



## Official Sports Medicine Partner of **East Ridge High School**

Your Summit Orthopedics team is looking forward to partnering with you to ensure a healthy + active 2023-2024 school year.

As an athletic trainer, I will be on the sidelines available to treat acute injuries. During training room hours, I am available to assess injuries and to prepare your athlete by developing injury prevention programs and providing rehabilitation recommendations.

Please come and see me!  
*Noah*

### **EAST RIDGE TEAM**



#### **Noah Berg**

ATC

[nberg@summitortho.com](mailto:nberg@summitortho.com)

**Training Room Hours:** 2:30-5:30 p.m.



#### **Scott Pepin, M.D.**

Orthopedic Surgeon specializing in knee and shoulder surgery, sports medicine, and arthroscopy

### **ACCESS TO CARE**

Summit Orthopedics is committed to concierge-level service to all East Ridge High School athletes. The school's athletic trainer will navigate you to the appropriate care team providing easy access and scheduling priority to specialists and rehabilitation services.

### **ORTHOPEDIC URGENT CARE**

When care is needed right now, walk into our Orthopedic Urgent Care to be seen by an orthopedic expert. Open daily 8 a.m. to 8 p.m. in Eagan, Lakeville, Plymouth, Vadnais Heights, and Woodbury.

### **ABOUT SUMMIT ORTHOPEDICS**

Summit's sports medicine specialists diagnose and treat the full spectrum of injuries and conditions that come with active lifestyles. Partnering with you, they design personalized treatment plans to safely accelerate your child's recovery — less time in the doctor's office and more time back to an active life.