

BARN FIELD HOCKEY

SEMI - PRIVATE SKILL DEVELOPMENT CLINICS

Who: Any field hockey athlete in the greater Livingston and Washtenaw county area 5th grade or older.

What: 40 minute semi-private (2 person group) skills session
focus on control over the ball, first touch, hand speed and skill development.
6-session packages \$135 (per person) register with a friend OR a second person will be assigned based on time desired and availability.

Where: 4215 Cornwell Ln. Whitmore Lake, MI 48189 (in my pole barn)

When: Monday, November 4th - Thursday, December 19th (6 weeks, 1 session per week). No Sessions the week of November 25th.

Session Days/Times

Monday, Tuesday, Wednesday - 3:45, 4:30, 5:15, 6:00, 6:45, 7:30

Thursday - 4:30, 5:15, 6:00, 6:45, 7:30

Why: Hand Speed, first touch and control over the ball are important facets of the field hockey game and the most difficult to attend to in a team practice. The individual attention and repetitive touches on the ball aide in development.

How to register:

Step 1: Email Keely at barnfieldhockey@gmail.com to check availability of the desired time slot and to reserve a spot.

Step 2: Use the link below to register - registration must be complete within 24 hours of confirming spot (step 1) to guarantee your spot - [6 sessions - \\$135](#)

FAQ

1. Can I register for multiple sessions? Yes, you can come multiple times a week, either at the same time (if available) or at different times. However, be aware that you will probably work with multiple coaches if you come on different days.
2. Can I come with a friend? Yes, just please let me know when you are registering and we can work out a time that has space for two athletes.
3. What if I miss? My goal is to work with you and your schedule. While I will work hard to fit you into openings I may have in the schedule, there isn't a ton of room for make-ups and therefore I cannot guarantee absences will be made up.

Current Coaching Staff

- The Coaching staff is anticipated to be:
 - **Kristen Henn Parkhurst** - Michigan State University Field Hockey Alumna, 3-time captain, 3-time NCAA tournament participant, 2-time Big Ten Champion, Big Ten Medal of Honor Award recipient, High School First Team All-American, Junior National Camp participant. Kristen worked with Barn Field Hockey the last two years.
 - **Amy Binder** - Central Michigan University Field Hockey Alumna, MHSFHA State Champion with Pioneer High School, Dexter High School JV Coach. Amy worked with Barn Field Hockey the last two years.
 - **Ashley McPeck** - Monmouth University Field Hockey Alumna, 2 time captain. Club coach with east coast Surf and Sand, 5 years, barn coach in 2017.
 - **Casey Fry** - Wittenburg University Field Hockey Alumna, 2-time captain Wittenburg, Chelsea High School Field Hockey coach. Casey worked with Barn Field Hockey last season
 - **Abigail Tamer** - 2019 member U17 USA National Team, Germany Tour. University of Michigan, commit. Co-captain Dexter High School Field Hockey Junior National Training Invitee (January 2020).
 - **Claire Vaughn** - Cornell University commit, 3x Captain Dexter High School Field Hockey, U19 Pinnacle Travel player. Coach with Dexter Community Recreation Program
 - **Keely Tamer** - Director and Head Coach, Barn Field Hockey; Coach Dexter Field Hockey, Former Graduate Assistant Kent State University, University of Michigan Field Hockey Alumna
 - **Shelby Supica and Corey Block** these coaches, both Michigan State Field Hockey Alumna, will be serving as substitute coaches as the need arises.

Rationale:

I am committed to helping the competitive level of field hockey rise in Michigan. In talking to middle school, high school and club coaches as well as observing Michigan players in regional and national settings our coaches and players have recognized that a gap in our control over the ball and hand speed exists. In response to this gap, I am offering this development opportunity to anyone in the field hockey community. This structured skill development program is designed for players of all levels as a means to gain better control over the ball. The program is designed to focus on individual skill. The semi-private setting will allow for individual attention to focus on body positioning and hands skill as the athlete progresses through the skill program.