# **OPEN**





HOSTED BY

HOLT WC

WHERE

HOLT HS ~ 5885 HOLT RD HOLT MI 48842

WHEN

SUNDAY, 1/21/2024 - SPLIT START 1st Session: 2019- 2015 WRESTLERS 9:00AM

1<sup>SI</sup> SESSION: 2019- 2015 WRESTLERS 9:00AM 2<sup>ND</sup> SESSION: 2014-2009 WRESTLERS 1:00PM

**WEIGH-INS &** 

WRESTLERS MUST DECLARE THEIR WEIGHT CLASS WHEN REGISTERING. CENTRAL FOLLOWS A NO WEIGH-IN

PROCEDURE ~ REGISTRATION WILL OPEN TUESDAY AT 9PM

REGISTRATION

ALL WRESTLERS MUST BE PRE-REGISTERED ON OR BY THURSDAY EVENING AT 10:00 PM PRIOR TO THE TOURNAMENT. CLUB DIRECTORS OR INDIVIDUAL MEMBERS WILL LOGIN INTO THEIR PERSONAL ACCOUNT TO REGISTER. ALL WRESTLERS MUST BE A MYWAY MEMBER IN ORDER TO COMPETE IN ANY MYWAY SANCTIONED EVENT.

AWARDS

4" 1ST PLACE MEDALS & MEDALS 2ND -4TH PLACE

**ENTRY FEE** 

\$20.00

**MEMBERSHIP** 

WWW.MEMBERSHIPWAYWRESTLING.COM

**ADMISSION** 

\$6.00 ADULTS, \$3.00 CHILD

**AGE GROUPS** 

AGE GROUPS ARE DETERMINED BY YEAR OF BIRTH. (A WRESTLER'S BIRTHDAY AS OF DECEMBER 31, 2023)

PROOF OF AGE WILL BE REQUIRED IF WRESTLER IS CHALLENGED WITHIN THE FIRST TWO ROUNDS OF COMPETITION.

A BIRTH CERTIFICATE IS THE ONLY FORM OF VALIDATION THAT WILL BE ACCEPTED.

#### RULES

# MODIFIED HIGH SCHOOL RULES

- Must be in grade 8<sup>TH</sup> or under. Anyone born in 08 must send proof when registering for MYWAY.
- ALL MICHIGAN RESIDENTS MUST BE A MYWAY MEMBER TO COMPETE IN POST SEASON EVENTS.
- AGE GROUPS 2019-2017 & 2016-2015: THREE, 1 MINUTE PERIODS
- AGE GROUPS 2014-2013, 2012-2011 & 2010-2009 (08 8<sup>TH</sup> GRADE ONLY) THREE, 1:30 MINUTE PERIODS
- SINGLETS OR T-SHIRT AND SHORTS ARE REQUIRED.
- ONE STEP ON SCALE AT WEIGH-INS
- Mouth guards **Mandatory** for wrestlers with braces
- THE HEAD PAIRER HAS THE DISCRETION TO COMBINE WEIGHT CLASSES.

•

## COACHES

## SEE MANDATORY REQUIREMENTS - WWW.MYWAYWRESTLING.COM/COACHESCORNER

WT. CLASSES

**2019-2017:** 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 77, HWT

**2016-2015**: 43, 46, 49, 52, 55, 58, 61, 64, 67, 72, 77, 82, 97, 112, HWT

**2014-2013:** 54, 57, 60, 63, 66, 69, 72, 75, 78, 81, 85, 90, 95, 100, 110, 130, 150, HWT **2012-2011:** 65, 70, 75, 80, 85, 90, 95, 100, 105, 112, 119, 126, 133, 158, 183, HWT

2010-2009: (2008-8TH GRADE ONLY): 80, 85, 90, 95, 100, 107, 114, 122, 130, 138, 145, 155, 170, 195, 220, HWT

OTHER INFO

ONLY TWO COACHES PER WRESTLER WILL BE PERMITTED IN A CORNER. ANYONE OPERATING VIDEO EQUIPMENT WILL BE CONSIDERED ONE COACH.

CONTACT

HEATHER HANTON

HOLTWRESTLINGCLUB1@GMAIL.COM

517-256-0230

PAIRING QUESTIONS/ISSUES EMAIL MYWAYCENTRALPAIRING @GMAIL.COM