

# Cougar Camp 2019

## Cougar Developmental Camp

All aspects of the game will be a focus at this camp. Each day will involve skill work with ball handling, passing, shooting technique/footwork, defense, as well as contests and daily 4 on 4 or 5 on 5 games. This camp will help all levels of players improve their game. All campers will receive a t-shirt. Instruction will be from Lakeville South varsity coaches and players.

**June 10-13--Monday--Thursday    June 17-20--Monday--Thursday**  
CAMPS WILL BE HELD AT LAKEVILLE SOUTH HS

**8:30am--10:00am                      3rd/4th/5th grade-- \$60/week**  
**10:00am--11:30am                    6th/7th/8th grade-- \$60/week**

### Little Cougars Camp

**June 10-13--Monday--Thursday                      June 17-20--Monday--Thursday**  
THIS CAMP WILL BE HELD AT ORCHARD LAKE ELEMENTARY (IMPACT ACADEMY)

This camp is for our youngest Cougars. Campers will learn the basic skills of the game, while growing the love for a great sport. Each day will involve ball handling, passing, shooting and defense. This camp is for players just trying out the sport or continuing on from the In-House season. All campers will receive a t-shirt.

**11:00am--12:00pm                      K/1st/2nd grade-- \$50/week**

### 3 on 3 camp

Everyone **LOVES** to play 3 on 3! Each day will consist of offensive and defensive drills, followed by 3 on 3 half court and full court games. 3 on 3 ensures players to get more involved in game situations and is a fun way to improve your game! \*Prizes for winning teams each week.

**June 24-27--Monday--Thursday                      July 8-11--Monday--Thursday**

**8:30--9:30    3rd/4th grade-- \$50/week**  
**9:30--10:30    5th/6th grade-- \$50/week**  
**10:30--11:30    7th/8th grade-- \$50/week**

**Summer is the best time to improve your game! Don't miss out on these great opportunities to have FUN and work on your game!**

**Questions: Contact-- Angie Ohnstad 952-484-4746**

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