



# 2026 GIRLS MISSOURI USA WRESTLING GRECO ROMAN/ FREESTYLE STATE TOURNAMENT



**DATE:** Greco-Roman Saturday, May 2<sup>nd</sup>, 2026  
Freestyle Sunday, May 3<sup>rd</sup>, 2026

**LOCATION:** Ozark Empire Fairgrounds  
3001 N. Grant Ave  
Springfield, MO 65803

**REGISTRATION:** [2026 Missouri USA Freestyle and Greco State](#)

**ENTRY FEE:**

Early Online Registration will close Monday, April 27th at 11:59 pm (CT) and will be \$40 per style, or \$60 for both styles online (non-refundable)

Late Online Registration will close on Thursday, April 30th at 11:59 pm (CT). \$50 per style, or \$65 for both styles online (non-refundable)

Onsite Registration Will be available during weigh-ins with an increased fee of \$60 per style, or \$70 for both.

ALL WRESTLERS ARE ENCOURAGED TO REGISTER ONLINE.

**TOURNAMENT DIRECTOR:** Erik Kivett  
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**WEIGH-INS:**

Friday, May 1 <sup>st</sup> , 2026	Time: 6:00 p.m.-8:00 p.m. (Greco and both Styles)
Saturday, May 2 <sup>nd</sup> , 2026	Time: 7:00 a.m.-8:00 a.m. (Greco and both Styles)
Saturday, May 2 <sup>nd</sup> , 2026	Time: 3:00-4:00 pm (Girls Freestyle Only)
Sunday, May 3 <sup>rd</sup> , 2026	Time: 7:00 a.m.-8:00 a.m. (Girls Freestyle Only)

(If actively competing in both styles you will only be required to weigh in once)

**WEIGH-IN PROCEDURES:**

**Athletes must have their USA Wrestling membership card to weigh-in.** Weigh-ins for Freestyle and Greco-Roman will be held downstairs. Enter through the main entrance, go left to the stairs, and go down one flight of stairs to the weigh-in area. Check Scales and staging will begin there.

**ATHLETES MUST BRING A PHYSICAL COPY OF THEIR USA WRESTLING MEMBERSHIP CARD TO RECORD THEIR WEIGHT AT THE SCALE. A SCREENSHOT ON YOUR MOBILE DEVICE IS ACCEPTABLE.**

Wrestlers should only have a competition singlet on when entering the weigh-in area. They must submit to a skin disease screening and nail check before weigh-in. Parents/coaches cannot accompany the wrestlers into the weigh-in area. They will not be allowed to carry additional clothing or anything other than the weigh-in card with them during weigh-ins.

Wrestlers will be allowed to weigh in one time only on Friday night. If a wrestler is overweight on Friday, they will be allowed to weigh in one time only on Saturday morning. Wrestlers who are overweight after their weigh-in on Saturday morning will be bumped up to the weight they weighed in at. Wrestlers who are overweight after their one-time weigh-in on Sunday morning will be bumped up to the weight they weighed in at. Wrestlers must be allowed to use any of the certified scales being used for the competition weigh-ins. There will be no running or other weight loss measures allowed inside the wrestling facility.

Please note: No wrestler will be allowed to compete with any skin condition without a doctor's clearance on the standard form. The note must be signed by a doctor and cannot be more than 14 days old. The Head Official has full authority without appeal in determining the eligibility of an athlete to compete.

**Separation Criteria:** USA Wrestling's PIN (style-specific) shall be used. The number of separated spots will be based on registered numbers and decided upon by the tournament director.

## **WRESTLING START TIMES**

**May 2<sup>nd</sup> Greco Roman**      **All Girls Greco** (including kids)- 9:00 a.m. to Completion  
**May 3<sup>rd</sup> Freestyle**      **All Girls Freestyle**- 9:00 a.m. to Completion

## **ADDITIONAL TOURNAMENT INFORMATION**

**ADMISSION: ADMISSION:** Admission will be \$12.00 per day, or \$17.50 for both days. Spectators are not allowed on the competition floor. [Online Admission](#)

**COACHING:** Coaches must purchase admission to enter the venue. Only coaches presenting a valid 2025-26 USA WRESTLING Wrestling Leader Membership Card and having a Bronze Level Certification will be permitted on the competition floor. All Coaches must wear their credentials around their neck in a lanyard to gain access to the competition floor and while coaching mat side. Any Coach not displaying their Wrestling Leader Card will not be allowed on the competition floor or mat side. MOUSAW has the right to restrict floor access.

**Coaches Meeting:** Coaches/Officials OEP Rules course: Wednesday, April 29th, at 7:00 P.M., via Zoom. [MO OEP Course](#) Meeting Passcode: MOUSA

**AWARDS:** Top 4 place winners.

## **WEIGHT CLASSES**

### **Juniors (Born 9/1/2006 and after, plus enrolled in grades 9-12 in H.S.) Freestyle & Greco**

95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs

### **16U (BORN 2010-2011) Freestyle & Greco**

95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 145 lbs, 155 lbs, 170 lbs, 190 lbs, 207 lbs, 235 lbs

### **14U (BORN 2012-2013) – FREESTYLE ONLY**

75 lbs, 80 lbs, 85 lbs, 90 lbs, 95 lbs, 100 lbs, 105 lbs, 110 lbs, 115 lbs, 120 lbs, 125 lbs, 130 lbs, 135 lbs, 140 lbs, 150 lbs, 165 lbs, 180 lbs

### **14U (BORN 2012-2013) – GRECO ONLY**

There will be no set weight classes in the 14U Greco division; the wrestlers will be grouped into brackets according to their actual weights. Missouri USA Wrestling reserves the rights to combine weight brackets and assign wrestlers into brackets at their discretion

### **12U (BORN 2014-2015), 10U (BORN 2016-2017), 8U (Born 2018-2019)**

There will be no set weight classes in the 8U, 10U and the 12U divisions; the wrestlers will be grouped into brackets according to their actual weights. Missouri USA Wrestling reserves the right to combine weight brackets and assign wrestlers into brackets at their discretion. Wrestlers born after 2019 will not be allowed to register.

## **UNIFORM Requirement:**

No two-piece uniforms are allowed.

Singlets: The singlet must be colored predominantly a clearly distinguishable shade of red or blue or one that mimics the UWW color scheme with red or blue bands.

- The dominant color of blue singlets shall be comprised of one of the following: black, blue, green, gray, purple, or silver.
- The dominant color of red singlets shall be comprised of one of the following: white, orange, pink, red, yellow, brown, or gold.

Host Hotel Information:



## **NATIONAL TEAM QUALIFICATION PROCEDURE:**

This event will serve as a qualifier for the 14U, 16U, and Junior National Teams. The champion will also earn the right to represent the MISSOURI USA WRESTLING at the 14U, 16U, and Junior Dual Team Championships.

### **Girls Junior National Freestyle Dual Team**

National Dual Teams in Westfield, IN, will be selected the week following freestyle state by the Women's Director with input from the Team Leader and Head Coach. State champions will be guaranteed a spot on one of the two teams and will be used as one of multiple criteria in selecting teams. Their spot will be guaranteed if they register immediately after the state tournament and **submit a \$200 deposit by May 13th 2026**, and complete the necessary paperwork. The total cost of Junior Duals is \$500.00; the remaining balance for Junior Duals is due on May 27<sup>th</sup> 2026. MISSOURI USA WRESTLING will be taking **TWO** freestyle teams.

### **Girls Junior National GRECO Dual Team**

The Junior GRECO State Champion will automatically qualify for the MISSOURI USA WRESTLING National team for Junior Greco National Duals in Westfield, IN. Their spot will be guaranteed if they register immediately after the state tournament and **submit a \$200 deposit by May 13th 2026**, and complete the necessary paperwork. The total cost of Junior Greco Duals is \$500.00, the remaining balance for Junior Greco Duals is due on May 27<sup>th</sup>, 2026. MISSOURI USA WRESTLING will be taking **ONE** Greco team to the Junior Greco Duals.

### **Girls 16U National Dual Team**

The 16U State Champion from each style will automatically qualify for the MISSOURI USA WRESTLING National team for 16U Duals in Westfield, IN. Their spot will be guaranteed if they register immediately after the state tournament and **submit a \$200 deposit by May 13th 2026**, and complete the necessary paperwork. The total cost of 16U Duals is \$500.00, the remaining balance for 16U Duals are due on May 27<sup>th</sup>, 2026. MISSOURI USA WRESTLING will be taking **ONE** Freestyle and **ONE** Greco team to the 16U Duals.

### **Girls 14U National Dual Team**

The 14U State Champion from FREESTYLE will automatically qualify for the MISSOURI USA WRESTLING National team for 14U Duals in Westfield, IN. Their spot will be guaranteed if they register immediately after the state tournament and **submit a \$200 deposit by May 13th 2026**, and complete the necessary paperwork.. The total cost of 14U Duals is \$500.00, the remaining balance for 14U Duals are due on May 27<sup>th</sup>, 2026. MISSOURI USA WRESTLING will be taking **ONE** Freestyle and **ONE** Greco team to the 14U Duals.

## **Girls Fargo Team**

The top 3 in each weight class will automatically qualify for Fargo **in the weight division they competed in at Freestyle State**. They must submit all paperwork online with your deposit to hold your potential spot on the team. All Fargo registration needs to be completed by May 29, 2026. They are only guaranteed the spot in the weight class they qualified in, if they wish to change weight classes, they must attend the Fargo Challenge Tournament. The Challenge Tournament will be held on and at a site to be determined. If an athlete does not place in the top 3, they can still attend Fargo if they attend a Regional Event and place top 6. Southern Plains is May 15th-17th in Oklahoma City, OK.

State teams shall be limited to four (4) wrestlers per age and weight class. Wrestlers who earn automatic qualifier status shall not count against any limit.

### **Automatic Qualifiers – 16U & Junior Nationals**

The following shall serve as automatic qualifiers at Junior & 16U Nationals and shall not count against any roster limit:

- Current year 1st-6th Place at USA Wrestling Regionals (placement must be in the same age and style)
- Current year 1st-8th Place at U15 Nationals (placement must be in the same style)
- Current year 1st-8th Place at U17 Nationals (placement must be in the same style)
- Current year 1st-8th Place at U20 Nationals (placement must be in the same style)
- Previous year 1st-8th Place at Junior Nationals (placement must be in the same style)
- Previous year 1st-8th Place at 16U Nationals (placement must be in the same style)
- Previous year age-level U.S. World Team member (must be in the same style)

**The tournament will be governed by the Missouri USA Wrestling tournament committee and the tournament guidebook.**