

## Int'l Falls Recreation Hockey Association

Release and assumption of risk waiver agreement to be signed by both the athlete and parent.

We understand that participation in the sport of hockey, sponsored by the Int'l Falls Recreation Hockey Association is a voluntary program for the benefit of the participant and that the athlete is not required to participate in the program. We are also aware that playing or practicing to participate in any sport can be a dangerous activity involving many risks of serious injury that may result in a serious impairment of future abilities to earn a living, engage in business, social and recreational activities and generally enjoy life.

Because of the dangers in participating in sports, we recognize the importance of following instructions of coaches and other authorized supervisors of sports activities regarding playing techniques, training, team rules and the like and agree to obey such instructions.

In consideration of Int'l Falls Recreation Hockey Association permitting me to play hockey and engage in all activities related to the sport, including, but not limited to, trying out, practicing or playing/participating in hockey, we hereby assume all risks associated with participation and hereby release Int'l Falls Recreation Hockey Association, its employees, agents, representatives and coaches from any liability, actions, causes of action, debts, claims or demands of any kind or nature whatsoever which may arise by or in connection with participation of the undersigned athlete in any activities related to the sport engaged in by the athlete.

The terms hereof shall serve as a release and assumption of risk for my heirs, estate, executor, administrator, assigns and all members of our family.

Signature of Athlete: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_