



## 2018 IRONMAN Anti-Doping Program Statistics

In 2018, the IRONMAN Anti-Doping Program (“IRONMAN ADP”) continued to build on its goal to help IRONMAN Professional and Age Group athletes understand the dangers and risks of doping, as well as the rules and consequences for those who are caught using banned substances or methods. As a Signatory of the World Anti-Doping Program, the IRONMAN ADP combines its outreach and education through its [I AM True](#) initiative with its testing program which is the largest, most comprehensive global anti-doping program in long distance triathlon.

“We believe strongly in the right tests, at the right times and that targeted testing is more effective than random. There has to be an investment in analysis and in following up on results and outcomes,” said the Director of the IRONMAN Anti-Doping Program. “You need to have systems to review analytical data, investigate and follow-up on intelligence and tips that are received, and have a robust results management process to ensure that athletes or athlete support personnel are effectively sanctioned. The IRONMAN Anti-Doping Program is invested in all of these components.”

To this end, a total of 1140 samples were collected and analyzed under the jurisdiction of the IRONMAN Anti-Doping Program in 2018. Of those samples, 383 were collected in-competition, and 757 were collected out-of-competition (OOC).

The IRONMAN Anti-Doping Program continued the important focus on the Athlete Biological Passport (ABP), conducted in conformance with the WADA Athlete Biological Passport Operating Guidelines. Of significance, the IRONMAN ADP continued to collect ABP blood samples as part of over 95% of its Out-of-Competition tests; collecting a total of 387 ABP blood samples.

The IRONMAN ADP also continues to work with the Salt Lake Medicine Research and Technology Laboratory (SMRTL), in its capacity as the programs designated Athlete Passport Management Unit, to provide scientific oversight. The IRONMAN ADP’s comprehensive testing program coordinates planning, intelligence and results with key Anti-Doping Agencies Worldwide. This collaboration is critical to successful and strategic deterrence and detection as well as to minimizing the duplication of efforts. The IRONMAN ADP utilizes the ADAMS (Anti-Doping Administration and Management System) for management of its testing program, ABP and Athlete Whereabouts and to ensure transparency and WADA’s ongoing monitoring of reporting and results.

The [WADA Anti-Doping Testing Figures](#) reports should be consulted for detailed testing statistics pertaining to the IRONMAN Anti-Doping Program and worldwide anti-doping efforts in IRONMAN and the sport of triathlon.

Additional information regarding the IRONMAN Anti-Doping Program is available at [ironman.com](http://ironman.com).