players playing in all four categories at a total of 15,331 schools. In that same season there were 1,112,303 playing 11 Man football at 14,105 schools. In the 1975-76 season, the number of players participating in 11 Man football was reported at 1,113,106 for the, but there are some “discrepancies” in that season’s data regarding the overall participant numbers.

The “peak of participation” for the state of Minnesota, according to the NFHS data, occurred during the 1970-71 season with 38,453 total players listed. This number is assumed to be for both 11 Man and 9Man football as it is the only number listed for Minnesota. The “peak” of the number of schools offering a football team in Minnesota was 511 in 1975-76, again assuming that this is both Minnesota categories. After Minnesota’s 11 Man and 9Man programs are statistically differentiated in the NFHS figures, the highest number of 11 Man teams was in 1980-81 with 384 schools. The highest number of 9Man schools came the following year of 1981-82, with a number of 126 schools.

The “high point” in the total number of football sponsoring schools in the U.S., according to the NFHS survey, occurred in the 2018-19 season with a total number of “schools” in all four categories, of 15,810. That number included the highest reported number of 11 Man “schools” at 14,247.

In comparing the four different categories of high school football, one can note participation trends occurring. As noted earlier, the overall number of players participating in 11 Man football in the U.S., has declined by 3.7% since the 2008-09 school year, though the rate of decline “shifted” after Covid effects and has actually increased in each of the last three years.

It should be noted that the NFHS surveys do have some “anomalies” that don’t seem to “compute” upon close inspection. For example, in 1974 it is recorded that there were 180 schools with 6Man teams with 3771 players in the country, yet the following year, 1975, only 3 schools were reported with 40 players. It can be assumed that numerous schools simply did not submit their data to the NFHS survey for some reason. Covid also had its impact on the survey as the data from the 2019-20 and 2020-21 school years is “incomplete” or not reported at all. And in compiling the data from the NFHS archives, there are several seasons, mainly in the 1970’s that are “not available”.

In conclusion, high school football seems to be making progress over the last few years as participation has “rebounded”. According to NFHS data, the number of participants has been increasing over the last three years, along with the growth of schools participating. And despite media attention to selected serious injuries/deaths, the sport is safer than at any other time since injury data has been collected, mainly by National Center for Catastrophic Sport Injury Research, which tracks catastrophic injuries in the U.S. And as quoted by NFHS CEO Karissa Niehoff in a recent report, “it’s probably the safest it’s ever been”.

Added to this, and not to be overlooked, is the positive impact that the high school football coaches have had in promoting their programs in a positive manner and maintaining contact and communication with students, parents and communities. With all of the other activities and

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issues competing for the high school athletes time and participation, the high school football coach has to navigate a gauntlet of challenges to get students to come out for football and to retain that participation. And as the recent numbers indicate, high school football coaches seem to be up to the challenge.

Football participation for the past ten years in the United States
Source: National Federation of High Schools Surveys

11 MAN FOOTBALL DATA

SCHOOL YEAR	PARTICIPANTS	SCHOOLS
2023-24	1,031,508	13788
2022-23	1,028,761	13670
2021-22	973,792	13733
2020-21	NA	NA
2019-20	1,003,524	NA
2018-19	1,006,013	14247
2017-18	1,036,842	1407
2016-17	1,057,382	14099
2015-16	1,080,693	14047
2014-15	1,083,617	14154

OFFENSIVE TEAM SCORING: 2024 SEASON

TEAM	AVG. POINTS	CLASS	OVERALL
Mnt.I-Buhl	61.5	9 Man	12-1
Minneota	57.3	1A	13-0
Fertile-Beltrami	51.9	9 Man	13-0
BOLD	50.0	1A	8-2
L-Os/L-P	49.8	9 Man	12-
Moorhead	48.7	5A	9-1
Barnesville	47.7	2A	11-1
J.C Central	.47.5	2A	13-0
Hancock	46.4	9 Man	9-1
Stewartville	45.9	3A	14-0
Elk River	44.8	5A	12-1
Hermantown	43.8	4A	9-2
Pequot Lakes	42.4	3A	11-1
Two Rivers	42.2	5A	8-1
Blooming Prairie	41.7	1A	8-2
Border West	41.5	9 Man	8-3
Maple Grove	41.2	6A	13-0

Note: 40 point average minimum

MINNESOTA FOOTBALL PARTICIPATION

YEAR	TEAM	PARTICIPANTS	SCHOOLS
2023-24	11 Man	22442	365
	9 Man	1752	84
	TOTAL	24194	449
2022-23	11 Man	21367	358
	9 Man	998	72
	TOTAL	22365	430
2021-22	11 Man	20679	357
	9 Man	1426	75
	TOTAL	22105	432
2020-21		NA	NA
2019-20		NA	NA
2018-19	11 Man	23185	345
	9 Man	1805	78
	TOTAL	24990	423
2017-18	11 Man	23205	346
	9 man	1826	76
	TOTAL	25301	422
2016-17	11 Man	23170	345
	9 Man	1840	79
	TOTAL	24010	424
2015-16	11 Man	23751	356
	9 Man	1899	84
	TOTAL	25650	440
2014-15	11 Man	23794	356
	9 Man	1896	84
	TOTAL	25690	440

DEFENSIVE TEAM SCORING: 2024 SEASON

TEAM	AVG.POINTS	CLASS	OVERALL
Stewartville	5.8	3A	14-0
Becker	7.2	4A	13-0
Minneota	7.8	1A	13-0
Upsala/Swanville	7.9	1A	10-1
Marshall	8.2	4A	10-2
Byron	8.6	3A	9-2
Mountain I-Buhl	9.2	9Man	12-1
J.C Central	9.4	2A	13-0
Mille Lacs	9.5	1A	8-3
Hills-Beaver Creek	9.7	9Man	12-1
Caledonia	9.7	2A	7-3
Monticello	9.8	5A	8-3

Note: Less than 10 points allowed

Submitted by Publication staff

TITANS SERVE AND SIT WITH VETERANS AND MORE

The Tartan football team is a key teammate with the Hy-Vee supermarket thanking our veterans by hosting a veteran's day breakfast and serving those in need during Thanksgiving. Some 50 players give three to six hours to display gratitude to those who have served in our armed forces. Moreover, the players also fold boxes that will be filled with Thanksgiving dinners by Hy-Vee's staff.

"Our community service at Hy-Vee has been a tremendous experience for our program over the last eight years," said Tartan Head Football Coach Matt Diediker. "We have served approximately 8,000 Veterans Day breakfasts and folded 7,200 boxes that become Thanksgiving meals."

Coach Diediker initiated the opportunity to connect his players to veterans who have sacrificed so much for all of us. Over time, the event parallels what the Titans seek to display on the field.

"My favorite component of this effort is watching the young men interact with veterans as they share a breakfast during part of their shift. Having that 15-minute conversation with someone who



has had experience serving in military active duty impresses on the kids some of the core values we strive to teach as coaches: character, commitment, teamwork and service to others."

The Titans have become indispensable to Hy-Vee's effort. In 2024, the cooperation served 982 breakfasts on Veterans Day. "It is the most fun day we have at HyVee and doing that quantity would be impossible without the support of the Tartan football team players and coaches," stated store manager Eric Doughan. "It is a great partnership and we are proud to be associated with Tartan High School and the football program."

According to 1st Vice Commander Daniel Bronk of the North St. Paul American Legion Post 39, the impact on the veterans and their families is profound.

"The players and coaches' professionalism and willingness to dedicate their time shows how much



"THE KEEPERS OF THE GAME"

gratitude they have for the veterans," Bronk said. "Their willingness to assist veterans with meals, ask questions, and ensure they have what they need makes a huge impact on our veterans."

Few places are better to connect than a breakfast table especially when acquaintances from all walks of life join together to share a meal. Furthermore, it brings veterans together. The quality, Hy-Vee meal is great, but it's transcended by the interpersonal connections the veterans covet.

"It allows veterans to come together to share stories, experiences of their time in service, and reconnect with other veterans," Bronk said.

The Hy-Vee breakfast kicks off the day for North St. Paul American Legion Post 39 Honor Guard Team. After six to eight Honor Guard events in the community, Bronk noted the Veterans continued to be impressed by the professionalism displayed by the Tartan players.

The Titans followed the Veterans Day breakfast by folding 700 boxes to initiate the Hy-Vee Thanksgiving meal process. "This group of kids should be very proud of the work they do in the community," Doughan stated. "They are very deserving of this community service award."



COMMUNITY SERVICE AWARD

FOOTBALL IS MORE THAN JUST A GAME

Coaches can make a significant impact on their players, school, community, and world through the community service award by conducting a community service project.

MINNESOTA FOOTBALL COACHES ASSOCIATION COMMUNITY SERVICE AWARD GUIDE

The Community Service Award began in 2008. The award encourages teams to display their student-athletes' service while portraying qualities of leadership, community, and giving to others. The intrinsic joys of giving - without the expectation of reward - can be instilled in our young men.

It is great to see teams seek this award. More importantly, it is great to see how teams contribute to our communities, state, country, and world. We are happy to share the good things that Minnesota programs, led by Minnesota coaches, do for their communities and our society. If your team performs a community service activity of any kind, please fill out the online form. The form is simple, but the message it will send can be resounding.

If your program has not conducted a community service activity, please consider one. No act is too small when it comes to giving back. Please view the work of recognized teams on the MFCA website. Moreover, consider the following community service ideas and organization:

Food shelf, Food drive, School mentoring, Elementary reading, DARE volunteers, Flood prep and relief, Hospitals/ hospice, Nursing homes, Public Safety Departments, Environmental projects, Community cleanup day, Walk/ Runs, Drug, alcohol, violence, abuse education, Blood drives, Adopt a member of a nursing home, Adopt a Highway, Animal Shelters/ zoos, Raise money for a charity, Compete with a rival to fundraise for charity, Youth football camps or leagues, Work food or soup lines, Serve area schools and parks, Contact your town hall for needs, Raise money for school supplies

Do not underestimate the difference that a community service experience can have on your community and team. More often than not, those who gain the most are the young men performing the service. If you need any assistance, please contact Beau LaBore, MFCA Community Service Committee Chair, at laboreb@stillwaterschools.org.

COMMUNITY SERVICE RECOGNITION

MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Beau LaBore, 5701 Stillwater Blvd. N, Stillwater, MN 55082-5476 or e-mail laboreb@stillwaterschools.org

Head Coach _____
first middle last

School Address _____ City/Zip Code _____

E-mail _____ Home phone _____ Work phone _____

Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-district _____

COMMUNITY SERVICE PROJECT

Supervisor: _____ Date(s): _____

Number of players involved: _____

Describe Project: _____

Purpose/Goal: _____

Community Feedback: _____

Submitted by: _____ Head Football Coach _____

MFCA INSPTS FOUNDATION SCHOLARSHIP WINNERS

The following students were selected as MFCA scholarship recipients. Each student will receive a \$500 scholarship from the Minnesota Football Coaches Association.

Al Siegle Scholarship: Zach Dietz - Morris Area High School
Football has taught me countless lessons on dedication, hard-work, and overcoming adversity. Yet, above all else, football has taught me the importance of leadership. Leaders rise to the occasion and raise their entire team to even greater heights. Leadership is not about talent, leadership is adapting to your team's strengths and maximizing these abilities.

Ron Scott Scholarship: Holden Beberg - Andover
Our coaches taught us in ways that went beyond the game. They taught us invaluable life lessons we couldn't find anywhere else. They did everything they could just to see us succeed not only in the game but in our lives. To me, they became more than just football coaches; they were mentors and friends. Football has changed my life in many ways but the most important ones are how it gave me my closest friends, taught me so many life lessons, and showed me what true leadership looks like.

Warren Olson Scholarship: Hank Meyer - Kimball
Through football, I have developed discipline, perseverance, teamwork, and a strong work ethic. Additionally, football has provided me with so many amazing experiences and opportunities that many kids only dream of. Watching the community rally behind us for an entire football season was truly exhilarating.

Tom Mahoney Scholarship: Camden Hungerholt - LeRoy-Ostrander High School
What makes football truly special is the sense of belonging it has given me. Playing football for LeRoy-Ostrander/Lyle-Pacelli has made me feel like part of something bigger than myself. When I stepped onto the field I played not only for my teammates but for my community and fans who came to support every Friday night. Representing my school and giving back to the people who supported me has been one of the most rewarding aspects of my journey.

John Gross Scholarship: Owen Bartlett - NRHEG
Playing football at NRHEG never guaranteed wins or championships, but it did teach me more than I can be thankful for. I carved out my work ethic everyday I was in the weight room, became a leader pushing people around me to pursue our goals. Lastly, I bonded with the family we created through perseverance and hard work.

Jim Gustafson Scholarship: Parker Wangen - Stewartville
Football has had a huge impact on my life, shaping my

character, opening doors to new opportunities, and helping me grow in ways I never imagined. While the game itself is important, the lessons I have learned and the experiences I have gained go far beyond football. Football has helped me develop leadership skills, discipline, and resilience qualities that will stay with me throughout the rest of my life.

Steve Sillianoff Scholarship: Isaac Johnson - Highland Park
Football forced me to manage my time better by balancing practice, games, and homework. I learned to plan my schedule, setting aside time to study before and after practice, which helped me complete homework more efficiently. The discipline I developed through football though showing up to practice, working hard, and pushing through challenges transferred to my academics, helping me to improve my grades.

Jim Simser Scholarship: Brady Kittelson - Blooming Prairie H.S.
One big lesson that I have learned from football is that even if you have a few great players on a team, it won't make the team great unless all 11 guys work for each other and not for themselves. There is not a sport where teamwork matters more than in football. If one player doesn't execute their job, or if one player gets selfish and does something they were not supposed to, then it will mess up the whole play.

Dale Scholl Scholarship: Brayden Sturm - Springfield H.S.
Football has taught me how to be a leader on and off the field to improve the experience for others. It has made me a person that cares about others before myself, also devoting all that I have to benefit those that experience similar to myself. Football has made me believe that no matter the opponent, controlling what I can control is important such as the energy and intent that I bring.

Dave Hylla Scholarship: Cody Kvarnlov - Warroad High School
Football made me give back by teaching the youth about football, the sport, and the discipline. Challenges occur daily, but now I know hard work makes them less of a challenge. I achieved success in football and the classroom, from discipline to being the best no matter the circumstances, playing like it is your last game every time, and bringing that into everyday life, never stopping to work to achieve my goals.

Don Swanson Scholarship: Zach Wickenhauser - Central High School
Football has had a powerful and permanent impact on my life, teaching me critical lessons in hard work, empathy, humility,

"THE KEEPERS OF THE GAME"

and overcoming adversity. From my first varsity practice as a 125-pound freshman to the State Tournament my senior year, forged irreplaceable bonds with teammates and coaches through our shared passion for the game.

Les Drechsel Scholarship: Isaiah Wright - Fertile Beltrami Football has provided me with a large family of brothers. It provided me with a lot of positive role models. As I grew older, I understood that Football held me accountable in all aspects of my life. It is also an outlet from the real world, every Friday night you step on that field and instantly forget about everything negative that has happened in your life. As I gained traction and attention, I learned that everything I did mattered to someone.

David Nigon Scholarship: Eli Klimek - Nevis These experiences have molded me into a person who values hard work, leadership, and teamwork. They have equipped me with the skills and mindset needed to navigate life's challenges and continue growing as an individual. My journey as an athlete has not only developed my talents but also shaped my character, preparing me for a successful future.

Andy Nelson Scholarship: Jack Primus - Upsala While playing under Jay Loven, maintaining a great work ethic and respecting everyone on and off the field has always been a priority of mine. Football has taught me how to be a great

player, teammate, and person, as every moment has shaped me into who I am today. It has shown me what character is and has given me life lessons to carry on forever.

Bob Peterson Scholarship: Straet Spilde - Tri County H.S. Football taught me to lead, stand up for what's right, and keep pushing forward, no matter the difficulty. As I approach graduation, I realize the lessons learned on the field will stay with me, helping me navigate life's challenges. Though I won't leave with a championship ring, I leave high school with something even more valuable—the character, discipline, and resilience needed to face whatever **comes next**. Football has prepared me for the future, and I'm ready to use what I've learned to succeed in college and beyond.

Dick Walker Scholarship: Brock Wyandt - Farmington Throughout my playing career for the Tigers I have gained valuable experience on how to lead by example and to always respect the authority of my coaches. My teammates and I felt great pride being able to play in front of our entire community, the support we received was nothing short of extraordinary and for that I will be forever thankful.

SCHOLARSHIP NAME

HS ATHLETE

HIGH SCHOOL

Don Swanson	Zach Wickenhauser	Central High School
Les Dreschsel.....	Isaiah Wright.....	Fertile Beltrami
David Nigon	Eli Klimek	Nevis
Al Siegle	Zack Dietz	Morris Area H.S
Andy Nelson	Jack Primus	Upsala
Steve Sillianoff	Isaac Johnson	Highland Park
Dave Hylla	Cody Kvarnlov	Warroad High School
Bob Peterson	Straet Spilde	Tri County High School
Dale Scholl.....	Brayden Sturm.....	Springfield High School
Warren Olson	Hank Meyerr	Kimball
Jim Gustafson.....	Parker Wangen.....	Stewartville
John Gross.....	Owen Bartlett	NRHEG
Jim Simser.....	Brady Kittelson	Blooming Prairie High School
Ron Scott.....	Holden Beberg.....	Andover High School
Dick Walker.....	Brock Wyandt	Farmington
Tom Mahoney	Camden Hungerholt.....	LeRoy-Ostrander High School

MINNESOTA

FOOTBALL COACHES ASSOCIATION SCHOLARSHIP

The Minnesota Football Coaches Association will award scholarships to students who are currently enrolled in a Minnesota High School and are members of their high school football team.

ELIGIBILITY

- Following their high school senior football season
- A minimum grade point average of 3.0 (B) is required. The student's high school transcript must accompany the application.
- Student must write a 250 word essay that describes how the sport of football has impacted their life.
- Essay must be typed.
- Application must be accompanied by two letters of recommendation from high school faculty members familiar with the student's academic and extra-curricular achievements.
- Head Football Coach must be a member of the MFCA.

SUBMISSION OF APPLICATION

Submit the application and all other material required to:

MFCA Football Scholarship
Howard Lake-Waverly-Winsted H.S.
Attn: Ben Anderson
8700 Co Rd 6 SW
Howard Lake, MN 55349

Applications must be postmarked by December 31st, 2025

Application will be judged on the following criteria

1. Academics
2. School/Community Involvement
3. Essay
4. Athletic Achievement
5. Letters of Recommendation

Notification and payment

The scholarship winner will be chosen by a committee of MFCA members and will be announced by Spring of recipient's high school senior year. The check will be mailed to the college during the recipient's college freshman year.

For Additional Information:

Contact Ben Anderson
8700 County Rd 6 SW, Howard Lake, MN 55349
Tel. 320-260-2917
banderson@hlww.k12.mn.us

MINNESOTA

FOOTBALL COACHES ASSOCIATION SCHOLARSHIP

Name: _____ School: _____

Permanent Address: _____

City/State/Zip: _____ Telephone: _____

E-mail: _____

School Address: _____

City/State/Zip: _____ Telephone: _____

SSN#: _____ Head Coach's Name: _____

Grade Point Average: _____ (on a 4.0 scale) ACT Composite Score: _____

Anticipated date of Graduation: _____ College Choice: _____

Verification of Application

By signing below, the student confirms that the information provided is accurate and that the essay was written by that same student. The student also asserts to his/her intent to attend a university or college in the fall of 2021. The school official confirms that all the information above is accurate and up-to-date.

Student Signature _____

School Official: _____ Signature: _____

Title: _____ Phone: _____

NOTE THESE ITEMS MUST BE RECEIVED WITH APPLICATION FORM:

- Official High School Transcript
- 250 Word Essay
- Two letters of Recommendation
- Activities Resume (including Athletic Achievement and School/Community Involvement)

MR. FOOTBALL AWARD

Camden Hungerholt, a quarterback / defensive back from LeRoy-Ostrander High School (LeRoy-Ostrander/Lyle-Pacelli co-op football program) was named Mr. Football for 2024 by the Minnesota Football Coaches Association (MFCA). The award was presented at the Mr. Football Banquet on Sunday December 15 at the Doubletree by Hilton Minneapolis Park Place Hotel in St. Louis Park.

First presented in 2004, the Mr. Football Award is an annual award recognizing Minnesota's best high school football player. The Mr. Football Award is co-sponsored by the Minnesota Football Coaches Association and the Minnesota Vikings.

The LeRoy-Ostrander/Lyle-Pacelli Cardinals are members of the 9 District, South-East Sub-District and MSHSL Class 9-Player. LeRoy-Ostrander/Lyle-Pacelli advanced to the 9-Player State semifinals in 2024.

Camden Hungerholt is the 21st player to receive the Mr. Football Award and the first from LeRoy-Ostrander/Lyle-Pacelli. He is the first player from Class 9-Player to win the Mr. Football Award. His head coach was Trevor Carrier. Here are Trevor Carrier's comments about Camden Hungerholt:

"Camden is an extremely committed player that wins on the field, in the classroom, and in the weight room. He has that rare ability to be a true run/pass quarterback. He is a gifted athlete that could play anywhere on the field."



ROW 1: Hudson Vosika, Grant Tylutki, Camden Hungerholt, Landen Kujawa
ROW 2: Sam Shaughnessy, Nolan Ginskey, Chase Thompson, Hank Meyer, Jacob Wrbanek, Kevon Johnson



Camden Hungerholt accepts 2024 Mr. Football Award

OTHER FINALISTS

Nolan Ginskey Owatonna
Kevon Johnson..... Robbinsdale Armstrong
Landen Kujawa Becker
Hank Meyer..... Kimball Area
Sam Shaughnessy Blaine
Chase Thompson Alexandria Area
Grant Tylutki Rocori
Hudson Vosika BOLD
Jacob Wrbanek Maple Grove

MR. FOOTBALL AWARD COMMITTEE

Anderson, Clay (Chairman) Kimball
Jim Dotseth..... MFCA
Scott Gonnerman..... Morris Area
Tim Kirk Mountain Laker
Dwight Lundeen..... Becker
Will Wackman..... Spring Lake Park
Jon Martin Breck
Jared Essler..... St. Michael Albertville
Rick Sutton Farmington
Tom West Minnesota Vikings
Dave Nelson Retired Coaches

MR. FOOTBALL AWARD

An annual award recognizing Minnesota's best high school football player

SPONSORED BY: Minnesota Football Coaches Association and the Minnesota Vikings

NOMINATION FORM

AWARD CRITERIA

- The recipient must be a graduating senior
- The head coach of all nominees must be a current member of the MFCA
- Nominees cannot have any MSHSL Eligibility violations from grade 9-12
- Each player must have their nomination approved by their sub-district and the MFCA Sub-District Rep will pass the nominee on to the committee chair
- Sub-District Nominations
- Sub-Districts will choose the number of nominations that they make - no limitation in number; however, nominations must be made in keeping with the integrity of the award (it truly is an honor to be nominated), and must be approved by the coaches and put forward by the Sub-District Rep.

SELECTION PROCESS

- **Sub-District Reps** e-mail Clay Anderson with nominees' name/school by **Date TBD**
- **Head Coach** must submit nomination forms to Clay Anderson by **Date TBD**
- Selection committee evaluates nominees and chooses 10 finalists on **Date TBD**
- Each finalist will have a committee member assigned as an evaluator
- The "Elite Ten" finalists will be required to submit two complete game films and a highlight film to the committee, preferably through HUDL
- Mr. Football Banquet will be held Sunday, **Date TBD** at the Doubletree Park Place

Coaches are to e-mail, fax or mail the nomination materials to the committee chair:

MR. FOOTBALL COMMITTEE CHAIRMAN

Clay Anderson, Kimball Area HS

100 Highway, 55 West PO Box 368

Kimball, MN 5555353

clay.anderson@kimball.k12.mn.us

Work: 320-309-9304 Ext. 1311

Cell: 507-215-5559

Mr. Football Committee

Chairman Clay Anderson, Kimball Area; Jim Dotseth MFCA; Scott Gonnerman, Morris Area; Tim Kirk, Mountain Laker; Dwight Lundeen, Becker; Will Wackman, Spring Lake Park; Jon Martin, Breck; Jared Essler, St. Michael Albertville; Rick Sutton, Farmington; Tom West, Minnesota Vikings; Dave Nelson, Retired Coaches.

Download nomination form at: www.mshsca.org/football/mrfb.pdf

WHAT'S WORKED FOR US AT MAPLE GROVE

by Adam Spurrell,

Head Coach, Maple Grove Football

Maple Grove Football has enjoyed sustained success throughout the 2020s, and while no two programs are the same, I wanted to share a few foundational concepts that have worked for us. These strategies have helped us not just win games, but build a culture that develops disciplined, committed, and high-character young men. Some of these ideas might fit your program directly; others may require tweaking. Either way, feel free to take what works and make it your own.

1. THE MORNING WEIGHT ROOM CULTURE

Our weight room routine is the backbone of our program. We lift before school every morning, and this schedule has become something our athletes and parents have fully embraced. This past offseason, we averaged between 80 to 100 players in the weight room every morning—including non-school days like teacher workshop days.

The players know the room will be open, the workout will be posted, and the standard remains the same. We've even encouraged post-lift breakfasts to help build camaraderie, and parents have played a crucial role—committing to early morning drop-offs, often before 5:40 AM.

We lift from 5:55 to 6:55 AM, which allows time for a full workout before our 7:30 AM start time. This schedule has had a positive ripple effect: our team GPA has been the second highest in Class 6A the past two seasons. Players learn discipline, time management, and accountability—skills that carry over into the classroom and beyond.

Lifting in the morning also accommodates our multi-sport athletes. We adjust workouts based on their competition schedule and communicate openly about what their bodies need to stay fresh and healthy. It's a year-round commitment. We typically give December off after playoff runs, but otherwise, football is an 11-month commitment at Maple Grove—and our players embrace it.

2. TEACHING SCHEME THROUGH CONCEPT, NOT MEMORIZATION

We take a unique approach to teaching our offensive and defensive schemes—we focus on conceptual learning rather than memorization. We don't hand out traditional playbooks. Instead, our coaches use drills, teaching periods, and reps to help players understand our system at a deeper level.

Our offensive terminology is intentional, clear, and player-friendly. For example, a call like "Pro Right Twins 258 Shag Drag" tells our players everything they need to know—alignment, route concepts, and protections—all in one sentence. It may sound complex, but we simplify it for the players by teaching them what each part means, rather than asking them to memorize disconnected jargon.

Defensively, we use the same principle. Every position group

understands their job based on the concept. We tell players exactly who is blitzing, what coverage we are playing, and how the defensive front is aligned. It promotes trust, communication, and understanding, which are especially critical in big moments late in the season.

3. MAXIMIZING PRACTICE EFFICIENCY

We do not believe every practice needs to be two hours long just because "that's how it's always been done." Last season, in our championship season, not a single practice exceeded two hours.

We want our players to be fresh, focused, and eager to practice—not dreading it. We want our players excited for practice all the way into late November. It is an incredible moment when you get to know when the last practice is and control that narrative. That means efficient transitions, intentional drills, and purposeful planning. Every period has a goal, and we frequently use situational practice to replicate game-day scenarios. That way, our players are always mentally and physically engaged in meaningful work.

Fresh players with focused minds make fewer mistakes and enjoy the grind.

4. BUILDING A FAMILY, NOT JUST A FOOTBALL TEAM

One of the most powerful elements of our program is the sense of family. We host events like our annual Bags Tournament early in the season to bring together players, families, and community members. It's a chance to compete, support the program, buy gear, and build bonds across grade levels.

After games, we often go out to eat at local restaurants as a team. This consistent time together off the field builds chemistry and makes memories.

We also ask our varsity and JV players to attend youth games wearing their jerseys or Crimson apparel. We want our youth athletes to dream about playing for Maple Grove, not just emulate NFL stars. Being visible, supportive, and involved in the youth program plants seeds of future success.

Our Crimson family has done an amazing job rallying behind our families in times of need. When tragedy struck, our families were there to support one another. I am proud of the way that our Crimson family has developed over the years and how it continues to grow with each incoming class.

FINAL THOUGHTS

This past season was my first as head coach, but I've been part of the Maple Grove program for over 20 years. I was able to learn from my good friend and incredible coach, Matt Lombardi for

FEATURE ARTICLES

the past 11 seasons. I've coordinated the defense for 9 of the past 11 seasons, and in that time, we've seen tremendous growth and had many successful seasons:

- 2 state championships in the last 3 seasons
- 3 championship game appearances in 4 seasons
- 5 semifinal appearances in the last 10 years

I've taught in District 279 for 23 years, including 21 years as a middle school math teacher and the last two at Maple Grove Senior High. I'm a proud graduate of St. Cloud State University—where I met my wife, Jessica—and our daughters, Anna and Brooke, will be attending SCSU starting in Fall 2025.

We're proud of the success we've had, but even more proud of the young men we've helped develop. Whether you're learning from coaches like Nick Saban or Sean McVay, or borrowing ideas from clinics, the key is staying curious and committed to doing what's best for your program and your players.

If any of these ideas help, take them. Adjust them. Make them your own. That's what coaching is all about. Do not hesitate to reach out and we can talk about football.

Spurrella@district279.org



MEN OF EXCELLENCE

By Kyle Kilgore

Assistant Football Coach, Bethel

"When men fail to act, society suffers" - Robert Lewis, Raising a Modern-Day Knight. This truth, known throughout history, has been a foundational building block of thriving societies. Consider a boy growing up in ancient Sparta in the Greek Mediterranean. This boy never had to ask the question "when do I become a man," for the answer to this question was deeply ingrained into Spartan society. They had created the Agoge - a grueling system through which a boy slowly became a full fledged Spartan through rigorous educational and military training that tested and therefore produced the character traits and values that marked a Spartan. Similarly, the Page of the Middle Ages, learning the basic skills of riding, hunting, weapon handling, knew that before becoming a full fledged Knight he must first become a Squire. He must carry the armor of his mentor Knight and learn daily the skills, characteristics, and most notably, the honor that was required to lay claim to the title of Knight. Prior to the industrial revolution, one might send their child to apprentice a Smith to provide them with a brighter future where they could grow into a journeyman, and eventually with enough persistence, repetitions, and knowledge, this kid could become a Master Blacksmith. On the other side of these societal catalysts were expectations - whether one became a Spartan, a Knight, or a Smith, it mattered not. What does matter today, as much as it did in each of their bygone eras, is that society desperately needs men to step into impactful roles and do so with fidelity. Furthermore, when men cease to carry out their duties to work their craft and protect/provide for their community, boys cease to have men to look up to and without fail, society suffers.

In modern society, kids may be passed through the educational system without much accountability or expectations placed upon them. Sit still, be quiet, and repeat what the teacher says...that does not exactly set boys up for success, does it? Education is extremely important, and there are many facts, figures, dates, and equations to be learned, no doubt. However, these have very little to do with the values and virtues that make a successful society function - the best HVAC technician in Minnesota need not be an expert in prepositional phrases. Society does, however, benefit when this same HVAC technician knows right from wrong, how to treat his or her clients with integrity, and certainly needs them to be a man or woman worthy of children looking up to! I would propose then, that the sport of football holds an immensely important role in society. The gridiron is an incredible training ground for boys to become men because of the virtue that football demands in order to play it. Where else is a boy taught that their strength, competitive nature, and aggression is a good thing when properly channeled or harnessed in a very positive way to help a team accomplish a goal? Or how to work effectively on a team made up of people from diverse backgrounds? That if the boy fails to do his own job well, others suffer? What else in society teaches the exponential returns of delayed gratification so good as the weightroom, conditioning field, and laborious commitment to technique required for a boy to repeatedly do that job that others depend on? What else teaches a boy how to find a way to do his job better than facing off against someone bigger, faster, and stronger than he and still be counted on to find a way to win? Where else can the "overweight", speedy, and strong armed, all come together and rely desperately on each other for success? What else teaches a boy confidence better than discovering that through hard work and commitment, he became more skilled at his craft (and got in better

shape too)? It is obvious that football done well produces virtues that will benefit boys and therefore our society long after their playing days. And in that lies the disclaimer: football done well. That is where the art of coaching comes in. I am hard pressed to find people I admire more than football coaches. Very few of them are in it for the money. Some are in it for the glory. I'd be willing to bet that most are in it because they were transformed through the sport and want that same thing so bad for the boys in their community. The call for a football coach to do football well could not be higher. If you are a coach reading this - are you using football as a means to boost your own ego, or strictly to pile up wins? Winning is good - in fact if you're going to play you ought to play to win! It should hurt if you don't. But if that is all football is to you you're missing out on your calling and our society will suffer because of you.

This is why, in my opinion, a football coach is one of the noblest professions our society has to offer! The weight of the job is enormous. It becomes even heavier as men fail to step into the roles of husbands and fathers, which in turn, the weight of the paternal job description then is passed on to male mentors to undertake. A lucky man can consider himself blessed to father even one child. Coaches have the opportunity to be father-like to hundreds and perhaps even thousands of children. Coaches then are uniquely positioned to have a major impact on the wellbeing of our society. What a call indeed!

At Bethel University, our head football coach, Coach Mac, has built upon his predecessor's program. His predecessor is Coach J, a MFCA Hall of Fame member, who is currently ranked 33rd in the all time wins category across all divisions of college football, 3 wins ahead of the legendary Lou Holtz. Coach Mac has worked to build on the foundation that Coach J left to create a culture with the goal to Cultivate Men - using our athletes' 4 years in the training ground that is Bethel Football as a catalyst for taking boys, fragile but full of potential, to become Men who are ready to answer the expectations and needs that society has for them. As a Bethel Football alumni and now in my 3rd year back as an Assistant Coach (LBs & D-Front), my purpose is to raise Men of Excellence.

Excellence is best defined as the quality of being outstanding or extremely good. This past season our defense was excellent - we finished with the most sacks per game across all divisions of college football (4.71), the #2 rushing defense in the country, #1 in TFLs, interceptions, and defensive TDs. We were eliminated from the NCAA playoffs after a run to the Elite Eight, and finished the year ranked #8 in the entire country. Bethel has been to 4 straight NCAA playoff appearances, 3 Elite Eight appearances since 2018, produced 5 players with NFL rookie camp stints, 2 Final Fours, and has won the MIAC 6 times. The call to be great on the field of play is high and we lean into that here at Bethel. However, the following is abundantly clear to me: A wife has no need for a husband who leads the country in TFLs - she needs a man who will be faithful to her. A kid has no need for a father who forces the most fumbles, he needs a father who will always show up for him when it is hard and who will display an example of what authentic manhood looks like. A company has no need for an employee who can take away half a field with his lock down coverage, it needs an employee who works to become the best at their craft, can be counted on, and will produce even more than they are compensated for. Society really has no need for



Coach Kilgore graduated from East Ridge high school in 2015 and went to Bethel University where he played football and was a team captain and earned honors such as AFCA Second Team All-America, twice named to the All Region team and twice named to the All MIAC team. He was also William V. Campbell semi-finalist as well as a Cliff Harris Award semi-finalist.

His coaching career includes stops at North St. Paul high school, Moundsview high school, University of Northwestern, St. Paul and his current position as linebackers coach and recruiting coordinator at Bethel.

football players, save the fractional percentage of those who reach the entertainment level of the sport industry. However, society beckons for the virtues that the sport of football can call out of a man. Look around - it's easy to see our society needs men who stand out for being extremely good. It needs men of excellence.

Knowing that the call is to produce men of excellence, and to be excellent means to have the quality of being outstanding, in our position group we have defined what specifically these virtues are that will make us 'stand out': Tough, Relentless, Grateful, and Accountable. These are the virtues that I want pointed out when a journalist who covers our team writes about any of my players, when I am writing a letter of recommendation to a future employer of one of my players, and when any of my former players are getting married and their best men are giving a speech about them. These are the virtues that when pursued at the highest level by our players can undoubtedly elevate them and our team above opponents. More importantly, they can be the foundation of men who women can depend on, kids can look up to and try to emulate, and employers can't wait to hire. These are the traits that can help a society flourish.

To be tough is misunderstood. Those who are what we refer to as 'fake tough' might try to define toughness as how hard you can punch somebody, how many emotions you can stuff down to create a rough exterior, how many people you sleep with, or how many problems you can attempt to solve in isolation. As we define it in our position group, toughness is one's ability to make choices true to who they said they want to be, regardless of the situation. It means knowing right from wrong and choosing right, even when wrong seems more attractive in the moment. It means acknowledging that emotions are ok to experience, and can actually help build community if you are willing to share them. It also means acknowledging that emotions come and go, and to learn how to function and attack the task at hand even when your emotions don't lend themselves to it. It means disciplining your eyes, hands, and body rather than being ruled and overcome by sexual temptation. Coach Mac summarizes the idea of toughness as your ability to "make choices against yourself," or put another way, to discipline yourself in the moment in order to reap the fruit of delayed gratification later on. In analysis, fake toughness is really just the abused versions of authentic toughness. Punching somebody can be an appropriate response if you are standing up for what is right, but if that is your every response to anything you disagree with it will get you in trouble. Sex is a gift and it's great, but can easily become your master if undisciplined. The desire to solve problems is important - we need men to do so, but we don't have to do it alone or isolate ourselves. That is the best part of being on a team! One can measure their toughness by how they view the adversities they face. Weak boys are paralyzed or retreat in the face of a trial. Tough boys may grumble about the inconvenience the present adversity is, but still choose to face it and grow from it. Tough men smile at adversity because they know on the other side of it is growth and refinement - they almost look forward to it. I can tell how tough our defense is going to be by the way they respond on the occasion that our offense turns the ball over. Will they whine? Be incredulous at their teammates for putting us in a compromising position? Roll over at the idea of a short field and give the opposition easy points? Blame their teammates for the extra adversity? Those are very common and natural responses to the trial. When our defenses have been outstanding they respond differently. They run out onto the field with enthusiasm and encouragement for the offense coming off, almost thanking them for another opportunity to get back on the field, albeit sooner than ideal, so they can do what they love with who they love. They get excited by the opportunity to joyfully punch adversity in the face. The men that run onto the field with this mindset have learned what it means to consider it pure joy when they face trials of many kinds, and they are ready to reap the fruit of their trials that the author of this lesson promises - maturity, completeness, not lacking anything. They are tough.

Relentless is perhaps my favorite word. I could show a clip of a 300 lb defensive tackle chasing down an explosive play at the pylon in a touchdown saving tackle to any coach and it will put a big smile on their face. There is something so innately attractive about people who simply find a way to achieve the task ahead of them, even against the odds. We use the phrase "relentless to the source" all the time in our position group. The 'source,' in our sport, is the actual football - whoever possesses it has the potential to create points with it. Our call on defense is to stop that ball from gaining yards towards the end zone, or even better, to strip or intercept it from the opposing team and give it to our offense and allow them to go put up points! How we do that on each play is a beautiful combination of mathematical equations, angles, space, technique, and sheer will-power. Make no mistake - football is an ugly sport. Even after thousands of reps developing the best techniques to do one's job, things will likely not go perfectly as you draw it up. A player

that stands out is the one who possesses the nastiness required to do his job even if he is getting cut, held, double teamed, read, or trapped. He finds a way. The best historical example of relentlessness that I have found to help my players envision what this means is in the life of Jesus. Bethel is a Christian University and our belief is that a perfectly just God desires to be in relationship with the men and women he created. He is separated from us because of sin, but God took on flesh and became human to find a way to reconcile the gap between Him and his creation. Putting the spirituality of this aside, any historian worth their salt acknowledges the real life that Jesus lived as a historical fact. He left no room for doubt that he was relentless to his job (which was self described as reconciling the lost relationship with God). Leading up to the most consequential moments of his life, witnesses wrote that Jesus could not sleep and was actually sweating blood in anxiety. He prayed that there could be another way, but actively chose to go forward and relentlessly pursue his job. He chose to peacefully hand himself over to authorities, be spit on, mocked, whipped, forced to carry his own torture device up hill, nailed through his wrists and feet, and then hung in the air on the cross. This was Rome's favorite torture method used to show those under their occupation the consequences of disrupting the peace, which was designed to ultimately kill its victim through suffocation. Even to death, Jesus was relentless to the steps necessary to fulfil His job of reconciling mankind with their Creator. His followers wrote that it was because of the joy set before Him that he endured the cross. He fixed his eyes on what mattered most, and found a way to accomplish his job though it got ugly and nasty. I have not found a better example throughout history of what it looks to relentlessly pursue the source than God's pursuit of us.

"Happy is the man who is grateful" will forever be burned into my head. I played under Coach J for four years, and during that time I may have heard him say that phrase every week for four straight years. The phrase was genius when I first heard it, and then it made me roll my eyes the next hundred times I heard it, but through four years of repeatedly hearing that phrase, we learned to make it a way of life. Its implications cannot be understated. I am a firm believer that two men can encounter the same circumstances and have two wildly different outcomes based on the mindset with which they attack their circumstance. The opposite of gratitude is entitlement. Let's say there is a freshman who comes in with an entitled attitude that he ought to play immediately and if he doesn't get the playing time or accolades that he wants he will enter the transfer portal and take his talents elsewhere. There is also another freshman who comes in with a grateful attitude and can't believe he is surrounded by 100+ other guys who deeply care about him, coaches who are investing in his growth, and understands that over the course of 4 years will have ample opportunity to achieve exactly what he wants. Same circumstance, wildly different outcomes over time. The latter lends itself to delayed gratification - a principle that leads to exponential growth whether it is finances, relationships, or accolades on the football field. Teaching your players gratitude will help fight the complacency and contempt that may exist in your program. A man who can find a way to be grateful for any circumstances and is working towards his long term goals is a dangerous man indeed because he has a chance to actually achieve them. Another man who is frustrated by the barriers to his goals and will quit at the sign of adversity is useless in a world that is full of adversity at every turn.

The last virtue that we talk about in our position group is accountability. Society is starved for accountable men. The modern world sells the lies that you are perfect just the way that you are, all that matters is your moment to moment happiness, and that you just have to "do you". We

buy these lies because they are convenient and comfortable. When people tell you over and over that you are good just the way you are, you believe it. And when you believe it, you no longer think that you need to become something better. Growth is stifled. And when you don't grow - eventually, you become painfully aware of the fact that you are no longer "good just the way that you are" as you recognize you have been passed by people diligently working towards 'becoming'. This results in distrust for those telling you what you wanted to hear, distrust in yourself for believing them, and in extreme cases mental health crises. Coaches - boys are starving to be held accountable for their actions. When you fail to hold them to it, their negative behavior is reinforced and could become a habit that will disservice them in the long run. Boys are also starving for male mentors to believe in them and to cast a vision for their success. I have found that when players trust that you believe in them and know you will hold them accountable to the behaviors and processes necessary to reach their goals, they are extremely responsive to coaching and will run through brick walls for you. Freshmen who come into our program learn quickly that they are first responsible for themselves and their own actions (taking care of classes, living on their own away from parents, showing up every time to their responsibilities). Our job is to teach them exactly what that looks like and intervene in the case that they fall short in being accountable to themselves. Seniors in our program are challenged with being responsible for the entire team. If a freshman is falling short - it is on them to come alongside that freshman and help just as it is a coach's duty. Similarly, upon graduation, our players are challenged to be accountable for the success of their marriage, family, and their professional affiliates.

These four traits that define excellence for our position group add up to what we can effectively refer to as the "standard". My job as a coach is to encourage my players to strive towards this standard, to hold them accountable when they inevitably fall short (as we all do), and provide them with the opportunity to gather themselves and pursue the standard once again. One way we see the effect of this standard on our team is our football success - our win/loss record, championships, playoff runs, and stats. We care deeply about these and will pursue them! Often I really don't get to see the best effect of this standard until years after graduation when alumni come back and share about their jobs, families, and kids. I am encouraged when they share about the tough stuff life has thrown at them, and how they have triumphed or failed, but hopefully kept working towards the standard. I also see it in my own life. The coolest thing about my job is how these boys who are becoming men inspire me to want to live according to the standard our room has set. I have fallen short too many times to count, but the beauty of grace is that I get to pursue it again and again, and my guys will hold me to it!

I get excited thinking about the next generation of boys who are becoming men. You don't need me to elaborate in fine detail to expose the chaos our society is in. As coaches we have an opportunity to set the standard for young men to bring that chaos back to order. To live life according to the virtues that a thriving society demands. Yes, it is true that when men fail to act, society suffers. The inverse is just as true - when men step into society, live virtuously and diligently to order the chaos presented to them there will be results. Marriages will flourish, the development of kids will flourish, companies will flourish, the broader society has no choice then but to also flourish. I hope this fires you up to answer the call of our craft, develop a standard of excellence that you hold those within your domain accountable to. I hope it gets you thinking about how you can use football as a vehicle to drive virtue, and I hope you win a lot of games along the way! Society depends on us.

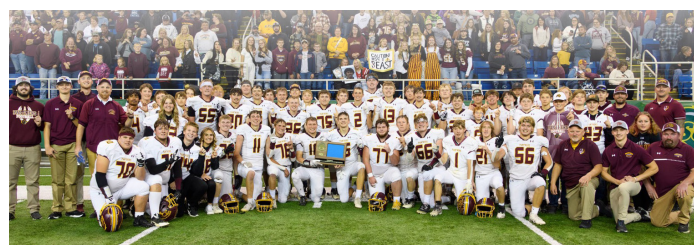
SMALL TOWN FOOTBALL: THE PARKERS PRAIRIE FOOTBALL PROGRAM

By Mike Johnson

Head Football Coach, Parkers Prairie

In the heart of central Minnesota, nestled among cornfields, small farms, and gravel roads, football isn't just a game—it's a tradition, a community anchor, and a proving ground for young men. Parkers Prairie, a small town with a big heart, embraces this spirit through a football program rooted in character, effort, brotherhood, and togetherness. For many, Panther Football is more than a team—it's a second family, a structure of support that teaches values far beyond what the scoreboard shows. My own journey to Parkers Prairie began in Henning, Minnesota, where I played football under Minnesota Football Coaches Association Hall of Fame coach Don Seipkes. That experience instilled in me the importance of hard work, discipline, and integrity. I went on to earn my bachelor's degree in Special Education from St. Cloud State University, then began my teaching career as a long-term substitute in New York Mills. I later took a full-time teaching position at Eagle Valley Schools in Clarissa, MN where I served as an assistant football coach under John Sieling and also coached baseball for several years.

In 2012, Eagle Valley joined with Parkers Prairie to form the Prairie Valley Nighthawks football co-op. I was honored to be a part of that unique and exciting experience. In 2015, when that co-op ended, I continued coaching at the newly formed co-op Browerville/Eagle Valley Tigers alongside MFCA Hall of Fame coach Wayne "Ribs" Petermeier and Coach Con Natvig. Then in 2017, I took a teaching position at Parkers Prairie High School, reuniting once again with Coach John Sieling as his defensive coordinator. In 2019, I was honored to take over as head coach of the Parkers Prairie Panthers football team.



My role in the district goes beyond football. I also serve as the boys' and girls' head track and field coach, lead our off-season strength and conditioning program, and weight room coordinator. I proudly live in Parkers Prairie with my wife, Katie, and our four children: Briggs (9), Wrenley (8), Jori (5), and Nyx (3). We are deeply involved in the community, and I'm an active member of the Parkers Prairie Panther Boosters.

Football in Parkers Prairie starts early. Our pipeline includes flag football for grades 1-4, tackle football for grades 4-6, junior high football for grades 7-8, and a varsity program for grades 9-12. It's an incredible sight to see all the practice fields and game fields filled with kids working hard, coaches investing their time, and families cheering them on. This structure builds commitment, promotes unity, and provides purpose to our youth.

What truly sets Parkers Prairie Football apart is the culture we've built. Each year, our coaching staff nominates student-athletes who exhibit strong leadership, academic integrity, work ethic, and overall character. These young men are chosen as squad leaders and participate in our annual Panther Football Draft. In this draft, squad leaders select teammates from grades 9-12 to form their squads. Following the draft, squads create welcome videos and begin their year-long journey of connection and accountability.

Throughout the year, squads compete in a point system that rewards effort, consistency, and team spirit. Points are earned for weight room attendance, football camp participation, academic improvement, volunteer hours, and physical testing scores for strength, speed, and agility. There are bonus points for lifting with a teammate and even for demonstrating leadership in other school activities. The winning squad earns first pick at team meals as well as team recognition, while individual high scorers receive trophies and custom t-shirts.

Our offseason commitment is outstanding. Over the past several years, we've consistently seen over 80% attendance from our 7-12 grade roster in the summer strength and conditioning program. Players help hold each other accountable by giving younger teammates rides and encouraging one another to show up. This off-the-field leadership is just as important as the plays we draw up during the season. It builds accountability, maturity, and trust. We're not just preparing them for Friday night—we're preparing them for life.

The bond among our coaching staff mirrors what we expect from our players. Four of our coaches—Darby Carlson, Eli Gesell, Blake Adickes,



Left to right: **Eli Gesell, Lloyd Allen, Mike Johnson, Brady Yrjo, Darby Carlson**

and Bennet Arceneau—are proud Parkers Prairie alumni. The rest—Lloyd Allen (Staples-Motley), Brady Yrjo (Menahga), and David Holm (Henning)—come from small towns within 35 miles. We all grew up on small-town football. We’ve lived the Friday night lights, the homecoming festivities, the community tailgates, and the heartbreaks of close games. That shared background creates unity and purpose within our staff. We pour our passion and experiences into every young man we coach. I’m incredibly thankful for these men, as well as our dedicated custodians, volunteers, and community members who help run the chains, announce games, staff the concession stands, and prep our fields.

Academics are another cornerstone of our program. For the past six years, Parkers Prairie Football has consistently finished in the top five for Class A academic performance. We’ve earned two Class A Academic State Championships and were awarded the National Football Foundation’s High School Academic Excellence Award for both the 2023-24 and 2024-25 seasons. We constantly stress to our athletes the importance of excellence in the classroom. Success on the field means little if it’s not matched by hard work in the classroom and in life.

Our community’s support is something truly special. Whether it’s rain, sleet, or snow, the stands are never empty. Several years ago, local businesses and generous donors came together to fund the construction of a new concession stand, bathrooms, press box, and scoreboard. Their ongoing support doesn’t stop at facilities—they donate meals, pack team lunches, sponsor fan buses, and find countless other ways to show up for our kids. There’s nothing this community won’t do to support our youth.

What truly defines Parkers Prairie Football, however, is our players. These boys build lifelong friendships that begin on the playground and grow through junior high and varsity football. They learn to win with humility, lose with grace, and support each other through every challenge. The brotherhood they create is one of respect, trust, and pride. One of the most touching traditions of our program is the postgame prayer led by our players at midfield. No adult told them to do it—it came from their hearts. After our final game last season, a state playoff matchup against eventual state champion Minneota, both teams gathered for a heartfelt prayer at US Bank Stadium. It’s moments like these that remind us why we coach.

Parkers Prairie Football is about much more than winning. It’s about creating memories, building character, and preparing young men to become great sons, brothers, husbands, and fathers. Our mission is to teach lessons that last a lifetime—and we’re proud to do it the small-town way.



UTILIZING THE CROSS AND SAIL ROUTES FROM THE AIR RAID PASSING GAME IN YOUR OFFENSE.

By Chris Goodwin

Head Football Coach at Norwood Young-America

INTRODUCTION

One of the most basic passing game concepts, the Flood route, can be used in many ways and out of many different formations in almost any type of offense. In the Air Raid offense, two of the most versatile flood routes are the Y-Cross and Y-Sail routes. These plays are foundational to the Air Raid's success, with Cross and Sail essentially being "counter" plays to each other.

Overview and Philosophy

At Norwood Young-America we utilize Cross and Sail to complement our 3 step passes and provide some play action options to our passing game as well. We will use both plays in all down and distance situations. The pre-snap reads for the QB should give him a good idea of where he is going to go with the ball.

Reasons we like to use these routes:

1. We can call these plays out of many different personnel groups, formations and motions.
2. We can add tags to almost any of the routes within each concept to adjust them week to week for each opponent we see.
3. They are very adjustable to almost any coverage we see on a weekly basis.
 - a. Y-Cross thrives vs. Cover 1 and Cover 3 due to its ability to pull defenders horizontally.
 - b. Y-Sail punishes Cover 2 and Cover 3 by flooding its zone on one side.
4. It gives the QB a built in "hot route" if the defense shows pressure.
5. Cross gives us the ability to work in the middle of the field, which is not always defended well in high school.
6. The two plays are "counter plays" to each other.
 - a. Sail is the Strong side Flood Route Concept.
 - b. Cross is the Weak side Flood Route Concept.
7. Both Sail and Cross have great options for the dreaded 3rd and 7+ down and distance situations.
8. Both routes provide unique challenges for the Defense.
 - a. Cross forces linebackers to chase and opens backside dig/sit routes.
 - b. Sail manipulates curl-flat defenders, creating sideline leverage.

THE Y-SAIL CONCEPT

Overview and Philosophy

The Y-Sail route is a high-low stretch concept to the "strong" side of the formation. It targets the defense's flat defenders and is especially effective against Cover 3 and Cover 2. The concept creates a triangle read for the QB with a vertical, intermediate, and short option.

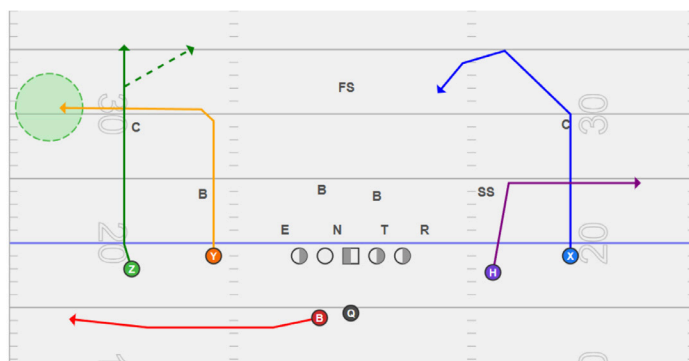


Figure 1 - Sail from Doubles

Route Structure and QB Reads (Figure 1)

Note: We prefer to teach the QB to choose one side of the formation or the other. In high school, it's unlikely that we will be able to protect long enough to get to Read #4 or #5.

Read #1 - Z GO/Post

- The QB read is pre-snap. Coverage? Does the Z have a good match up?
- M.O.R. (Must outside release) GO or Post route.
 - QB gives a hand signal to Z for the GO or Post route.

Read #2 - Y WR:

- Runs a Sail route, breaking out at 10-12 yards toward the sideline.
- Vs Cover 3 or Cover 1; this is the desired throw.
- QB leads the Y by throwing "to the grass" or open area (green circle in Fig1)

Read #3 - B RB

- Swing route to sideline. A 3-yard speed out is also a good option.
- RB MUST keep the route shallow to avoid pushing OLB into the Sail Route.
- QB read - If OLB pushes hard to get under Sail, then quick throw.
- QB read - Vs man, or Cover 0 blitz, RB is often uncovered.

Read #4(#1) - Slot WR (H)

- Runs an out route or flat route at 3-5 yards depth.
- Convert to wheel route vs man coverage
- QB reads OLB to that side for high low on curl-flat

Read #5(#2) - X WR

- A few different routes can be used by the X week to week.
 - Post - Curl 13yard post back to 10yds
 - DIG route - 12 yards in and find a hole to sit in.
- QB Read - If OLB chases out route - throw to Post-Curl.
- Great route combo for 3rd & 9-12yard situations

QUARTERBACK PROGRESSION

1. Pre-Snap Read: Identify safety concept - 1 high safety or 2 high safeties.
2. Post-Snap Progression:
 - Read the GO/Post route first to check for a big play opportunity.
 - i. This should be pre-snap.

- Move to the sail route by checking the OLB release.
- Drop down to the RB if the OLB is too deep or all-out Blitz by the Defense.

COACHING POINTS

- Spacing: Each route must complement the other, avoiding overlapping and ensuring proper high-low spacing.
- Throwing window: The QB should anticipate the Y's break and throw it to the sideline window. "Throw to grass".
- Footwork: Plant and throw rhythmically after the drop, often from a half-roll to the concept side.
- Reading Leverage: Teach receivers and QBs to recognize and adjust to defender leverage.

VARIATIONS AND ADJUSTMENTS

- Sail from Trips: Align in 3x1 and run the Sail from the No. 2 or No. 3 receiver to flood the strong side.
- Switch Releases: Use rubs and stacks to free up the Y receiver.
- Motion to Sail: Send the RB or H in motion to create numbers advantage.

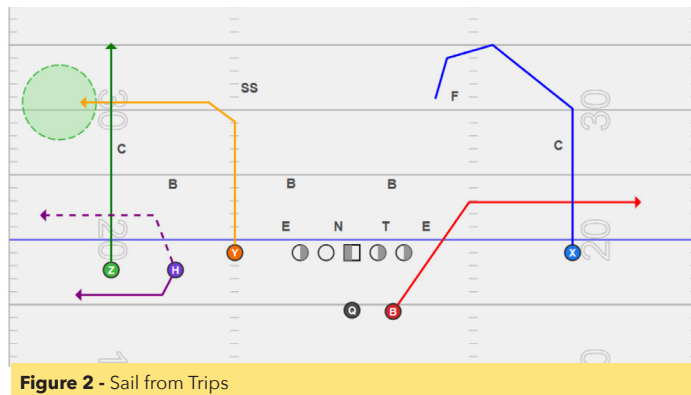


Figure 2 - Sail from Trips

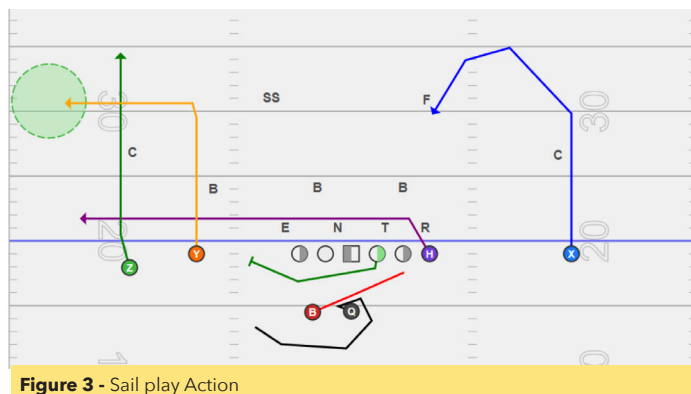


Figure 3 - Sail play Action

THE Y-CROSS ROUTE (WEAKSIDE FLOOD CONCEPT).

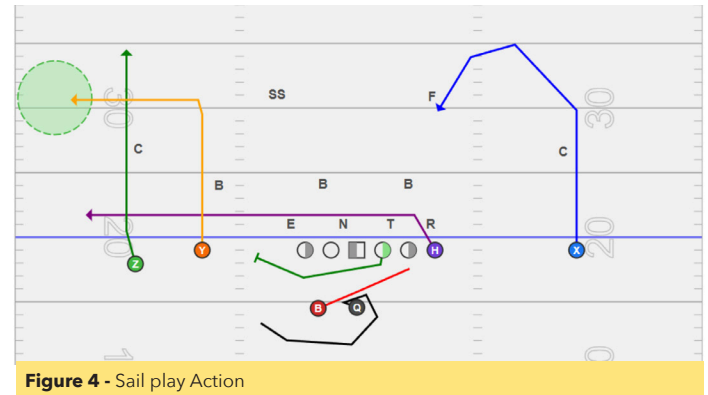


Figure 4 - Sail play Action

Overview and Philosophy

The Cross is a flood concept designed to attack defenses at all three levels, particularly useful against zone and man coverage. It creates conflict for linebackers and safeties by dragging a receiver across the field to flood the weak side of the formation

Route Structure and QB Reads (Figure 4)

Note: We prefer to teach the QB to choose one side of the formation or the other. In high school, its unlikely that we will be able to protect long enough to get to Read #4 or #5.

Read #1 - X GO Route

- The QB read is pre-snap. Coverage? Does the X have a good match up?
- M.O.R. (Must outside release) GO route.
- A Post route by X is a possibility vs the correct coverages.

Read #2 - Slot WR (H)

- Runs an out route or flat route at 3-5 yards depth.
- QB reads OLB to that side for high low on curl-flat

Read #3 - Y WR:

- Runs the Cross route, aiming for a mark that is 22 yards deep on the far sideline.
- Y must go UNDER the outside LB and OVER the middle LB.
- Y can sit in the middle hole if they find that it is wide open.
- QB leads the Y by throwing "to the grass" or open area.
- QB must be wary of Cover 2/4 safety sitting on the Cross Route.

Read #4 - B RB

- Swing route to sideline. A 3-yard speed out is also a good option.
- Swing route off play action is also a good option.
- QB read - If OLB widens to cover the Swing, then X is the throw.
- QB read - Vs man, or Cover 0 blitz, RB is often uncovered.

Read #5(#2) - X WR

- A few different routes can be used by X week to week.
 - Post/Curl 13yard post back to 10yds
 - DIG route - 12 yards in and find a hole to sit in.
 - Post route vs Cover 2/4 safety that is jumping the Y Cross route
- QB Read - If OLB chases out route - throw to Post-Curl.
- Great route combo for 3rd & 9-12yard situations

COACHING POINTS

Depth: Y's route depth is critical; too shallow and it invites coverage, too deep and it disrupts timing. Put a cone at 22 yards on the far sideline

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during practice to provide an aiming point for the Y.

Settling vs. Running: Teach the Y to recognize zone vs. man. Sit in zone holes; keep running against man or even Cover 3

QB Reads: High school QBs will want to throw the Cross route too often. Of all the routes it is open less than the others and is the hardest throw.

VARIATIONS AND ADJUSTMENTS

- Trips Formation: H moves over and runs a 3-5 yard out route. (Figure 5)
- Motion: Motion can identify man coverage and create better release angles.
- Play Action: Cross is an amazing action route off of Outside Zone or Buck action. (Figure 6). B Continues his route off the action.

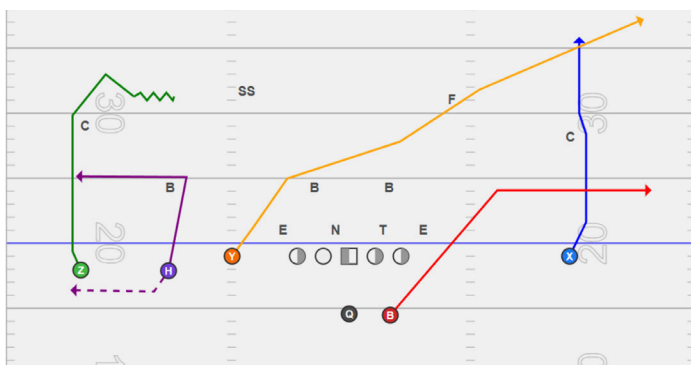


Figure 5 - Cross from Trips

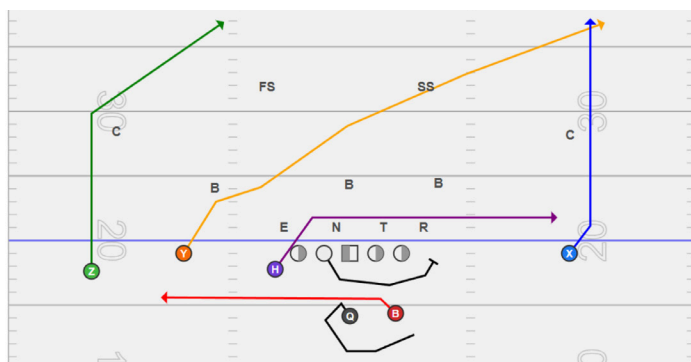


Figure 6 - Cross Play Action

TROUBLESHOOTING COMMON ISSUES

Even with proper installation, execution of Y-Cross and Y-Sail can falter due to various common pitfalls. Addressing these challenges with targeted coaching solutions ensures long-term success.

Cross Troubleshooting

Problem: QB holds the ball too long

Cause: Indecision or unclear read progression.

Solution: Reps under pressure in practice; simplify reads to a two-read progression; teach "throw it or check it" philosophy.

Problem: Y receiver overruns the route depth

Cause: Inconsistent depth landmarks or poor awareness of zone windows.

Solution: Emphasize 12-15-yard depth; use cones on the far sideline to provide a landmark.

Problem: Interceptions on the crossing route

Cause: Poor QB coverage recognition or late throws.

Solution: Train QBs to recognize where the ball cannot be thrown before the play starts. Start with the easier throws, the outs and go routes.

SAIL TROUBLESHOOTING

Problem: Routes bunch or cross in the same window

Cause: Improper spacing and timing.

Solution: Reinforce staggered route breaks; break points should be 5-yard increments apart vertically.

Problem: QB rushes throw to the flat

Cause: Pressure or misread coverage.

Solution: Install hot read drills; reinforce full progression even under pressure.

Problem: Sail route covered consistently

Cause: Defensive schemes adapting.

Solution: Tag route with a post or dig option; switch release or motion into new leverage.

CONCLUSION

The Y-Cross and Y-Sail concepts are cornerstones of the Air Raid philosophy. Their flexibility, ease of teaching, and effectiveness against a variety of coverages make them great plays for any offensive system. They offer a complex look to the defense, but provide easy reads for the offense, and similar concepts that can attack both the weak and strong sides of the formation.

Chris Goodwin begins his 3rd year as Head Football Coach at Norwood Young-America with a 19-2 record over the past 2 seasons. Goodwin was previously the Head Coach of the SMB Wolfpack. While at SMB Goodwin attained a 72% winning percentage with two District titles and a Section championship. Goodwin also led the Wolfpack to the Prep Bowl in 2019 as the head coach, and also in 2018 as the Offensive Coordinator.

His coaching background includes stops as an assistant at St Olaf College, Hamline University and Macalester College, as well as a graduate assistant under Glen Mason at the University of Minnesota.

Goodwin holds a Bachelor's Degree in Kinesiology and a Masters' Degree in Education, both from the University of Minnesota.

Chris and his wife Laura live in Edina with their two daughters.

SMALL TOWNS AND **BIG DREAMS**

By Ethan Marquis

Head Football Coach, Stephen-Argyle

Max stopped by my office to tell me the senior's theme decision for the upcoming season. "Small Towns and Big Dreams. That sounds great Max, let's crank it up and work hard and have some fun this year." I told him. Max Yutzenka would be a senior that fall. Like each spring the seniors would meet and discuss planning for the upcoming season; a theme, clothing, workout plans, practices, and of course goals. Huge goals. It generally isn't difficult to dream big at our school. Before my time the Storm experienced success hardly imaginable; 5 straight state championships, 76 straight wins, many successful players, teams, and performances.

Max and his teammates would go on to have a nice season. Unfortunately losing in the state playoffs and coming up a little short of what they had hoped for. And so the cycle began again.

It's been a real honor and privilege to work at Stephen-Argyle. A home to rich tradition and much success, much farmland and Polish names – lots of c's and z's. Many football memories linger throughout the school: game photos, gym banners, and trophy cases. Legendary coach Mark Kroulik still works as a substitute teacher from time to time throughout the year. It's a great place to work.

As an outsider I wondered what seemed to produce so much success for the Storm? Now as an insider I can see a few bits and pieces. I never worked a single day of football with Coach Kroulik or Coach Guetter during the times of the program's large success. I wish I could have. But, through stories and seasons there are a few pieces of the program that seem to contribute the most.

First, maximum participation. Every single boy should play football. Not all can or do, but all should. SA has been fortunate to have high participation. According to MSHSL enrollment numbers the Storm will enter the 2025 season as the smallest district in the state that fields a football team. Beating out Mabel-Canton by one student, Stephen-Argyle will be the smallest. In this regard high participation is more of a necessity than a luxury. Traditionally high participation has provided additional depth and experience, and recently it has saved seasons. In



2021 Stephen-Argyle would dress only 12 boys on a cool and wet night in Newfolden to play the Northern Freeze. We would come up short that night, but I often wondered if any games at all would have been played that season if we would not have had a few boys that in some schools might not have played football. Regardless, all football coaches should be encouraged to gain as many players as possible. This is the way you want it anyway; the maximum number of players from your district that you and your staff can influence positively through football.

Training. On the fun side of training (ideally) is physical enhancement allowing for increased sport performance. Bigger, faster, and stronger, as they say. This is probably the dream and goal of every player in the game, to be in some way physically superior. On the not as much fun side, training will preferably produce injury resistance and discipline. Few players would independently consider injury resistance as a reason to get out of bed for workouts, but any football coach can tell you the value of durability. The same with discipline. Hardly a common or motivating word for students, but show me a football coach that doesn't recognize the intangible added benefit of routinely showing up for and completing a challenging task. Regardless of any physical development,



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coaches know that a player will be tougher and better just by simply practicing the discipline of getting up, showing up, and completing their work. SA has done well over the years with training. Whether run by coaches, parents, community members, or former players, training has been a common practice for Storm Football. No doubt it produced physical enhancement that both contributed to championships, and in recent years, kept seasons alive. I remember clearly the night Ty Winge was beat up and struggling to his feet to continue the game, but managed to do so. I know it was the hours and hours of training the past 20 months that helped him through that night, and that season. I'd encourage all coaches to develop the best training available for your district.

More on discipline. Fresh cool air, wet grass, and sun rises. Even a short break to sip hot coffee. What could make this better? Football practice. Long before my time, and even before Storm Football, Coach Al Larson moved Argyle football practice to before school to prevent losing players from practice; Called home for farm work they had no choice but to miss. The practice has held since. Although most mornings go fine, the list above could also include cold, snow, wind, rain, cold, tired, overslept, and more cold. Although probably not as necessary for farm work as in the past, morning practices today provide a variety of added challenge to the season. Extra discipline's to practice. Both coaches and players benefit from adapting to the additional stresses brought by morning practice. Improvements in time management, planning, and communication, to name a few.

Will high participation and discipline in training and practice always produce far superior football results? Not necessarily. They will however, guaranteed, produce results superior to what they otherwise would be. Just like many of the practices that are already in your program. And that is the challenge of coaching. To see how close you can take your team to its potential. Every district and team is unique, and it is up to you and your staff to harness the advantages and conquer the challenges of each year.

Best wishes to the Minnesota football coaches in 2025. With all respect to teaching staff, coaches have an equally vital role in each district. The work is more important and needed then ever. I'd encourage all football coaches to be serious in your work and work hard every day.

Go Storm!



Ethan Marquis, Head Football Coach, Stephen-Argyle Central (2012-Present)

Grew up in Fosston MN, attended and graduated from the U of North Dakota while playing for the Fighting Sioux. Have served as a football coach at Red Lake County Central, Red Lake County, and Stephen-Argyle.

My wife Sarah and I have four children: Emily, Molly, Michael, and Charles.



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Football Hall of Fame Annual Banquet

MINNESOTA STATE FOOTBALL COACHES ASSISTANT COACH OF THE YEAR

PHIL TROWBRIDGE

BARNESVILLE

Phil Trowbridge Phil Trowbridge is a 1986 graduate of Barnesville High School in Barnesville, Minnesota. Phil continued his education and football career for two years at North Dakota State College of Science in Wahpeton, North Dakota where he played offensive line earning Honorable Mention All-Conference and MVP Offensive Lineman in 1987. After NDSCS Phil continued his education and playing career at University of Minnesota Morris, as some say the Harvard of the Midwest. Phil graduated from Morris in 1991.

He started his teaching and coaching career in Rothsay, Minnesota where he taught social studies and coached JV volleyball and girls' basketball for 4 years, JH girl's track for 2 years and Babe Ruth and Legion Baseball in Barnesville. After Rothsay, Phil was hired at Fertile Beltrami to be a social studies teacher and coached sub varsity football, wrestling and baseball for 2 years. In 2000 Phil was hired back at his hometown to teach Social Studies and coach football.

Phil has been the offensive line coach for the Barnesville Trojans for 24 years and the offensive coordinator for the past 11 seasons. In the 11 seasons, that Phil has been calling the offense the Trojans are 110-20 and have won their section for the past 9 seasons, including 2 state runner up finishes (2018, 2023) and one state championship in 2022.

Phil was a 2015 Butch Nash Award winner and was an All Star game coach for the North in 2019. He has also led the Barnesville Economic Challenge team to 7 State Titles and 3 Runner Up finishes. Phil was also the school's first baseball coach and won its only conference championship in 2017. He has spent many summers supervising the Barnesville little league program and coaching Babe Ruth baseball. Phil has been married to his wife Randi for 28 years and they have two sons, Andrew (27), Jack (25) and a daughter, Lily (19). Andrew is a doctorate student at Notre Dame and Jack is a special education teacher at New Ulm. Lily is enrolled at Concordia College - Moorhead.



Football Hall of Fame Annual Banquet
MINNESOTA STATE FOOTBALL COACHES
CLASS COACHES OF THE YEAR



1A CHAD JOHNSTON



2A DREW POTTER



3A GARRETT MUELLER



4A TERRY BAHLMANN



5A STEVE HAMILTON



6A ADAM SPURRELL



9M BRIAN NELSON

2024 Minnesota Section Coaches of the Year

CLASS: 9M - SECTION COACH

- 1 Trevor Carrier, Leroy-Ostrander/Lyle Pacelli
- 2 Ryan Hebrink, Renville County West
- 3 Rex Metzger, Hills-Beaver Creek
- 4 James Paul, Border West
- 5 Jeff Gronner, Cromwell-Wright
- 6 Brian Nelson, Fertile-Beltrami
- 7 Dan Zubich, Mountain Iron-Buhl
- 8 Ethan Marquis, Stephen-Argyle Central

CLASS: 1A - SECTION COACH

- 1 Tony Poncelet, Goodhue
- 2 Joe Scoblic, Lester Prairie
- 3 Adam Meyer, Springfield
- 4 Jay Loven, Upsala/Swanville Area
- 5 Chad Johnston, Minneota
- 6 Mike Johnson, Parkers Prairie
- 7 Brent Schimek, Deer River
- 8 John Clark Jr., Mahnomen/Waubun

CLASS: 2A - SECTION COACH

- 1 Jeff Johnson, Chatfield
- 2 Brandon Neseth, Triton
- 3 Tom Schuller, Jackson County Central
- 4 Chris Goodwin, Norwood-Young America
- 5 Clay Anderson, Kimball Area
- 6 Drew Potter, Staples-Motley
- 7 Dave Louzek, Moose Lake-Willow River
- 8 Bryan Strand, Barnesville

CLASS: 3A - SECTION COACH

- 1 Garrett Mueller, Stewartville
- 2 Ryan Weinandt, Dassel-Cokato
- 3 Mat Mahoney, Fairmont
- 4 Dan O'Brien, Holy Family Catholic
- 5 Matt Walter, Annandale
- 6 Mike Ellingson, Albany Area
- 7 Bill Magnuson, Pequot Lakes
- 8 Chris Grabowska, Fergus Falls

CLASS: 4A - SECTION COACH

- 1 Ben Halder, Byron
- 2 Terry Bahlmann, Marshall
- 3 Rob Reeves, Hill-Murray
- 4 Jay Anderson, Totino Grace
- 5 Jim Gunderson, Holy Angels
- 6 Joe McPherson, Orono
- 7 Michael Zagelmeyer, Hermantown
- 8 Dwight Lundeen, Becker

CLASS: 5A - SECTION COACH

- 1 Jeff Williams, Owatonna
- 2 Cullen Nelson, Chanhassen
- 3 Travis Walch, St. Thomas Academy
- 4 Steve Walsh, Cretin-Derham Hall
- 5 Jack Negen, Robbinsdale Armstrong
- 6 Andy Pierskalla, Monticello
- 7 Steve Hamilton, Elk River
- 8 Mike Empting, Alexandria Area

CLASS: 6A - SECTION COACH

- 3 Brian Vossen, Lakeville North
- 4 Aaron Moberg, Mounds View
- 5 Bo Wasurick, Anoka
- 5 Michael Law, Blaine
- 5 Adam Spurrell, Maple Grove
- 6 Mark Esch, Minnetonka
- 6 Ray Betton, Shakopee
- 6 Jason Potts, Edina

2024 Minnesota Sub-District Coaches of the Year

COACH	SUB-DISTRICT	SCHOOL	CLASS
Aaron Moberg	Metro East	Mounds View	6A
Andy Stephenson	Metro Maroon	Roseville	6A
Adam Spurrell	Metro North	Maple Grove	6A
Brian Vossen	Metro South	Lakeville North	6A
Mark Esch	Metro West	Minnetonka	6A
Drew Potter	Mid Northwest Central	Staples-Motley	2A
Chris Grabowska	Mid Northwest Red	Fergus Falls	3A
Mike Ellingson	Mid Northwest White	Albany	3A
Clay Anderson	Mid Northwest Three Rivers Blue	Kimball Area	2A
Jay Loven	Mid Northwest Gopher Gold	Upsala/Swanville Area	1A
Bryan Strand	Mid Northwest Heart of Lakes North	Barnesville	2A
John Clark Jr.	Mid Northwest Valley Plains West	Mahnomen/Waubun	1A
Chris Mensink	Mid Southeast East	Fillmore Central	1A
Tony Poncelet	Mid Southeast East	Goodhue	1A
Sam Stier	Mid Southeast West	Waterville-Elysian-Morristown	2A
Austin Hackett	Northeast Silver	Mille Lacs	1A
Dan Zubich	North North	Mountain Iron-Buhl	9M
Shawn Klimek	North South	Nevis	9M
Joe Lakeberg	Northeast Blue	Rush City	2A
Mike Zagelmeyer	Northeast Red	Hermantown	4A
Bill Magnuson	Northeast White	Pequot Lakes	3A
Tony Patterson	Northstar East Gold	Robbinsdale Cooper	5A
Jack Negen	Northstar East Maroon	Robbinsdale Armstrong	5A
Kevin Feeney	Northstar North	Moorhead	5A
Eric Davis	Northstar South Gold	Mankato East	5A
Jeff Williams	Northstar South Maroon	Owatonna	5A
Tom Orth	Northstar Twin Cities	Two Rivers	5A
Tom Develice	Northstar West Gold	Andover	5A
Andy Pierskalla	Northstar West Maroon	Monticello	5A
Matt Townsend	Skyway Blue	Columbia Heights	4A

2024 Minnesota Sub-District Coaches of the Year

COACH	SUB-DISTRICT	SCHOOL	CLASS
Matthew Walter	Skyway Brass	Annandale	3A
Joe McPherson	Skyway Bronze	Orono	4A
Ryan Weinandt	Skyway Copper	Dassel-Cokato	3A
Rob Reaves	Skyway Gold	Hill-Murray	4A
Dwight Lundeen	Skyway Green	Becker	4A
Dan O'Brien	Skyway Orange	Holy Family Catholic	3A
Raymond Kidd	Skyway Maroon	St. Anthony Village	4A
Ben Halder	Skyway Platinum	Byron	4A
Mark Heiser	Skyway Red	Minneapolis Camden	4A
Ryan Fay	Skyway Silver	Princeton	4A
Jay Anderson	Skyway Yellow	Totino Grace	4A
Dusty Drager	South Central Blue	Maple River	2A
Kevin Haggie	South Central Blue	Lake Crystal Wellcome Memorial	2A
Jim Wagner	South Central Blue	LeSueur-Henderson	2A
Terry Bahlmann	South Central Red	Marshall	4A
Chris Goodwin	South Central Silver	Norwood-Young America	2A
Brad Wendland	South Central White	Waseca	3A
Rex Metzger	South West	Hills-Beaver Creek	9M
Tim Kirk	South West	Mountain Lake Area	9M
Mitch Schiltz	Southeast Red	Pine Island	3A
Jeff Johnson	Southeast White	Chatfield	2A
Chad Johnston	Southwest North	Minneota	1A
Patrick Freeman	Southwest South	Murray County Central	1A
Brent Kucera	Southwest South	Sleepy Eye United	1A
Trevor Carrier	South East	LeRoy-Ostrander	9M
Kody Moore	South East	Spring Grove	9M
Chad Christianson	West South	Hancock	9M
Joe Woods	West North	Fosston	9M

SUB-DISTRICT / SECTION COACH OF THE YEAR QUESTIONNAIRE

MINNESOTA FOOTBALL COACHES ASSOCIATION

Return to: Jim Dotseth, 1034 Anthony Way, Victoria, MN 55386

Candidates name in full _____
first middle last

Address _____ City/Zip Code _____

E-mail _____ Home phone _____ Work phone _____

Birthdate _____ College attended _____ Year graduated _____

Member MSHSCA? _____ Yes; _____ No. Member MFCA? _____ Yes; _____ No.

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-District _____ School _____

Were you Sub-District Coach of the Year? _____ Yes; _____ No.

If not, who is your Sub-District Coach of the Year? _____ School _____

School Address _____ City/Zip Code _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Years as a head football coach _____ Season Record _____ Career Record _____

List other background information that would help the committee in their selection (previous championships, awards, etc.)

Submitted by: _____ Signature _____

HALL OF FAME INDUCTEES

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LEFT TO RIGHT: ANDY ROSTBERG, TOM SCHULLER, CRAIG ANDERSON, GREG CLOUGH, DAVE LOUZEK, CLAY ANDERSON

HALL OF FAME INDUCTEE

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**GREG
CLOUGH**

MINNETONKA

Greg Clough played high school football for Hall of Fame Coaches Dick Walker and Mike Plinske at Richfield High School, graduating in 1982. A forty-year coaching career included a stint from 1989-1991 as the Defensive Line Coach at Montana State University under 2-time National Championship Coach (North Dakota State) Earle Solomonson. In 1997, Greg joined Dan Runkle at Minnesota State University-Mankato. From 1999-2001 he would serve as Coach Runkle's Defensive Coordinator.

In 2002, the opportunity that would end up becoming the most significant of his career, Greg joined Dave Nelson's inaugural staff at Minnetonka High School. In 18 years under Coach Nelson at Minnetonka, Greg was fortunate to be a part of many great football teams, including 5 State Tournament qualifying teams. Two of those teams played for the State Title, the 2004 State Champions and the 2017 Runner-ups. In 2014, Greg received the Butch Nash Award. In 2017, he received the Assistant Coach of the Year Award and served as Defensive Coordinator for the victorious South All-Stars (Minnesota High Football All-Star Game). Greg has been married to his wife Debbie for 28 years, they have 3 children, Katelyn, William and Michael. In his spare time,

Greg enjoys playing Golf, working in the yard and most especially, spending time with family. Greg will always be most grateful for the countless relationships with fellow coaches and especially the many players that he was so fortunate to be able to coach

HALL OF FAME INDUCTEE

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CLAY ANDERSON

KIMBALL AREA

Clay Anderson is a 1982 graduate of Northfield High School. He earned a Bachelor of Arts degree in Exercise Studies from St. Olaf College in 1986 and his Masters in Education degree from St. Mary's University in 2008. Clay began his coaching career in Northfield as a junior high coach in 1987. From 1989-1996 he served as the defensive coordinator for Northfield High School. Clay has had 26 seasons as a head coach: Le Center (1997-1999), Norwood Young America (2000-2004), Albert Lea (2005-2010), Benton Community, IA (2011-2013), Pipestone (2015-2019) and Kimball Area (2020-Present). Clay has coached in seven state championship football games: three as defensive coordinator at Northfield H.S. (1993, 1994, & 1996) and four as a head coach (1999 - Le Center), (2002 - NYA) and (2015 & 2017 - Pipestone). Clay has twice been selected as the Class "AA" Coach of the Year in Minnesota (2002 - NYA, 2017 - Pipestone). Clay has been a frequent clinic presenter in Minnesota, Wisconsin, and South Dakota. He has also been an activities director for 23 years. This past fall was Clay's 37th year in coaching. During that time, he has filled many roles within the MFCA, including serving on the Executive Committee and being the chairmen of the Mr. Football committee from 2004-2011 & 2019-present. Clay also served on the Football Advisory Committee to the MSHSL, coached in the All-Star game in 2000 & 2011, and was the President of the MFCA in 2006.

Clay, currently the activities director and head football coach at Kimball Area H.S. is married to Melissa Radeke (Superintendent, Lester Prairie Schools) and resides in Dassel, Minnesota. Clay has one daughter, Kalah (Bryan) and one granddaughter, Lily. Clay also has three stepchildren, Hona (Kevin), Maddie (Luke) and Cooper (Catie) and five step-grandchildren: Soren, Kathryn, Elizabeth, Pax, and Margaret.

HALL OF FAME INDUCTEE

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TOM SCHULLER

JACKSON COUNTY CENTRAL

Tom is a 1981 graduate of Titonka High School, a small town in north central Iowa. He then went to Iowa Central Community College and then Upper Iowa University. He was a 4 year starter as a baseball pitcher in college. He earned a degree in Physical Education upon graduating. Tom has coached a wide variety of other sports at Jackson/Jackson County Central. These include volleyball, boys and girls basketball, baseball and softball. He coached varsity girls softball from 1988 to 1992 going 44-27. As an assistant baseball coach under Tyrone Wacker, the Huskies were state champions in class 2AA in 2004.

As the varsity girls basketball coach, Tom coached for four seasons from 2009 to 2013. His overall record was 70-37. They were Southwest Conference champions in 2011 as well as a state tournament participant that year. He also holds the school record in girls basketball for wins in a season with 26. He was named the section 3AA coach of the year that same year. Tom joined the Jackson football staff as a JV coach in 1988. In 1991, he became the defensive coordinator. Tom then served as defensive coordinator under Dean Walters from 1993 to 1995 and Daren Baartman from 1996 to 1998. The Huskies were runner up in class 3AAA in 1997 and 1998.

Tom took over as head coach of the Huskies in 1999. Tom's teams have gone 224-64 in his 26 seasons as the head coach. They have made the state tournament 9 times, including state titles in 2001 and 20024. Tom had the honor of coaching under Andy Rostberg in the 2013 MFCA ALL-Star game. Tom has been married to his wife Deb for 38 years. They have two children, Nolan and Stacey. Nolan is the defensive coordinator for the Huskies. Stacey and her husband David have 2 children, Sophia and Nathan. Tom and his wife greatly

enjoy spending time with their grandchildren. Tom's greatest hobby is baseball. He played amateur baseball for the Jackson Bulls for 23 years. He continues to enjoy the game by umpiring between 75 and 100 baseball and softball games per year. Tom feels he is extremely blessed with the great coaching staff that he has, which includes his son Nolan and best friend Wade Wacker.

HALL OF FAME INDUCTEE

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CRAIG ANDERSON

DILWORTH-GLYNDON-FELTON

Craig Anderson is a 1971 graduate of Battle Lake High School. He was a 4 sport letter winner in football, baseball, basketball and track. After graduation, he attended the University of Minnesota, Crookston participating in baseball and football, and was elected Captain in 1973. He continued his education attending Moorhead State University playing football and earning a bachelor's degree in Physical Education/Health and Business Education in 1976.

Craig began his teaching/coaching career at Kennedy High School, serving as Assistant Football and Basketball coach, and Head Baseball coach. After a short stint at Mayville State College in 1979 coaching football, he began a 35 year tenure teaching and coaching at Dilworth Glyndon Felton High School. Craig was the Girls Basketball Coach (5 years) Assistant Boys Coach (3 years) and Football Coach (35 years), with 23 years being Head Coach. He amassed a 145-90 coaching record. Six conference titles and four section titles. He was elected Coach of the Year 10 times. Craig has had over 25 players that have played in the college football ranks. He was also honored as the Head Coach of the Outstate Football team in 1999, beating Metro 17-13. Craig was a football conference representative for 12 years and served on the MFCA Advisory Committee. In 1987 he became DGF school's Athletic Director, a position he held for 28 years.

Other honors he has been given include UMC Crookston Outstanding Alumni Award (1992). MSUM Athletic Hall of Fame (2018) Member of the 1974 Dragon Football Team. Region 6 Athletic Director of the Year (2012). Fargo Moorhead Leadership Award (1990).

Craig has been married to his wife Debbie for 42 years. They have 3 sons David (Stephanie), Michael (Victoria), Marc and 3 grandchildren Emmytt, Hartley, Peyton.

Since retirement, Craig has spent his: Fall as a color analyst for WDAY TV covering MN HS Football games; Winter months in Mesa, AZ golfing and playing pinochle; Spring umpiring BaB/SB, this being his 45th year; and Summer with the family at West Battle Lake.

Craig's Football Philosophy, Make the game fun, get as many players into the game as possible, make sure each player will love the game as much as I have over the last 70+ years.

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DAVE LOUZEK

MOOSE LAKE/WILLOW RIVER

Dave Louzek graduated from Rush City High School in 1988 where he played football and ran track for the Tigers. He still holds 3 school track records in the 800m run, 4x400m relay, and Sprint Medley relay. Dave went on to the University of Wisconsin - River Falls, competing in football for one season and running Track and Cross Country for 4 seasons. He graduated with a degree in Physical Education/Health Education and Coaching in 1994 from UWRF.

After 1 year of substitute teaching and coaching Jr. High Track in Aitkin, Dave was hired by Willow River School in 1995 to teach PE and Health and be an Assistant Football Coach for the Moose Lake/Willow River Rebels where he has remained for the last 30 years. Over these 30 years, along with his teaching duties, he has coached Rebel Track for 16 years, been Athletic Director for 19 years, Assistant Football Coach for 4 years, and Head Football Coach for 26 years... taking over the Rebel Football Program in 1999. Over that 26 year time span, Rebel Football has won 14 Conference/ Sub-District Championships, played in 20 Section 7AA Championship Games, and made 18 State Tournament appearances where they have played in 7 State Semi-Final games and been 3 time Class AA State Runners Up.

Dave has a Head Coaching record of 231 wins and 59 losses. Dave has been an active MFCA member having served as a Conference/Sub-District Rep. and a member of the All Star Game player selection committee, the MSHSL Football Advisory committee, and the All Star Game coach selection committee. He has twice been an Assistant Coach in the MFCA All Star Game and is an 11 time Conference/Sub- District coach of the year, 18 time Section coach of the year, Class AA coach of the year in 2019, and Jerry Kill Power of Influence award winner in 2019.

Watching his daughter, Mackenzi, quarterback the 7th and 8th grade Rebel football teams and coaching his son, Dilon, in a State Semi-Final game at U.S. Bank stadium are two of Dave's best Rebel Football memories. Dave very much appreciates all of the love and support he receives from his family....his Mom and Dad, Joanne and Mick, are Rebel Football's two biggest fans....and especially his wife, Christine. Dave and Christine enjoy traveling together, especially to Cancun, taking long beach walks and swimming in the ocean waves.

HALL OF FAME INDUCTEE

SPONSORED BY THE MFCA



ANDY ROSTBERG

HUTCHINSON

Andy was born in 1967. The Rostberg family moved from Brownton, MN. to Hutchinson in 1970. Andy graduated from Hutchinson High School in 1985 competing in football, baseball, basketball and track. Andy was the quarterback for the Hutchinson Tigers winning state football titles in 1983 and 1984. Andy attended NDSU after graduating from Hutchinson where he was on the football and baseball teams.

Andy's first teaching and coaching position was in Redwood Falls, MN, where he taught history and coached football, basketball, baseball and track. In 1992 he took a teaching position in Hutchinson where he taught history and geography and over the years coached football, basketball, baseball and track. In 1999 Andy replaced his father Grady as the head football coach in Hutchinson. His current record is 232-58. Andy has won many conference and section titles as well as 14 trips to the state tournament, 6 trips to the state title game winning state titles in 2012, 2013, 2021, 2023 as the Tigers head coach. Andy was an assistant coach for the South in the all-star game and head coach for the South in 2013. Andy was named the 4A coach of the year in 2013, 2014, 2023, and the state coach of the year in 2021. In Andy's spare time he enjoys hunting, fishing, gardening and spending as much time as possible with his wife Heidi and their two children Ruby and Graydon.

"HALL OF FAME" NOMINATION FORM

MINNESOTA FOOTBALL COACHES ASSOCIATION

CONTACT:

Brent Schimek. bschimek@isd317.org

Marc Kruger, mkruger@nrheg.k12.mn.us

DIRECTIONS:

1. Please have nominee (if possible) complete this nomination form completely.
2. Please type or print neatly.
3. Please answer questions in all categories of the nomination form that are applicable.
4. Please include a picture (black and white preferred) of the nominee to be used for press purposes.
5. Nominations must be received by **Jan. 1st, 2026**

NAME: _____ DATE: _____

PRESENT ADDRESS: _____

TELEPHONE (HOME): _____ (WORK): _____

BIRTHDATE: _____ MARRIED: _____ SINGLE: _____

SPOUSES NAME: _____ CHILDREN AND AGES: _____

PRESENT EMPLOYMENT

POSITION: _____

NOMINATED BY: _____

ADDRESS OF NOMINATOR: _____

NOMINATOR'S TELEPHONE (HOME): _____ (WORK) _____

Induction into the Football Coaches "Hall of Fame" is gained through one of three divisions. These divisions are:

- A. The high school division (Coaches)
- B. The college division (Coaches)
- C. The citation division (Writers, Announcers, Athletic Directors, Fans, etc.)

IN WHICH DIVISION IS THE INDIVIDUAL NAMED ABOVE NOMINATED? _____

NOMINEES HOBBIES: _____

NOMINEES TRAVELS: _____

POWER OF INFLUENCE AWARD



TOM NELSON
TWO HARBORS

Tom Nelson is a 1990 graduate of Two Harbors High School where he was an All-Conference Football, Basketball, and Track Athlete for the Agates while also being named to the Duluth News-Tribune All Tri-State Football Team his senior year. Nelson began coaching directly out of high school while he attended college. He graduated from the University Of Minnesota-Duluth with teaching licenses in Physical Education, Emotional Behavior Disorders, and Learning Disabilities, he taught special education for 20 years and physical education for the last 8 years.

While in Two Harbors, Nelson coached various levels of basketball for 20+ years, including 4 years as the head coach. He coached Track & Field for over 20 years and while coaching track, he was fortunate enough to help numerous jumpers get to the state meet. He has also coordinated and supervised the strength & conditioning program at Two Harbors for the past 25 years. Nelson has been coaching football for the Agates since 1993, first as an assistant coach and for the past 24 years as the head football coach. The Agates have appeared in 5 Section Championship Games since Nelson was named head coach-advancing to state in 2018, as well as winning

5 Sub-District Championships and 1 Conference Championship. In 2021 he had the honor of being selected to coach in the Minnesota All-Star Game. Nelson has based the Agate Football Program on serving others. His players have consistently tallied hundreds and hundreds of volunteer hours each and every year over the past 24 years. He believes that this has a tremendous impact on having his players understand that they are playing for more than just themselves. Nelson says that he is most proud of his family, he is married to his wife Angie and they have 5 children; Tate (18), Carter (17), Brooklyn (17), Delaney (17), and Owen (16).

The Jerry Kill Power of Influence honors a deserving high school head coach for his effect on his players, school and community.

The selected coach embodies the life-changing qualities of respect and inspiration, and has caused student-athletes and others to want to emulate their honesty, patience and modesty. Their positive influence is reflected in their community service, their mentoring and role modeling, and finally, measured by the lives he has touched and changed.

The MFC award recipient is then nominated for national Power of Influence Award, which is presented jointly by the American Football Coaches Association and the American Football Coaches Foundation.





JERRY KILL POWER OF INFLUENCE AWARD NOMINATION

THE POWER OF INFLUENCE AWARD - MINNESOTA - NOMINATION FORM

Nominees Name: _____

Address: _____ **City/Zip Code:** _____

Nominee: Member MSHSCA? Yes or No

Member MHSCHA? Yes or No

Class 9M, A, 2A, 3A, 4A, 5A, 6A

Subdistrict: _____

School Address: _____

City/Zip Code _____

Briefly explain why you feel this coach is a good candidate for the Power of Influence Award

Submitted by: _____

Phone Number: _____

DON SWANSON AWARD



**WILL
WACKMAN**

SPRING LAKE PARK

Will Wackman, 2024-2025 marks Will's 30th Year working at Spring Lake Park High School. He began his career at SLPHS in 1994 as a coach, became a teacher in the Social Studies Department in 1999 and continued in that capacity until January of 2020. He currently serves as the Director of Athletics and Activities for Spring Lake Park Schools.

A 1994 graduate of Mounds View High School and a 1999 graduate of Minnesota State University, Mankato. Will has coached at Spring Lake Park 30 seasons (1994-1997 and 1999-present) under 2017 Jerry Kill Power of Influence winner Jeff Schlieff and current head coach John Stewart. He was elevated to Defensive Coordinator in 2001 served in that role until 2017. Will also coached for one season at Mankato West (1998) under MFCA Hall of Famer Rick Sutton and alongside current Minnesota Governor Tim Walz.

Will has received the MFCA Assistant Coach of the Year Award in 2016, MFCA Butch Nash Award in 2011 and has served on the MFCA Executive Committee as the Assistant Coach representative for over 15 years. He helped start the MFCA Scholarship program in 2008 and served on the scholarship committee as the chair (2008-2019) and is currently a member of the committee. Will is also a member of the MSHSL District Football Committee as well as the co-chair of the Northstar District (5A District.) He also serves as a member of the Mr. Football Committee

As a part of the Spring Lake Park Football Coaching Staff, Will has coached in 7 state tournaments, finishing runner-up in the 2016 Prep Bowl, and won 11 conference/district titles. Will and his wife of 21 years, Beth, have 2 sons: Ben, junior at the University of St. Thomas; Teddy, SLPHS Senior.

The Don Swanson Award represents exemplary service to the MFCA. It is presented annually to a member of our association who personifies what the late Don Swanson exemplified: unconditional service to and for football in Minnesota. "swannie" was a respected teacher, coach, administrator and friend to all who knew him. His passing in 2009 left us all with a void.

He was a proud graduate of South High School and Gustavus Adolphus College and a lifelong educator in the city of Minneapolis. His work as part of the MFCA clinic is legendary and he will never be replaced. In honoring "Swannie," we remember his sense of humor, his quick wit, his engaging charm, and, most importantly, his tireless efforts on behalf of students and coaches. He was one of our finest- truly "Keeper of the Game."



SERVICE AWARDS

30 YRS. OF SERVICE



BRIAN
NELSON



DAVE
LOUZEK



DENNY
LUX



TONY
BARNACK

35 YRS. OF SERVICE



DAVID
STYLE



ROB
NIELSEN



LARRY
THOMPSON



RON
FILSTRUP

55 YRS. OF SERVICE



DWIGHT
LUNDEEN

200 WINS



BRIAN
NELSON

400 WINS



DWIGHT
LUNDEEN

WINNINGEST ALL TIME HIGH SCHOOL COACHES 200 OR MORE WINS

Wins	Losses	Ties	Coach	School	Years	Win %
437	137	3	Mike Mahlen	Verndale	56	0.760
412	167	3	Dwight Lundeen	Becker	55	0.710
393	84	0	Mike Grant	Eden Prairie	42	0.824
389	182	5	Ron Stolski-r	Brainerd	58	0.680
315	158	0	Merrill Pavlovich-r	Delano	46	0.666
307	66	6	George Larson-r	Cambridge	40	0.818
304	150	0	Carl Lemke-r	St. Croix Lutheran	46	0.670
291	78	0	Steve Solem-r	BOLD	33	0.789
287	66	2	Ken Baumann-r	Mahnomen	32	0.811
286	112	0	Terry Bahlmann	Marshall	41	0.719
285	69	2	George Thole-r	Stillwater	31	0.803
279	89	0	Jon Bakken-r	Waterville-Elysian-Morristown	33	0.758
279	151	0	Karl Deis-r	Mora	55	0.649
277	89	1	Grady Rostberg-r	Hutchinson	34	0.756
276	84	0	Leo Pohlkamp-r	Pierz	33	0.767
275	133	2	Stuart Nordquist-r	International Falls	41	0.673
269	115	2	Jim Roforth-r	Osakis	45	0.700
267	124	0	Dave Nelson-r	Minnetonka	36	0.683
266	160	0	Don Seipkes-r	Ottertail Central/Henning	43	0.624
263	86	2	Neal Hofland-r	Chokio-Alberta	35	0.752
260	132	10	George Smith-r	Mahtomedi	43	0.659
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	0.712
259	105	13	John Hansen-r	Osseo	40	0.704
259	143	0	Larry Thompson-r	Lakeville South	38	0.644
256	94	8	Tom Mahoney-r	Fairmont	38	0.726
256	114	0	Dean Aurich r	Mayer Lutheran	36	0.692
251	84	0	Don Henderson-r	Triton	31	0.749
246	137	0	Terry Karlsgodt-r	Atwater-Grove City- Cosmos	39	0.642
241	91	0	Dave Nigon-r	Totino Grace	31	0.726
238	112	0	Randy Strand-r	Adrian	33	0.680
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	0.749
233	108	3	Buz Rumrill-r	Glencoe/Silver Lake	33	0.682
232	58	0	Andy Rostberg	Hutchinson	26	0.800
231	59	0	Dave Louzek	Moose Lk/Willow River	26	0.797
230	65	0	Jim Mader-r	Albany	26	0.780
230	84	0	Gary Sloan-r	Grand Meadow	29	0.733
230	138	1	Roger Lipelt-r	Wayzata/Providence	40	0.625
227	41	0	Chad Johnston	Minneota	23	0.847
227	47	0	John Clark Jr	Mahnomen/Waubun	24	0.828
224	64	0	Tom Schuller	Jackson County Central	26	0.778
223	91	1	Jim Simser-r	Fairmont/New Richland-H	32	0.710
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	0.709
221	97	0	Dave Brokke-r	Granite Falls/YME	31	0.695
220	74	0	Clark Bergloff-r	Mora	29	0.748
220	127	1	Don Stueve--r	Fergus Falls	37	0.634
218	87	0	Jeff Williams	Owatonna	29	0.715
218	147	0	Jeff Erdmann	Rosemount	35	0.597
217	138	0	Joe Scoblic	Lester Prairie	35	0.611
216	130	6	Billy Beck-r	Lac Qui Parle Valley	39	0.622
214	141	0	Bob Jackson-r	White Bear Lake/SLP	35	0.603
212	64	0	Gary Graham-r	Browerville	25	0.768
212	76	0	Chad Gimbel	Blooming Prairie	28	0.736
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	0.713
212	121	2	DeWayne Johnson-r	Anoka	33	0.636
209	91	0	Jerry Wallskog-r	LeCenter/BDRSH/Monty	31	0.697

Wins	Losses	Ties	Coach	School	Years	Win %
208	134	0	Bubba Sullivan-r	Northfield	31	0.608
207	92	0	Terry Ogorek-r	Kittson County Central	30	0.692
207	97	0	Brian Nelson	Fertile-Beltrami	30	0.681
207	109	2	Andy Nelson-r	Lake Benton/Verdi	34	0.654
206	89	0	Ron Johnson-r	Clearbrook/Gonvick Tr.	31	0.698
205	58	2	Dick Hanson-r	Burnsville	25	0.777
204	92	0	Terry Highum-r	Lanesboro	31	0.689
203	66	1	Stav Canakes-r	Edina	27	0.754
202	106	13	Bruce Frank-r	Le Sueur	37	0.650
202	120	2	Con Natvig-r	Swanville	33	0.627
202	147	0	Richard Risbrudt-r	Fergus Falls	35	0.579
201	138	0	Randy Kuechenmeister	Blue Earth Area	34	0.593
200	65	0	Rich Kallok-r	Cretin-DH	22	0.755
200	77	3	Bob Youso-r	Moose Lake/Willow River	30	0.720
200	89	0	Ken Mauer-r	St. Paul Harding	32	0.692
200	111	0	Dean Taylor-r	Sartell/St. Cloud Cathedral	32	0.643

ALL TIME WINNINGEST HIGH SCHOOL COACHES BY WIN PERCENTAGE (10 or more years)

Wins	Losses	Ties	Coach	School	Years	Win
165	12	0	Mark Kroulik-r	Stephen-Argyle	15	0.932
77	12	2	Bill Severin-r	Grand Meadow	11	0.857
227	41	0	Chad Johnston	Minneota	23	0.847
187	35	0	Jeff Ferguson-r	Totino Grace	18	0.842
173	34	1	Gerry Brown-r	St. Thomas Academy	21	0.834
88	17	2	Clifford Senne-r	Welcome	14	0.832
227	47	0	John Clark Jr	Mahnomen/Waubun	24	0.828
104	22	0	Mike Scanlan-r	Cretin-Derham Hall	11	0.825
393	84	0	Mike Grant	Eden Prairie	42	0.824
156	34	0	Keith Bergstedt-r	Cromwell	16	0.821
197	43	0	Carl Fruechte	Caledonia	23	0.821
307	66	6	George Larson-r	Cambridge	40	0.818
287	66	2	Ken Baumann-r	Mahnomen	32	0.811
141	29	10	Vern Morrison-r	St. Cloud Tech	20	0.811
149	31	12	Red Hastings-r	Austin	20	0.807
108	25	3	Dick Bakke-r	Monticello	15	0.805
285	69	2	George Thole-r	Stillwater	31	0.803
232	58	0	Andy Rostberg	Hutchinson	26	0.800
115	29	0	Wally Mahlmstrom-r	Mahtomedi	13	0.799
231	59	0	Dave Louzek	Moose Lk/Willow River	26	0.797
180	46	0	Bryan Strand	Barnesville	20	0.796
131	33	2	George Wemeier-r	Minneapolis Washburn	18	0.795
291	78	0	Steve Solem-r	BOLD	33	0.789
83	22	1	Lauren "Huns" Hagge-r	Waseca	13	0.788
148	40	0	Mark Esch	Minnetonka	16	0.787
192	52	0	Steve Ott-r	Deer River	22	0.787
103	85	0	Scott Hanson	Lakeview	19	0.786
117	32	0	Dave Ziebarth-r	St. Thomas Academy	13	0.785
161	44	3	Jim Gotta-r	Moorhead	26	0.781
230	65	0	Jim Mader-r	Albany	26	0.780
224	64	0	Tom Schuller	Jackson County Central	26	0.778
205	58	2	Dick Hanson-r	Burnsville	25	0.777
136	38	3	Robert Hage r	Hector	20	0.777

AWARDS

Wins	Losses	Ties	Coach	School	Years	Win %
121	35	0	Rex Metzger	Hills Beaver Creek	15	0.776
119	35	0	Charles Adams III	Minneapolis North	15	0.773
110	33	0	Zach Hauser-r	Spring Grove	13	0.769
162	51	0	Brad Anderson	Benilde St Margaret	19	0.769
212	64	0	Gary Graham-r	Browerville	25	0.768
276	84	0	Leo Pohlkamp-r	Pierz	33	0.767
181	56	0	Rick Manke-r	Detroit Lakes	21	0.764
168	51	3	Pete Herges-r	Albany	32	0.764
437	137	3	Mike Mahlen	Verndale	56	0.760
101	32	0	Neil Johnson-r	Wheaton	12	0.759
279	89	0	Jon Bakken-r	Waterville-Elysian-Morristown	33	0.758
277	89	1	Grady Rostberg-r	Hutchinson	34	0.756
200	65	0	Rich Kallok-r	Cretin-DH	22	0.755
85	25	8	Omer Sieben-r	Melrose	15	0.754
203	66	1	Stav Canakes-r	Edina	27	0.754
263	86	2	Neal Hofland-r	Chokio-Alberta	35	0.752
176	56	6	John Drews-r	Rochester John Marshall	25	0.752
151	50	0	Mike Kleinschmidt-r	Albany Area	19	0.751
123	41	0	Brian Vossen	Lakeville North	15	0.750
251	84	0	Don Henderson-r	Triton	31	0.749
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	0.749
220	74	0	Clark Bergloff-r	Mora	29	0.748
166	56	0	Mike Kesler	Rochester Lourdes	20	0.748
124	42	0	Dan Zubich	Mountain Iron-Buhl	16	0.747
125	42	2	Herm Frickey-r	Hibbing	28	0.746
198	68	0	Jim Reinhardt-r	Rushford-Peteson	23	0.744
167	58	0	Jeff Gronner	Cromwell-Wright	21	0.742
162	54	7	Walter Hunting-r	Duluth Denfeld	32	0.742
139	49	0	Flint Motschenbacher-r	Detroit Lakes	17	0.739
116	41	0	James Miller-r	Rochester Mayo	15	0.739
141	50	0	Tony Thiel-r	Battle Lake	21	0.738
136	48	1	Harold "Gabby" Pierce-r	Bricelyn	22	0.738
165	59	0	Mike Quist-r	Gaylord	21	0.737
190	68	0	Ivan Kroulik-r	Kasson-Mantorville	24	0.736
212	76	0	Chad Gimbel	Blooming Prairie	28	0.736
103	36	3	Norm Larsen-r	Mantorville/Preston/St. Paul Park	17	0.736
102	37	0	Matt Lombardi - r	Maple Grove	13	0.734
230	84	0	Gary Sloan-r	Grand Meadow	29	0.733
166	61	0	Cory Larson	Dawson-Boyd	23	0.731
106	39	0	Paul Tinjum	Ada-Borup/Norman Co W	15	0.731
135	50	0	Mike Belseth-r	Breckenridge	17	0.730
175	65	0	Bob Majeski-r	Hastings	21	0.729
120	45	0	Derek Flann	BOLD	16	0.727
256	94	8	Tom Mahoney-r	Fairmont	38	0.726
241	91	0	Dave Nigon-r	Totino Grace	31	0.726
164	62	0	Kevin Feeney	Moorhead	26	0.726
188	66	18	Bill Hansen-r	Willmar	33	0.724
101	36	8	Frank Cleve-r	Minneapolis Henry	20	0.724
123	47	0	Anthony Soderberg	Dilworth-Glyndon-Felton	16	0.724
164	63	0	Mike Boomer-r	Cook County	23	0.723
183	67	11	Irv Nerdahl-r	Robbinsdale	32	0.722
91	35	0	Mick Goudy-r	Monticello/Fertle-Beltrami	13	0.722
200	77	3	Bob Youso-r	Moose Lake/Willow River	30	0.720
180	69	4	Dick Walker-r	Richfield	21	0.719
69	27	0	Adam Tri	Eden Valley-Watkins	10	0.719
286	112	0	Terry Bahlmann	Marshall	41	0.719
102	40	0	Mac Dahl-r	LaCrescent	16	0.718
175	68	4	Chuck Halsted-r	Two Harbors	30	0.717
144	57	0	Tony Thiel, Jr.-r	Wheaton/Herman/Norcross	19	0.716
111	44	0	Peter Haugen-r	Minneapolis Washburn	15	0.716

Wins	Losses	Ties	Coach	School	Years	Win %
151	58	7	Angelo Taddie-r	Nashwauk-Keewatin	31	0.715
113	45	0	Tyrone Wacker-r	Gaylord/Jackson	16	0.715
218	87	0	Jeff Williams	Owatonna	29	0.715
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	0.713
186	75	0	Dave Main-r	Sibley East/Gaylord	27	0.713
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	0.712
175	71	0	Andrew Fleischman	Edgerton	22	0.711
104	40	8	Art Hass-r	Austin	17	0.711
412	167	3	Dwight Lundeen	Becker	55	0.710
120	49	0	Dan Kostich-r	Moorhead	16	0.710
223	91	1	Jim Simser-r	Fairmont/New Richland-H	32	0.710
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	0.709
195	80	0	Peder Naatz	Hawley	25	0.709
196	81	0	Dave Hylla-r	Proctor	27	0.708
186	77	0	Mal Scanlon-r	Cretin/Johnson/Washington	27	0.707
167	68	5	Pat Waldner-r	Bloomington Jefferson	23	0.706
259	105	13	John Hansen-r	Osseo	40	0.704
133	56	0	Mat Mahoney	Fairmont	18	0.704
136	56	7	John Drugg-r	Wells	24	0.701
113	47	5	Mario Lucia-r	Big Fork/Grand Rapids	20	0.700

WINS FOR ACTIVE COACHES

Wins	Losses	Ties	Coach	School	Years	Win%
437	137	3	Mike Mahlen	Verndale	56	0.760
412	167	3	Dwight Lundeen	Becker	55	0.710
393	84	0	Mike Grant	Eden Prairie	42	0.824
389	182	5	Ron Stolski-r	Brainerd	58	0.680
315	158	0	Merrill Pavlovich-r	Delano	46	0.666
307	66	6	George Larson-r	Cambridge	40	0.818
304	150	0	Carl Lemke-r	St. Croix Lutheran	46	0.670
291	78	0	Steve Solem-r	BOLD	33	0.789
287	66	2	Ken Baumann-r	Mahnomen	32	0.811
286	112	0	Terry Bahlmann	Marshall	41	0.719
285	69	2	George Thole-r	Stillwater	31	0.803
279	89	0	Jon Bakken-r	Waterville-Elysian-Morristown	33	0.758
279	151	0	Karl Deis-r	Mora	55	0.649
277	89	1	Grady Rostberg-r	Hutchinson	34	0.756
276	84	0	Leo Pohlkamp-r	Pierz	33	0.767
275	133	2	Stuart Nordquist-r	International Falls	41	0.673
269	115	2	Jim Roforth-r	Osakis	45	0.700
267	124	0	Dave Nelson-r	Minnetonka	36	0.683
266	160	0	Don Seipkes-r	Ottertail Central/Henning	43	0.624
263	86	2	Neal Hofland-r	Chokio-Alberta	35	0.752
260	132	10	George Smith-r	Mahtomedi	43	0.659
259	102	9	Les Dreschel-r	Red Lake Falls/Crookston	40	0.712
259	105	13	John Hansen-r	Osseo	40	0.704
259	143	0	Larry Thompson-r	Lakeville South	38	0.644
256	94	8	Tom Mahoney-r	Fairmont	38	0.726
256	114	0	Dean Aurich r	Mayer Lutheran	36	0.692
251	84	0	Don Henderson-r	Triton	31	0.749
246	137	0	Terry Karlsgodt-r	Atwater-Grove City- Cosmos	39	0.642
241	91	0	Dave Nigon-r	Totino Grace	31	0.726
238	112	0	Randy Strand-r	Adrian	33	0.680

AWARDS

Wins	Losses	Ties	Coach	School	Years	Win%
236	79	0	Gerhard Meidt-r	Rothsay/Minneota/Big Lake	32	0.749
233	108	3	Buz Rumrill-r	Glencoe/Silver Lake	33	0.682
232	58	0	Andy Rostberg	Hutchinson	26	0.800
231	59	0	Dave Louzek	Moose Lk/Willow River	26	0.797
230	65	0	Jim Mader-r	Albany	26	0.780
230	84	0	Gary Sloan-r	Grand Meadow	29	0.733
230	138	1	Roger Lipelt-r	Wayzata/Providence	40	0.625
227	41	0	Chad Johnston	Minneota	23	0.847
227	47	0	John Clark Jr	Mahnomen/Waubun	24	0.828
224	64	0	Tom Schuller	Jackson County Central	26	0.778
223	91	1	Jim Simser-r	Fairmont/New Richland-H	32	0.710
222	91	0	Stan Olson-r	LeRoy-Ostrander	30	0.709
221	97	0	Dave Brokke-r	Granite Falls/YME	31	0.695
220	74	0	Clark Bergloff-r	Mora	29	0.748
220	127	1	Don Stueve--r	Fergus Falls	37	0.634
218	87	0	Jeff Williams	Owatonna	29	0.715
218	147	0	Jeff Erdmann	Rosemount	35	0.597
217	138	0	Joe Scoblic	Lester Prairie	35	0.611
216	130	6	Billy Beck-r	Lac Qui Parle Valley	39	0.622
214	141	0	Bob Jackson-r	White Bear Lake/SLP	35	0.603
212	64	0	Gary Graham-r	Browerville	25	0.768
212	76	0	Chad Gimbel	Blooming Prairie	28	0.736
212	83	8	Kenneth "Red" Wilson-r	Bemidji	34	0.713
212	121	2	DeWayne Johnson-r	Anoka	33	0.636
209	91	0	Jerry Wallskog-r	LeCenter/BDRSH/Monty	31	0.697
208	134	0	Bubba Sullivan-r	Northfield	31	0.608
207	92	0	Terry Ogorek-r	Kittson County Central	30	0.692
207	97	0	Brian Nelson	Fertile-Beltrami	30	0.681
207	109	2	Andy Nelson-r	Lake Benton/Verdi	34	0.654
206	89	0	Ron Johnson-r	Clearbrook/Gonvick Tr.	31	0.698
205	58	2	Dick Hanson-r	Burnsville	25	0.777
204	92	0	Terry Highum-r	Lanesboro	31	0.689
203	66	1	Stav Canakes-r	Edina	27	0.754
202	106	13	Bruce Frank-r	Le Sueur	37	0.650
202	120	2	Con Natvig-r	Swanville	33	0.627
202	147	0	Richard Risbrudt-r	Fergus Falls	35	0.579
201	138	0	Randy Kuechenmeister	Blue Earth Area	34	0.593
200	65	0	Rich Kallok-r	Cretin-DH	22	0.755
200	77	3	Bob Youso-r	Moose Lake/Willow River	30	0.720
200	89	0	Ken Mauer-r	St. Paul Harding	32	0.692
200	111	0	Dean Taylor-r	Sartell/St. Cloud Cathedral	32	0.643

BUTCH NASH AWARD NOMINATION FORM

(Award for assistant football coaching at the high school level)

Candidates name in full _____
First middle last

Address _____ City/Zip Code _____

E-mail: _____ Home phone () _____ Work phone () _____

Birthdate _____ College attended _____ Year graduated _____

Candidate: Member MSHSCA? ___Yes; ___No. Member MFCA? ___Yes; ___No.

Head Coach: Member MSHSCA? ___Yes; ___No. Member MFCA? ___Yes; ___No.

Head Coach e-mail _____ Home ph: _____ Work ph: _____

Class: 9M; A; 2A; 3A; 4A; 5A; 6A Sub-district _____ School _____
(please circle)

School Address _____ City/Zip Code _____

Current football coaching assignment _____

Coaching background (Previous schools, years at the school, and any other significant information).

1. _____
2. _____
3. _____
4. _____
5. _____

Total number of years as high school assistant football coach (minimum 15 years) _____

List other background information that would help the committee in their selection (previous championships, awards, etc.

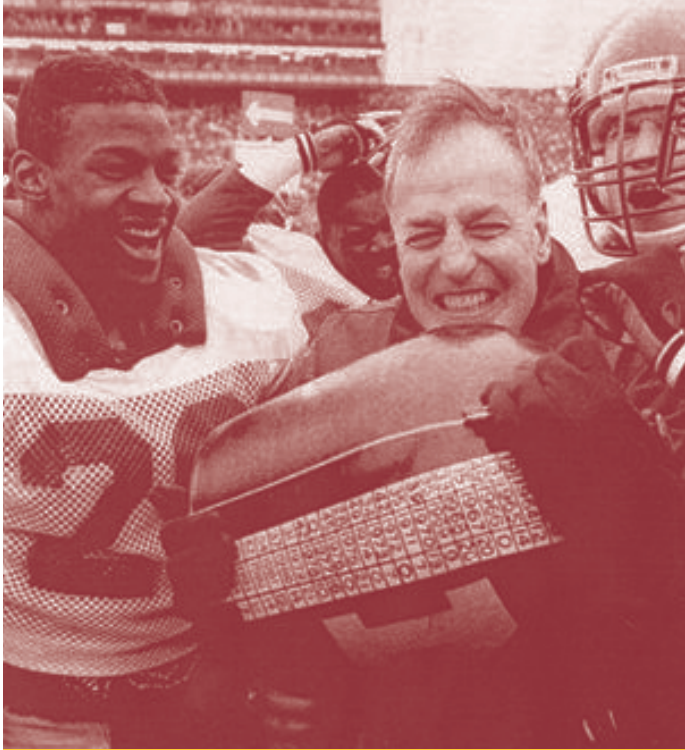
Submitted by: _____

Head Football Coach: _____

Return to: **Jim Dotseth, 1034 Anthony Way, Victoria, MN 55386**

Email: dotsethj@comcast.net

THE BUTCH NASH OUTSTANDING ASSISTANT COACHES AWARD



The Butch Nash Award is one of the most significant recognitions of the MFCA awards. Named in honor of the legendary Gopher Football assistant coach, George "Butch" Nash, the award recognizes those coaches who represent what is best in assistant coaches everywhere.

Butch was respected, honored and revered by all whose lives he touched: players, colleagues and public. During his extraordinary career as a Gopher assistant coach, he exemplified the endearing qualities of coaching competency, unconditional loyalty, integrity, many years of dedicated service, pride in his profession, and unrivaled passion for the Golden Gophers and the game he loved.

The MFCA is proud to recognize those coaches who have, over a career, demonstrated the qualities embodied in a true legend and one of the original 'Keepers of the Game.'

BUTCH NASH AWARD RECIPIENTS



**AARON
SWARTOUT**



**CHRIS
MEYER**



**CHRIS
ROUSEMILLER**



**GAVIN
DUCANSON**



**JASON
GRANDSTRAND**



**JOSH
BORAAS**



**KEN
WEIKEL**



**KEVIN
WERK**



**MATT
WEBB**



**MICHAEL
FAIRBANKS**



**SCOTT
SCHMELZLE**



**TROY
GUNDERSON**



**TROY
ROBINSON**



**VICHITA
OUNCHITH**

MINNESOTA HIGH SCHOOL FOOTBALL

SUB-DISTRICT STANDINGS

Please note that there may have been changes to certain conferences. There may be mistakes due to "typos"/lack of information. Teams are listed in order of conference finish with regular season, and final season records.

District - Metro (South) Standings

TEAM	CONF.	OA
Lakeville North	5-0	9-2
Eagan	4-1	6-4
Lakeville South	3-2	6-4
Farmington	2-3	5-4
Rochester Mayo	1-4	3-7
Rosemount	0-5	1-8

District - Metro (North) Standings

TEAM	CONF.	OA
Maple Grove	7-0	13-0
Anoka	5-2	8-4
Blaine	5-2	7-4
Centennial	3-4	4-5
Champlin ParkBlaine	3-4	4-6
St. Michael-Albertville	3-4	4-6
Osseo	2-5	2-7
Coon Rapids	0-7	0-9

District - Metro (East) Standings

TEAM	CONF.	OA
Mounds View	4-1	8-3
Forest Lake	4-1	7-3
Stillwater Area	3-2	4-5
East Ridge	2-3	5-4
White Bear Lake	1-4	3-6
Woodbury	1-4	2-7

District - Metro (West) Standings

TEAM	CONF.	OA
Shakopee	4-1	10-2
Minnetonka	4-1	10-3
Edina	3-2	8-3
Eden Prairie	2-3	6-4
Prior Lake	1-4	5-5
Wayzata	1-4	4-5

District - Mid Northwest (Central) Standings

TEAM	CONF.	OA
Staples-Motley	7-0	12-1
Pillager	6-1	7-2
Parkers Prairie	4-3	9-4
Breckenridge	4-3	5-5
New York Mills	3-4	4-6
Walker-Hackensack-Akeley	3-4	3-6
Wadena-Deer Creek	1-6	1-7
Pine River-Backus	0-7	0-9

District - Mid Northwest (Gopher-Gold) Standings

TEAM	CONF.	OA
Upsala/Swanville Area	7-0	10-1
Belgrade-Brooten-Elrosa	6-1	8-2
West Central Area	5-2	8-3
Browerville-Eagle Valley	4-3	6-4
Kerkhoven-Murdock-Sunburg	3-4	4-5
Benson	2-5	3-7
Atwater-Cosmos-Grove City	1-6	2-7
Long Prairie-Grey Eagle	0-7	1-8

District - Mid Northwest (HOL-North) Standings

TEAM	CONF.	OA
Barnesville	7-0	11-1
Pelican Rapids	6-1	8-2
Hawley	5-2	7-4
Park Rapids Area	4-3	4-5
Frazee	3-4	4-6
Warroad	2-5	2-7
Roseau	1-6	2-7
Crookston	0-7	0-9

District - Mid Northwest (Red) Standings

TEAM	CONF.	OA
Fergus Falls	7-0	10-1
Morris Area/Chokio-Alberta	6-1	7-2
Dilworth-Glyndon-Felton	5-2	7-4
Detroit Lakes	4-3	5-4
East Grand Forks	2-5	4-6
Little Falls	2-5	3-7
Thief River Falls	2-5	2-7
Perham	0-7	1-8

District - Mid Northwest (Three Rivers Blue) Standings

TEAM	CONF.	OA
Kimball Area	7-0	11-0
Eden Valley-Watkins	6-1	7-2
Holdingford	5-2	8-3
St. Cloud Cathedral	4-3	7-4
Osakis I	3-4	4-6
Royalton	2-5	3-7
Paynesville Area	1-6	2-7
Maple Lake	0-7	0-9

District - Mid Northwest (Valley Plains West) Standings

TEAM	CONF.	OA
Mahnomen/Waubun	7-0	11-1
Red Lake County	6-1	9-2
Ada-Borup-West	5-2	7-3
Bagley	4-3	4-5
Polk County West	3-4	4-6

Lake Park-Audubon	2-5	2-7
Menahga	1-6	1-8
Red Lake	0-7	0-9

District - Mid Northwest (White) Standings

TEAM	CONF.	OA
Albany	7-0	11-1
Pierz	5-2	6-3
Howard Lake-Waverly-Winsted	5-2	6-4
Minnewaska Area	5-2	6-4
Rockford	2-5	3-6
Sauk Centre	2-5	3-7
Melrose	2-5	2-7
Montevideo	0-7	0-9

District - Mid Southeast (East) Standings

TEAM	CONF.	OA
Goodhue	8-0	11-1
Fillmore Central	7-1	9-2
Blooming Prairie	7-1	8-2
Lewiston-Altura	6-2	7-3
Rushford-Peterson	3-5	4-6
Wabasha-Kellogg	3-5	3-6
Winona Cotter	3-5	3-6
Hayfield	2-6	2-7
Kenyon-Wanamingo	1-7	1-8
Bethlehem Academy	0-8	0-9

District - Mid Southeast (West) Standings

TEAM	CONF.	OA
Norwood-Young America	8-0	11-1
Waterville-Elysian-Morristown	7-1	8-2
Randolph	7-1	7-2
Lester Prairie	5-3	7-4
Cleveland	5-3	6-4
United South Central	5-3	6-4
Janesville-Waldorf-Pemberton	3-5	4-6
New Richland-H-E-G	3-5	4-6
Gibbon-Fairfax-Winthrop	3-5	3-6
St. Clair.Loyola	2-6	3-6
Mayer Lutheran	1-7	1-8
Medford	0-8	0-9

District - Northeast (Blue) Standings

TEAM	CONF.	OA
Rush City	7-0	8-1
Moose Lake-Willow River	6-1	9-3
Mesabi East	4-3	7-4
International Falls	4-3	6-4
Aitkin	3-4	4-5
Crosby-Ironton Hinckley-Finlayson	2-5	2-7
Greenway/Nashwauk-Keewatin	2-5	2-7

Hinkley-Finlayson	0-7	1-8
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District - Northeast (Red) Standings

TEAM	CONF.	OA
Hermantown	5-1	9-2
North Branch	5-1	7-3
Grand Rapids	4-2	6-4
Duluth Denfeld	3-3	6-4
Rock Ridge	3-3	4-5
Cloquet	1-5	2-7
Duluth East	0-6	2-7

District - Northeast (Silver) Standings

TEAM	CONF.	OA
Barnum	7-0	9-1
Deer River	6-1	9-2
Mille Lacs	5-2	8-3
Braham	4-3	8-3
Chisholm	2-5	5-5
South Ridg	2-5	2-7
East Central	1-6	1-8
Ely	1-6	1-8

District - Northeast (White) Standings

TEAM	CONF.	OA
Pequot Lakes	6-0	11-1
Two Harbor	5-1	8-2
Esko	4-2	5-5
Mora	3-3	3-6
Hibbing	2-4	2-7
Pine City	1-5	1-8
Proctor	0-6	0-8

District - Northstar (East-Gold) Standings

TEAM	CONF.	OA
Robbinsdale Cooper	4-0	8-2
St. Louis Park	3-1	4-6
Apple Valley	2-2	4-7
Bloomington Jefferson	1-3	2-7
Tartan	0-4	5-6

District - Northstar (East-Maroon) Standings

TEAM	CONF.	OA
St. Thomas Academy	4-0	10-3
Robbinsdale Armstrong	3-1	8-3
Mahtomedi	2-2	6-5
Hastings	1-3	2-7
Cretin-Derham Hall	0-4	5-6

District - Northstar (North) Standings

TEAM	CONF.	OA
Moorhead	5-0	9-1
Alexandria	4-1	10-3
Bemidji	3-2	7-3
Brainerd	2-3	5-5
Sartell St. Cloud Tech	1-4	1-8
St. Cloud Tech	0-5	2-7

District - Northstar (South-Gold) Standings

TEAM	CONF.	OA
Chanhassen	3-1	8-4
Mankato West	3-1	5-4
Mankato East	2-2	7-3
Chaska	1-3	5-5
Waconia	1-3	4-5

District - Northstar (South-Maroon) Standings

TEAM	CONF.	OA
Owatonna	4-0	11-1
Rochester John Marshall	3-1	7-3
Northfield New Prague	2-2	3-6
New Prague	1-3	6-7
Rochester Century	0-4	0-9

District - Northstar (Twin Cities) Standings

Two Rivers	6-0	8-1
Minneapolis Washburn	5-1	6-3
St. Paul Highland Park	4-2	5-5
Bloomington Kennedy	3-3	4-5
St. Paul Central	2-4	3-6
Minneapolis Southwest	1-5	1-8
St. Paul Harding/Humboldt	0-6	0-9

District - Northstar (West-Gold) Standings

TEAM	CONF.	OA
Andover	4-0	7-3
Elk River	3-1	12-1
Sauk Rapids- Rice	2-2	5-5
St. Francis	1-3	3-7
Cambridge-Isanti	0-4	0-9

District - Northstar (West-Maroon) Standings

TEAM	CONF.	OA
Monticello	4-0	8-3
Rogers	3-1	4-5
Spring Lake Park	2-2	4-6
Park Center	1-3	5-5
Irondale	0-4	1-8

District - Skyway (Blue) Standings

TEAM	CONF.	OA
Columbia Heights	3-0	4-5
Brooklyn Center	2-1	4-5
Academy Force	1-2	1-8
Twin Cities Charter	0-3	0-8

District - Skyway (Brass) Standings

TEAM	CONF.	OA
Annandale	3-0	10-2
Foley	2-1	4-6
St. Cloud Apollo	1-2	1-8
Spectrum	0-0	0-8
Milaca	0-4	3-7

District - Skyway (Bronze) Standings

TEAM	CONF.	OA
Orono	3-0	9-3
Providence Academy	2-1	7-3
Delano	1-2	2-7
Mound Westonka	0-3	6-4

District - Skyway (Copper) Standings

TEAM	CONF.	OA
Dassel-Cokato	4-0	11-2
Litchfield	3-1	6-4
New London-Spicer	2-2	5-5
Watertown-Mayer	1-3	5-5
Glencoe-Silver Lake	0-4	2-7

District - Skyway (Gold) Standings

TEAM	CONF.	OA
Hill-Murray	3-0	9-2
Simley	2-1	5-5
South St. Paul	1-2	3-6
North St. Paul	0-3	4-6

District - Skyway (Green) Standings

TEAM	CONF.	OA
Becker	3-0	13-0
Rocori	2-1	6-3
Hutchinson	1-2	4-6
Willmar	0-3	2-8

District - Skyway (Maroon) Standings

TEAM	CONF.	OA
Minneapolis North	2-0	6-4
St. Anthony Village	2-0	6-4
Fridley	1-2	4-6
DeLaSalle	0-3	2-8

District - Skyway (Orange) Standings

TEAM	CONF.	OA
Holy Family Catholic	3-0	8-3
St. Agnes	3-1	6-3
St. Croix Lutheran	2-2	7-3
Concordia Academy	1-3	4-6
Breck	0-3	2-6

District - Skyway (Platinum) Standings

TEAM	CONF.	OA
Byron	4-0	9-2
Kasson-Mantorville	3-1	6-4
Faribault	2-2	4-5
Winona	1-3	4-6
Austin	0-4	0-9

District - Skyway (Red) Standings

TEAM	CONF.	OA
Minneapolis Camden	4-0	5-3
Richfield	3-1	4-4
St. Paul Johnson	2-1	3-5
St. Paul Como Park	1-2	3-7
Minneapolis Roosevelt	1-3	2-6

SUB-DISTRICT RECAPS

Minneapolis South	0-4	1-7
District - Skyway (Silver) Standings		
TEAM	CONF.	OA
Princeton	3-0	9-1
Zimmerman	2-1	6-4
Chisago Lakes Area	1-2	4-6
Big Lake	0-3	2-7

District - Skyway (Yellow) Standings		
TEAM	CONF.	OA
Totino-Grace	2-0	12-1
Holy Angels	2-1	7-4
Benilde-St. Margaret's	1-2	4-6
SMB	0-2	1-8

District - South (Central-Blue) Standings		
TEAM	CONF.	OA
LeSueur-Henderson	3-1	5-5
Maple River Blue Earth Area	3-1	5-5
Lake Crystal-Wellcome Memorial	3-1	3-6
Blue Earth Area	1-3	1-8
Sibley East	0-4	0-9

District - South (Central-Red) Standings		
TEAM	CONF.	OA
Marshall	4-0	10-2
Fairmont	3-1	8-3
New Ulm	1-3	4-5
St. Peter	1-3	4-5
Worthington	1-3	2-7

District - South (Central-Silver) Standings		
TEAM	CONF.	OA
Jackson County Central	4-0	13-0
Luverne	2-2	7-3
Pipestone	2-2	7-3
Area Redwood Valley	2-2	7-3
Minnesota Valley Lutheran	0-4	2-6

District - South (Central-White) Standings		
TEAM	CONF.	OA
Waseca	4-0	8-2
Jordan	3-1	5-5
Belle Plaine	2-2	3-6
Albert Lea	1-3	2-7
Tri-City United	0-4	1-8

District - South (East-Red) Standings		
TEAM	CONF.	OA
Stewartville	6-0	14-0
Pine Island	5-1	8-3
Zumbrota-Mazeppa	4-2	4-5
Lake City	3-3	5-5
Rochester Lourdes	2-4	3-7
Plainview-Elgin-Millville	1-5	2-7
Red Wing	0-6	0-9

District - South (East-White) Standings		
TEAM	CONF.	OA

Chatfield	6-0	11-1
Cannon Falls	4-2	8-3
Triton	4-2	8-3
Caledonia	4-2	7-3
Dover-Eyota	2-4	4-6
La Crescent-Hokah	1-5	2-7
St. Charles	0-6	1-8

District - South (West-North) Standings		
TEAM	CONF.	OA
Minneota	7-0	13-0
BOLD	6-1	8-2
Dawson-Boyd Canby	5-2	7-3
MACCRAY	3-4	3-5
Lac qui Parle Valley	3-4	3-6
Lakeview	3-4	3-6
Canby	1-6	2-8
Yellow Medicine East	0-7	0-8

District - South (West-South) Standings		
TEAM	CONF.	OA
Springfield	7-0	12-2
Adrian-Ellsworth	7-0	7-2
Murray County Central	5-2	8-3
Sleepy Eye United	4-3	6-4
Windom Area	4-3	4-5
Martin County West	3-4	4-5
Tracy-Milroy-Balaton	3-4	3-6
Russell-Tyler-Ruthton	1-6	2-7
Wabasso	1-6	2-7
St. James Area	0-7	1-8

District 9 - North (North) Standings		
TEAM	CONF.	OA
Mountain Iron-Buhl	7-0	11-1
Cherry	6-1	9-2
Littlefork-Big Falls	5-2	7-3
Cook County	5-3	6-4
Kelliher/Northome	4-3	4-5
North Woods	3-4	3-6
Blackduck	2-5	2-7
Lake of the Woods	0-0	0-0
Bigfork	0-7	1-8
Cass Lake-Bena	0-7	0-9

District 9 - North (South) Standings		
TEAM	CONF.	OA
Nevis	7-0	10-1
Cromwell-Wright Area	7-1	10-2
Ogilvie	5-2	6-4
Verndale	3-4	5-5
Bertha-Hewitt	3-4	4-5
Sebeka	3-4	4-5
Hill City/Northland	3-4	3-6
McGregor	1-6	1-8
Laporte	0-0	0-0
Carlton/Wrenshall	0-7	0-9

District 9 - South (East) Standings		
TEAM	CONF.	OA

LeRoy-Ostrander Kingsland	7-0	12-1
Spring Grove	6-1	9-1
Kingsland	5-2	8-3
Alden-Conger/G-E Mabel-Canton	4-4	5-5
Southland Houston	3-4	5-5
Houston	3-4	4-5
Mabel-Canton	3-5	3-6
Grand Meadow	1-6	1-8
Lanesboro	0-7	0-9

District 9 - South (West) Standings		
TEAM	CONF.	OA
Hills-Beaver Creek	7-0	12-1
Mountain Lake Area Edgerton	6-1	7-3
Renville County West	5-3	8-4
New Ulm Cathedral	5-3	7-4
Heron Lake-Okabena/Fulda	5-3	5-4
Edgerton	4-3	6-4
Nicollet	4-3	4-5
Cedar Mountain	4-4	4-5
Red Rock Central	3-4	4-6
GHEC/Truman	3-4	3-6
Madelia	1-6	1-7
Westbrook-Walnut Grove	1-6	1-8
Buffalo Lake- Hector-Stewert	0-8	0-9

District 9 - West (North) Standings		
TEAM	CONF.	OA
Fertile-Beltrami	7-0	13-0
Fosston	7-0	9-1
Stephen-Argyle	7-1	10-2
Goodridge/Grygla	6-1	7-2
Kittson County Central	4-4	5-5
Warren-Alvarado-Oslo	3-4	6-5
Park Christian	3-4	5-5
Win-E-Mac	3-4	4-5
Clearbrook-Gonvick NCE/U-H	2-5	3-7
Badger/Greenbush-Middle River	2-6	2-7
NCE/U-H	0-7	0-9
Northern Freeze	0-8	0-9

District 9 - West (South) Standings		
TEAM	CONF.	OA
Hancock	7-0	9-1
Border West	6-1	8-3
Otter Tail Central	5-2	6-4
Hillcrest Lutheran Academy	4-3	5-5
Brandon/Evansville/Ashby	3-4	3-6
Underwood	2-5	3-6
Rothsay	1-6	1-8
Ortonville	0-7	0-8

DISTRICT SUMMARIES

NORTHEAST - RED

NORTH BRANCH

In the 2024 season, our student-athletes progressed greatly from week one to the Section final, not just with our play but also with how we supported each other and built each other up! Our 13 Seniors led our 2024 football program to a 7-3 record, Co-Sub District Champions, and Section Final runner up. Throughout the season there were many competitive and exciting games! A last-second touchdown pass led to a thrilling 48-44 win versus a good Hermantown team in week 3 of the season. An overtime win in the Section Semi-Finals versus a tough Grand Rapids team propelled us to our 5th straight Section Final appearance. In the Section Finals, we fell short to a talented and resilient Hermantown team. Throughout the year, all three phases of football played a significant role in this year's success. Our defense gave up on average 22 points per game with big stops being the highlight for the defensive squad. Offensively the Vikings averaged 37 points per game with long drives and big plays being the highlight for the offensive squad. Special teams provided a spark with multiple turnovers created by the kick-off team. Above the statistics, the young people in our program continued to define and shape what family means on and off the field for North Branch Football. SKOL! FAMILY!

HERMANTOWN

The Hermantown Hawks had a highly successful 2024 campaign, finishing with a 9-2 record, claiming Co-Champion honors in the Northeast Red District, and securing the Section 7AAAA title, culminating in a state quarterfinal game against Orono. A standout highlight of the season was the Hawks avenging their only regular-season loss in a thrilling section final rematch against North Branch.

Trailing 28-7 midway through the third quarter, the Hawks mounted an unforgettable comeback, fueled by two crucial second-half onside kick recoveries. The team ultimately prevailed 35-28, sealing the victory with a dramatic interception in their own end zone as North Branch threatened to tie the game in the final minute.

The 2024 Hawks were led by Senior Captain and QB Alex Schott, supported by an experienced offensive line and dynamic playmakers on the perimeter.

Looking ahead to 2025, the Hawks will return key players, including All-District/All-Section Halfback Junior Martin Sleen, All-Section Senior WR/DB Landon Burg, and All-District/All-Section Senior TE/LB Grant Johnson. With their sights set on building upon the energy and success of 2024, the Hawks aim to continue inspiring their program, student body, and the Hermantown community.

CLOQUET

The Lumberjacks 2024 season was a difficult road marred with injury. The Lumberjacks finished the 2024 campaign with a 2-7 record. Various starters throughout the season were sidelined with extensive injuries leaving some of the younger players to pick up the mantle and continue on. The younger players answered the call and did their job in the stead of the senior starters gaining valuable experience they will carry into next year. Despite the injury issues, seniors Jack Battaglia (WR), Riley Hillman (OL), James Wilmot (QB), Blair Chartier (RB), and Dane Mason (LB) led the team through difficult stretches both on and off the field. Juniors Aiden Nelson (LB/RB) and Ben Frerich (OL/DL) will lead the charge for the Lumberjacks next season as they look to build on the experience gained in 2024 to improve in the 2025 season.



GRAND RAPIDS

Grand Rapids finished the 2024 season with a 6-4 record. After losing multiple starters due to injury in the summer, the Thunderhawks were able to have a number of young players fill roles, including sophomores Ethan Morgan and Mason Johnson.

Starting the season off with a wet, stormy win in Pine City, Grand Rapids dropped their home opener to Duluth Denfeld. The next three weeks saw Rapids go 2-1 with road wins against Rock Ridge and Duluth East, which sandwiched a home loss to eventual section champion Hermantown. Grand Rapids welcomed North Branch to town on October 4. In a game that saw the Thunderhawks down 21-7 at the half, Rapids stormed back and secured a 29-28 win in front of their home crowd. The next two weeks saw a 42-7 win at Cloquet and a 46-17 loss to Pequot Lakes to close out the regular season. Rapids went 1-1 in the section playoffs, defeating Rock Ridge 41-6 in the opener and losing to North Branch 20-14 in the section semi final.

Grand Rapids was represented on the All District Team by Seniors Sam Dick (LB), Doug Jespersen (FS), Aidan Lofstrom (OL), Junior Oliver Spahn (LB) and Sophomore Mason Johnson (RB). All District Honorable Mention honors went to Juniors Jameson Duell (WR), Jackson Jolicoeur (OL) and Sophomore Brandon Brula, (OL).

ROCK RIDGE

In Coach Brandon Borich's second season as head coach, the Rock Ridge Wolverines continued their remarkable improvement, doubling their wins for the second consecutive year. The program's growth demonstrates its ability to compete at the 4A level despite challenges like declining enrollment and limited success at the 3A level before moving up two years ago.

A key focus during the offseason for Coach Borich was adding tackle football for grades five and six, establishing a foundation for future success. On the field, the Wolverines finished 4-4, highlighted by a signature 49-32 victory over a 5-1 Duluth Denfeld team. The season was not without adversity, as early injuries to starting and backup quarterbacks Caz Carlson and Bryson Borich in Week 3 during the team's 13-7 loss to Grand Rapids forced adjustments to what they could do offensively, but they quickly recovered with a win against Cloquet in Week 4. Senior Levi Flatley transitioned from running back

SUB-DISTRICT RECAPS

to quarterback, stepping up in a role he had never played before, while Will Kemp anchored the defense and earned Northeast Red All-District Defensive Player of the Year honors.

Injuries persisted into the playoffs, where the Wolverines started seven sophomores, many making their season debut. Despite these challenges, the team showcased resilience and set a program record for wins in a season.

Looking ahead to 2025, the Wolverines return key players such as Beau Akerson (FB/DL), Caz Carlson (QB/DB), Aiden Bird (TE/DL), and Ethan Boe (OL/DL) along with many young players who gained valuable experience this year. With momentum building and a focus on continued growth, the team is eager to compete at an even higher level next season.

DULUTH EAST

The Hounds finished the season with a 2-7 record in Blane Tetreault's first season as head coach. The season was full of change as the new coaching staff installed new schemes and started building the foundation for a new football culture. A high point for East was defeating Esko, a team that beat them by a cumulative score of 172-6 the previous three seasons. Shutting out Hibbing 36-0 was also a season highlight.

Due to a rash of injuries, a number of young players gained playing time during the season. Five sophomores and one freshman started at times, which bodes well for the future. A solid group of current juniors and talent at the junior varsity and c-team levels provide optimism for the evolving varsity team.

Off-season team awards went to RB, Michael Lewis, as offensive player of the year; LB's, Virgil Brown and Preston Dallek as co-defensive POTY; WR, Kingston Lew, as special teams POTY; OL, Talen Sebok, as lineman of the year; DB, Max Nutter, as most improved player; LB, Virgil Brown, as most valuable teammate; and LB, Preston Dallek, as the academic leader. All except Lew were seniors.



DULUTH DENFELD

Duluth Denfeld finished the 2024 campaign with a 5-3 record, losing in the Section 7AAAA semifinal game. It was the first time the Hunters finished with back to back winning seasons in 26 years!

The Hunters were led on offense by North All-Star Taye Manns, who finished the season with just under 1,900 yards and scored 28 touchdowns on the ground and another 3 touchdowns receiving. Both offensive and defensive lines were anchored by Northeast Red District lineman of the year Rajon Gamble. Defensively the Hunters were led

by Linebacker Tyler Brannan who led the team with 71 tackles, 5 were tackles for loss.



NORTHEAST - WHITE HIBBING

PROCTOR

TWO HARBORS

Two Harbors finished with an overall record of 8-2 as they were knocked out of the playoffs in the Section Championship game. The Agates had an excellent senior class that led the team both in a balanced offensive attack as well as an aggressive defense. This squad competed hard every week and played as a team as they made their way through the season. The success this team had on the field was not as important as their contributions towards their community and their work in the classroom. FAMILY.

MORA

PINE CITY

ESKO

Esko football struggled to a 5-5 season this year. After graduation 18 seniors from the year before, only 4 seniors returned from the 2024 season. Esko sustained a few key injuries during the season that made for an exceptionally changing year. The good news is that Esko will return virtually their entire squad next year, including 4 all district players, RB Graham Hartleib, OL Heath Sunnarborg, OL Hewitt Limentinen, and OL Connor Dahlman. Esko will be adding a new coaching staff and direction next year. The future looks bright for the Esko Football Team.

PEQUOT LAKES

The Pequot Lakes Patriots, led by 25 seniors, had a special year finishing the season at 11-1 and making it to the Class 3A state semifinals at US Bank Stadium. The Patriots finished the regular season undefeated and ranked #1 in QRF in Class 3A. After reaching the section 7-3A finals for the third year in a row, the Patriots finally punched their ticket to the state tournament. After a thrilling state quarterfinal win over Annandale, the Patriots season came to an end in the state semifinals with a loss in

the last two minutes of the game to a talented Dassel Cokato team. The Patriots graduate a group of seniors that helped the football program go 27-5 over the past three years.

NORTHEAST - BLUE

AITKIN

The Gobblers finished the season with a 4-5 record and a loss in the opening round of the playoffs to Mesabi East. The season was highlighted with a mid season three game win streak that was ended by a couple key injuries. The Gobblers graduate three all district players heading into the '25 season. Key returning players All District Senior Brandon Kunz and Honorable Mention Junior Parker Fulton. Other returning starters: Seniors Quintin Christy, Bennett Sadlowsky, Owen Warren, Karson Hopperstad, Braden Wagner and Lumies Wang . Juniors Nolan Dotzler, Jack Jacobson, Damien Maciel, and Coen Olson. Sophomore Bo Sanford.

GREENWAY-NASHWAUK-KEEWATIN

INTERNATIONAL FALLS

The 2024 Broncos finished their season 6-4 overall. The defense was led by junior Kane Thompson's 127 regular season tackles; junior Zach Youso (115 tackles) and sophomore Carson Crandall (99 tackles) followed closely. Offensively the team had a balanced dynamic between junior Quarterback Hayden Swenson's 1,846 passing yards over 158 completions and senior Cooper Crandall's 1,237 yards rushing over 171 attempts. The Broncos concluded their season after the Section Semi-Final against Moose Lake-Willow River. The team graduates three seniors.



CROSBY-IRONTON

The 2024 Rangers finished 2-7 on the season. Senior running back Evan Rydberg rushed for the CI single season record of 1,513 yards. All-District selections were Evan Rydberg and Martin Strom. Honorable mentions were Julian Lange, Amari Haffner and Connor Windorski. Rydberg was named to the Academic All-State team.

RUSH CITY

This past season we ended with a historic regular season record of 8-0 coming off of a 1-7 record last season. The '24 season was monumental as it is the first season Rush City has ever been 8-0, as well as the first season ever to earn a district/conference title (Northeast Blue).

Offensively we averaged 477 yards of offense and 43 points per game while defensively allowing 18 points per game. The keys to the season's success have been the senior leadership as well as the dedication and time the team puts into the offseason training.

The year's success can be attributed to the senior class which showed leadership, dedication, and commitment that became contagious throughout not only the program, but the school. They put the time and effort into training, studying, and school community engagement with our elementary students cultivating a positive influence for future Tigers.

Personally I could not be more proud of the team and the rewards that they earned from the work that they put in. I also could not be more appreciative of the staff that we have and the time and effort given forth week to week to give the kids the best opportunity for success

MESABI EAST

The Giants finished 7-4 in the 2024 season. We picked up a couple of early wins against South Ridge and Crosby-Ironton. We then lost the next two with a disappointing loss at home to rival International Falls and then to Moose Lake-Willow River on the road. The Giants picked up 3 wins in the last 4 regular season games by knocking off G-N-K, Hinckley-Finlayson and Aitkin, but losing a tough battle to Rush City. In the quarter final playoffs the #4 seed Giants defeated the #5 seed Aitkin 20-6. The Giants would then travel to Barnum to face the #1 seed. The Bombers were 8-0 in the regular season, but the Giants jumped out to an early 22-0 lead and held on to upset Barnum 22-14. The Mesabi East Giants lost a heartbreaker in the Section 7AA Championship game to Moose Lake-Willow River 24-14



SUB-DISTRICT RECAPS

MOOSE LAKE-WILLOW RIVER

The MLWR Rebel football team, coming off a 10-2 2023 season, followed that up with a 9-3 record for the 2024 season. The rebels defeated Mesabi East for their 18th section championship since the 2000 season. The offense was anchored by O linemen Kaiden Eilen, PJ Frisch, and Northeast Blue MVP lineman Charlie Rigelman who paved the way for RBs Parker Samarzia (1282 yds rushing and 19 td's) and Levi Mikrot (1280 yds rushing and 13 tds) and QB Micah Thompson (958 yds rushing and 13 tds). The defense was lead by a strong linebacking core of Robbie Roach (74 tackles and 1 int), Nolan Peterson (66 tackles and 1 int), and Levi Mikrot (49 tackles and 1 int). While the seniors will be missed, MLWR has a good group of juniors and sophomores and will again have high expectations for the upcoming 2025 season.

HINCKLEY-FINLAYSON

The Hinckley-Finlayson Jaguar Football team were led by 9 seniors this season and finished with a 1-8 overall record. The Jags opened the 2024 season with an 18-0 victory over the East Central Eagles and concluded the season with a first round playoff loss to the Barnum Bombers. Hinckley-Finlayson had 2 All District selections in seniors Stephen Klar and Isaac Brindamour, 3 All District Academic performers in senior Holden Williams, junior Aydin Bridges and sophomore Elijah Best. The Jaguars also had 3 All District Honorable Mention selections in senior Holden Williams, senior Ethan Perrotti and sophomore Elijah Best. Jaguar football will be looking to their junior and sophomore classes to fill many important roles in the off season.



NORTHEAST - SILVER

BARNUM

Barnum Football finished the season with an overall record of 9-1. The Bombers went undefeated in the regular season for the second year in a row for the first time in program history and won the coveted "Little Brown Jug" for the second year in a row after not having possession of the jug since 1998. The Bombers did fall short of their ultimate team goal, winning the section title, and they will continue to strive toward postseason success.

Barnum was paced on offense by Senior QB Bryce Ferguson (873 passing yards, 18 Total TDs) and junior RB Julian Beckstrand (1,408 yards and 20 TDs). Leading the charge on a balanced defense was Beckstrand (76 tackles, 8 TFL, junior linebacker Ryder Haggard (73 tackles, 11 TFL, 2.5 sacks, 2 int, 1 FF), senior DBs Eli Gilbertson and Spencer Strohm who combined for 9 INTs. Barnum's trenches were led by senior Andrew Goodwin and junior Brock Hurst.

Barnum Football graduates six seniors who continued to build off of our

foundation for future Bombers to build off of for years to come.

BRAHAM

The Braham Bombers finished the year with a 5-5 overall record and a 4-3 Northeast District Silver Division record which was good enough for a 4th place finish within the division. The Braham Bombers had a playoff win against Ely, but lost to Mille Lacs in the Section semifinal. Braham had three All-Conference selections with senior Tucker Gould and juniors Tyler Eklund and Garrett Lidke. Braham also had three more selected for Honorable Mention which included senior Dulton Bengtson, junior Tanner Doble and sophomore David Londgren.

CHISHOLM



EAST CENTRAL

MILLE LACS

The 2024 season is one the Mille Lacs Raiders community will not forget. For the first time in 20 years, dating back before the Co-Op, the Raiders made it to the section finals game. The season was a ride to remember going 8-3 on the season with many Raider records being broken, and having the lead of the section championship game until one minute was on the clock in the 4th quarter. This group of athletes was one special team. They truly formed the brotherhood bond anyone who has ever played knows and deep down probably misses. As their coach, watching the brotherhood form and develop made the long nights an easier task. Such a great season, performed by such a great team. Again the whole community will not forget the legacy the 2024 team has brought. Moving forward, the team only hopes to recreate the brotherhood bond and have a chance at advancing to state next season. GO RAIDERS!!!

DEER RIVER

The Deer River Warriors finished the Regular Season 7-1 as the #1 Seed in Section 7A. The Warriors defeated Mille Lacs in the Section 7A Championship to gain their programs 17th trip to the MSHSL Tournament. The Warriors were defeated in the State Qtr. Finals by Mahnommen-Waubun 14-6 finishing the season at 9-2.

The Warriors were led by Sr's in all the skilled positions. QB Caiden Schjenken was selected as Mr. Football for the NE Silver Sub-District and was also selected for the MN Viking All State Team. Sr Ben Storlie was the leading rusher followed by TE Nick Bakkedahl as the leading receiver. Ben Storlie was also selected to the Academic All State team as one of 14 chosen in the state of MN. Defensively the Warriors were led by Safety Caiden Schjenken with 7 INT's and leading tackler Lawrence Bowstring.

SOUTH RIDGE



ELY

MID-NORTHWEST/HOL - NORTH

The 2024 Mid Northwest district was another exciting year of highly competitive games. The district was won this year by Barnesville who made it through the regular season undefeated followed by Pelican Rapids who had a very good district season going 6-1 in conference play. Hawley would put together another solid year going 5-2 in district play followed by Park Rapids and Frazee, Roseau and Crookston would follow them in the standings. Hawley would lose in the regular season to Pelican Rapids by a score of 18-15, but would avenge the loss in the Section 8AA semi - finals handing the Vikings from Pelican Rapids only their second loss of the season 30-20. Barnesville and Hawley would advance to the section finals where Barnesville would win the Section 8AA title for the 9th consecutive year, by a score of 46-22. Some of the district major awards went to the following.

SPECIAL AWARDS

- DEFENSIVE LINEMAN OF THE YEAR - Ryan Carroll - Park Rapids
- DEFENSIVE BACK OF THE YEAR - Ethan Isaman - Pelican Rapids
- DEFENSIVE LINEBACKER OF THE YEAR - Nick Robideau - Barnesville
- OFFENSIVE LINEMAN OF THE YEAR - Blake Dauner - Hawley
- OFFENSIVE RECEIVER OF THE YEAR - Treyvon Benson - Pelican Rapids
- OFFENSIVE BACK OF THE YEAR - Major Ness- Barnesville
- OFFENSIVE QUARTERBACK OF THE YEAR - Gannon Bolgrean - Barnesville, Noah Nelson - Hawley
- SPECIALIST OF THE YEAR - Jordan Borowicz - Roseau
- MOST VALUABLE PLAYER - Gannon Bolgrean - Barnesville
- COACH OF THE YEAR - Bryan Strand, Barnesville
- ASST. COACH OF THE YEAR - Todd Wensloff - Roseau

SKYWAY BRONZE

The Skyway Bronze Subdistrict reignited old rivalries, provided exciting games, supposed upsets, and was just overall good football. Competition, as with the last couple of seasons, seemed appropriate, accomplishing the overall goal of district football.

Orono claimed the Skyway Bronze Subdistrict title outright for the

second straight season with a perfect record (3-0) in Subdistrict play. Orono finished their regular season with an impressive 6-2 record.

Orono finished their 2024 season 9-3, eventually losing to Totino Grace in the Class AAAA State Semifinals. Totino Grace defeated Orono twice during the 2024 season. Providence Academy had a great 2024 season as well placing second in the Skyway Bronze Subdistrict with a 2-1 record. Providence Academy lost to Orono in the Section 6AAAA Championship game ending their season at 7-3 overall. Though Mound Westonka finished fourth in the Skyway Bronze Subdistrict during the regular season, they got hot in the playoffs and beat Delano 47-0 in the quarterfinals before losing in the Section 6AAAA Semifinal game to Orono, ending their season at 6-4 overall. Delano finished their season at 2-7, losing some very close battles throughout the season. With many starters returning from all of these Skyway Bronze squads it should make for a very competitive season in 2025!

SPECIAL AWARDS

- OVERALL MVP: Joe Berghult - Providence Academy
- DEFENSIVE LINEMAN: Abu Tarawallie - Providence Academy
- LINEBACKER: Carter Kleinsasser - Mound Westonka
- DEFENSIVE BACK: Alex Loveless - Orono
- QUARTERBACK(S): Charlie Cordes - Orono
- RUNNING BACK: Rory Kvern - Orono
- RECEIVER: Jake Schultz - Delano
- OFFENSIVE LINEMAN: Blake Van Patten - Orono
- SPECIAL TEAMS PLAYER OF THE YEAR: Owen Paulsen - Orono
- COACH OF THE YEAR: Joe McPherson - Orono
- ASSISTANT COACH OF THE YEAR: Reed Boltmann - Providence Academy

Standings	CONF.	Overall
Orono	3-0.....	9-3
Mound Westonka	0-3.....	6-4
Delano.....	1-2.....	2-7
Providence Academy	2-1.....	7-3

SKYWAY-COPPER

The 2024 Skyway Copper Division saw many teams have great success. This district is home to the Class 3A State Runner Up in Dassel-Cokato. This was Dassel-Cokato second year in a row playing at US Bank Stadium. Ryan Weinandt was named the Sub District Coach of the Year, while his assistant Patrick Schuette was the Sub District Assistant Coach of the Year.

Dassel-Cokato made its way through Section 2AAA this year beating Litchfield in the Section Championship. Dassel- Cokato went on to win its State Quarterfinal and Semi Final game by a combined 4 points.

This district was very competitive this season. Each week was a battle for every team. Next season will look very different as some of these teams have moved onto new districts and will not face each other in the regular season in 2025 and 2026. There also has been some realignment within the sections and Litchfield and Dassel-Cokato no longer in Section 2AAA together. We look forward to watching these teams battle on the gridiron this fall. The history between many of these teams is deep.

SUB-DISTRICT RECAPS

SKYWAY-COPPER (CONT.)

Standings	District Record	Overall
Dassel-Cokato	4-0	9-3
Litchfield	3-1	6-4
New London-Spice	2-2	2-7
Watertown-Mayer	2-1	7-3
Glencoe- Silver Lake.....	0-4	2-7

SKYWAY-RED

Coach of the Year in The Skyway Red Mark Heiser, his senior driven team, and surrounding community committed to building their identity around newly named Camden High. The team made their community proud with another winning season as Minneapolis Camden finished with a 5-3 overall record and posted 4-0 in the Skyway Red, winning the district for the second year in a row. Six players were named All-District including overall Sub-District Co-MVP running back Ke'Tavion Colton. Joining him earning Sub-District awards were linebacker Tremell Caldwell and defensive back Rayshawnn Williams. Coach Jordan Dornbush also earned the district assistant coach of the year award.

MINNEAPOLIS ROOSEVELT

Minneapolis Roosevelt ended the year with a 3-7 overall record including going 1-2 in the Skyway Red. 2024 saw the return of longtime Minneapolis South head coach Rodney Lossow to the sidelines, and many students signed up to play, nearly twice as many as the previous season. With the surplus of players, Roosevelt created three teams, including a previously nonexistent ninth-grade team. The Teddy fans filled the stands again this year to support their team and their four All-District Players Jason Wind, Josiah Alexander, Ethan Atkinson, and Ethan Reese as they made it to the second round of the playoffs after winning a close game with Minneapolis South.

MINNEAPOLIS SOUTH

Minneapolis South finished with a 0-4 record in the Skyway Red District and 1-7 overall. Under the leadership of Ernest Sutton the Tigers had two All-District players Isaiah Harvey and Justin McCoy. Two Tigers also earned Sub-District awards Braven Bommersbach for offensive lineman of the year and special teams player of the year Liam Edwards.

RICHFIELD

Richfield was led by their defense and a large group of senior leaders, most of whom have played varsity football since their sophomore year. This group includes All-District student-athletes Spencer Lewis, Joey Noonan, Michael McKnight, and Brody Johnson. Seniors Michael McKnight, Joey Noonan, and sophomore Dre Collins also won Sub-District player of the year awards for defensive line, linebacker, and wide receiver respectively. The Spartans went 4-4 overall and finished in second place in the district for the second year in a row with a 3-1 record in the Skyway Red.

Coach Kirby Scull had a dozen players graduate from last year's team, which led to a co-operative with Washington Technology Magnet. Practices and games were still at Como and the Cougar uniforms remained black and gold, but with a new name: the Como Park-Washington Cougars. High school football is about growing the game and giving athletes a place to succeed and with this co-op more student-athletes were

afforded these opportunities. The Cougars went 2-6 overall and 1-3 in the Skyway Red District while Tate Prinson, Jeremiah Ranson, and Shawn Huberty won All-District awards..

St. Paul Johnson had a young team who started fast and produced four All-District players Dae'Majeun Henderson Moore, Anthony Steward, Michael Vang, and Isaiah Henderson. The Governors also had two players earn Sub-District player of the year awards Justice Moody and Ali Farfan. Moody was Co-MVP as he did everything for Johnson and led the team in scoring. Alum of Johnson coach Richard Magembe led his team to a 3-5 overall record, went 2-1 in the Skyway Red, and narrowly missed making it to the second round of the playoffs.

SKYWAY-ORANGE

Teams in the District: St. Agnes, Holy Family, Breck, Concordia Academy, and Saint Croix Lutheran.

This was the second season these schools competed within this district. It was an extremely competitive and tough district with all teams having successful seasons. Here is the season recap:

Holy Family finished the regular season with a 6-2 record. Both losses to 4A programs (Byron and Zimmerman). Holy Family went on to win the section and qualify for the state tournament for the first time in over a decade. The Fire saw their season end in the quarter-finals with a loss to eventual state champion Stewartville. Holy Family finished with an 8-3 overall record.

Saint Agnes finished the season with a record of 6-3. The two regular season losses were against Hill-Murray and Holy Family. Saint Agnes had a very top-heavy senior class who were extremely enjoyable to coach. This was a group of young men who bought into the program and who are Grateful. Tough. and Devoted.

St. Croix Lutheran went 7-3 overall (2-2 in the district). SCLA relied on a strong senior class to have their most successful season in years. The Crusaders again ran their traditional veer offense with pretty regular success and combined that with a staunch defense. They lost a close 4AA semi-final game to Minneapolis North after failing a two-point conversion in the final seconds of the fourth quarter.

Concordia Academy finished the season with a 4-6 record. Notable wins against Brooklyn Center and Richfield. Concordia Academy was tough on defense all season with physical front and linebacker group. Congrats to Ryan Korinek, who was named Special Teams Player of the Year.

Breck finished the season with a second of 2-6. This team was made up many underclassmen. It will be exciting to the growth these young players can make as they continue to gain experience.

AWARDS

OVERALL MVP: Griffin Murray (Holy Family) and Danny Plamann (Saint Agnes)

DEFENSIVE LINEMAN: Charlie Witzel (Saint Agnes)

LINEBACKER: Jeremiah Johnson (Concordia Academy)

DEFENSIVE BACK: Colin Avery (Saint Croix Lutheran)
QUARTERBACK: Ethan Ryan (Holy Family)
RUNNING BACK: Tanner Davis (Holy Family)
RECEIVER: Danny Plamann (Saint Agnes)
OFFENSIVE LINEMAN: Daniel Coyne (Saint Agnes) and Ben Dolan (Saint Croix Lutheran)
SPECIAL TEAMS PLAYER OF THE YEAR:Ryan Korinek (Concordia Academy)
COACH OF THE YEAR: Dan O'Brien (Holy Family)
ASSISTANT COACH OF THE YEAR: Dave Nelson (Holy Family OC) and Thomas Johnson (Saint Agnes DC)

ALL DISTRICT SELECTIONS

	School	PLAYER		
1 1st	Holy Family	Tanner Davis	12 RB	22
2 1st	Holy Family	Ethan Ryan	10 QB	9
3 1st	Holy Family	Levi Trout	10 RB	24
4 1st	Holy Family	Breck Neubauer	10 DB	23
5 1st	Holy Family	Eli Foudray	12 LB	65
6 1st	Holy Family	Griffin Murray	12 DB	2
1 2nd	St. Agnes	Danny Plamann	12 WR/DB	5
2 2nd	St. Agnes	Bennett Bamsey	12 RB/DB	7
3 2nd	St. Agnes	Charlie Witzel	12 OL/DL	54
4 2nd	St. Agnes	Dan Coyne	12 OL/DL	77
5 2nd	St. Agnes	Nick Brownell	12 RB/DB	9
1 3rd	St. Croix Lutheran	Colin Avery	11DB/WR/QB	2
2 3rd	St. Croix Lutheran	Matthew Beekman	12 RB/LB	33
3 3rd	St. Croix Lutheran	Ben Dolan	12 OL/DL	76
4 3rd	St. Croix Lutheran	Mano Kocsis	12 RB/LB	22
1 4th	Concordia Acad.	Jeremiah Johnson	12 FB/LB	6
2 4th	Concordia Acad.	Mitchell Pickens	12 OL/DL	70
3 4th	Concordia Acad.	Noah Moreno	12 OL/DL	50
1 5th	Breck	Mu Muhammad	11 WR/DB	23
2 5th	Breck	Oliver Kuhn	11WR/DB	6

BIG SOUTH WHITE

WASECA

The Waseca Bluejays were the champions of the Big South White Division in 2024. The Jays lost the opening game of the season against eventual state champion Stewartville before winning eight consecutive games. They finished the season 8-2 after losing in the section finals to Fairmont. Washington State commit Damrius Russell was named the player of the year in the District. He also represented Waseca in the All Star Game. Other district awards won by the Bluejays include Offensive Lineman of the year Ben Hagen, Linebacker of the year Tauston Rupe, Defensive back of the year Deron Russell (repeat winner), wide receiver of the year Carson Ohnstad. All district players include Damarius Russell, Deron Russell, Tauston Rupe, Carson Ohnstad, Micah Allen Haas and Lucas Selthiun. Honorable mention honors went to seniors Koylten Quillen and Ben Hagen. Coach Brad Wendland was district coach of the year.

JORDAN

The Jordan Hubman got off to a slow start before winning five out of six games under head coach Ozzie Sand. They advanced to the section semi finals before losing to Waseca and finishing the season with an overall record of 5-5. Senior Logan Theis was named defensive lineman of the year in the district. Junior quarterback Graham Helgersen was named offensive player of the year in the district. Elijah Jones was honored as wide receiver of the year and Braxton Roberts was named special teams player of the year. Tyler Chanthalin had a tremendous senior year and was named linebacker of the year. Senior linebacker Wyatt Clark was given honorable mention status along with junior Mitchell Schmidt.

BELLE PLAINE

The Belle Plane Tigers finished with a record of 3-6 on the season under head coach Dave Frissel. Their wins on the season came over Worthington, TCU and Albert Lea. They won their last two games of the regular season before losing to Jordan in the section quarterfinals. The Tigers had four players named to the All District Team and two were awarded honorable mention status. All district players are senior receiver Josh Sparby, senior lineman David Trujillo, senior defensive back Caleb Eppen and junior running back Walter Koepp. Senior lineman Pierce Nagorski was named to the honorable mention team along with junior Ayden Volek.

ALBERT LEA

The Albert Lea Tigers finished the 2024 season with a record of 2-7 under head coach Paul Dunn. Their season was highlighted by back to back wins over Tri City United and Worthington. The Tigers lost in the section quarterfinals to Luvurne. Junior Sam McGill was named defensive lineman of the year in the district. The Tigers had three all district players. They are senior lineman Evan Schroeder, junior lineman Sam McGill and junior quarterback and safety Teaghen Tolbers. Two players were awarded honorable mention status in the district. They are junior defensive back Carter Conn and junior TE/DE Noah Teeter.

TRI CITY

The Tri City United Titans finished the 2024 season with a record of 1-8 under head coach Matt Collins. The Titans win came over Sibley East. Senior Dylan Fink was named linebacker of the year in the district. Senior lineman Jacob Cihak was named Co Defensive lineman of the year in the district. The Titans had two players named to the All District Team and two awarded honorable mention. Seniors Jacob Cihak and Preston Ernste were both named All District. Seniors Dylan Fink and Gavin Sherman were named All District honorable mention. Tri City is made up of the communities of Montgomery, Lonsdale and LeCenter.

SOUTH - WEST

For the third consecutive year, the Class 1A championship featured the same 2 teams from the West Sub-District, Minneota and Springfield. The result was the same as well as Minneota completed the three-peat by defeating Springfield 70-20. In the North Division, Minneota was the champion with their closest challengers being BOLD and Dawson-Boyd. In the Section 5A title game, Minneota was tested by BOLD but ultimately passed the test and cruised to the State Championship. In the South Division, Springfield and Adrian tied for the division championship with MCC close behind. Springfield defeated MCC for the second time to claim the Section 3A title. Wyatt Minion took over as the head coach for Windom Area while Joe Kemp returned to lead the Wabasso Rabbits. Hudson Vosika of BOLD was named as one of

SUB-DISTRICT RECAPS

the 10 finalists for the Mr. Football Award. Ryan Meagher was named to the South Roster of the Minnesota High School Football All-Star Game.

SOUTH DIVISION AWARDS

- COACH OF THE YEAR:** Patrick Freeman, MCC
- MVP:** Trevor Smith (12), TMB; Ashton Toll (12), Springfield
- OFFENSIVE BACK:** Trevor Smith (12), TMB
- OFFENSIVE RECEIVER:** Talan Helget (12), SEU
- OFFENSIVE LINEMAN:** Colby Kesteloot (11), MCC
- DEFENSIVE BACK:** Brayden Sturm (12), Springfield
- DEFENSIVE LINEMAN:** Aiden Moriarty(10), Springfield
- LINEBACKER:** Gavin Vanderwerf (12), Springfield
- SPECIAL TEAMS:** Carson Engelkes(12), MCC

SOUTH DIVISION

STANDINGS	SEASON	OVERALL
Springfield*	7-0	8-0
Adrian/Ellsworth*	7-0	7-1
3MCC	5-2	6-2
Sleepy Eye United	4-3	5-3
Windom Area	4-3	4-4
MCW	3-4	4-4
TMB	3-4	3-5
Wabasso	1-6	2-6
RTR	1-6	1-7
St. James Area	0-7	1-7

NORTH DIVISION AWARDS

- COACH OF THE YEAR:** Chad Johnston, Minneota
- MVP:**Hudson Vosika (12), BOLD
- OFFENSIVE BACK:** Ryan Meagher (12), Minneota
- OFFENSIVE RECEIVER:** Brayson Boike (12), Dawson-Boyd
- OFFENSIVE LINEMAN:** Owen Flann (12), BOLD
- DEFENSIVE BACK:** Brayson Boike (12)
- DEFENSIVE LINEMAN:** Eli Gruenes (12), Minneota
- LINEBACKER:** Parker Bradley (12), Minneota
- SPECIAL TEAMS:** Hudson Vosika (12), BOLD

NORTH DIVISION

STANDINGS	SEASON	OVERALL
Minneota*	7-0	8-0
BOLD	6-1	7-1
Dawson-Boyd	5-2	6-2
Lac qui Parle Valley	3-4	3-5
MACCRAY	3-4	3-5
Lakeview	3-4	3-5
Canby	1-6	1-7
YME	0-7	0-8

MID-SOUTHEAST - EAST

It was another competitive season in the Sub District. Goodhue had a big week 4 come from behind win over Blooming Prairie 39-28 to move into first place and went on to be District Champs as well as Section Champs.

SPECIAL AWARDS

- PLAYER OF THE YEAR: Brady Kittelson (Blooming Prairie)
- OFFENSIVE POY: Lukas Loverink (Blooming Prairie)
- DEFENSIVE POY: Alex Lea (Blooming Prairie)
- LINEMAN OF THE YEAR: Caleb Kurtti (Goodhue)

Standings	CONF.	Overall
Goodhue.....	8-0.....	11-1
Blooming Prairie	7-1	8-2
Hayfield.....	2-6.....	2-7
Kenyon-Wanamingo	1-7	1-8
Faribault B.A.	0-8.....	0-9

METRO MAROON

BUFFALO

After starting the season with a loss vs. top-3 ranked Eden Prairie, the Bison won their next 5 games to win the 2024 Maroon 6A Sub-District Title making us back-to-back District Champions (2023, 2024)! The Bison ended the season with losses to top-3 ranked Minnetonka, a state finalist team, and Prior Lake to close out the regular season 5-3, our second-consecutive winning season. The Bison then lost to Forest Lake, the No. 2 seed, in the first round of the playoffs. This season provided many highs along with challenges - each proving to be learning opportunities for our kids as we work towards next season. We are excited about the continued work of making Bison Football an experience that our kids and their families want to buy into!

BURNSVILLE

Burnsville struggled in the win category this year but returns an entire offensive line that started on varsity as sophomores as well as many other underclassmen that earned playing time on both sides of the ball this season. Inside linebacker Jameson Joubert was the leading tackler and won the district defensive player of the year honor. Coach Ryan King, our Offensive Coordinator, was also named District Assistant Coach of the year.

EASTVIEW

The Lightning finished the season with a 2-7 record, with wins over Burnsville and Roseville, and ultimately tied for third in the Maroon district (2-3). Season highlights included receiver Kaleb Ngwendson finishing second all-time in team history with sacks and leading the team in receiving touchdowns; Guard Jack Bauer being selected for the All-Star game in December; and LB Nathan Schroeder being selected for the Academic All-State team. Eastview would like to thank the 25 graduating seniors, and honor their commitment to the program. "By Any Means".

HOPKINS

The 2024 Hopkins Royals are under the new leadership of Head Football Coach Chauncy Williams-Barefield. We were able to reinvigorate the program with excitement, energy, and hope! With hard work and

dedication we were able to break a 30 game losing streak in an instant classic overtime, victory versus Eastview at home. We won the game on a two point conversion pass to an eighth grader in overtime! After getting this win we went on a three game winning streak! The future is very bright for the Hopkins Royals football program!

PARK OF COTTAGE GROVE

Park compiled a 2-7 record this year and was had competitive games that often went to the final possession of multiple opponents. Matthew Kamande was selected as special teams player of the district with his kicking and punting ability. With our final district finish, Park and Eastview tied for 3rd place in the final maroon standings. We are grateful to the seniors for their commitment to battle, and look forward next year to the returning members of the program.

ROSEVILLE

The Roseville Raiders finished 2nd in the Maroon district with a record of 3-2 and an overall record of 3-6. After winning one game in 2023 and not winning a game the previous 3 seasons, the Raiders were able to have success behind a strong running attack on offense and a tough defense. Roseville's season ended with a loss to Anoka in the first round of playoffs. The team was led by the Maroon District Offensive MVP Javon Minor. The Maroon Assistant Coach of the Year was Offensive Coordinator Mike Grant. The Maroon Coach of the Year was Head Coach Andy Stephenson.

NORTH METRO GOLD

Maple Grove became the 3rd straight team from the North Metro district of 6A football to win the 6A State Championship in the Fall of 2024, and was the second state championship for the school in three years (Centennial was 6A Champs in 2023). The Crimson, under first year coach Adam Spurrell, capped an undefeated 13-0 season with both a North Metro Gold Championship and a 6A State Championship. Anoka, under the leadership of Bo Wasurick, made it two teams from the North Metro in the Final 4 with a trip to US Bank for the State Semi-Finals. Blaine, led by Mike Law, made it three teams from the North Metro in the State Tournament Final 8. With redistricting happening in the Spring of 2025, it is likely that this sub-district will look different for the Fall of 2025.



Alex Johnson from Centennial was voted a co-winner of the North Metro O-Line/TE MVP award. Alex will play college football at MSU-Mankato in 2025.

SUB-DISTRICT RECAPS



Nathan Hromadka from Maple Grove was a co-winner of the O-Line/TE MVP Award and will play college football at the University of North Dakota in 2025.



Jacob Wrbanek was voted Defensive Skill MVP and will play at NDSU in the Fall of 2025.

- DISTRICT MVP’S** (by Coaches Vote)
OFFENSIVE SKILL MVP: Sam Shaughnessey, Blaine QB
DEFENSIVE SKILL MVP: Jacob Wrbanek, Maple Grove LB
O-LINE/TE MVP: Nathan Hromadka, Maple Grove TE and Alex Johnson, Centennial OL
D-LINE MVP: Michael Bruggers, Champlin Park DE
SPECIAL TEAMS MVP: Dylan Vokal, Maple Grove WR/DB/Returner

PLAYERS SELECTED TO PLAY IN THE ALL-STAR GAME

- Peyton Podany, Anoka QB
Jacob Wrbanek, Maple Grove LB
Michael Bruggers, Champlin Park DE
Dylan Vokal, Maple Grove ATH
Marshawn Calvin, Centennial DB
Charles Langama, Maple Grove RB,
Mike Diggins, Centennial Head Coach



Jacob Wrbanek was voted Defensive Skill MVP and will play at NDSU in the Fall of 2025.

MID-NORTHWEST - WHITE

ALBANY (11-1)
Albany claimed the district title outright this year after sharing it with Rockford in 2023. They also advanced to the state semifinals, where they fell 33-20 to eventual state champion Stewartville. This marked Albany’s 23rd state tournament appearance, but their first at this level since 2010.

MINNEWASKA (6-4)
Coach Lyle has led an impressive turnaround, improving from 0-9 in 2022 to 2-7 in 2023 and now 6-4. Minnewaska pushed district and section champion Albany deep into the fourth quarter in both matchups. Their season was highlighted by a 26-22 victory over New London-Spicer in the section semifinals.

HOWARD LAKE-WAVERLY-WINSTED (6-4)
HLWW built on last season’s 3-6 record, making notable strides in 2024. Key victories included a 20-18 win over Pierz and two hard-fought wins over rival Rockford (14-7, 16-15).

PIERZ (6-3)
A young and dynamic Pierz squad showcased an explosive offense, scoring over 50 points in four games. However, their season ended with two close losses—20-18 to HLWW and 21-20 to Two Harbors.

ROCKFORD (3-6)
Following a strong 2023 season, Rockford faced a rebuilding year in 2024. They secured wins against Royalton, Montevideo, and Sauk Centre.

SAUK CENTRE (3-7)
Despite battling injuries throughout the season, Sauk Centre pulled off a key playoff victory over rival Melrose, winning 16-8.

MELROSE (2-7)
Melrose showed improvement in 2024, even while dealing with injuries at the quarterback position. Their season was highlighted by a thrilling 28-27 Week 7 win over Rockford.

MONTEVIDEO (0-9)

A young roster and key injuries made for a challenging season, but Montevideo looks to bounce back in 2025.

DEFENSIVE LINEMAN OF THE YEAR: Kaiden Harvey #87 - Minnewaska SR

QUARTERBACK OF THE YEAR: Tim Houghton #9 - Rockford SR

LINEBACKER OF THE YEAR: Cooper Brinkman #77 - Albany SR

OFFENSIVE BACK OF THE YEAR: Aiden Jones #21 - Pierz SR

DEFENSIVE BACK OF THE YEAR: Tony Baumann #17 - HLWW SR

WIDE RECEIVER OF THE YEAR: Ethan Meyer #0 - Albany SR

OFFENSIVE LINEMAN OF THE YEAR: Troy Hansen #54 - Sauk Centre SR

Specialist of the Year: Liam Hennessy # 2 - Pierz JR

Coach of the Year: Mike Ellingson - Albany

Kicker of the Year: Zach Gugisberg #5 - Minnewaska SR; Caleb Boese #56 - HLWW SR

METRO SOUTH

Six Class 6A schools made up the 2nd year of the Metro South District. This included Eagan, Farmington, Lakeville North, Lakeville South, Rochester Mayo and Rosemount.

LAKEVILLE NORTH

Lakeville North was the champion of this district. Their overall record in 2024 was 10-1. They went undefeated in district play. Their season ended in the state quarterfinals with a loss to Anoka. Reece Hunt was named the District Defensive Player of the Year. Riley Grossman was named the District Co-Offensive Player of the Year. Drew Kolander was named the District Co-Special Teams Player of the Year. Brian Vossen was named District Head Coach of the Year.

EAGAN

Eagan finished second in the Metro South with an overall record of 6-4. They went 4-1 in district play highlighted by beating Lakeville South for the first time in a decade. Their season ended with a loss in the section finals to Edina. They were led by the Metro South lineman of the year Cole Will who played on both the offensive and defensive lines. Brooklyn Evans was named District Co-Offensive Player of the Year.

LAKEVILLE SOUTH

Lakeville South finished 3rd in the Metro South with an overall record of 6-4. The Cougars lost 4 games this season by a combined 10 points. Their record in district play was 3-2. Their season came to an end in the section finals with a loss to Anoka. They were led by Bo Bokman who was named District Co-Special Teams Player of the Year. Bo played RB, DB, WR, KR and PR this season. The Farmington Tigers finished the season with a 5-4 overall record. Their season came to an end with a loss to Prior Lake in the playoffs. They went 2-3 in district play. Jonah Ask was named District Co-Offensive Player of the Year and Shane Weyandt was named District Assistant Coach of the Year. Rick Sutton, Co-Head Coach of the Tigers, stepped down at the end of the season.

ROCHESTER MAYO

Rochester Mayo finished the season with an overall record of 3-7. They went 1-4 in district play. After beating Centennial in the first round of the playoffs, their season came to an end the following week against Minnetonka. They were lead by running back Isaiah Beale who was a nominee for Mr. Football. Ethan Post was named District Co-Special Teams Player of the Year for his work as a kicker and punter.

ROSEMOUNT

The Rosemount Irish finished the season with an overall record of 1-8. They went 0-5 in district play. Their season came to an end with a 2 point loss to Blaine in the first round of the playoffs. The Irish defense was stingy and kept them in every game they played this season.

SOUTH CENTRAL - RED

The South-Central Red District had 2 schools qualify for the MSHSL state tournament. The Marshall Tigers and the Fairmont Cardinals. The Tigers finished the season with a 10-2 record. The Tigers won the South-Central Red District and lost in the semi finals to Becker at US Bank Stadium. Coach Terry Bahlman was named coach of the year, and the tigers were lead by Gavin Shaffer that was named player of the year in the District. The Cardinals had another great year, they finished the season with an 8-3 record and lost in the first round of the Class AAA State Tournament. The Cardinals were led by Running Back Elijah Johnson and FB/DE Hank Artz. Both Johnson and Artz finished their prep careers in the All-star game as did Jake Alex from Marshall.

COACH OF THE YEAR: Terry Bahlman, Marshall

PLAYER OF THE YEAR: Gavin Schaefer, Marshall

OFFENSIVE LINEMAN OF THE YEAR: Jake Alex, Marshall

DEFENSIVE LINEMAN OF THE YEAR: JR Vierstaete, Marshall

OFFENSIVE BACK OF THE YEAR: Elijah Johnson, Fairmont

DEFENSIVE BACK OF THE YEAR: Hadan Toomer, Fairmont

LINEBACKER OF THE YEAR: Jack Meier, Marshall

WIDE RECEIVER OF THE YEAR: Zach Hubbard, New Ulm

SPECIAL TEAMS PLAYER OF THE YEAR: Lucas Rosberg, Fairmont

METRO EAST

The Metro East, the bulk of the Suburban East Conference, includes East Ridge, Forest Lake, Mounds View, Stillwater, White Bear Lake, and Woodbury.

MOUNDS VIEW

Mounds View, who shared the sub-district title with Forest Lake, won the battle of the championship teams in a 31-7 victory. The Mustangs were also the lone Metro East team in the Class 6A State Tournament, holding off Prior Lake 28-27 in the Section Championship. They fell to Shakopee in the Quarterfinals 24-17 and finished 8-3 overall. MV was powered by a stingy defense which surrendered just 237 yards per game in the regular season and forced 20 turnovers. Joey Muhlstein, a three-year starter at linebacker, earned Co-Defensive MVP, in part due to a fumble recovery for a touchdown, a blocked kick for a touchdown, and being a regular tackle machine. Offensive MVP and quarterback Jacob Sampson provided 1,061 all purpose yards and 20 touchdowns while running back Mitchell Olson rushed for almost 600 yards and five touchdowns. He had the sub-district's lone punt return for a touchdown while teammate Godson Rufus-Okomhanru had the league's lone kickoff return for a score.

FOREST LAKE

Forest Lake, with a 4-1 record, earned a share of the Metro East championship. The Rangers led the sub-district in offense with 344 yards per game, including the top rushing attack. Sophomore Mack Jurkovich neared 1,000 yards in the regular season on 8.1 yards per carry while Kevin Ndirangu totaled 441 yards with 7.1 a tote, each with five

SUB-DISTRICT RECAPS

touchdowns. The Rangers boasted the second best defense at 245 yards per contest. Gopher recruit Howie Johnson accumulated 23 tackles for loss in the regular season, costing opponents 70 yards. Forest Lake hosted Blaine in the Section Championship Game, but fell to the Bengals 53-21. The Rangers finished 7-3.

STILLWATER

Stillwater sought to defend its Metro East crown in 2024 and was in position with a 3-0 sub-district record. The Ponies (3-2, 4-5), who lost in overtime at Forest Lake, could not get back to good against long-time rival White Bear Lake. The Ponies dropped four one-score losses in October, the last of which came to STMA (21-14) in the first round of the Class 6A Playoffs. Emilio Rosario Matias led the Metro East in rushing with 1,126 yards and 12 touchdowns while repeat all district performer Nick Kinsey connected on 56% of his passes for 1,197 yards, eight touchdown passes, and just two interceptions. Stillwater kicker Landon Huber went 10/10 in field goals and tallied 53 points to lead the league. The defense surrendered 272 yards per game, good for third in the Metro East.



Metro East Co-Defensive MVP **Joey Muhlstein**



Metro East Offensive MVP **Jacob Sampson**



Metro East Co-Defensive MVP **Howie Johnson**



Metro East Special Teams MVP **Luke Ryerse**

EAST RIDGE

East Ridge finished fourth in record (2-3), offense (266), and defense (283). East Ridge, which won all of its out of district games, made headlines when it dispatched of #1 ranked Lakeville North 41-17 in week seven. The Raptors were led by D1 basketball recruit Cedric Thomes' 1,420 all purpose yards. He completed 66% of passes for 965 yards with nine touchdown passes and five interceptions and ran for 455 yards (3.8 per carry) and nine touchdowns. Wyoming commit and two-way player Kyle Frendt hauled in two of those TD passes. The defense tallied 15 interceptions, including league leaders Jack Wennerberg and James Martin with four each. Gopher recruit Luke Ryerse made 7 of 8 field goals and flipped fields with his 44.4 yards per punt. East Ridge lost in the first round of the playoffs to Champlin Park 24-22 and finished 5-4 overall.

WOODBURY

Woodbury started the year off 2-1 with victories over Roseville and White Bear Lake which landed them the five seed in the playoffs. A young team was led by junior quarterback Emmett Snuggerud who completed 57% of passes for 931 yards with eight touchdown passes and seven interceptions. His favorite target, Dominic Ebensteiner, led the Metro East in receiving yards (438) and receiving touchdowns (5). Junior Luke

Puglisi was third in TFLs with eight. Woodbury lost consecutive games to Eden Prairie to end the season and finished 2-7.

WHITE BEAR LAKE

White Bear Lake did not allow a tough start to define their season. They fell to state runner-up Minnetonka in the opener, then lost close games falling to 0-5. Through those five games, the Bears gave the ball away 10 times. The Bears would finish 3-5, over those final three games, they turned it over just once. Throughout the season, they leaned heavily on junior quarterback Tomi Aninasau who led the sub-district in passing with 1,246 yards on 53% completions with 8 touchdowns and 8 interceptions and all purpose yards with 1,446. The win streak was halted at three games as Edina beat White Bear 47-19 in the first round of the playoffs. The Bears finished 3-6.

The sub-district was represented in the Minnesota Football Coaches Association All Star Game on the North team by offensive linemen Stephen Laszczak of Forest Lake and Jeffrey Akwuba of Stillwater. The South All Stars featured previously mentioned kicker and punter Luke Ryerse from East Ridge.

2024 METRO EAST - FINAL STANDINGS

STANDINGS	DISTRICT	OVERALL
Mounds View.....	4-1	8-3
Forest Lake.....	4-1	7-3
Stillwater	3-2	4-5
East Ridge.....	2-3	5-4
Woodbury	1-4	2-6
White Bear Lake	1-4	3-6

2024 METRO EAST AWARDS

MOST VALUABLE OFFENSIVE PLAYER: Jacob Sampson, QB, Mounds View

MOST VALUABLE DEFENSIVE PLAYER: Howie Johnson, DL, Forest Lake & Joey Muhlstein, LB, Mounds View

MOST VALUABLE SPECIAL TEAMS PLAYER: Luke Ryerse, K/P, East Ridge

OFFENSIVE LINEMAN OF THE YEAR: Stephen Laszczak, OL, Forest Lake

DEFENSIVE LINEMAN OF THE YEAR: Howie Johnson, DL, Forest Lake

MCFA SUB-DISTRICT COACH OF THE YEAR: Aaron Moberg, Mounds View

MID NORTHWEST CENTRAL

STAPLES-MOTLEY

The Cardinals finished off a fantastic 12-1 2024 making the Prep Bowl, ultimately losing a hard fought championship game to Jackson County. They made short work of all District opponents, going undefeated and outscoring District foes 285 to 60. Only one team, Parkers Prairie, came within 10 points of the Cardinals. Coach Drew Potter was chosen as the District Coach of the Year, as well as, Class AA Coach of the Year.

PILLAGER

The Defending District Champion Huskies finished 2nd in the District, with a 5-1 record in District play. The lone loss came at the hands of Staples-Motley 43-25.

BRECKENRIDGE

The Cowboys had a slow start to 2024, starting 0-3, but finished with a 4-3 record in the District. This was good enough for a tie for 3rd place with Parkers Prairie.

PARKERS PRAIRIE

The Panthers went through a mid-season slump, losing three in a row at one point, but bounced back and made a tremendous playoff run. They qualified for a trip to US Bank Stadium, eventually succumbing to the eventual State Champions, Minneota in the State Semi Finals.

WALKER HACKENSACK AKELEY

The Wolves ended the 2024 District season with a 3-4 record. Led by a swarming defense, WHA had a huge week 4 win vs New York Mills 34-0.

NEW YORK MILLS

The Eagles finished with a 3-4 record in the District in 2024. Their biggest win came in week 6, beating Breckenridge at home in Overtime 22-14.

WADENA-DEER CREEK

The Wolverines struggled with numbers and injuries in 2024. They got a week 3 win vs Pine River-Backus, but soon lost the bulk of their team to season ending injuries.

PINE RIVER-BACKUS

The Tigers played many teams to an even first half, but participation numbers would eventually catch up to them in the 2nd half. They finished 0-7 in the District

AWARDS

SUB-DISTRICT DEFENSIVE LINEMAN OTY: Gavin Oelshlager-WHA, Earl Brown - Pillager

SUB-DISTRICT OFFENSIVE BACK OTY: Derek Hoglin - Pillager

SUB-DISTRICT RECIEVER OTY: Alex Schultz - Staples-Motley

SUB-DISTRICT DEFENSIVE BACK OTY: Ben Wagner- Parkers Prairie

SUB-DISTRICT LINEBACKER OTY: Luke Bjerga - Staples-Motley

SUB-DISTRICT OFFENSIVE LINEMAN OTY: Steven Petrich - Staples-Motley

SUB-DISTRICT QUARTERBACK OTY: Eli Rutten - Staples-Motley, Christian Hooge, Pillager

SUB-DISTRICT SPECIALIST OTY: Earl Stockman- Pine River-Backus

SUB-DISTRICT PLAYER OTY: Mason Boesl - Parkers Prairie

SUB-DISTRICT COACH OF THE YEAR: Drew Potter - Staples-Motley

SUB-DISTRICT ASSISTANT COACH OTY: Cory Lawrence - Staples-Motley, Pillager Defensive Staff

FIRST TEAM ALL-DISTRICT

STAPLES-MOTLEY: Alex Schultz, Steven Petrich, Luke Bjerga, Ben Tyrrell, Eli Rutten, Colbe Tappe

Honorable Mention All-District: Jacob Becker, Peyton Mithun, Dustin Converse, Turner Beachy

PILLAGER: Derek Hoglin, Christian Hooge, Justin Anderson, Kaden Imdieke, Earl Brown

Honorable Mention All-District: Trenton Thesing, Lucas Hoglin, Jack Nagel, Dru Huthison

SUB-DISTRICT RECAPS

BRECKENRIDGE: Eli Butts, Paul Armitage, David Erlandson, Henry Slettendahl

Honorable Mention All-District: Cooper Roberts, Levi Christensen, Kai McDonald

PARKERS PRAIRIE: Mason Boesl, Joe Johnson, Ben Wagner, Trevor Rounds

Honorable Mention All-District: Gavin Boesl, Jackson Hubbling

WALKER HACKENSACK AKELY: Gavin Oelschlager, Caleb Crow

Honorable Mention All-District: Parker Brock, TJ Orton

NEW YORK MILLS: Finn Roder, Braxton Ehnert

Honorable Mention All-District: Ashton Lehmann, Hunter Bosman

PINE RIVER-BACKUS: Eli Abraham

Honorable Mention All-District: Earl Stockman

NORTHSTAR SOUTH - GOLD

The 2023 football season in the NorthStar South-Gold Football District was a thrilling journey filled with remarkable performances, unexpected twists, and intense competition. Here's a comprehensive summary of the season:

CHANHASSEN

The Chanhassen football team had a standout season, finishing with an 8-4 record. They were co-district champions. Their strong performance in the postseason led them to win the section championship, they advanced to the state semifinals, where they competed at the highest level of state football.

MANKATO WEST

Mankato West's victories over formidable opponents such as Rogers and Andover secured their place as a force to be reckoned with in the State. Mankato West finished the season with a 5-4 record claimed a share of the district championship, finishing as co-district champs. Their solid performance put them in a good position in the playoffs, though they were not able to advance as far as some other teams in the postseason.

MAKATO EAST

Mankato East had a very successful season with a 7-3 record. They made it to the section finals, showcasing their strength in the postseason, though they ultimately fell short of claiming the section title. Despite this, their season was impressive overall.

CHASKA

Chaska finished with a .500 record at 5-5. While they were competitive during the season, they did not advance to the later stages of the playoffs, finishing the season at an even record.

WACONIA

Waconia ended the season with a 4-5 record. They had a challenging season, but they competed hard and gained valuable experience throughout the year.

These teams had a variety of successes, with Chanhassen standing out for their deep playoff run and Mankato East also showing strong postseason potential.

AWARDS

COACH OF THE YEAR: Eric Davis (Mankato East)

MOST VALUABLE PLAYER: Frank McAninch (Mankato West)

OFFENSIVE PLAYER OF THE YEAR: Ganden Gosch (Mankato East)

DEFENSIVE PLAYER OF THE YEAR: Logan Smith (Chanhassen)

SPECIAL TEAMS PLAYER OF THE YEAR: Quinn Meyer (Chaska)

OFFENSIVE LINEMAN OF THE YEAR: Axel Lorentz (Mankato West)

CO-DEFENSIVE LINEMAN OF THE YEAR: Josh Wedel (Chaska) and Denim Blackstad (West)

MR. FOOTBALL CANDIDATES: Josh Wedel and Fran McAninch

MID NORTHWEST GOPHER GOLD

ACGC

ALL DISTRICT: Brody Straumann Braxton Kragenbring

HONORABLE MENTION: Cameron Giese Joseph Sherwood

ALL ACADEMIC: Regan Elton Brody Straumann Jacob Meyer

BBE

HEAD COACH: Chris Moscho

ALL DISTRICT: Brett DeRoo, Cooper Roering, Jack Lundberg, Ethan Mueller, Carson Gilbert

HONORABLE MENTION: Noah Kampsen, Harley Weber, Luke Illies

DISTRICT OFFENSIVE LINEMAN OF THE YEAR: Cooper Roering

DISTRICT DEFENSIVE LINEMAN OF THE YEAR: Carson Gilbert

ALL ACADEMIC: Ethan Mueller, Brett DeRoo, Luke Illies, Hayden Sobiech, Toby Hanson, Jesse Niklaus, Aiden Mueller

BENSON

HEAD COACH: Brady Dokkebakken

ALL DISTRICT: Jaden McCarter, Grant Gunlogson

HONORABLE MENTION: Jack Storlien, Connor Oehlberg

ACADEMIC: Alex Claussen, Eli Jones

BROWERVILLE/EAGLE VALLEY

HEAD COACH: Wayne Petermeier

ALL DISTRICT: Mason Bruder Ryan Supper Ryan Riedel

DISTRICTLINEBACKER OF THE YEAR: Mason Bruder

HONORABLE MENTION: Ryan DeCock Nate Larson Domanic Elke

ACADEMIC: Logan Thom Gavin Marxer Broden Line Ben Host Drew Sudbeck

KMS

HEAD COACH: Jason Fernholz

ALL DISTRICT: Logan Rudningen, Jett Olson, Aaron Jones

HONORABLE MENTION: Trey Gunderson

DISTRICT SPECIAL TEAMS PLAYER OF THE YEAR: Luisao Padilla

DISTRICT RUNNING BACK OF THE YEAR: Jett Olson

ACADEMIC: Jett Olson, Cole Froehlich, Aaron Jones, Ashton Deike, Logan Rudningen

LPGE

HEAD COACH: Michael Bolton

ALL DISTRICT: Carter Holman

HONORABLE MENTION: Aiken Lambrecht

ACADEMIC: Nathan Bitz, Kaleb Bundy, Carter Denny

UPSALA-SWANVILLE AREA

HEAD COACH: Jay Loven

ALL DISTRICT: Jack Primus, Brandon Mugg, Frankie Meagher, Ethan

Barthel, Brody Kircher, Caden Beseman
HONORABLE MENTION: Hunter Moore Calvin Leners Carson Primus
Beau Ripplinger
DEFENSIVE BACK OF THE YEAR: Brody Kircher
QUARTERBACK OF THE YEAR: Frankie Meagher
OFFENSIVE LINEMAN OF THE YEAR: Brandon Mugg
MID-NORTHWEST GOPHER GOLD PLAYER OF THE YEAR: Jack Primus
WIDE RECEIVER OF THE YEAR: Jack Primus
HEAD COACH OF THE YEAR: Jay Loven
ASSISTANT COACH OF THE YEAR: Cody VanSloten, Ethan Ashbrook, Nolan Kuepers, Samuel Laliberte, Nicholas Young, Dalton Welinski

ACADEMIC: Isaac Gapinski, Ethan Wimmer, Brody Kircher, Calvin Leners, Skyler Landowski

WEST CENTRAL AREA
HEAD COACH: Nate Wood

ALL DISTRICT: Sam Hanson, Hunter Gruchow ,Ben Bye, Gavin Flint , Macallister Van Zee ,Beau Ripplinger
HONORABLE MENTION: Owen Gruchow, Tucker McGee, Jeremy Blascyk
ACADEMIC: Ben Bye, Hunter Gruchow, Owen Sanstead, Sam Hanson, Gavin Backman, Axel Anderson

STANDINGS	SEASON	OVERALL
Upsala/Swanville Area	7-0	10-1
Belgrade-Brooten-Elrosa	6-1	8-2
West Central Area	5-2	8-3
Browerville-Eagle Valley	4-3	6-4
Kerkhoven-Murdock-Sunburg	3-4	4-5
Benson	2-5	3-7
Atwater-Cosmos-Grove City	1-6.....	2-7
Long Prairie-Grey Eagle	0-7	1-8

NORTHSTAR WEST-MAROON

The 2024 Northstar West-Maroon Sub-District was filled with competitive games week in and week out. When the dust settle Monticello earned the Sub-District championship with their 4-0 sub district record. Monticello also went on to earn their first state tournament berth since 1988. Congrats to Coach Pierskalla and the Magic on their historic season.

2024 NORTHSTAR WEST-MAROON AWARD WINNERS
OFFENSIVE MVP: Calvin Eull, Rogers
DEFENSIVE MVP: Ethan Wilmert, Monticello & Ryder Vylasek, Rogers
QB OF THE YEAR: Ethan Fortin, Rogers
RB OF THE YEAR: Cale Holthaus, Monticello & Lamari Brown, Spring Lake Park
WR OF THE YEAR: Ty'John Brooks, Park Center
OL OF THE YEAR: Eli Pietig, Monticello
DL OF THE YEAR: Trevor Bodell, Monticello
LB OF THE YEAR: Teddy Wackman, Spring Lake Park

DB OF THE YEAR: Luke Emmerick, Monticello
SPECIAL TEAMS PLAYER OF THE YEAR: Brock Holthaus, Monticello

VALLEY PLAINS WEST

The 2024 season in the Valley Plains West was once again very competitive. In the end however, the Thunderbirds from Mahnomen-Waubun would repeat as champions going undefeated in sub-district play. Both Red Lake County and Ada-Borup West would push the champions only to fall in defeat in once score games.

Mahnomen-Waubun would advance to the State Class A semifinals before losing out to Springfield.

DEFENSIVE LINEMAN OF THE YEAR:Lex McDougall-12,Mahnomen-Waubun
LINEBACKER OF THE YEAR: Logan Broten-12, Bagley
DEFENSIVE BACK OF THE YEAR: Owen Chervestad-12,Red Lake County
SPECIAL TEAMS PLAYER OF THE YEAR: Tanner Stech-11, Mahnomen-Waubun
OFFENSIVE LINEMAN OF THE YEAR: Kegan Schmitz-11, Red Lake County
RECEIVER OF THE YEAR: Mason Larson-12, Ada-Borup West
BACK OF THE YEAR:Noah Nelson-12, Brock Seeger-12, Bagley Red Lake County
QUARTERBACK OF THE YEAR: Austin McCraven-12,Ada-Borup West
PLAYER OF THE YEAR: Owen Chervestad-12, Red Lake County
ASSISTANT COACH OF THE YEAR: Aaron Moll, Red Lake County
COACH OF THE YEAR: Todd Johnson, Mahnomen-Waubun

STANDINGS	SD	OVERALL
Mahnomen-Waubun	7-0	11-1
Red Lake County.....	6-1	9-2
Ada-Borup West	5-2	7-3
Bagley	4-3	4-5
Polk County West.....	3-4	4-6
Lake Park-Audubon	2-5	2-7
Menahga.....	1-6	1-8
Red Lake	0-7	0-9

MID SOUTHEAST WEST - SOUTH

The Mid Southeast West (South) football subdistrict saw WEM dominate the competition, finishing as the district champion with a 7-1 overall record and a perfect 5-0 mark in subdistrict play. USC followed with a 5-3 record, while JWP and NRHEG both finished at 3-5. St. Clair/Loyola went 2-6, and Medford went 0-8 for the season.

Keegan Kuball of WEM was named subdistrict MVP, while Byron Getchel from USC earned Offensive Player of the Year honors. The Defensive Player of the Year award was shared by Chase Bade of St. Clair/Loyola and Lucas Morsching of JWP. NRHEG's Jace Ihrke was recognized as the Subdistrict Lineman of the Year.

SUB-DISTRICT RECAPS

WEM's Sam Stier was named Coach of the Year, while Jake Cassens (USC) and Gavin Atherton (WEM) were honored as Co-Underclassmen of the Year. Assistant Coach of the Year awards went to Howard Van Otterloo, Chad Atherton, and Cory Immerman.

WEM's dominant season highlighted a competitive subdistrict with standout individual performances across the board.

SOUTHEAST-WHITE

It was a competitive year in the Southeast-White District. The Chatfield Gophers led by coach Jeff Johnson completed an 8-0 season to win the district. Caledonia, Cannon Falls, and Triton tied for 2nd in the district, each finishing the season with a 6-2 record overall. The district was rounded out by strong seasons from Dover-Eyota, La Crescent - Hokah, and St. Charles. Two teams advanced to the state tournament from the district with Chatfield representing Section 1AA and Triton representing Section 2AA. The two actually squared off in the 1st round of the state tournament, with Chatfield prevailing 23-22 in a nail-biter. The leading rusher for the subdistrict was senior Ben Carrier (Chatfield) who had 1,003 yards on 72 carries and 14 TDs in 8 games. While the leading passer was junior Pierce Petersohn (Triton) who passed for 1,042 yards on 62 of 123 passing and also threw for 10 TDs with 3 INTs. The leading WRs were both from Triton as teammates Garet Jensen and Garden Thomas both had 22 receptions. Southeast Minnesota always seems to field competitive football for class AA and this year was no different.

AWARDS

PLAYER OF THE YEAR: Chatfield Ben Carrier

OFFENSIVE PLAYER OF THE YEAR: Chatfield Carson Rowland & Triton Pierce Petersohn

DEFENSIVE PLAYER OF THE YEAR: Caledonia Ethan Stendel

LINEMAN OF THE YEAR: Chatfield Jake Stevens & Chatfield Ethan Cole

COACH OF THE YEAR: Chatfield Jeff Johnson

WEST METRO DISTRICT

The West Metro District was once again the most competitive district in the state. Several teams were ranked in the top 10 throughout the season. Minnetonka and Shakopee were co-district champions with Minnetonka edging out the Saber's for the 1 seed with a 21-13 win in week 5. Five the 8 teams won their first playoff game and three teams made it to the quarterfinals. Edina lost to Maple Grove in the quarterfinals. Two teams Minnetonka and Shakopee made it to the state semi-finals with Minnetonka advancing to the state championship and being the runner up in 2024.

NORTHSTAR -NORTH

The 2024 high school football season in the Northstar North district proved to be another exciting and competitive year of out-state football in Minnesota. The district showcased strong teams and thrilling matchups, ultimately culminating in a familiar rivalry deciding the champion.

The Moorhead Spuds emerged as the kings of the Northstar North in 2024, finishing with a perfect 5-0 record in district play. Their dominance was evident throughout the season, as they showcased a potent offense and a stout defense that proved difficult for their district opponents to handle.

Hot on their heels was the Alexandria Cardinals, who finished a strong second in the district with a 4-1 record. The Cardinals displayed their strength and consistency throughout the season, establishing themselves as a formidable contender. Their only district loss came in a highly anticipated and thrilling week 7 matchup against the undefeated Moorhead Spuds.

That week 7 contest in Alexandria was the undisputed highlight of the Northstar North regular season. In a back-and-forth affair that had fans on the edge of their seats, Moorhead managed to edge out Alexandria by a razor-thin margin of 36-34. This dramatic victory not only secured Moorhead's unblemished district record but also clinched the Northstar North championship for the Spuds. The game was a testament to the high level of competition within the district, showcasing talented players and excellent coaching on both sides.

The Bemidji Lumberjacks finished third in the district with a respectable 3-2 record, proving to be a tough opponent for many. The Brainerd Warriors secured fourth place with a 2-3 district record, while the Sartell Sabres finished fifth with a 1-4 mark. St. Cloud Tech struggled in district play, concluding the season with a 0-5 record.

Beyond the regular season, the Northstar North district continued to make waves in the Section 8AAAAA playoffs. As the top two seeds from the district, Moorhead and Alexandria once again found themselves on a collision course for the section championship. This time, however, the script was flipped. In a hard-fought battle played on Moorhead's home turf, the Alexandria Cardinals emerged victorious, defeating the Spuds 48-44 to claim the Section 8AAAAA title. This thrilling win propelled Alexandria to the MSHSL State playoffs which ended in the state championship game for Class AAAAA.

After victories over Robinsdale Armstrong and Owatonna in the state tournament, the Cardinals advanced to the Prep Bowl. At the Prep Bowl, Alexandria represented the Northstar North district with pride facing a strong Elk River Elks team. Despite a valiant effort, the Cardinals were ultimately defeated by Elk River with a final score of 33-24. Nevertheless, Alexandria's journey to the Prep Bowl championship game underscored the overall strength and competitiveness of the Northstar North football district within the state. The 2024 season served as another reminder of the passion and talent that defines high school football in the Northstar North district.

Northstar North Award Winners

COACH OF THE YEAR: Kevin Feeney - Moorhead

ASSISTANT COACH OF THE YEAR: Brandon Yoney WR Coach- Moorhead HS

OFFENSIVE PLAYER OF THE YEAR: Mr. Football Nominee- Chase Thompson, QB, Alexandria

DEFENSIVE PLAYER OF THE YEAR: Mr. Football Nominee- Owen Thielges- DB- Moorhead HS

CO-QUARTERBACKS OF THE YEAR: Jet Feeney, Moorhead and Chase Thompson, Alexandria

RUNNING BACK OF THE YEAR: Owen Frazer, RB, Bemidji

WIDE RECEIVER OF THE YEAR: Evan Kludt, WR, Alexandria

OFFENSIVE LINEMAN OF THE YEAR: Tanner Whipple, Guard, Bemidji

DEFENSIVE LINEMAN OF THE YEAR: Jack Morrisette, DL, Alexandria

LINEBACKER OF THE YEAR: Reign Battle, LB, Moorhead HS

DEFENSIVE BACK OF THE YEAR: Owen Thielges, DB, Moorhead HS

SPECIAL TEAMS PLAYER OF THE YEAR: Daniel Jackson, K/P, Alexandria

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The 2024 Northstar West-Maroon Sub-District was filled with competitive games week in and week out. When the dust settle Monticello earned the Sub-District championship with their 4-0 sub district record. Monticello also went on to earn their first state tournament berth since 1988. Congrats to Coach Pierskalla and the Magic on their historic season.

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- QB OF THE YEAR: Ethan Fortin, Rogers
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- WR OF THE YEAR: Ty'John Brooks, Park Center
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- DB OF THE YEAR: Luke Emmerick, Monticello
- SPECIAL TEAMS PLAYER OF THE YEAR: Brock Holthaus, Monticello

MID-SOUTH EAST BLUE

The Mid-South enjoyed a battling year with many great games. It was the Fillmore Central Falcons winning district with an undefeated mark in the regular season. Lewiston-Altura in its final season in class AA nailed in 2nd with a 7-3 finish.

Fillmore Central swept the conference awards for So. QB Bridon Bahl-Player of the Year, Sr. WR Greg Kennedy-Offensive Player of the Year, Sr. LB Atlee Hershberger-defensive player of the year and Sr. DE/LT Joe Ristau-lineman of the year. Head coach Chris Mensink was the unanimous coach of the year.

WK, Cotter & RP all tied for the 3 spot. The area will look very different next fall with all but 2 schools (FC & Hayfield) moving to different classes or districts.

STANDINGS	SD	OVERALL
Fillmore Central	7-1	9-2
Lewiston-Altura	6-2	7-3
Winona Cotter	3-5	3-6
Wabasha-Kellogg	3-5	3-6
Rushford-Peterson	3-5	4-6

CENTRAL-SILVER SUB DISTRICT

Jackson County Central was the top team in the South Central Silver District in 2024. The Huskies averaged 52.8 points per game while only giving up 5.2 points per game in the regular season. They finished the season as the Class AA champion. Head coach Tom Schuller was selected to the Minnesota Football Coaches Association Hall of Fame. Cornerback Ben Dahlin was selected to represent the Huskies in the Minnesota High School All Star Game. Coach Todd Oye of Luverne collected his 150th win of his career on the season.

STANDINGS	SD	OVERALL
JCC	4-0	13-0
Redwood Valley	2-2	7-3
Pipestone	2-2	7-3
Luverne	2-2	7-3
MVL.....	0-4	2-6

DISTRICT 9-WEST NORTH

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SUB-DISTRICT RECAPS

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NORTHSTAR NORTH AWARD WINNERS

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ASSISTANT COACH OF THE YEAR: Brandon Yoney WR Coach- Moorhead HS

OFFENSIVE PLAYER OF THE YEAR: Mr. Football Nominee- Chase Thompson, QB, Alexandria

DEFENSIVE PLAYER OF THE YEAR: Mr. Football Nominee- Owen Thielges- DB- Moorhead HS

POSITION PLAYERS OF THE YEAR:

CO-QUARTERBACKS OF THE YEAR: Jet Feeney, Moorhead and Chase Thompson, Alexandria

RUNNING BACK OF THE YEAR: Owen Frazer, RB, Bemidji

WIDE RECEIVER OF THE YEAR: Evan Kludt, WR, Alexandria

OFFENSIVE LINEMAN OF THE YEAR: Tanner Whipple, Guard, Bemidji

DEFENSIVE LINEMAN OF THE YEAR: Jack Morrissette, DL, Alexandria

LINEBACKER OF THE YEAR: Reign Battle, LB, Moorhead HS

DEFENSIVE BACK OF THE YEAR: Owen Thielges, DB, Moorhead HS

SPECIAL TEAMS PLAYER OF THE YEAR: Daniel Jackson, K/P, Alexandria



POWER OF INFLUENCE AWARD

2024 ACADEMIC ALL STATE TEAMS

GOLD TEAM RECOGNITION (GPA 3.36-4.0)

Team	Coach	Team	Coach	Team	Coach
9-Man					
Stephen-Argyle Central	Ethan Marquis	St. Clair/Loyola	Dustin Bosshart	Hermantown.....	Mike Zagelmeyer
Hancock	Chad Christianson	Saint Agnes.....	Sam Thompson	Willmar	Jon Konold
Fertile-Beltrami.....	Brian Nelson	International Falls.....	Sethen Ettestad	Grand Rapids.....	Greg Spahn
Littlefork-Big Falls.....	David Westerman	Redwood Valley	Matt Lundeen	Class 5A	
Kittson County Central	Cory Waling	Kimball Area	Clay Anderson	Waconia	Corey Shea
Waren-Alvarado-Oslo.....	Anthony Gullikson	Maple River.....	Dusty Drager	Andover	Thomas Develice
Win-E-Mac.....	Aaron Cook	NRHEG	Marc Kruger	Owatonna	Jeff Williams
Cromwell.....	Jeff Gronner	Warroad	Brandon Barker	Sauk Rapids-Rice.....	Phillip Klaphake
Class 1A		Barnesville.....	Bryan Strand	Chanhassen	Cullen Nelson
Parkers Prairie	Mike Johnson	Pillager	Paul Clark	Century.....	Jon Vik
Goodhue	Tony Poncelet	Class 3A		Brainerd.....	Jason Freed
Minneota.....	Chad Johnston	Concordia Academy.....	Bob Wolf	Alexandria Area.....	Mike Emptying
Dawson-Boyd.....	Cory Larson	Minnewaska Area.....	Jared Lyle	Hastings	Dana Strain
Adrian-Ellsworth.....	Randy Schettler	Morris Area/Chokio-Alberta	Kevin Pope	Class 6A	
Red Lake County.....	Brian Remick	Stewartville.....	Garrett Mueller	Wayzata	Lambert Brown
Blooming Prairie.....	Chad Gimbel	Zumbrota-Mazeppa.....	Darin Raasch	Maple Grove.....	Adam Spurrell
Ada-Borup-West	Paul Tinjum	Pine Island	Mitchel Schlitz	Mounds View	Aaron Moberg
Upsala/Swanville Area.....	Jay Loven	Albany Area	Mike Ellingson	Lakeville North	Brian Vossen
Class 2A		Class 4A		Anoka	Bo Wasurick
Randolph.....	Mike Schmidt	St. Anthony Village.....	Jay Kidd	Farmington	Jon Pieper & Rick Sutton
		Orono	Joe McPherson	Lakeville South	Ben Burk
		Byron	Ben Halder		

SILVER TEAM RECOGNITION

Team	Coach	Team	Coach	Team	Coach
9-Man					
Mabel-Canton	Paul Tollefsrud	Medford	Jerome Johannes	Chisago Lakes	Ryan Anderson
Heron Lake-Okabena/Fulda.....	Jonathon Curry/Jared	Sibley East.....	Alan Halverson	Rock Ridge.....	Brandon Borich
Alden-Conger/Glenville-Emmons.....	Brady Neel	Caledonia.....	Carl Fruechte	Class 5A	
Ceder Mountain.....	Mike Freitag	Eden Valley-Watkins	Adam Tri	Spring Lake Park.....	John Stewart
Ogilvie.....	Dave Halvorson	Lake Crystal Wellcome Memorial	Kevin Hagge	Sartell.....	Scott Hentges
GHEC-Truman.....	Alex Roorda	Paynesville.....	Tim Pattrin	Minneapolis Southwest.....	Josh Zoucha
Border West.....	James Paul	Waterville-Elysian-Morristown.....	Sam Stier	Moorhead	Kevin Feeney
Ogilvie	Dave Holvorson	Class 3A		Mahtomedi	Dave Muetzel
Nevis.....	Shawn Klimek	Two Harbors	Tom Nelson	Monticello	Andy Pierskalla
Hills-Beaver Creek	Rex Metzger	Watertown-Mayer	Andrew Phillips	Northfield.....	Brent Yule
Underwood.....	Ryan Hendrickson	Luverne.....	Todd Oye	Cretin-Derham Hall.....	Steve Walsh
Class 1A		Pequot Lakes	Bill Magnuson	St. Paul Highland Park.....	Dave Zeitchick
Springfield	Adam Meyer	Foley	David Dahlstrom	Bemidji	Bryan Stoffel
Wabasha-Kellogg.....	Tim Klingbeil	Tri-City United.....	Matt Collins	Mankato East	Eric Davis
Lake Park-Audubon	PJ Peterson	Worthington	Gene Laiss	New Prague	Jake Norby
Tracy Milroy Balaton	Jason Kainz	Milaca	Craig Talberg	Rochester John Marshall.....	Kyle Riggott
Lakeview.....	Scott Hanson	Belle Plaine	Dave Frisell	Class 6A	
BOLD	Derek Flann	Fairmont.....	Mat Mahoney	Stillwater.....	Beau LaBore
Fillmore Central.....	Chris Mensink	Class 4A		Blaine.....	Michael Law
Yellow Medicine East.....	Lucas Damm	Marshall.....	Terry Bahlmann	Centennial.....	Mike Diggins
Class 2A		Detroit Lakes.....	Reed Hefta	Eastview	Wade Buckley
Lewiston-Altura	Brent Olson	ROCORI.....	James Herberg	Woodbury.....	Andy Hill
Chatfield.....	Jeff Johnson	Mound Westonka.....	Nick David	Rochester Mayo	Donny Holcomb
Barnum.....	Robert Minkinen	Academy of Holy Angels	Jim Gunderson	Shakopee.....	Ray Betton
		Totino-Grace.....	Jay Anderson	Forest Lake.....	Brad Beeskow
				Eagan.....	Nick Johnson
				St. Michael-Albertville.....	Jared Esler

INDIVIDUAL ACADEMIC ALL- STATE SELECTIONS

Name	School	Name	School	Name	School
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9-Man

JCarter WilhelmiBertha-Hewitt
 Rylee Haala Cedar Mountain
 Zach Sandgren Cedar Mountain
 Dylan NybergCromwell
 Brady DahlCromwell
 Blake Schultz..... Edgerton
 Jonah HarstadFertile-Beltrami
 Beau Bakken..... Hills-Beaver Creek
 Dominick JuenLittlefork-Big Falls
 Teigan Bjerke Ottertail Central
 Blaine Smith..... Stephen-Argyle Central
 Shawn SchmitzVerndale
 Kaden Pierce..... Warren-Alvarado-Oslo

Class 1A

Austin McCraven..... Ada-Borup-West
 Micah FullerAshby/Brandon-Evansville
 Brady Kittelson Blooming Prairie
 Jack Gross.....BOLD
 Eli Butts.....Breckenridge
 Brayson Boike.....Dawson-Boyd
 Ben Storlie Deer River
 Caleb KurtiGoodhue
 Ryan MeagherMinneota
 Mason BoeslParkers Prairie
 Brayden Sturm..... Springfield
 Trevor Smith..... Tracy Area
 Jack PrimusUpsala/Swanville Area
 Garret Pavelka Wabasha-Kellogg

Class 2A

Camden Visnovec Aitkin
 Gannon Bolgrean..... Barnesville
 Bryce FergusonBarnum
 Jacob Grandgenett Blue Earth Area
 Evan Rydberg Crosby-Ironton
 Jacob Cornell Dover-Eyota
 Max Geislinger Eden Valley-Watkins
 Thomas Liepold Jackson County Central
 Hank Meyer..... Kimball Area
 Carter Cady..... Lewiston-Altura
 Wyatt BirrMaple River
 Zade Baker Mesabi East
 Aidan Schlaak..... NRHEG
 Kaden Imdieke Pillager
 Cody Kvarnlov Warroad

Class 3A

Cooper Brinkma.....Albany n
 Brandon Cooper Annandale
 Josh Sparby Belle Plaine
 Henry ReinhardConcordia Academy
 Oliver Tordsen.....Fairmont
 Reed Hermanson Foley
 Carter Meyer.....Minnewaska Area
 Zach Dietz Morris Area/Chokio-Alberta
 Bryar Nordby Pequot Lakes
 Blake Schiltz.....Pine Island
 Parker Wangen Stewartville
 Dylan Fink Tri-City United
 Jace Ruberg..... Two Harbors
 Jacob Carpenter Two Harbors
 Ben Hagen Waseca
 Trevor Lange..... Watertown-Mayer

Class 4A

Damian Devine..... Academy of Holy Angels
 Johnathon Boecker Becker
 Jacob Von Arx Byron
 Jake Schultz Delano
 Easton Wahl Detroit Lakes
 Sam Dick Grand Rapids
 Alex Schott..... Hermantown
 Jackson ReevesHill Murray
 Caisen Thome..... Kasson-Mantorville
 Jacob AllexMarshall
 Cole DrillMound Westonka
 Jacob Robillard North Branch
 Charlie CordesOrono
 Aaron Baisley..... Rocori
 Michael StrongTotino-Grace
 Finley Donelan Willmar
 Torren Johnson Zimmerman

Class 5A

Daniel JacksonAlexandria Area
 Holden Beberg..... Andover
 Ephram Boucher Bemidji
 Evan Feller..... Bloomington Jefferson
 Peter Hiebert..... Chanhassen
 Jeremiah ThomCretin-Derham Hall
 Tyler Hill.....Elk River
 Yahya Yusuf Minneapolis Washburn
 Brock Holthaus Monticello
 Austin Wilson..... New Prague

Blake Davison Owatonna
 Chase Young.....Saint Thomas Academy
 Hudson OmokeSauk Rapids-Rice
 Antonio Brayboy Jr.St. Louis Park
 Jonah SadowskiSt. Paul Highland Park
 Sam MeyerTartan
 Caleb Koury Two Rivers
 Tyler Ess..... Waconia

Class 6A

Luke DeChene..... Anoka
 Carter MackeyBlaine
 Alex Johnson Centennial
 Tate Gage..... Eagan
 Luke Ryerse..... East Ridge
 Nathan Schroeder..... Eastview
 Colin McGrainEdina
 Jonah Ask..... Farmington
 Stefan Laszczak.....Forest Lake Area
 Ayden Forsgren..... Lakeville North
 Connor Cade Lakeville South
 Dylan VokalMaple Grove
 Jacob WrbanekMaple Grove
 Joe Kostolnik Mounds View
 Casey Kramer Rochester Mayo
 Tanner Becker..... St. Michael-Albertville
 Brayden KleineShakopee
 Cal Nitti..... Stillwater Area
 Adam Deselich WayzataLogan McGeary
 Forest Lake
 Antonio Menard Lakeville North
 Nicholas Kulig..... Lakeville South
 Henry StangMaple Grove
 Zach SteingasMinnetonka
 Rees Grimsrud..... Rochester Mayo
 Ty Hansen.....Rosemount
 Connor McGee.....Shakopee
 Will Barthel St. Michael-Albertville
 Joe HoheiselStillwater
 George Bjellos.....Woodbury

ACADEMIC ALL-STATE FOOTBALL TEAM CONCEPT

PURPOSE OF AWARDS - To promote and recognize academic achievement by Minnesota high school football teams in each classification.

Proposal - Team academic recognitions in each class will be awarded based on the following standards and procedures.

CRITERIA

GOLD AWARDS: A team must have a GPA of 3.26 or above for the past school year for their whole home official roster. (NO FRESHMAN)

SILVER AWARDS: A team must have a GPA of 3.0 - 3.25 for the past school year for their whole home official roster. (NO FRESHMAN)

GUIDELINES AND PROCEDURES

- * The teams and awards from each class will be chosen by the Academic All-State Team Committee.
- * A team must use all members on their official home roster in determining the team GPA. (may include Grades 10-12, no freshmen for small schools.)
- * Each player's name and GPA must be recorded and sent to the class representative.
- * A 4.00 system will be used and 4.00 will be the highest grade possible. No weighted grades.
- * Grades will be rounded to two decimal points.
- * Grades will be from the past full school year. No summer school or current fall grades should be included.
- * Individual GPA's will be added together and divided by the number of team members to determine the team GPA. The team GPA must be included on the entry form.
- * A school official (principal, councilor, etc.) must sign the form.
- * To be eligible for the team academic awards, the head coach must be a current member of the MHSFCA.
- * Forms must be submitted to the class representatives by November 1st and award winners must be submitted to the committee by November 8th.

Reasons Why MSHSCA Membership is Beneficial - www.mshsca.org

1. Executive Director available to work for you on a daily basis.
2. Dues include a \$3,000,000 Liability Insurance while coaching and in the classroom.
3. Membership card is good for admission at many high schools and colleges in Minnesota.
4. Teams are eligible to earn Academic Team and Individual honors.
5. Provide scholarships for Minnesota High School students.
6. NOCAD membership creates revenue marketing that is helpful for the promotion of programs that benefit coaches and their athletes.
7. Four issues of The Minnesota Prep Coach, the MSHSCA newsletter which contains information about and for coaches and their association's activities.
8. Provides potential for clinics for any sport association that wishes assistance.
9. Up to date clinic schedules and educational opportunities on our website
10. Opportunity to be recognized as a Minnesota Coach of the Year.
11. Opportunity to be recognized as a Minnesota Assistant Coach of the Year.
12. Delegate representation that allows coaches to remain fully updated on issues.
13. Close working relationship with all affiliated sport associations.
14. Provides active representation and support on the MSHSL Board of Directors.
15. Recognition for state team championships.
16. Opportunity for 25 Year Club and Life Membership of the MSHSCA.
17. Opportunity to be nominated and selected to the MSHSCA Hall of Fame.
18. United support for each other's programs.
19. Mass membership email capability.

MSHSCA Membership Perks *Advanced reservations required. All packages & promotions are based on availability. Please mention this promotion at the time of reservation. Offer void with any other offers, discounts, groups or conventions.*

Sheraton Minneapolis West

Contact Lindsey at 952-960-3536

Ramada Plaza Minneapolis

612-331-1900 code L16

Country Inn and Suites - Plymouth

763-473-3008 (20% of regular rate)

Embassy Suites - Brooklyn Park

763-560-2700 hotel code MSPBR

Minneapolis Marriott West

952-544-4400

Doubletree Park Place Hotel

952-542-8600 \$89

Minnesota Zoo - Apple Valley

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Roseville Visitors Bureau Discounts

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MEMBERSHIP MINNESOTA STATE HIGH SCHOOL COACHES ASSOCIATION

Procedure for Online Registration **You do not have to use a credit card to register online! This corresponds to the school year NOT the calendar year.*

1. To begin, go to www.mshsca.org.
 2. Use the link for 2015-16 membership.
 3. Use the right hand side to join for the new members. Use left hand side for returning members.
 4. Login is your email address and your password is zzz if you did not change it last year.
 5. Follow the steps to join, on page 3, you will have to choose at least one sport association to support.
 6. On the last page, you will have a chance to choose your method of payment. (check, money order OR credit card)
 7. Print your receipt.
 8. The receipt can be for your business office if the school is paying with one check.
 9. The last step is to click finish.
- Please note:** if you choose to pay by check or money order, your card will be sent when payment is received.
- Questions:** Please call 952-250-9535 or email ringer@mshsca.org with questions
- Please do not hesitate to call, we work out of our home and should be home most of the time to answer your questions.
- Thank you for using our online system,
Rick Ringeisen

INDIVIDUAL ACADEMIC ALL-STATE FOOTBALL - PLAYER GUIDELINES AND PROCEDURES

A review of the Minnesota State Football Coaches Association's basic requirement for the team are:

- 1) Must be a senior varsity letterman for the current season who is a starter on either offense, defense or kicker.
- 2) The player must have outstanding football and leadership ability plus academic excellence.
- 3) Player must carry a 3.0 (4.0 scale) grade-point average in an academic core curriculum in his sophomore, junior and first quarter of the senior year.
- 4) Player shall not have any Minnesota State League eligibility penalties or infractions during his high school career.
- 5) Each class will select a team consisting of the number stated below:
9-Man=13 3A=16 6A=19
1A=14 4A=17
2A=15 5A=18
- 6) The teams will not be selected by position, but the committee will select the top football players of each class who meet the criteria stated above.
- 7) The Coach submitting the player application must be a member of the Minnesota State Football Coaches Association.

Guidelines & Procedures:

- 1) All applications should be typed or printed with correct names and data.
 - 2) The selection committee must have a good summary of not only the player's academic record, but the player's football accomplishments.
 - 3) If the first quarter grades are not out for the applicant's senior year, his first quarter senior subjects must be listed.
 - 4) All applications must be sent to your class academic team representative. If you have any problems, contact your class representative first. Please check the time deadlines on the application form.
- Remember: This is your state's FOOTBALL COACHES ASSOCIATION'S endeavor.

Individual All-State Player Committee

Class	Name	School	Fax Number
6A	Mike Law	Blaine	763-506-6503
5A	Corey Shea	Waconia	952-442-0679
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Morris	320-589-0679
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185
Chairman	Nick David, 218-262-0446	Mound Westonka davidn@westonka.k12.mn.us	

INDIVIDUAL APPLICATION

Academic All-State Player

Name of Applicant _____ Grade _____

Birthday: Month _____ Day _____ Year _____ Height _____ Weight _____

School _____ Coach _____

Football position played as a Starter Offense: _____ Defense: _____

Circle Class: 9-Man 1A 2A 3A 4A 5A 6A Kicking Game: _____

Accumulative High School G.P.A. _____ Attach a Transcript or list subjects completed or enrolled in.

Grade 10 Subjects

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Grade 11 Subjects

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

1st Quarter Senior Subjects

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____

Use a 4.00 Scale for G.P.A.

Pursuant to the provision of PL 93-380 (Family Educational Rights and Privacy Act of 1974), I hereby grant permission to release a copy of my academic record and G.P.A. average for use by the Minnesota Football Coaches Association in selecting the Academic All-State Team.

Signature of Parent or Student Applicant if 18 years or older

PLAYER INFORMATION

Coaches: Please use the following format to submit data for your applicant.

School Background Information:

- 1) List academic honors.
- 2) List other school activities and leadership role in school.
- 3) List other sports with varsity participation.

Football Information:

- 1) Football position: List in order of which player has best demonstrated ability (offense defense kicking game).
- 2) List all football honors - previous and this season.
- 3) Statistics (list stats from this season and career totals). Mention any school or conference records. Mention if a lineman has any team stats that may be pertinent to the team's success.
- 4) Coaches comment: Please submit a short letter to the academic team selection committee describing your player in terms of ability performance potential character and what makes this football player special.

Time Deadlines:

- 1) All applications must be in the hands of the class representatives by Nov. 1.
- 2) Class selection committees must have teams picked by Nov. 1 and sent to the academic chairman.
- 3) Class representatives must notify all team selections by Nov. 1.

Send Individual Application to (Fax Numbers):

6A	Mike Law	Blaine	763-506-6503
5A	Corey Shea	Waconia	952-442-0679
4A	Andy Rostberg	Hutchinson	320-587-0955
3A	Brian Odland	St. Peter	507-934-4783
2A	Scott Gonnerman	Morris	320-589-0679
1A	Wayne Petermeier	Browerville	320-594-8105
9M	Mike Mahlen	Verndale	218-445-5185

Chairman Nick David,
218-262-0446

Mound Westonka
davidn@westonka.k12.mn.us

2024 ALL STAR GAME RECAP

North and South Kickers Make Two All-Star Game Record Field Goals as South Defeats North 24-10 in 51st Annual Minnesota High School Football All-Star Football Game

Game story by Dave Giles, Minnesota All-Star Football Game Historian))

After trailing 10-7 at the half, the South outscored the North 17-0 in the second half to win the 51st Annual Minnesota High School All-Star Football Game 24-10 at U.S. Bank Stadium in Minneapolis.

It was a record setting day for North place kicker Daniel Jackson (Alexandria) and South place kicker Luke Ryerse (East Ridge). Both kickers made All-Star Game record field goals - Jackson hitting a game record 54-yard field goal with 11:53 remaining in the second quarter and Ryerse setting a new game record with a 57-yard field goal as time expired in the fourth quarter. The previous record was 52 yards, set in 2014 by Reid Taubenheim of Farmington. Note: both Jackson and Ryerse will play football at the University of Minnesota. Congratulations to both Daniel Jackson and Luke Ryerse for their memorable performances in this All-Star game.

In the first quarter, a 26-yard punt return by Bo Bokman (Lakeville South) gave the South a short field at the North 37-yard line. Led by quarterback Ganden Gosch (Mankato East), the South drove 37 yards in seven plays with Gosch scoring on a 1-yard quarterback sneak. Luke Ryerse (East Ridge) added the first of his three PATs to give the South a 7-0 lead.

After Daniel Jackson's record setting 54-yard field goal early in the second quarter, the North's next drive was 49 yards in 4 plays, with Morris Area/Chokio-Alberta quarterback Drew Huebner throwing a 29-yard touchdown pass Seth Staloch (Osakis) with 6:48 remaining. Jackson added the PAT for a 10-7 North lead. Daniel Jackson attempted a 62-yard field goal as time expired in the second quarter, but it was not good.

In the third quarter, the North went three and out on their first possession. The South took over at their 25 and promptly drove 75 yards for another score. The touchdown was a 35-yard pass from Ganden Gosch to South Offensive MVP Nolan Ginskey (WR Owatonna). Ryerse added the PAT and the South was now in front 14-10 with 8:39 remaining in the third quarter. That was the only scoring in the third quarter (South 14-10 after three quarters).

In the fourth quarter, the teams traded possessions (two possessions each) with no scoring. With about six minutes remaining, North faced a fourth and 2 at their 33. On fourth down, the South stopped the North for a one-yard loss and took over at the North 32. The South quickly scored in 2 plays, with Ganden Gosch throwing his second touchdown pass of the game, 34 yards to Nolan Ginskey (WR Owatonna, Ginskey's

second touchdown catch of the game. Ryerse added the PAT for a 21-10 South lead with 5:29 remaining.

With 1:04 remaining, the South had one final possession at the North 37. After two kneel downs by quarterback Riley Grossman (Lakeville North) put the ball at the North 40, the South took a timeout with 0:02 remaining. Kicker Luke Ryerse came on to the field to attempt a record-breaking 57-yard field goal. Ryerse's kick was good as the game clock expired. A new longest field goal record was set for the second time in the game!

Interceptions in the game: South - Ben Dahlin (Jackson County Central), Brody Miller (Shakopee); North: Josiah Young (Totino-Grace).

The South now leads the all-time North-South series 19-11-1. The South leads the current North-South series (2011-2024) 11-3. The South is now

FINAL SCORE

	1	2	3	4	Total
2024 South All Stars	7	0	7	10	24
2024 North All Stars	0	10	0	0	10

SCORING SUMMARY

FIRST QUARTER:

SOU: Ganden Gosch 1 yd Rush (TD) 6-0 3:33

SOU: Luke Ryerse (PAT) 7-0

SECOND QUARTER:

SNOR: Daniel Jackson 54 yd (FG) 7-3 11:53 (Game record, previous record was 52 yards in 2014)

NOR: Seth Staloch 29 yd Pass from Drew Huebner (CNV) 7-9 6:48

NOR: Daniel Jackson (PAT) 7-10

THIRD QUARTER:

SOU: Nolan Ginskey 35 yd Pass from Ganden Gosch (CNV) 13-10 8:39 (300th touchdown in All-Star Game history)

SOU: Luke Ryerse (PAT) 14-10

FOURTH QUARTER:

SOU: Nolan Ginskey 34 yd Pass from Ganden Gosch (CNV) 20-10 5:29
SOU: Luke Ryerse (PAT) 21-10
SOU: Luke Ryerse 57 yd (FG) 24-10 0:00 (Game record, previous record was 54 yards in Qtr. 2 2024)

HEAD COACHES: North – Mike Diggins, Centennial;
South – Cullen Nelson, Chanhassen

NORTH CAPTAINS:

Peyton Podany (QB Anoka), Jacob Wrbanek (LB Maple Grove), Daniel Jackson (PK, P Alexandria), Drew Huebner (QB Morris Area/Chokio-Alberta)

SOUTH CAPTAINS:

Greyson Schneider (DL Stewartville), Brooklyn Evans (RB Eagan), Riley Grossman (QB Lakeville North), Avaugn Dorvil (DL St. Thomas Academy).

2024 MVPs:

Offense (North): Daniel Jackson, Alexandria PK, P
Defense (North): Josiah Young, Totino-Grace, DB
Offense (South): Noah Ginskey, Owatonna, WR
Defense (South): Dylan Hudgens, Minnetonka, LB

SOUTH ALL-STAR FOOTBALL ROSTER

##	NAME	POS.	HIGH SCHOOL
0	Dylan Hudgens	LB	Minnetonka
1	Trillion Sorrell	DB	Edina
2	Brock Wyandt	WR	Farmington
3	Nolan Ginskey	WR	Owatonna
4	Bo Bokman	DB	Lakeville South
5	Michael Naber	LB	Shakopee
6	Graysen Schneider	DT	Stewartville
7	Elijah Rumph	RB	Eden Prairie
8	Elijah Johnson	RB	Fairmont
9	Maxwell Coles	DT	Shakopee
10	Damian Devine	OLB	Academy of Holy Angels
11	Camden Hungerholt	DB	Leroy-Ostrander
12	Brooklyn Evans	RB	Eagan
13	Carter Kleinsasser	OLB	Mound Westonka
14	Ben Dahlin	DB	Jackson County Central
15	Brody Miller	DB	Shakopee
16	Parker Wangen	DB	Stewartville
17	Luke Ryerse	K	East Ridge
18	Blake Schiltz	LB	Pine Island
19	Josh Wedel	DE	Chaska
20	Ryan Meagher	RB	Minneota
21	Riley Grossman	QB	Lakeville North
22	Greg Kennedy	WR	Fillmore Central
23	Ethan Stendel	OLB	Caledonia
24	Damarius Russell	DB	Waseca
25	Ganden Gosch	QB	Mankato East
26	Blake Davison	OLB	Owatonna
28	Isaiah Beale	RB	Rochester Mayo
42	Frank McAninch	LB	Mankato West
50	Hank Artz	C	Fairmont

SOUTH ALL-STAR FOOTBALL ROSTER

56	Yahya Yusuf	OT	Washburn
63	Kyler Burmeister	OG	Watertown-Mayer
70	Peter Hiebert	C	Chanhassen
71	Jack Bauer	OG	Eastview
72	Nathan Dobbs	OG	Hopkins
74	Jacob Stevens	OG	Chatfield
77	Jacob Allex	OT	Marshall
78	Caleb Koury	OT	Two Rivers
79	Colin Hansen	OT	Byron
89	Meyer Swinney	WR	Edina
90	Beau Bakken	DE	Hills-Beaver Creek
92	Reece Hunt	DE	Lakeville North
97	Caleb Kurtti	DE	Goodhue
99	Avaugn Dorvil	DT	Saint Thomas Academy

SOUTH TEAM

HEAD COACH: Cullen Nelson (Chanhassen)

ASSISTANTS: Chris Mensen (Simley), Donny Holcomb (Rochester Mayo), Scott Hanson (Lakeview), Tom Fritze (Hastings), Michael Johnson (Edina)

NORTH ALL-STAR FOOTBALL ROSTER

##	NAME	POS.	HIGH SCHOOL
0	Ethan Meyer	WR	Albany Area
1	Kevon Johnson	RB	Robbinsdale Armstrong
2	Isaiah Wright	RB	Fertile Beltrami
3	Peyton Podany	QB	Anoka
4	Jacob Wrbanek	LB	Maple Grove
5	Cameron Begalle	WR	Andover
6	Evan Kludt	WR	Alexandria Area
7	Michael Bruggers	DE	Champlin Park
8	Ryan Carroll	DE	Park Rapids
9	Daniel Jackson	K	Alexandria Area
10	Ty'John Brooks	WR	Park Center
11	Mason Larson	OLB	Ada-Borup West
12	Drew Huebner	QB	Morris Area
14	Gannon Bolgrean	DB	Barnesville
15	Theo Thomas	DE	Totino Grace
16	Josiah Young	DB	Totino Grace
17	Dylan Vokal	DB	Maple Grove
18	Seth Staloch	TE	Osakis
19	Owen Chervestad	DB	Red Lake County
20	Marshawn Carlvinn	DB	Centennial
21	Charles Langama	RB	Maple Grove

NORTH ALL-STAR FOOTBALL ROSTER

22	Owen Thielges	OLB	Moorhead
27	Reign Battle	LB	Moorhead
28	Gavin Schmidt	FB	Elk River
30	Luke Bieniek	DB	Holdingford
33	Grant Tylutki	DB	Rocori
34	Chase Evink	LB	Hancock
35	Aidan Adamski	DE	Hermantown
36	Taye Manns	RB	Denfeld
38	Ryder Vylasek	OLB	Rogers
48	Kaleb Weikel	LB	Andover
52	Stefan Laszczak	C	Forest Lake
54	Hank Meyer	DT	Kimball
55	Luke Pappas	OG	Robbinsdale Armstrong
57	Logan Carlson	C	Chisago Lakes
58	Anaise Dotson	OG	Minneapolis North
59	Ryan Babatz	OT	Buffalo
64	Steven Petrich	DT	Staples Motley
66	Brandon Mugg	OG	Upsala
68	Blake Van Patten	DT	Orono
70	Gavin Wang	OT	Annandale
73	Ryan Brinkman	OG	Detroit Lakes
76	Jacob Lane	OT	Pequot Lakes
77	Jeffrey Akwuba	OT	Stillwater
99	Abu Tarawallie	DT	Providence Academy

NORTH TEAM

HEAD COACH: Mike Diggins (Centennial)

ASSISTANTS: Shawn Klimeck (Nevis), William Infanger (Osakis), Adam Tri (Eden Valley-Watkins), Brent Schimek (Deer River), Chad Anderson (Totino Grace)

CLASS STATE CHAMPIONS



CLASS 1A MINNEOTA



CLASS 2A JACKSON COUNTY



CLASS 3A STEWARTVILLE



CLASS 4A BECKER



CLASS 5A ELK RIVER



CLASS 6A MAPLE GROVE



CLASS 9M FERTILE-BELTRAMI

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