



Hilfred & Estelle Lee Community Center

COVID 19 Preparedness

(MORRIS)

UPDATED 2/24/2021

Morris Hockey Association has implemented guidelines to help reduce the spread of COVID-19. These guidelines are taken from guidelines set forth by the Minnesota Department of Health (“MDH”) and its Guidance for Social Distancing in youth sports, the Center for Disease Control (“CDC”), USA Hockey, Minnesota State High School League (MSHSL), US Ice Rink Association and Minnesota Hockey Minnesota Ice Arena Managers Association (MIAMA). MHA will continue to update its COVID-19 Preparedness Plan as new guidelines are announced. MHA requires each of its all members and guests to follow these guidelines.

MHA is committed to providing a safe and healthy environment in the Lee Community Center for all players, coaches, visitors and staff. MHA asks that you be patient at this time as things will change and change quickly. We ask that you follow these new guidelines as it will take a cooperative effort to maintain the safety and health of our community. If, in the unfortunate case that these guidelines are not followed there is a very good possibility that MN Hockey & the MDH will close our facility and hockey down. For the sake of our hockey program and facility we ask that you find a way to accept & follow these new guidelines.

LCC Staff and MHA Board members are responsible for implementing, enforcing and complying with all aspects of this COVID-19 Preparedness Plan:

- Screening and policies for employees and guests exhibiting signs and symptoms of COVID-19
- Social distancing

MBA STORM YOUTH HOCKEY PROGRAM

- Arriving at the rink: Players & Coaches, Officials, Spectators, Guests
- Departing the rink: Players & Coaches, Officials, Spectators, Guests
- General Information: MBA Storm Youth Hockey Program

MBA STORM HIGH SCHOOL HOCKEY PROGRAM

- Arriving at the rink: Players & Coaches, Officials, Spectators, Guests
- Departing the rink: Players & Coaches, Officials, Spectators, Guests

- General Information: MBA Storm High School Hockey Program
- Handwashing
- Respiratory etiquette: Cover your cough or sneeze
- Housekeeping
- General Information: Open Skate/Hockey, Concession Preparedness Plan
- Emergency Plan & Preparedness for Potential Sick Staff & Visitors
- Communications and training

Screening and policies for employees and guests exhibiting signs and symptoms of COVID-19

Coaches, Players, Parents and guests will be encouraged to self-monitor for signs and symptoms of COVID-19. The following policies and procedures are being implemented to assess staff and guest's health status prior to entering the ice arena and to report when they are sick or experiencing symptoms inside the ice arena.

- ***Staff, Coaches, Players, Parents and guests prior to coming to the ice arenas will be asked to complete a Self-Check Health Screening Checklist created by the MN Department of Health (see Appendix A). Staff, Coaches, Players, Parents and guests will be sent home or asked not to come in at any sign of illness.***

A sample Health Screening Checklist can be found here:

<https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>

Self-Check Health Screen Checklist includes:

- Fever (100.4 F or higher), or feeling feverish?
- Chills?
- A new cough?
- Shortness of breath?
- A new sore throat?
- New muscle aches?
- New headache?
- New loss of smell or taste?

If any of the above conditions exist, do not attend any activity at LCC:

- Recent contact with a known infected person(s)
- Experiencing typical symptoms of the COVID-19 illness
- If temperature is elevated, and a fever is suspected, do not come to the LCC.

Any player, coach, parent, spectator or guest exhibiting any symptoms or signs of an illness should **NOT** be in the rink or any activity at any time.

ALL players, coaches, spectators, and guests will need to check in using our MBA Storm Check-in/COVID Protocol link or QR Code that is posted at the entrance of arena for any event! <https://forms.gle/AYHfUvuhHnwxMWEV8>



SCAN ME

Social Distancing:

Social Distancing is being implemented in the ice arena through the following controls:

- Coach communication to guests regarding the need to practice social distancing.
- Coach and guests will be encouraged to follow social distancing practices within reason.
- Will be no locker room access
- 6-foot social distancing markers may be placed on locker room benches, player benches and heavily traffic areas in the ice arenas to promote social distancing
- Designated entry and exit doors to the ice arenas
- Scheduled events may be limited to the number of participants allowed in the ice arena at any given time
- Teams and guests should arrive no sooner than 10 minutes before their scheduled event
- Players, Coaches and officials are to come FULLY dressed in their equipment, with exception of skates, helmets, and gloves. Goalies are allowed to arrive half dressed.
- Teams and guest are must leave with 10 minutes after their scheduled event is complete
- No gatherings allowed in the lobby areas before, during or after scheduled event
- Coaches/Instructors/Athletes will be requested to implement social distancing practices within reason for their group during their scheduled event
- It is the responsibility of coaches/instructors to ensure social distancing guidelines are being implemented with their group
- Coaches/Instructors must be wearing mask at all time during and after practice.
- Use of player benches during practice will be avoided within reason
- # of spectators will be limited per MDH, MN Hockey, MSHSL Guidelines on venue capacity
- LCC staff and MHA Board Members communication to guests regarding the need to practice social distancing
- LCC Staff and guests will be encouraged to follow social distancing practices within reason.

MBA STORM YOUTH HOCKEY PROGRAM

Arriving at the Rink (LCC):

Players, Coaches, & Officials

Lee Community Center, Morris – All players, coaches and officials will enter at the **MAIN** entrance and exit from **RINK** doors. All doors are on same side of building- clearly marked

Arrival Time: Players should not arrive to the arena more than **10 minutes** before the start of practice or games. Anyone arriving to the arena earlier than **10 minutes** will need to wait outside and socially distance from others. Exception for goalies of **15 minutes** prior.

- **ALL players and coaches will need to check in using our MBA Storm Check-in/COVID Protocol link or QR Code which is posted on the entrance of arena**
 - <https://forms.gle/AYHfUvuhHnwxMWEV8>
 - Located at mbastorm.com on the home page “Covid-19 Check-in”
- Cloth face covering (mask) must worn by everyone inside arena at all times. Includes participants during on-ice practice and game play. Splash guards are approved for on-ice practice and game play.
- Players, Coaches and officials are to come **FULLY dressed** in their equipment, with exception of skates, helmets, and gloves. Goalies are allowed to arrive **half dressed**.
- **No equipment bags** will be allowed in arena with exception of goalie. Small drawstring bags or small backpacks a to help carry items, store personal belongings, practice equipment for players, coaches and officials
- If activity is occurring at rink prior to your teams scheduled start, the incoming teams should wait for other team to be vacated from the building/area
- **NO locker Rooms** will be available for use. Players will put skates on in designated areas of rink.
- Any off-ice dryland or pre-game warmups need to be executed outside and not within any rink facility.
- Water Bottles: Players need to bring their own- CLEARLY MARKED water bottle.
 - It is recommended that water bottles are filled prior to arriving at the arena, but bottles may be filled at the touchless water station located near the locker rooms.
- There will be no pre-game huddles
- Post-game stick salute in place of handshakes
- There should be NO SPITTING.



SCAN ME

Spectators

Lee Community Center, Morris – All spectators will enter at the **MAIN** entrance and exit from **RINK** doors. All doors are on same side of building- clearly marked

Arrival Time: Spectators should not arrive to the arena more than **10 minutes** before the scheduled time of practice or games. Anyone arriving to the arena earlier than **10 minutes** will need to wait outside and socially distance from others.

- **ALL Spectators will need to check in using our MBA Storm Check-in/COVID Protocol link or QR Code which is posted on the entrance of arena**
 - <https://forms.gle/AYHfUvuhHnwxMWEV8>
 - Located at mbastorm.com on the home page “Covid-19 Check-in”
- ALL spectators must wear a mask when entering, exiting, or inside of the facility.
- **ONE** spectator will be allowed during practices with the exception of Mites/8U players and below and Disabled Hockey players. Spectators at practice will be allowed but ask to be limited as much as possible. If we deem necessary the LCC staff will ask kindly for you to exit the facility
- **250 spectators will be allowed in our facility**
 - While it is important to limit the number of people in the facility as much as possible, we understand there may be circumstances in which a parent/guardian must also bring a younger sibling. This will be allowed, but ask that it is limited.
 - In the case where siblings are brought in, they must remain with their parents.
- Social distancing is required.



SCAN ME

Guest/Visitors

Lee Community Center, Morris – All Guest/Visitors will enter at the **MAIN** entrance and exit from **RINK** doors. All doors are on same side of building- clearly marked

- **ALL Guest/Visitors will need to check in using our MBA Storm Check-in/COVID Protocol link or QR Code which is posted on the entrance of arena**
 - <https://forms.gle/AYHfUvuhHnwxMWEV8>
 - Located at mbastorm.com on the home page “Covid-19 Check-in”
- ALL persons that do not have a phone to check in, the parent will need to do so prior to arriving or a friend that you arrived with
- ALL Guest/Visitors must wear a mask when entering, exiting or inside of the facility
- For scheduled event we ask that you arrive only **10 minutes** prior
- Once event is complete we ask that you exit the no later than **10 minutes** after.
- Social distancing is required.



SCAN ME

Departing the Rink (LCC):

Lee Community Center, Morris – All Players, Coaches, Spectators and Guest/Visitors will exit from the **RINK** doors to the right as you are walking towards the entrances. All doors are on same side of building- clearly marked.

- Players and coaches are asked to leave the arena within **10 minutes** of leaving the ice
- Spectators are asked to leave the arena immediately following games/practices
- Plan accordingly to pick your player up on time to minimize the time in the facility

General Information:

Our facility is a host to many activities during the year and would like to inform everyone on specifics items for each:

MBA Storm Hockey Program

We will be following the MBA Storm COVID-19 Preparedness Plan for the 2020-2021 hockey season:

- Only 3 coaches on the bench during the game.
- Concession stand will be open for MBA Storm Hockey games
- **Resurfacing the ice will only take place after 2 periods**
- Live Barn is available at the LCC (This is a streaming App)
- Our facility will follow MBA Storm's Emergency Plan and Preparedness with regards to players/coaches and spectators.
- Officials are asked to come FULLY dressed
- Penalty Box:
 - 2 volunteers only
 - Maintain social distancing with all players and assisting volunteer
- Concessions:
 - 2 volunteers only (One for money and one for food)
 - Review Concessions Covid Preparedness Plan later in this plan
- Scorers booth
 - 2 volunteers only (One for Scorebook/Music and one for Announcer/Clock)
 - Two radio broadcast stations will be allowed in booth
 - All equipment needs to be disinfected once game is competed
- All volunteers are asked to assist with cleaning the facility and sanitizing as needed per the LCC Staff

MBA Storm COVID-19 Preparedness Plan: https://cdn1.sportngin.com/attachments/document/8db1-2295051/Covid_preparedness_plan.pdf#_ga=2.11959028.173092188.1604323946-642061731.1589549508

Spectator Capacity: 25% of capacity or 250 spectators

MBA STORM HIGH SCHOOL HOCKEY PROGRAM

Arriving at the Rink (LCC):

Players, Coaches, & Officials

Lee Community Center, Morris – All players, coaches and officials will enter at the **MAIN** entrance and exit from **RINK** doors. All doors are on same side of building- clearly marked

Arrival Time: Teams should not arrive to the arena more than **1 hour** before the scheduled time of game. Anyone arriving to the arena earlier than **1 hour** will need to wait outside and socially distance from others.

- **ALL players and coaches will need to check in using our MBA Storm Check-in/COVID Protocol link or QR Code which is posted on the entrance of arena**
 - <https://forms.gle/AYHfUvuhHnwxMWEV8>
 - Located at mbastorm.com on the home page “Covid-19 Check-in”
- Cloth face covering (mask) must worn by everyone inside arena at all times. Includes participants during on-ice practice and game play. Splash guards are approved for on-ice practice and game play.
- If activity is occurring at rink prior to your teams scheduled start, the incoming teams should wait for other team to be vacated from the building/area
- Locker Rooms will be available and be assigned per team and officials (Arrive in uniform when possible)
 - Maintain social distancing of 6 feet in locker rooms and ask that you divide team into smaller pods to allow for this
 - Enter locker rooms with designated pod Varsity or JV
 - Time in locker rooms must be limited (only available for changing)
 - No showers will be allowed at the LCC.
- Designated area for players & coaches is signed
- Any off-ice dryland or pre-game warmups need to be executed outside and not within any rink facility.
- Water Bottles: Players need to bring their own- CLEARLY MARKED water bottle.



SCAN ME

- It is recommended that water bottles are filled prior to arriving at the arena, but bottles may be filled at the touchless water station located near the locker rooms.
- Post-game stick salute in place of handshakes
- There should be NO SPITTING.

Spectators

Lee Community Center, Morris – All spectators will enter at the **MAIN** entrance and exit from **RINK** doors. All doors are on same side of building- clearly marked

Arrival Time: Spectators should not arrive to the arena more than **30 minutes** before the scheduled time of games. Anyone arriving to the arena earlier than **30 minutes** will need to wait outside and socially distance from others.

- **ALL Spectators will need to check in using our MBA Storm Check-in/COVID Protocol link or QR Code which is posted on the entrance of arena**
 - <https://forms.gle/AYHfUvuhHnwxMWEV8>
 - Located at mbastorm.com on the home page “Covid-19 Check-in”
- ALL spectators must wear a mask when entering, exiting, or inside of the facility.
- **Spectator Capacity: 100 tickets for home team and 50 tickets for visiting team (Coaches of each team will be responsible to distribute the allotted tickets to player)**
 - Spectators who present a ticket will still be required to **pay event gate fee \$6.00** to enter facility **(cash payment only)**
 - No activity passes will be accepted
 - While it is important to limit the number of people in the facility as much as possible, we understand there may be circumstances in which a parent/guardian must also bring a younger sibling. This will be allowed, but ask that it is limited.
 - In the case where siblings are brought in, they must remain with their parents.
- Visiting and Home teams’ spectators will have designated bleacher seating
- Social distancing is required.



Departing the Rink (LCC):

Lee Community Center, Morris – All Players, Coaches, Spectators and Guest/Visitors will exit from the **RINK** doors to the right as you are walking towards the entrances. All doors are on same side of building- clearly marked.

- Players and coaches are asked to leave the arena within **10 minutes** of leaving the ice or as soon as possible
- Spectators are asked to leave the arena **immediately** following games/practices
- Plan accordingly to pick your player up on time to minimize the time in the facility

General Information:

Our facility is a host to many activities during the year and would like to inform everyone on specifics items for each:

MSHSL Events

The following items will need to be followed for MSHSL events in our facility and items that will be implemented:

- All teams need to check in using the MBA Storm Covid-19 Check-in as noted in arriving at the rink
- Masks must be worn at all times in the arena. This includes participants during on-ice practice and game play. Unless, they have a pre-existing medical condition which should be communicated to their association leadership in advance. Coaches must retain the medical waiver on their persons at all times. Splash guards are approved for on-ice practice and game play.
- Coaches responsibility to give direction to athletes to social distancing and other safety protocols
- Players and spectators will be separated by 12 feet and not allowed near player bench or locker room as barrier will be in place
- Locker rooms will be used per school district recommendation
- Concessions will be available following the LCC Concession Preparedness Plan

Event Staff Info

- Essential game/event personnel include: Team members, game officials, and site staff (including ticket-takers/sellers, administrative supervision from both schools, certified medical personnel, announcer, official scorers, and score board operators, etc.) do NOT count toward the maximum number of occupants if they remain separate from the spectator community. Game/event personnel should be limited to the extent possible
- Ticket Gate:
 - Must wear mask & gloves collecting payments
 - Limit this to max of 2 volunteers
- Penalty Box:
 - 2 volunteers only
 - Maintain social distancing with all players and assisting volunteer
- Concessions:
 - 2 volunteers only (One for money and one for food)
 - Review Concessions Covid Preparedness Plan later in this plan
- Scorers booth
 - 2 volunteers only (One for Scorebook/Music and one for Announcer/Clock)

- Two radio broadcast stations will be allowed in booth
- All equipment needs to be disinfected once game is competed
- All volunteers are asked to assist with cleaning the facility and sanitizing as needed per the LCC Staff

Spectator Capacity: 25% of Capacity or 250 people max or per School District Guidelines

Handwashing:

Handwashing Basic infection prevention measures are being implemented at our ice arena at all times. Staff are instructed to wash their hands for at least 20 seconds with soap and water frequently throughout the day, but especially at the beginning and end of their shift, prior to any mealtimes and after using the restroom. LCC will have strategically placed hand-sanitizer dispensers that can be used for hand hygiene in place of soap and water, as long as hands are not visibly soiled. COVID-19 Best Practices for Ice Rinks posters which includes handwashing will be posted strategically in the ice arena (see Appendix B).

- Staff/Volunteers are encouraged to wear disposable gloves when handling food. LCC will supply disposable gloves.

Respiratory etiquette: Cover your cough or sneeze

Staff and guests are being instructed to cover their mouth and nose with their sleeve or a tissue when coughing or sneezing and to avoid touching their face, in particular their mouth, nose and eyes, with their hands. They should dispose of tissues in the trash and wash or sanitize their hands immediately afterward. Respiratory etiquette will be demonstrated on COVID-19 Best Practices for Ice Rinks posters which will be posted strategically in the ice arenas (see Appendix B).

- Staff and guests are required to wear masks when entering, inside of the facility and exiting. Masks must cover the nose and mouth. LCC will supply masks for staff/volunteers. Staff/volunteers can also wear their own personal mask.
- Masks MUST be worn at all times in the arena. This includes participants during on-ice practice and game play. Unless, they have a pre-existing medical condition which should be communicated to their association leadership in advance. Coaches must retain the medical waiver on their persons at all times
- Coaches MUST wear a mask at all times before, during, and after any practice or games. This includes when coaching on-ice and on the bench. Unless, they have a pre-existing medical condition which should be communicated to their association leadership in advance. Coaches must retain the medical waiver on their persons at all times

Housekeeping:

Regular housekeeping practices are being implemented, including routine cleaning and disinfecting of staff work areas and equipment, ice arena lobby area, restrooms, warming rooms, locker rooms, bleacher areas, and player benches. Frequent cleaning and disinfecting will be conducted in high-touch areas such as: door handles, restroom touch areas and staff office areas including phone and computer.

- Teams are responsible for picking up any trash in the locker rooms
- All player equipment will need to be removed after all on-ice activities
- Staff will disinfect locker rooms after each team use
- It is recommended that water bottles are filled prior to arriving at the arena, but bottles may be filled at the touchless water station located near the locker rooms.

LCC facility is equipped with exhaust fans and a dehumidification that will be used to remove inside air and bring in outside air. All lockers have air exchangers to remove air and filter in clean air. These systems will assist us in reducing the transmission of COVID.

Open Skate/Open Hockey/Ice Rentals

The following items will need to be followed for Open Skate, Open Hockey and ice rentals in our facility and items that will be implemented: **(These events are optional and at your own risk)**

- All persons entering need to check in using the MBA Storm Covid-19 Check-in as noted in arriving at the rink section
- Mask are required at all times inside and while skating during open skate or ice rentals. During Open hockey masks are not required during strenuous activity
- Everyone must socially distance as best they can during open skate
- Player benches will be off limits during open skate. Player benches can be used during open hockey but everyone is required to social distance on the bench.
- To enter the ice everyone will enter the right hand gate and everyone exiting the ice will exit the right side gate when one the ice. These will be clearly marked
- Everyone is to come FULLY dressed in their equipment, with exception of skates, helmets, and gloves. Goalies are allowed to arrive half dressed.
- No locker rooms will be available
- Free Skates: will be disinfected after every open skate. Use at your own risk
- Skating trainers are available for use and once used must be returned to be disinfected. Trainers will be clearly labeled disinfected or not disinfected
- Once you enter the warming room everyone will be asked to exit within 10 minutes
- Everyone is responsible for picking up after themselves and disposing of any trash.
- Concessions will be available following the LCC Concession Preparedness Plan

Occupant Capacity: 25% of Capacity or 250 people max

Concession Preparedness Plan

All persons entering need to check in using the MBA Storm Covid-19 Check-in as noted in arriving at the rink

- All guidelines per Department of Health will be followed
- Plexi glass barrier has been installed
- Gloves and mask are required while working concessions
- All food will be individually handed out
- Two workers only will be in the concessions stand at a time and no kids are allowed
- Every surface will be disinfected regularly and after every event that it is open
- Workers must wash/sanitize hands after handling money, prior to handling food
- One worker will handle food and one will handle money

EMERGENCY PLAN & PREPAREDNESS FOR POTENTIAL SICK STAFF & VISITORS

- In the event a staff member, guest, or visitor arrives at a facility and has an elevated temperature of 100.4 degrees or higher, or during the event falls ill during an on-ice activity, the person will be removed from the ice and placed in a designated room with a supervising adult if it is a minor. The player's parent/guardian in the emergency contact listing will be contacted immediately to pick up the player.
- If a person is symptomatic and has taken a test, it is expected that they remove themselves from all activities in our facility until a result is obtained. If negative, a return to activities can occur after being symptom free for 24hours.
- If a staff or visitor tests positive for COVID, the staff or person must report the positive result immediately to the LCC by emailing morrishockeyassoc@gmail.com and MHA President will report the case to MDH and local health officials. will then identify and contact those who had been in contact with the player and will follow up immediately with those identified on the contact list. Team activities will be paused until local health officials and/or MDH is consulted.
- Prior to the start of the season, all coaches and team managers will be trained on how to handle COVID-related emergencies per Minnesota Hockey guidelines.

Communications and Training:

The COVID-19 Preparedness Plan for Hilfred & Estelle Lee Community Center will be communicated with staff and coaches and will receive additional training as needed to implement the plan. The plan will be communicated to guests and user groups utilizing email, social media platforms and postings throughout Hilfred & Estelle Lee Community, any updates to the plan will be communicated to guests and user groups in a timely fashion. Hilfred & Estelle Lee Community Arena staff and MHA Board of Directors are to monitor how effective

the plan has been implemented. Hilfred & Estelle Lee Community staff are to work through this new program together and update the training as necessary. The COVID-19 Preparedness Plan for Hilfred & Estelle Lee Community has been approved by the Morris Hockey Associations Board of directors on 11/11/2020 and is available in the Arena office and online at mbastorm.com. The plan will be updated as necessary.

Plan was created by:

Jordan Staples

Morris Hockey Association President/COVID Coordinator

And approved by:

Morris Hockey Association Board of Directors

Appendix A – MN Department of Health Visitor and Employee Health Screening Checklist

<https://www.health.state.mn.us/diseases/coronavirus/facilityhlthscreen.pdf>

VISITOR AND EMPLOYEE HEALTH SCREENING CHECKLIST



CONDUCT HEALTH SCREENING EACH TIME EMPLOYEES OR VISITORS ENTER THE FACILITY.

You may also opt to conduct temperature screening if it can be done with proper social distancing, protection, and hygiene protocols. However, temperature screening is not required.

If a worker or visitor answers “Yes” to any of the screening questions, they should be advised to go home, stay away from other people, and contact their health care provider.

Have you had any of the following symptoms since your last day at work or the last time you were here that you cannot attribute to another health condition?

Please answer “Yes” or “No” to each question. Do you have:

- Fever or feeling feverish?
- Chills?
- A new cough?
- Shortness of breath?
- A new sore throat?
- New muscle aches?
- New headache?
- New loss of smell or taste?

Appendix B – Minnesota Ice Arenas Manager Association COVID-19 Best Practices for Rinks

https://miama.org/members/wp-content/uploads/2020/04/MIAMA-Covid-Best-Practices-Sign.pdf?utm_source=mailpoet&utm_medium=email&utm_campaign=december-4-2019-miama-around-the-rink-bi-weekly-e-newsletter_70



COVID-19 BEST PRACTICES FOR ICE RINKS

<p>1)</p>  <p>Wash and Sanitize Hands Often</p>	<p>2)</p>  <p>Maintain 6' of Social Distance</p>	<p>3)</p>  <p>Cover Coughs and Sneezes</p>
<p>4)</p>  <p>If You are Not Feeling Well, Stay Home</p>	<p>5)</p>  <p>Modified, Limited or No Locker Room Access</p>	<p>6)</p>  <p>Handshakes Discouraged</p>
<p>7)</p>  <p>No Spitting or Sharing of Water Bottles</p>	<p>8)</p>  <p>Do Not Gather Before, During or After Ice Times</p>	<p>9)</p>  <p>Keep Gloves on During Ice Times</p>