

North Forsyth Football Team 2024 Lift-A-Thon Fundraiser

Purpose: The purpose of the Lift-A-Thon is to raise money for the football team. This is one of only four major fundraising activities that we do as a football team. Success in this fundraiser allows us to purchase the equipment needed for the season as well as gives the players an easy way to pay for their Player Pack and Booster Club Fee.

Who Is Involved: Players should ask anyone and everyone they know to pledge. Ask teachers, family members, church members, girlfriends, businesses, or anyone you or your parents know to pledge or donate. A pledge of at least 3 cents per pound should be made or a sponsor can donate a "Flat Rate" amount of \$5.00-\$1000.00 for your program and your efforts in the weight room. All checks should be made out to the North Forsyth Football Booster Club. Cash can be collected but a careful receipt of all cash must be documented. WE CALL ALL SPONSORS WHO DONATE OR PLEDGE CASH! THERE CAN BE NO "MISTAKES" HERE. Each player will also receive a unique Square link for donors to have an online method to give.

How It Works: Find a person willing to pledge. Fill in all the information on the Pledge Sheet for the person sponsoring you. The total from your maxes will be used to calculate how much you should collect from your pledges. Ex: Your grandmother pledges 3 cents per pound. You max 200 on the power clean, 200 on the bench, and 300 on the squat for a total of 700 pounds. You multiply the 700 pounds by the 3 cents per pound that was pledged, and you get 21 dollars that you should collect from your grandmother.

When: Players will receive information about Lift-a-thon and player packs to start the lift-a-thon on March 5th. Players will have 2 weeks to get all of their pledges. We will be making (PR) Personal Record MAX LIFTS on the week of March 18th. Pre-Pledges should already be obtained but we will use the weekend of March 22nd-March 24th to collect Pledge sheets and Money donations. ALL MONEY & PLAYER PACK FORMS ARE DUE NO LATER THAN TUESDAY March 26th, *NO EXCEPTIONS!* Everyone is expected to do his part.

Expectations: Each Player Grade 9-12 is expected to raise a minimum of \$250. Any money that you raise over the required amount will go towards the Booster Club Fees that all players must pay. We have 4 levels in the Booster Club. Player Participation Fee is \$1100, Purple level 2 is \$1300, Silver level 3 is \$1600, and Platinum level is \$2500. The Player Participation Fee is the only mandatory fee that must be paid.

What You Get: Every player that raises the minimum dollar amount(\$250) will get the following for their efforts: 2 compression shirts, pair of shorts, Fleece Jogger, long sleeve fleece hoody, short sleeve performance tee, and a long sleeve performance tee. All items in the player pack are Under Armour brand.

PRIDE EFFORT DISCIPLINE TOUGHNESS COMMITMENT



North Forsyth High School Football Lift-A-Thon Sponsor Sheet

Your pledge is for a given amount per total pounds lifted for the power clean, bench and squat.

A three cents-per-pound minimum pledge is required.

THANK YOU FOR YOUR SUPPORT OF THE NORTH FORSYTH FOOTBALL PROGRAM!

Lifter's Name:		Phone Number: () -		
Present Grade: \ CleanBench_	Weight Lifted: Squat	Total:		
Name of Supporter	Phone	Pledge Amt Per Pound	Total Donation	Total Collected