

Mosinee Youth Baseball, Inc.

Rookie League Rules

1. All players on a team shall wear MYB provided uniforms identical in color. Only MYB provided team hats are allowed. Players must wear a hat when in the field. Uniforms should be tucked in and should be kept clean and worn only for games.
2. Shoes with metal spikes are not allowed.
3. No jewelry (except Medical) may be worn during games. This included watches, bracelets, necklaces, and earrings. Corrective glasses and sunglasses are allowed.
4. ZERO TOLERANCE POLICY - No players, coaches, or fans are to make unsportsmanlike comments or actions toward the other team or fans. Mosinee Youth Baseball has its own Zero Tolerance Policy which is incorporated into these rules by reference and the Code of Conduct that must be followed.
5. All players will be in the batting order and play the field. This may result in more than the normal number of fielders when playing defense.
6. Game length will be three innings or one hour – whichever comes first.
7. The defensive team will not supply a catcher.
8. Runs, outs, strikes, and balls will not be counted.
9. During each inning, all players will get one at-bat.
10. Use of batting “T’s” should be encouraged. “T’s” should be presented as a valuable tool when learning proper form and technique. Remember that players all the way up to Major Leaguers use T’s.
11. Upon the coach’s determination that a player is ready to hit a pitched ball, a coach may pitch to a batter for up to three swings (including fouls). If the third swing fails to put a ball in play, the “T” should be set up and used.
12. Regardless of pitching or using a T, proper form and technique should be encouraged.
13. “Station-to-Station” base running should be encouraged and runners should generally advance only one base per hit. The final batter of the inning can be an exception to this rule and is allowed to hit a “home run”
14. Bunting is not allowed in Rookie League.
15. Batters must not throw their bat after hitting a ball.
16. Malicious contact - maliciously running into fielder results in ejection from game.
17. Base stealing is not allowed in Rookie League.
18. While ball is live, all runners must leave their helmets on.

19. Defensive players should be encouraged to make a play at first base. When, in the coach's opinion, the team is ready, the coach may introduce the concept of "getting the lead runner".
20. Defensive players should remain on the field until the conclusion of the at bat. They should not rush off the field while the final batter is completing their "home run".