



Power City Bruins Player Development Program



LEARN TO SKATE 2023-2024 Season

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REDESIGNED FORMAT FROM PREVIOUS SEASONS

LEARN TO SKATE (any age)

- This is for children who are getting on the ice for the first time or have very limited experience..
- Full Hockey Equipment is **NOT** required. Helmet, knee pads and gloves (of any kind) are required.
- **First 10 weeks are free (session 1)**
- All ice will be led by a USA Hockey Instructor.
- Practices will center around basic skills: (standing up, skating on inside and outside edges and stopping.
- One hour of ice per week for 10 straight weeks.
- Ice times on Tournament weekends: Wednesday or Fridays 5pm-6pm. (See Schedule below)
- Two separate 10 week sessions
- **Cost Per additional Session \$100.00**
- Volunteers' welcome and needed. Safesport training Required.
- Each player will receive a jersey and matching socks.
- This program has been redesigned to improve continuity between age and skill levels.
- Once your player graduates our Learn to Skate program, 6U is the next program for them.

• **REGISTER TODAY AT WWW.POWERCITYBRUINS.COM**

SESSION 1

WEEK	DATE	TIME
WK 1	SAT 9/16	8:00 AM
WK 2	SAT 9/23	8:00 AM
WK 3	SAT 9/30	8:00 AM
WK 4	Fri 10/4	5:00 PM
WK 5	SAT 10/14	8:00 AM
WK 6	WED 10/18	5:00 PM
WK 7	SAT 10/28	8:00 AM
WK 8	SAT 11/4	8:00 AM
WK 9	SAT 11/11	8:00 AM
WK 10	WED 11/15	5:00 PM

SESSION 2

WEEK	DATE	TIME
WK 11	WED 11/22	5:00 PM
WK 12	SAT 12/2	8:00 AM
WK 13	SAT 12/9	8:00 AM
WK 14	SAT 12/16	8:00 AM
WK 15	SAT 12/23	8:00 AM
WK 16	SAT 12/30	8:00 AM
WK 17	SAT 1/6	8:00 AM
WK 18	FRI 1/12	5:00 PM
WK 19	Wed 1/17	5:00 PM
WK 20	SAT 1/27	8:00 AM