

Dayton Metro Winter Conference Game Rules 2025-2026
(Score Table Sheet)

1. All league games use a 28.5 size basketball
2. All games, except 2nd grade, are (4) six minute quarters. Clock stops per Ohio High School rules.
3. 2nd graders will play (4) ten minute running time quarters. The clock will only stop for timeouts. The last 15 seconds of the 1st and 3rd quarter, the clock will stop for violations, fouls, out of bounds, and timeouts (normal clock operation). The last minute of the 2nd and 4th quarter, the clock will stop for violations, fouls, out of bounds, and timeouts (normal clock operation). Overtime, if necessary, will be 3 minutes normal start/stop.
4. If overtime is required, each period is 3 minutes.
5. Hoops are at 10 feet for all divisions except for 2nd grade boys and girls, 3rd grade boys and girls and 4th grade girls. Hoops are at 9 feet for those divisions.
6. Free throws for 2nd, 3rd and 4th grade are 18 inches in from the free throw line. If the hoops are overhang, free throws will be from the regular foul line.
7. Man to man defense is required in second and third grade games until the final two minutes. In second and third grade, defenders must guard a player but can help in the lane and the low block area. Isolation of a player on one side of the court on the offensive end is not allowed as well. In all other grades, any defense is allowed in the frontcourt.
8. There is no backcourt defense in the following grades until:
 - 2nd/3rd grade Final 2 Minutes (any type of defense is allowable in last 2 min)
 - 4th grade Fourth Quarter
 - 5th grade Second Half
 - 6th grade Entire Game

There is no backcourt defense allowed when there is a 15 point lead.
9. If there is overtime, backcourt and zone defense is allowed during all overtime periods for 2nd and 3rd grades.
10. If there is an eligibility dispute during a game, please document the dispute and finish the game and then file a protest with the winter league director (Brett Bush).
11. The clock will run continuously once a team is up by 25 points. The clock will only stop for timeouts. The clock will operate normally when the leads dips to 20 or fewer points.

- 12. Only 1 coach per team is allowed to stand during the game. All other coaches must be seated.**
- 13. Once a technical is assessed on the bench, no coaches are allowed to stand during the game.**
- 14. Scoreboard operators and scorekeepers are to refrain from coaching, critiquing officials, yelling, and making any noise at all during the game unless it is a question for the officials about reporting a foul or timeout. If they are not capable of this, they should not be sitting at the scorer's table.**
- 15. All officials shall have a current OHSAA license. They must wear black dress pants (no sweatpants, shorts, jump pants, or pants with logos or stripes down the side), an official's basketball jersey, and black shoes with black socks. They shall not wear earrings, watches, jewelry, or bracelets. Violations of this will result in an organization's inability to host year end Dayton Metro league tournament games.**
- 16. Ejections of coaches, players, and spectators will result in a 4 game league suspension for the offender. A suspension means that the offending person is not allowed in the gym during the suspension. A coach, player, or spectator may not watch their team play, may not keep the book, and may not run the scoreboard during the suspension. Any willful violation of this policy by a team or organization will put that organization's future participation in the Dayton Metro league in jeopardy.**
- 17. Fighting and/or throwing punches may result in a season long suspension for the very first occurrence. This is at the league director's discretion.**
- 18. A second ejection in the season will result in a suspension for the rest of the league year.**
- 19. All suspensions and appeals are at the sole discretion of the winter league director.**
- 20. Dayton Metro eligibility. Players must be eligible to attend the city/school district where their Dayton Metro organization is based. Eligibility cannot be justified by open enrollment, only by residence in the school district, a separate parent residing in the school district, or a parent working for the school district. A player is not to play for another organization if one already exists in their city/school district. The exception to this is if there exists no current Dayton Metro program in the student's city/school district (i.e. Xenia does not have a girls Dayton Metro program so a Xenia female student can play for another Dayton Metro organization). Any willful violation of this**

policy by a team or organization will put that organization's future participation in the Dayton Metro league in jeopardy.

- 21. Once a player has played with an organization, that player is not allowed to transfer to another organization without the express approval of the league director (Brett Bush). This will only be allowed in instances of changes of school, custody, and residence.**
- 22. All other rules are per OHSAA/NFHS standards.**