



Spirit of Morgan Hill Safety Protocol Under CDHP Guidelines on Outdoor and Indoor Youth and Recreational Adult Sports

Spirit of Morgan Hill has developed this safety protocol which has been distributed to all families and coaches and can be found online at www.spiritofmorganhill.org. In addition, at least one coach at each practice will have a copy of the safety protocol available to County and City officials or anyone else upon request. We ask that you go through these guidelines with your player to help them understand their responsibility in helping parents and coaches follow the guidelines. **By signing and initialing, you and your player are acknowledging that you both have read these guidelines put forth by Spirit of Morgan Hill Softball in their entirety. You are also agreeing that you and your player will follow these guidelines including being open and honest about matters concerning any COVID-19 symptoms. These guidelines are subject to change and will be updated as needed as Santa Clara County continues to release new information and guidelines.** Players in Majors(12u) and Seniors(14u) are asked to review and sign this document along with a parent or guardian.

- Teams are to be a stable group of players (cohort). **Players may participate in one other group practice, camp, after school programs, or extra-curricular group activity during the Spirit of Morgan Hill season, and for the duration of participating in Spirit of Morgan Hill's season as long as the other stable group is also following safety protocols and guidelines.** This includes participating with any other team or sport. Children/youth enrolled in K-12 school **can** attend school, one additional before or after school program or activity, and play for Spirit. Coaches and team parents are also asked to limit how many stable cohorts they participate in. This is in an effort to help with contact tracing.

Initial _____

- Practices will not have more than one team on a field at any time. If teams are scheduled for the same field consecutively, the incoming group will remain away from the field, in a designated area until the team on the field has packed up, disinfected shared and high touch areas with sanitizer (i.e. gate openings if they cannot be left open, dugout benches, etc.). **Parents and family members should also wear face coverings when picking up and dropping off their children.**

Initial _____

- Carpools are not permitted other than by members of the same family living in the same household. All players must arrive by parent or guardian.

Initial _____

- Players are encouraged to have hair pulled back as best as possible using braids and athletic headbands to keep hair out of their face to limit the need/want to touch their face.

Initial _____

- No parents, grandparents, siblings, spectators, fans, or other people besides the team's rostered players, coaches, and team parents may be in attendance at any practice. **Observers are not permitted to enter the fields.** Parents are welcome to sit in or near their cars outside of the school fences and watch practices while maintaining at least 6-foot distancing from others outside of their household.

Initial _____

- **All players and coaches will be instructed to stay home if they or anyone in their household have any symptoms of illness including, but not limited to: temperature above 100.4, cough, sore throat, sneezing, body aches, loss of sense of smell or taste, difficulty breathing, nausea, vomiting, diarrhea, or fatigue.**

Initial _____

- All players and coaches must take their temperature and complete their TeamSnap health screen before leaving for any practice. **If a player has a temperature of 100.4 degrees or higher, they are not allowed to attend practice.**

Initial _____

- Coaches and players may not attend practice if they have COVID-19 symptoms and must go home immediately if they develop any COVID-19 symptoms during a practice session. Coaches should direct the child's parent or caregiver to the County's "If You Think You Are Sick" webpage for further instructions.

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- Parents/guardians and coaches are required to immediately report to a Spirit of Morgan Hill Board Member if a player or coach test positive for COVID-19 or if one of their household members or non-household close contacts test positive for COVID-19.

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- If any player is not able to attend for any reason, they should notify the head coach prior to the start of practice.

Initial _____

- Players will be given hand sanitizer upon entering the field and take their equipment to a marked spot which will be at least 6 feet away from the next spot. They will stay there, with their mask on until it is time to begin practice. Players are encouraged to bring their own hand sanitizer to keep near their water bottle to sanitize their hands during breaks.

Initial _____

- Masks must be worn at all times including arriving and departing from the field. Masks should only be removed to drink water and following strenuous activity as needed as long as a 6-foot distance is maintained from others. Spirit of Morgan Hill will revisit this masking requirement once Santa Clara County reaches the Orange Tier.

Initial _____

- Players will be responsible for bringing their own equipment. Gloves, face masks, bats, helmets, and catcher's gear may not be shared. Any shared equipment (primarily the ball) will be sanitized by a coach between drills or activities. Coaches will set up and take down any nets or other equipment. During hitting stations, coaches will be the only person touching the ball.

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- During drills, players will stay 6 feet apart. Whenever possible, cones or other markings will be used to help with the visualization of the 6-foot distance.

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- No handshakes, fist bumps, elbow bumps, or contact of any kind is allowed at any time.

Initial _____

- Players should be kept 6 feet apart, including in dugouts. Dugouts may not be used by entire teams. Players should not gather or huddle.

Initial _____

- There will be no use of the snack shack at this time (specific for Spirit fields)

- Non-softball gatherings at the fields are strictly prohibited. **After game snacks need to be individually wrapped and opened once the players have left the field.** No food should be brought to practice (unless medically necessary) and **players should not share water bottles** or other drinks at any time.

Initial _____

Players Name

Players Signature

Parent Name

Parent Signature

Date