



2023 IRONMAN UK RACE SCHEDULE

Subject to change

Race Briefing will be announced one week prior to Race Day

THURSDAY 29TH JUNE

15:00 / 19:00	Athlete Registration	Crompton Place, Bolton
15:00 / 19:00	EXPO & Official Merchandise Store	Crompton Place, Bolton
15:00 / 19:00	IRONKIDS Registration	Bolton Town Hall
15:00 / 19:00	Night Run Registration	Bolton Town Hall

FRIDAY 30TH JUNE

09:00 / 18:00	Athlete Registration	Crompton Place, Bolton
09:00 / 18:00	EXPO & Official Merchandise Store	Crompton Place, Bolton
09:00 / 18:00	IRONKIDS Registration	Bolton Town Hall
09:00 / 18:00	Night Run Registration	Bolton Town Hall
10:00 / 18:00	Transition 2 Open - Red Bag Check-in	Queens Park, Spa Road
19:00 / 21:00	Night Run	Le Mans Crescent, Bolton

SATURDAY 1ST JULY

08:00 / 14:00	Athlete Registration	Crompton Place, Bolton
08:00 / 16:00	EXPO & Official Merchandise Store	Crompton Place, Bolton
08:30 / 17:00	Transition 2 Open - Red Bag Check-in	Queens Park, Spa Road
09:00 / 16:00	IRONKIDS	Le Mans Crescent, Bolton
09:00 / 17:00	Transition 1 Open - Blue Bag/Bike Check-in	Pennington Flash, Wigan
10:00 / 11:00	Official Swim Practice (Registered Athletes)	Pennington Flash, Wigan
TBC	IRONPRAYER	Bolton Town Hall

SUNDAY 2ND JULY

03:20 / 05:20	Shuttle Bus Pick-up (Spectators from 05:00)	Great Moor Street, Bolton
04:00 / 05:45	Transition 1 Open	Pennington Flash, Wigan
06:00	IRONMAN UK Self-seeded Rolling Start	Pennington Flash, Wigan
07:30 / 10:30	Spectator Shuttle Bus Pick-up	Leigh Sports Village
12:00 / 21:00	Official Merchandise Store	Crompton Place, Bolton
17:30 / 23:45	Transition 2 Open - Bag/Bike Collection	Queens Park, Spa Road

MONDAY 3RD JULY

09:00 / 13:00	Official Merchandise Store	Crompton Place, Bolton
10:00 / 13:00	Awards and Slot Allocation	Bolton Town Hall