



Questions & Answers

Q – Will parents be allowed to watch hockey practices or games?

- At this time, spectators are limited to one companion (parent/adult/guardian) for all games. Spectators for practice sessions will be allowed where facility numbers allow. Please confirm with your coach/manager if spectators can be accommodated for your practice session. Spectators may assist players with skates and then must go to the designated spectator area in the stands. They are not permitted at rink level or in the lobby. Spectators must leave the facility immediately following the ice time. Spectators must maintain social distancing at all times in the facility and may only come within two metres of each other if they are in the same social bubble. NO SIBLINGS WILL BE ALLOWED IN THE FACILITY.

Q – Why can't parents be accommodated for all practice sessions?

- We have to work within the number of people allowed within a facility and each facility has different capacity numbers. At Invista for instance if the practice group including coaches, trainers is greater than 25 the facility rules will not allow a spectator per person.

Q – Can a player bring a hockey bag with them?

- Hockey bags are not permitted at this time. Participants are allowed to bring a duffel bag into the facility and must take the bag to the bench. The bag will also be used to hold the players mask while they are on the ice.

Q – Should we enter with our skates on in possible?

- If possible we recommend players come with their skates on. Players are only allowed to enter 15 minutes before ice time and will be required to line up, sign in and do screening questions. This may take some time so coming with blades on means they can quickly put on helmet and hit the ice.

Q – Can players get changed in the dressing rooms?

- No right now our association will not be providing access to the changerooms. Because of the social distancing requirements each dressing room can only hold a minimum number of players so accommodating a "team" would mean three rooms. Each room would require 2 female volunteers to monitor and at this point our volunteers will be needed elsewhere. The City of Kingston is requiring skaters come to the arenas "dressed to skate" so use of rooms is not necessary. Players will be able to use benches beside the rink to put on. Again, this policy will be reviewed and updated when it is deemed safe to do so.

Q – Will a coach/trainer or volunteer help my daughter tie her skates?

- No. Because of social distancing requirements we are unable to help with skates or to help remove skate guards. We recommend where possible players come with skates on. A good pair of skate guards will be required as players will need to get from the parking lot into the rink facility. While there are many skate guard options some families have found Ska-Boots to be a good option as they offer additional traction and stability.

Q – Where does a skater put their mask when they are on the ice?

- Masks are to be removed right before helmets go on and put INSIDE the duffle bags.

Q. – Does the same person have to bring me the rink each time?

- No but 24 hours before your ice time you will be required to confirm who will be bringing your skater with your team manager/trainer.

Q – I am coming in with my daughter can I bring her brother or sister with me?

- No. Facility capacity numbers will not allow any “extra” people to enter the facility.

Q – Will I be able to have a coffee and watch my daughter skate?

- No – food and drinks are not permitted within the facility.

Q – Will I be able to sit in the warm area in the lobby and watch the practice? Can I stand along the boards and watch the practice or game?

- No – you will have to stay in the designated spectator area in the stands for each facility.

Q – My daughter doesn't need help and is comfortable going into the facility with the trainer and coaches do I have to come in with her?

- No you do not. Your daughter will be required to sign her name, write her phone number and confirm a NO response to the screen questions. Parents should also note that players will have to exit the facility immediately after the ice time – they will not be able to wait inside. You must also ensure the trainer/volunteer has current contact information so you can be reached.

Q – Is there a bathroom available for my child to use?

- There will be a washroom in the changeroom available – however players are arriving fully dressed so we recommend they use the washroom at home prior to arriving.

Q – Do I have to use hand-sanitizer before I enter the facility?

- Everyone entering the facility will be required to use hand sanitizer.

Q – What does close physical contact mean?

- Being less than 2 metres away in the same room, workspace, or area for over 15 minutes or living in the same home.

Q – What happens if someone on my daughter’s team feels unwell with symptoms of covid during an on ice-activity?

- The skater will immediately be isolated from the rest of the group and moved to a well-ventilated area, given a mask and the parent will be contacted immediately. The GKGHA trainer and/or rink marshall will stay with the skater and make sure all protocols outlined in the GKGHA Safety Protocols will be followed.

Q – If I am dropping my daughter off where and when do I do that?

- Your daughter should be dropped off 15 minutes before her ice time.

For Swish and Selkirk please enter at Invista’s south doors

For Desjardins Insurance or Kingston Transit please enter Invista’s north doors.

Q – When does a player put her mask go back on?

- Masks must be put on as soon as helmets are removed and are to remain on as they exit the facility.

Q – How will COVID Screening be done at City of Kingston Facilities

- Everyone entering the facilities will be required to stop at the table set up at the entrance and write down their name, number and answer NO to all screening questions with a signature.