



Congratulations! Welcome to the Tesoro Lacrosse Program. We are excited for your son’s participation. This 2023-2024 season is going to be great, not just for your athlete, but for us as parents as well!

The Lacrosse program got its start in the early 2000’s. Keeping this incredible lacrosse program going for these boys over the years required so many parents, student-athletes, and coaches to unite towards a common goal, to volunteer a great deal of time, to raise funds to keep it going, and to support these players fully.

Because the lacrosse program is largely self-funded, we will have to raise most of the money needed to support the coaching, equipment needs and operating costs we anticipate for the Varsity and JV teams this school year. In order for our program to be a success, your participation is paramount. Some of the details of this commitment are outlined below.

Our program offers:

- a Head Coaches & Assistant Coaches
- a Strength Training
- a Uniforms
- a Field Equipment
- a Professional game filming – Hudl (Varsity)
- a Player Banquet Fee & recognition gifts
- a September - May Lacrosse Training
- a Shooter Shirt & Socks
- a Nets & Balls
- a Player/team patches and trophies & plaques
- a Senior Night and other Team Events

Coaching Staff:

- Head Coach: Cameron Cole
 - Club Lacrosse: Titans Lacrosse
- Assistant Coach Easton Babb
 - Concordia
- Junior Varsity Coach: Chase Cole

Booster Board:

Mark Kurnava

President, Lacrosse Booster

Suzy De Sousa & Randi Shea VP Boys		Isaac Bermudez VP Girls	
Becka Zeirhut Communications - B	Lynnette Burnside Booster Secretary	Michelle McKay Booster Treasurer	Nikki Lau Communications – G
Shawna Jacobson Fundraising - B	Jean Melo Activities – B	Larry Meltzer Fundraising – G	
Jay Yeager Field Ops - B	Kirstie Nystedt Merchandise - B	Tiffany LaPan Booster Parliamentarian	
Larry Butterfas JV Liaison - B			

Program – Fall & Winter / Spring

Tesoro Lacrosse – TesoroLacrosse.org

Fall - October 30 - December 13

- **Strength** – 1x/week Weight Room – M 7-8pm
- **Field Practice** - 2x/week Practices – M/W 8-9pm

Winter – January –

- **Field Practice** – 5x/week Practices. -TBD

Spring - February – April (CIF Playoffs May 1-10)

Lacrosse Spring Seasons starts February 10, 2024

- Field Practices – 5x/week - TBD
- Games – TBD

Summer –

- Summer Camp TBD

Calendar of Events:

Sunday	Oct 22 12:30 2:30	Team Tailgate	Football Parking lot
Friday	Dec 22 6:00- 8:00	Alumni Game	Stadium
Saturday	January 6 9:00-12:00	Team Pictures/Media Day	Stadium
Sunday	Feb 11	Super Bowl Squares F/R	
	January 31	Future Titan showcase	
	<i>TBD</i>	Senior Game	
Tuesday	May 21 5:30-9:30	End of Season Banquet	Coto de Caza Golf and Racket Club

Volunteers NEEDED:

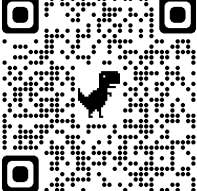
1) Game Day Volunteers

- Field Stats Person, Spotter & Timer – JV & V – (3 alternates)
- Photographers – JV (1-2 needed)
- Press box - Announcer and Scoreboard (Home Games) – JV & V – (2 needed)
- *Snack Table (Home Games)– JV & V (2 needed)*

2) Events Volunteers





- Alumni Game (3+)
- Team Dinner Hosts – JV & V (the practice before Home games)
- Senior Recognition Game (3-4)
- Year End Slide Show (2+)
- End of Season Banquet Committee (3+)

Player Package :

New Player	Returning Player	Items Required Unless Noted *	Responsible	Where
X	X	<u>Equipment:</u> o Mouthguard	Player Purchased	
X	X	o NOCSAE Required Shoulder Pads	Player Purchased	
X	X	o Stick	Player Purchased	
X	X	o Cleats	Player Purchased	
X	X	o Elbow Pads	Player Purchased	
X	X	o Cups	Player Purchased	
X		o Helmet (Cascade S or XRS)	Player Purchased	Booster
X		o Gloves –(Tesoro)	Player Purchased	
X		o Bag *	Player Purchased	
	X	o Helmet Decals (Varsity only)	Contribution	
		<u>Apparel:</u>		
X	X	o Uniforms (Jerseys/Shorts. Blue/White)**	Contribution. (Jan)	School Loaned**
X	X	o Shooter Shirt (White)	Contribution	Booster Distribute
X	X	o Socks	Contribution	Booster Distribute
X		o Game Day Polo – Blue	Player Purchased	Perfect impression
X		o Practice Pinnies	Player Purchased	Perfect impression
X		o Practice Shorts – Blue	Player Purchased	Perfect impression

** Students will keep uniforms during lacrosse season. Students will return uniforms at the end of lacrosse season. Failure to return borrowed equipment or uniforms will result in an indebted notice generated by THS against the student's account.

Apps used for Tesoro Lacrosse

Registration	Calendar, Registration & Live Scoring		 https://www.tesorolacrosse.org
Telegram -	Coach's Broadcast & Changes from Weekly Update		https://t.me/tesorolacrosse
Sign-up Genius	Volunteer Sign-ups and as needed signups		https://www.signupgenius.com
Max Preps	Stats		 https://www.maxpreps.com
Instagram	Social Media Accounts		Tesorotitanslacrosse
Facebook	Social Media Accounts		Tesoro Lacrosse
Twitter	Social Media Accounts		@TesoroLacrosse



2023 – 2024 Boys Lacrosse Fundraising Events

Tesoro Boys Lacrosse Booster l 28562 Oso Parkway D-509 l Rancho Santa Margarita, CA 92688 l Tax ID:
32-0393695

****ALL DONATIONS MADE TO ANY FUNDRAISER EVENT IS TAX DEDUCTIBLE****

Individual Online Fundraising Campaign -



PLEDGESTAR

- 3RD Annual Individual Online Campaign. Offset your team participation contribution by requesting donations from family, friends, neighbors, and co-workers. This fundraiser is scheduled to kick off October 1, 2023 and will run until December 31st. A portion of the funds raised (90%) will go towards your athlete's participation amount for the season
- Benefit: Direct to the individual player (90% of donations received will go towards the individual player's participation contribution)

Superbowl LVII Squares .

- This will be our 5th year raising funds by selling Superbowl Squares. Using an online platform, we were able to fill 2-3 grids last few years. 4 winners declared for each grid with all receiving a cash prize. Squares are \$20 each.
Payouts up to \$1000 cash. Super Bowl Squares will be sold 2 weeks prior to the big game!

Monthly Dine & Donate

- Our Dine & Donates are held monthly with varying local restaurants / eateries.
- 15-20% of our meals & takeout goes to our Program

Corporate Banners

- Corporate Banner Sponsorship – Banners are hung along the stadium fence.
- New Banners \$250 / Renewal \$150

Corporate Matching

- Corporate Matching of Participation Contribution – Check with your employer.



TESORO LACROSSE BOOSTER CLUB

CONTRIBUTION CAMPAIGN

FUNDRAISING SYSTEM

Tesoro Lacrosse Booster Club is launching its 4rd Annual **CONTRIBUTION CAMPAIGN**, where your son or daughter will receive donation pledges towards their personal 2024 Season participation contribution.

For our **Contribution Campaign** this year, we're using an awesome web based fun system that makes it much easier for you to request pledges from your family and friends and for them to make secure credit card donations online. It's fun, it's easy and people who use it typically raise twice as much as those who don't.

Remember, our **Contribution Campaign** is from 10/1/2023 – 12/31/2023, so please register now to help your daughter or son raise as much as they can for their Participation Contribution. All proceeds donated less a minimal service charge of 10% will be given to your daughter or son via check from the Tesoro Lacrosse Booster Club by January 31, 2024.

Using your computer's browser:

- Go To <http://pledgestar.com/tesoro>
- Click "Not Registered For This Year's Event"
- Enter your name and email address, then click "Submit"
- Follow the instructions on-screen to register Participant(s) and add family and friends.

(More than one sibling may be registered under the same family registration.)

Using your Android or Apple phone or tablet:

- Go to the Apple App Store on IOS or the Amazon App Store on Android and search for
- "Pledgestar" to download the Family App, or go to <https://pledgestar.com/tesoro/downloadapp.html>
- On the home screen enter your event code: "tesoro" to locate your event.
- Click "Not Registered For This Year's Event"
- Enter your name and email address then click "Submit".
- Follow the instructions on-screen to register Participant(s) and add family and friends.

(More than one sibling may be registered under the same family registration.)

When you finish, the system emails pledge requests to your family and friends, allowing them to make secure credit card donations online. You will get notified each time a pledge is made and you can track your pledge progress online.

Chain of Communication & Code of Conduct

If a player has a concern with practices and games, he should first address the issue with Coach. This should be accomplished in a timely manner. Being able to communicate effectively with adults is part of becoming a successful young man. If after meeting with the coach, and the issue is still unresolved, then a parent meeting should be scheduled with Suzy De Sousa. Any issues with the lacrosse program should be discussed with the VP of Boys Lacrosse.

Lacrosse is a game of high emotion and physicality. It is likely that during the season all parties involved - players, parents, and/or coaches will be upset by something. When you find yourself in this position it is a good idea to hold off for 48 hours in order to evaluate the situation. If after 48 hours you are still upset, then it is time to talk. Most situations will have resolved themselves after adhering to the 48 hour policy.

PLAYER/COACH CONTRACT

Player's Name: _____

C Varsity C JV

I, _____, want to play Lacrosse for the Tesoro Lacrosse program. In exchange for the privilege of being on the team, I promise to do the following:

ACADEMICS WILL BE FIRST. Your grades and class work come before lacrosse. Do your homework when you should. Directly after school is best. Our practices will be late so there is more than enough time to get your work done.

DO NOT WAIT UNTIL "THE DAY BEFORE" TO DO YOUR HOMEWORK OR STUDYING, and school will rarely interfere with your Lacrosse. You never wait the day before a game to start working out.

NO EXCEPTIONS

- Bullying, hazing, and put downs of any sort will not be tolerated and will result in loss of playing time. 2nd offense, will be removal from the team.
- The use of ANY smoking device will result in removal from the team. Please do not start bad habits in high school.
- NO excuse policy with alcohol. 1st offense you will be removed from the team.
- ATTENDANCE. BE ON TIME FOR ALL PRACTICES. Be properly dressed in team shorts and lacrosse penny, no jewelry, wrist bands, headbands etc. We know that circumstances will arise when you must miss a practice, (illness, etc.). When this occurs, the player is to inform their coach in advance when possible.
- BEING GROUNDED BY YOUR PARENTS WILL BE TREATED AS AN UNEXCUSED ABSENCE.
- *****Unexcused absences will result in extra conditioning, player losing playing time and/or being dismissed from the team if missing becomes a constant problem. *****
- ATTITUDE. Our goal is to field a team of players that consistently demand more of themselves, Be coachable, hustle, and display mental toughness.
- All bags must be lined up straight at all away games.
- We do not leave a facility until all our trash is picked up. Tournaments, scrimmages, league games, etc.
- WE WILL WORK HARD - Work hard to develop good habits by practicing with good form and appropriate effort (Game effort) during all practices. The habits we develop in practice are the habits that will determine how we play in the games. Please try your best to make ALL practices. Commitment is #1 to winning CIF.
- Respect teammates, referees, opponents, and coaches. Behavior that "puts other players and coaches down" is not tolerated. THIS ALSO INCLUDES IN THE CLASSROOM. DO THE RIGHT THING, BE "RESPECTFUL AT ALL TIMES".
- Come to the coaches first if you have a problem related to the team. Complaining and excuses will not help the direction of the team if you voice your concerns to third parties. If the issue does not get resolved, please reach out to the board directly for further guidance.
- WE NEVER SAY A WORD TO THE REF. IF YOU GET A TECHNICAL FOUL, THE FOUL WILL RESULT IN BENCHING UNTIL THE COACHING STAFF FEELS IT IS OKAY TO GO BACK IN. TECHNICAL FOULS MAY RESULT IN LOSS OF PLAYING TIME, BENCHING, EXTRA CONDITIONING, AND LOSS OF MINUTES THE FOLLOWING CONTEST. JUDGEMENT IS TO BE DETERMINED BY THE HEAD COACH.
- GAME DAY APPEARANCE, especially when attending team functions, a nice TEAM collar polo and khakis.

PARENTS

As a parent of the above-named player, I promise to do the following:

- Influence my child to abide by the contract they have signed.
- If your child is having problems, such as poor academics or bad attitude, etc. Please contact Coach Cameron immediately. Hopefully we can assist you. If in preseason you foresee these problems as possible reasons to pull him off the team as the seasons goes, you may consider not allowing them to play on the team at all. Mid-season removal is detrimental to our team concept.
- Be an example of good sportsmanship at games by making only positive comments about the players, keeping criticism of the officiating to a minimum of volume and frequency, and treating fans of our opponents with respect.
- Be patient with coaches who are not giving your child the playing time you feel he deserves. We are 100% fair and want all players to play. Growing the bench is key for successful teams.
- Leave coaching to the coaches.
- Inform other family members of these rules.
- If an issue presents itself, set up a meeting with Suzy De Sousa and or Randi Shea
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****COACHES****

We, the coaches, promise to do the following:

- Coaches will reply to players' messages and calls within 24 hours.
- Head Coach or assistant coach to be at 90% of all team events (parent meeting, fundraising, and school events where the lacrosse team is invited).
- We expect coaches to have league paperwork completed 48 hours prior to the due date. - We expect coaches to reach out to Suzy or Randi when they need help with logistical or clerical work help.
- If the coach feels there are behavior, attendance or participation issues he will ensure it results in reduced playing time.
- Coaches will provide weekly schedule to team the week prior
- Be examples of good sportsmanship and character.
- Teach your child the skills to become the best player they can be.
- Discuss anything with parents or players, except your child's playing time. (PLAYING TIME IS NOT UP FOR DISCUSSION.)
- Prepare all players for college/adulthood.

I understand that if I make this team, I will agree to abide by these expectations described on this sheet. I promise to return uniforms to Tesoro High School after the season is over.

Player's Name: _____ c Varsity c JV 2023/2024

_____ Player Signature

My child has shared with me these expectations, and I agree to give him all possible help to meet them successfully.

_____ Parent Signature

We the coaches shared these expectations with both parents and players and promise to meet all expectations successfully.

_____ Respective Coach



Tesoro Boys Lacrosse – Contribution Checklist

Player Name	
Parent Email	
Phone Number	

1) <u>Boys Program Contribution</u> Coaches Stipends, Insurance, Official Fees Buses, Equipment (Goals/Balls, Nets, etc. Hudl (V), Game Uniforms, Socks, Shooter Shirt, Player Banquet* & Recognition, and more.	<input type="radio"/> Full Payment / Paid in Full 1200 Tonight 1150	
	<input type="radio"/> 1 st Installment (Nov) \$400	
	<input type="radio"/> 2 nd Installment (Dec) \$400	
	<input type="radio"/> 3 rd Installment (Jan) \$400	
	AMOUNT	\$

2) Yard Sign	included	\$ 0
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3) Player Banner	included	\$ 0
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4) Uniforms Clothing Sale (Previous Uniforms \$5/each)	<input type="radio"/> Shorts X \$5 \$
	<input type="radio"/> Jerseys X \$5
	<input type="radio"/> X \$5
	SUBTOTAL

5) Other / Spirit Wear -	<input type="radio"/>	\$
	SUBTOTAL	

6) Sponsor a Player/Equipment	<input type="radio"/> Additional Contribution at your discretion.	\$
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TOTAL CONTRIBUTION	TOTAL CONTRIBUTION	\$
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Tesoro Lacrosse is a registered 501(c)(3) organization which may make your contribution a tax-deductible donation.
 Tesoro Lacrosse Booster – Boys: Tax ID: #32-0393695